



Co-funded by
the European Union

APV + Seminar **Green Youth Work**

Labin / Rijeka, Croatia
10 - 13 February, 2025
10 - 16 March, 2025



ALBONIA



TAVO EUROPA

Hosting organisation

The Alfa Albona Association was established in 2011 and has since been active in the following areas: youth information (regional youth information center, Eurodesk multiplier), mobility for young people and youth workers (EVS/ESC, YE, TC, study visits, international youth and children's summer camps), and social entrepreneurship (proud recipients of three national awards).

"We are happy to host you here and together with you organize a seminar that will happen after this advance planned visit. Also we are hoping that this project is one of the many more in which we will cooperate!"



About the project

Green Youth Work is an Erasmus+ project consisting of two main activities: **Advance Planned Visit** (APV) and **Seminar**.

The project aims to explore and learn more about green youth work practices across Europe and within the participating organizations. Throughout the project, participants will have the opportunity to deepen their knowledge about recycling and upcycling through practical workshops. Additionally, they will visit and meet with local organizations in Rijeka, Croatia, to learn about their successful green projects and draw inspiration for future youth actions and projects.

Logistical Details:

- **Participation Fee:**

- There is no participation fee for the APV.
- For the Seminar, there is a participation fee of 25 euros per person, which each participant must pay on the first working day of the seminar. This fee has been introduced due to the significant increase in costs in Croatia over the past year.

- **Meals:**

- Meals during the Seminar will be strictly vegetarian.

- **Transportation:**

- Important: After 3 PM, there are no direct buses to Labin, only to Rijeka, and from Rijeka, participants will need to take another bus to Labin. Unfortunately, the region is not connected by train, so this option is unavailable.
- An alternative option is to fly into Trieste, Italy, and then take a bus from Trieste to Rijeka, followed by a bus from Rijeka to Labin.

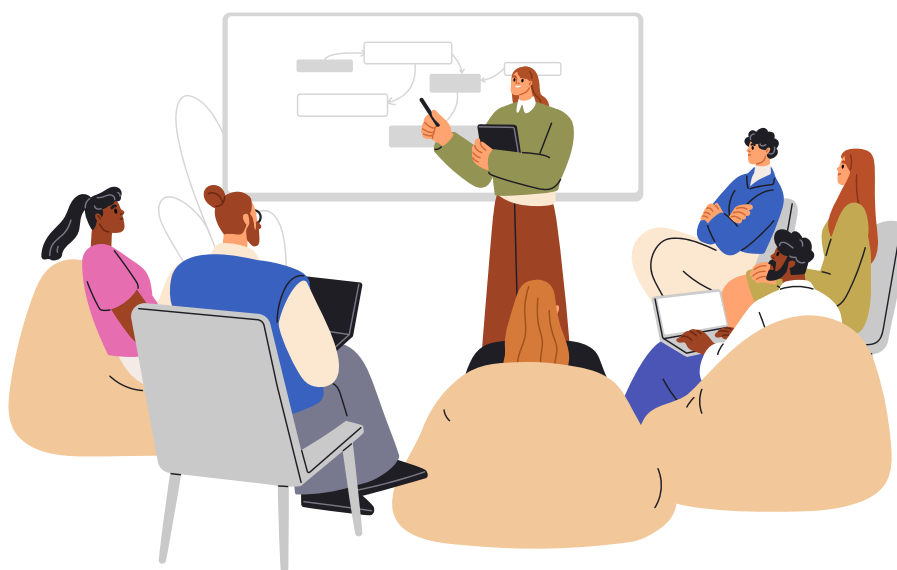
About the project

Advance Planned Visit (APV)

The first activity is the APV, which will take place from February 10 to 13, 2025, in Labin, Croatia. During this meeting, participants will discuss and share their opinions on the project's program. The goal is to collaboratively define key parts of the event, such as ice-breaking activities, the sequence of workshops, and other organizational details to ensure a good educational experience for all involved. It is expected that those attending the APV in February will also attend the Seminar in March, if possible. Participants in the APV will come from Spain, Greece, France, Hungary, Lithuania, Latvia, and the team of the hosting organization from Croatia, Alfa Albona.

Seminar

The Seminar will take place in Rijeka, Croatia, from March 10 to 16, 2025. Each participating organization must send 3 representatives to the seminar. March 10 will be the arrival day, with no meals provided. The working days of the seminar will be from March 11 to 15, during which all meals and other expenses will be covered. March 16 will be the departure day.



Advanced planned visit

Preparatory visit is an essential to check out all the practical arrangements and to review of the expectations of the project, aim, objectives and the program of the seminar. It will be a time to clarify and discuss: hospitality arrangements, local medical facilities, resources available, special needs, food, traveling arrangements to the country, surroundings, standard of living, prices, Internet during the project, preparation activities after APV and before mobility; finalisation of practical arrangements, preparation of participants.

About the APV

- **Arrival day:** 10.02.2025, during the day and depending on your travel routes
- **Working days:** 11. and 12.02.2025.
- **Departure day:** 13.02.2025, morning time
- **Venue:** Labin, Istra Croatia
- **Working language:** English
- **Participating countries:** Croatia, Spain, France, Greece, Lithuania, Hungary, and Latvia.
- **Participants:** 1 person per organization, no age limit (would be great if this person will later come to the seminar 10.-16.03.2025, in Rijeka, Croatia)

Advanced planned visit

Schedule

The schedule for the APV will be easy going, with the work done, but still some time free to explore the surroundings and enjoy our beautiful sea.

- **10.02.2025** Arrival day – late afternoon (no programme), dinner in the local restaurant (we will arrange time when we know when everyone is arriving)
- **11.02.2025** Meeting in the morning in the Alfa Albona office at 10:30 (having a coffee together, and getting to know each other, talk about the practical things and else in the programme of the seminar), lunch at 13:30 in the local restaurant, free time, visiting the Old town Labin and socializing, dinner in the town around 19:00 in the local restaurant. Free evening or mutual activity – going to the local place of interest.
- **12.02.2025** Meeting in the morning at Alfa Albona office at 09:00 and then nature hiking to small place Rabac (around 3.5-4 km away so take comfortable shoes please), coffee next to the sea, going back by local bus to Labin and lunch at 13:00 in the local restaurant, free afternoon. Dinner in the local restaurant around 18:30. Evening – to be discussed and agreed together.
- **13.02.2025** Departures – morning



Advanced planned visit

Location and Accommodation

The location of our APV is Old town Labin, in Istra region, Croatia.

Labin is a small town with around 12,000 inhabitants but with rich culture and lots of nice places waiting to be discovered. In the Old part of Labin where you will be situated around 150 people lives, but it's an interesting place to be and visit, with local museum that has an replica of a coalmine to see, and the local art gallery with interesting exhibitions... lots of small street perfect for having pictures, a place for the best pizza in Croatia, as well as lots of other things to be discovered. It's quite popular during the summer.

You will be placed in a mutual flat in the heart of the Old town during this advance planned visit in Labin and will share the facilities with other participants. You will have all for the breakfast inside the flat, as well as towels and hairdryer. Our office and meeting place is only 2 minutes walking away.

We will also visit the small place Rabac, quite popular touristic destination in the summer period as it offers really nice environment for relaxing, amazing beaches and nice clean sea.

Advanced planned visit

Travel reimbursement

The hosting organization covers travel costs, accommodation, food, and programme activities, as well as the local transport.

IMPORTANT: The travel costs are calculated by the Erasmus + distance calculator, please check your town/place of the departure and put inside the place of arriving Rabac, Croatia and you will get the number of km in distance which means:

- If 10-199 km of distance then you can spend up to €23
- If 100-499 km of distance then you can spend up to €180
- If 500-1999 km of distance then you can spend up to €275
- If 2000-2999 km of distance then you can spend up to €360

In case of using more than 50% of the transport for the return travel then the budget for the travel is more than stated above – please let us know if this will be the case.

<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

Please keep all the bills, boarding passes and every type of ticket transport with you, so that we are able to reimburse the costs. Make sure you take with you all receipts and necessary invoices for the costs you had. The reimbursement will be done on participant bank account after getting all the necessary invoices and papers as well as when writing the report about your experience on the APV.

Contact us by email (ALFA.ALBONA@GMAIL.COM) to confirm your travel plan and costs before purchasing tickets. Airports near Labin include Pula, Ljubljana, Trieste, and Venice. You can also travel by train or bus. Once you arrive, we'll arrange transport to the Old Town Labin.

Seminar

Green practices in youth work are increasingly important as young people become more environmentally conscious and demand sustainable approaches in all areas of life. Integrating eco-friendly practices into youth work not only helps to protect the environment but also educates and empowers young individuals to become responsible stewards of the planet.

This can include activities that emphasize the importance of nature conservation, promoting recycling and waste reduction during events, and encouraging sustainable transportation options like biking or carpooling.

Additionally, incorporating environmental education into programs can inspire critical thinking about ecological issues and foster a sense of global responsibility. By embedding these green practices, youth workers can create a culture of sustainability that resonates with young people and contributes to a healthier planet for future generations.



Seminar

Youth work as well as the topic of green practices and upcycling have different forms of engagement and practices around Europe. By this seminar, we want to explore more local practices in Rijeka, visit the local NGOs who are inspirational and have good case practices dedicated to those practices, as well as to get to know each organisation included and their good case practices.

Additionally, we will also implement practical workshops in which you can learn more about upcycling and recycling, that can be used for the future work in youth field or even to start a new green business.

We want to bring here all of you, to meet each other, to share experiences, working methods, to show your good case practices and establish mutual partnerships for new projects within Erasmus+ programme, and the most important to have good time.



Seminar

About the seminar

- **Dates:**
 - 10.03.2025. arrival: meeting in Rijeka during the afternoon time – you will get an address of the reception where to pick up your keys – the accommodation will be max 10 min walk from the city centre where all activities will be held.
 - 11–15.03.2025. working days
 - 16.03.2025. departure day – morning time (check out till 10 o'clock)
- **Venue:** Rijeka, Croatia
- **Working language:** English
- **Participating countries:** Spain / France / Lithuania / Greece / Hungary / Croatia / Latvia
- **Participants:** 3 youth workers / youth / volunteers from each participating country

Profile of participants

- Youth workers directly involved in youth work who can transfer the acquired skills to young people / young people / volunteers
Motivated, cheerful participants with a smile on their faces and a lot of good mood!!
- Erasmus+ is a programme that supports young people. So we want to open our project also for these young people. The accommodation is not suitable for people in wheelchairs, but all other impairments are welcome.
- Language: English is our working language.

Seminar

Location

The seminar will take place in Rijeka, Croatia.

Rijeka is the third largest city in Croatia after Zagreb and Split in terms of population. Rijeka is also the most important Croatian seaport due to its strategic geographical position.

Interestingly, Rijeka was selected as European Capital of Culture for 2020 along with Galway in Ireland. Not many people know the fact that Rijeka every year hosts one of the biggest Carnival Festivals, almost as popular as the one in Venice. The first festival was held in 1982 and more and more people attend it each year.

Rijeka has an interesting historical background and lots of other activities which will definitely amaze you.

Accommodation

For this project, we have booked several apartments for comfortable setting. Each country will receive 1 flat that will be shared for 3 people.

Free WiFi is available throughout the property. Most of the units feature flat-screen TV, a fully equipped kitchen with a dishwasher, and a private bathroom with a walk-in shower and a hair dryer, as well as towels.

On the arrival day, after the meeting on the reception, each group will receive the key of the apartment and then go to settle down. There is no program on the first day, only arrivals late afternoon / evening.

Each day we will all meet together, according to the schedule.

Seminar

Meals

Breakfast – participants will receive the money for the breakfast, for all the working days 11-15.03.2025, and will be in charge to organise it by themselves. There are a lot of coffee places around the town and also bakeries, so you can choose what you want to eat and where for breakfast.

Lunch and dinner we will have together and will be organised daily, as well as coffee breaks. Please notice that the food will be vegetarian only. In case of any allergies, please let us know on time.

Important to know is that on the arrival day and on the departure day the meals are not covered, as it's not the activities days.

Please notice that all the apartments are no smoking and to respect the quiet time during the night in the accommodation place as all the owners are next to the apartments and don't tolerate parties – in case you want to socialize as a group there are plenty of places in Rijeka to do so.

Activities

Seminar Activities will include: Presentation of the programme, Get to know each other, Team building, Presentation of participating organisations, Local visits to NGO's active in the field of green youth work, Practical workshops, And many more...

Final programme will be shared after the implementation of the advance planned visit.

Seminar

Don't forget to take

- Things for personal hygiene
- Medicines (if you are taking something)
- Sport/comfortable shoes as we will do a lot of walking
- Gadgets from your organisations
- Food and drink to share as a part of intercultural coffee break we will have
- Good mood and energy to be active!

Towels are provided in the accommodation places, but be sure to bring the hair dryer if needed as not all of the facilities may have it, personal cosmetics, or anything more you will need.

We suggest that for each ticket you buy, to make a photo of it, to have the proof of the travel. Original tickets you can give us in Rijeka and online ones you can send to our e-mail: alfa.albona@gmail.com

Special attention to be given to online boarding passes, as for example Ryanair boarding passes in their application are being delayed after 24 hours, so once you check in be sure to have a screenshot of the boarding pass taken. We can only reimburse the tickets + boarding passes if you have them, so be sure not to lose them.



Seminar

Travel reimbursement

- Organizer (Alfa Albona) covers travel costs, accommodation, food, and program activities.
- **IMPORTANT:** We reimburse the transport money **ONLY** if the participant will **ACTIVELY** take part during the whole project.

You have to keep all the bills, boarding passes, and every type of ticket transport with you, so that we are able to reimburse you the costs. We will reimburse you the costs after your return home and providing us with receipts and necessary invoices for the travel. Each person is obligated to fill out the final report. And after all of this, you will be reimbursed.

It's up to you how fast the reimbursement process will be done – but we suggest that it doesn't take more than a month after returning home.

Important: the travel budget is approved by the Distance calculator from the Erasmus+ programme. The distance calculator you can find on this link: <https://erasmusplus.ec.europa.eu/resources-and-tools/distance-calculator>

Here, you can find the distance and then know how much money you are entitled to have for your travel. Please notice that if you spend more than it's approved by the project, then this cost is on you.

Important: before any purchase of the travel be sure to contact us for the approval! Email: ALFA.ALBONA@gmail.com

Seminar

Travel reimbursement

According to the Erasmus+ distance calculator, the cost are calculated by the km the calculator shows in one way when you put your town/place of departure till the town of arrival, which is Rijeka, Croatia:

- 10-99 km = 23,00 eur
- 100-499 km = 180,00 eur
- 500-1999 km = 275,00 eur
- 2000-2999 km = 360,00 eur

In case of green travel: using more than 50% of the travel with bus/train/carpooling/bicycle, participants are entitled to bigger amounts for refund. Please consult us on this matter.

It's allowed to start the trip 2 days before the dates of the project and to finish the travel 2 days after the project according to the Erasmus+ programme.

Only participants that are travelling by green travel are entitled to 6 days in total of travelling.



Seminar

Travel reimbursement

Please contact us BEFORE you buy your tickets. Look for the best options and send it to us for approval. The best would be if the whole group by each organisation is travelling together.

Finally, we will need all the information about your arrival and departure details in the moment you buy all the transport tickets.

There are several places in which you can come close by plane: Rijeka Krk, Pula or Zagreb airport (Croatia), Ljubljana (Slovenia), Trieste or Venice (Italy) so check out low cost airplane companies that are operating in the mentioned cities. After you can continue your trip to Rijeka bus station.

Please notice that in the days you are travelling to and from the project, the personal costs are not covered by the project, neither is the accommodation and food.

Participation fee for each of the participant for this project is 25,00 euro and this needs to be paid on the first working day.



Educator Pass 2025

You are welcome to join our new educational programme for 2025! Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects: Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities: <https://www.facebook.com/groups/186132221744993>

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<https://www.tavo.europa.eu/training-courses/green-youth-work/>

