


Infopack

# Re-Treat: A Creative Space for Change

 Arrival day: 25th March  
Working days: 26th to 31st March  
Departure day: 1st April

To empower youth workers and professionals working with young people by enhancing their well-being. Through a blend of graphic facilitation, outdoor experiences, and reflective practices, it focuses on personal growth, creativity, and connection in a safe and supportive environment.

**Objectives: Enhance Well-Being** - Equip youth workers and educators to nurture their personal and professional well-being, promoting resilience and self-care.

**Equipping with Practical Tools and Methods:** Introduce graphic facilitation techniques and methods to spark creativity and foster innovative approaches in their work with young people.

- **Foster Personal Growth Through Reflection:** Create dedicated spaces for self-reflection, enabling participants to explore their experiences, values, and goals for personal and professional development.
- **Incorporate Outdoor Practices** Utilize outdoor experiences to inspire mindfulness, encourage a connection with nature, and provide a fresh perspective on personal and professional challenges.

**Participant profile:** This activity is designed for youth work and education practitioners: active youth workers, trainers, NGO workers, young leaders, volunteers working with youth, or teachers. Participants have to be over 18 years old and able to follow the training course and work in English.





## The accommodation

Our accommodation will be at **Skola v prirode Kysak**. The training course will **begin with dinner at 19:30 and ends with breakfast-to-go**.

Please be mindful of the train schedules when planning your arrival or departure to/from Kysak. The venue is located approximately 30 minutes on foot from the train station, through a forested path.

Thanks to funding from the Erasmus+ program through the Slovak National Agency, **all costs for food, accommodation, and course materials will be covered during the course**. You are welcome to arrive up to two days earlier or stay up to two days longer, provided that your total extra days outside of the programme activities do not exceed three days. Any costs for accommodation or other expenses during this extra time will be your responsibility and will not be covered by the organisers.

Check Skola v prirode Kysak website: <https://svpkysak.sk/>

Wi-Fi will be available, but as the venue is located in a rural area, we cannot guarantee 100% reliability, so please avoid scheduling important tasks such as emails or conference calls during the week.

The venue is situated away from the town and surrounded by nature. Participants will share rooms with several beds and private bathrooms. We recommend you bring comfortable, warm clothing as temperatures can fluctuate. Please also bring slippers, towels, and toiletries for the shower. Keep in mind that there will only be limited opportunities for shopping.



## Impact, dissemination & follow up

Participants are expected to complete two follow-up activities **to receive their travel reimbursement**:

- 1. Dissemination and Promotion:** Share and promote the project and its outcomes on social media platforms to raise awareness and engage a broader audience.
- 2. Implementation of Follow-Up Activities:** Enhance the project's impact by organizing an educational workshop for a minimum of six participants. This workshop should be conducted within two months after the training course.

### 3. Follow-up travel reimbursement conditions

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## Travel reimbursement

In line with Erasmus+ rules, the costs of your international travel will be covered up to the following amounts, based on the distance from your place of residence to the training venue (as verified by the Erasmus+ distance calculator). Any costs exceeding these amounts must be covered by you.

Here is an overview of the distance bands and the corresponding reimbursement amounts for travel:

- 10 – 99 km: €28
- 100 – 499 km: €211
- 500 – 1,999 km: €309
- 2,000 – 2,999 km: €395
- 3,000 – 3,999 km: €580

We reimburse only public transport, 2nd class fares. Taxi is not refundable, as well as transport by private cars.

Please note that to be able to reimburse your travel costs, we need all your original travel documents: tickets and boarding passes, as well as invoices. The reimbursement will be done after receiving all the original travel documents and proof of your follow-up activities (photos and short report).

**IMPORTANT:** We can reimburse your flight tickets only if you present us your boarding passes. In case of using a mobile app for check-in, please, remember to save the boarding pass or take a screenshot – they are automatically deleted from the mobile app after some time.



## Travel arrangements

Flight to Vienna (Austria), Budapest (Hungary), or Bratislava (Slovakia).

From Vienna airport

Take a bus from Vienna airport to Bratislava (approx. 50 min). Check the tickets at: [www.regiojet.sk](http://www.regiojet.sk) or [www.slovaklines.sk](http://www.slovaklines.sk), or [www.flixbus.sk](http://www.flixbus.sk).

From Budapest airport

Take a bus or train to Košice. Check the tickets at: [www.regiojet.sk](http://www.regiojet.sk) or [www.slovaklines.sk](http://www.slovaklines.sk), or [www.flixbus.sk](http://www.flixbus.sk), for trains: <https://www.zssk.sk/>

From Bratislava airport or Košice train station

Take a train to Kysak. Check the tickets at: <https://www.zssk.sk/>



## Further more...

You are required to have a comprehensive travel health, accident and liability insurance, for the entire duration of your stay in the Slovak Republic. Please note that insurance costs will not be reimbursed, even if they are included in your plane tickets.

In the event that you cause any financial damage to the hotel, other participants, or the hosting organization, you will be responsible for covering the full cost.

Only tickets approved before the activity by the hosting organization will be reimbursed! Remember to keep all your receipts and tickets!

Full participation in the program is mandatory to be eligible for the reimbursement of travel, you cannot arrive later or leave earlier from/to Kysak than the dates indicated for the course duration.

## About



EduEra is a Slovak non-governmental organization dedicated to empowering young people, educators, and youth workers through innovative educational initiatives. Since its inception, EduEra has become a recognized leader in the field of nonformal education, earning accolades such as Best Practice NGO in Slovakia (2018) and Best Practice Project in the EU Youth Sector (2018 and 2022).

The organization focuses on designing and implementing educational projects that foster creativity, inclusion, and personal growth. Its activities include training courses, workshops, and the development of educational tools and methodologies tailored to the needs of youth workers and educators. EduEra's work emphasizes values such as collaboration, sustainability, and community engagement, aiming to inspire meaningful change at both local and international levels.

We look forward to meeting you! All the best!

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## The Educator Pass 2025

You are welcome to join our new educational programme for 2025! Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members! Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

### For more projects:

Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>