

# *Training Course* **SCAM, SPAM, PAM, PAM...**

*Sarata Monreoru / Buzau, Romania*  
**May 6 - 15, 2025**



Co-funded by  
the European Union



# Project information

The aim of the project is to provide to youth workers new methods and tools to develop critical thinking and media literacy.

## Objectives:

1. Increasing youth workers competences to understand and apply critical thinking in daily work
2. Developing competences for youth workers in creating and managing activities that involve critical thinking (media literacy, debate, political correctness, fake news)
3. Developing a set of tools to prevent cyberbullying and irresponsible activity in social media

The methodology is based on nonformal education methods including presentations, world café, theater, debate, video creation etc. The project activities will be preparation, introduction, getting to know each other, workshops in plenary and teams, outdoor activities, intercultural evenings, visits, reflection and evaluation according to agenda.

Final products expected: A collection of tools and methods to be applied in daily work to develop critical thinking

Accommodation: “Casa cu Tei” pension – in rooms of 2 with private bathroom, towels, soap and sheets provided for 1 week

<http://www.casacutei.ro/sitenou/>

No laundry and ironing services are provided.

Last 2 nights accommodation is in Buzau – Hotel Sport B90 – rooms of 2-3 persons with private bathroom.

Food will be served at the restaurant of the hotel and pension and there will be 3 meals every day and 2 coffee breaks.

## Facilities

- Pension in Sarata Monteoru is 10 minutes from village center where you can find shops with basic things.
- There are no bankomats but in most of the local shops you can pay by credit card
- Hotel in Buzau is 10–15 minutes walking from city center where you can find almost everything: shops, pharmacy, banks, restaurants etc.

Visits: according to the programme; any other opportunities will be discussed on the spot if free time will allow.

Internet: there is good wireless in the pension and also in hotel in Buzau. Weather is quite unpredictable in May in hillside. Usually temperature is around 20 degrees during the day, but also can rain or be warmer or colder. In the last days before arrival we'll be back with better info about weather.



# For Participants

We are looking for 2 participants per country: youthworkers 20+

Transport: depending on arrival times of the participants, organizers will arrange private transfer by bus from Bucharest Otopeni airport to Sarata Monteoru on arrival day around 18.00, so try to book transportation that arrives earlier. Coming on your own is also an option but is more complicated. More information will be provided after we have everyone's travel plan.

**IMPORTANT !!!** Pay attention to safety measures:

- You'll live in an intercultural environment, so accept all cultures and be tolerant.
- **NO DRUGS ALLOWED!!** Alcohol only after activities in the evening and consumed with responsibility and according with laws from each country concerning age!!
- You have to attend and be involved in **ALL ACTIVITIES** during the training and also in **DISSEMINATION PHASE!!**
- Other rules and safety measures will be fixed in first day, so if you have proposal feel free to express them!!

What should you prepare:

- A research about the needs of critical thinking in your communities and tools that are used in youth work in your organization/region.
- Be prepared to propose games, energizers, and activities for free time or for our workshops.
- Some laptops will be necessary for working and editing texts/photos.
- As we want to use as little plastic as possible, please bring your own coffee/tea cup or mug, and a bottle/container for water.
- For intercultural evening, you have to bring some traditional food and drinks, and be ready to teach a song or a dance.
- **ATTENTION!!** It is not possible to use the kitchen for cooking (due to new safety and hygiene regulations), so bring only dry items. You can prepare short and easy meals that don't require an oven, such as salads. If you need ingredients like vegetables, oil, salt, regular spices, bread, etc., we can provide them.



# Reimbursement

To get your travel costs refunded, we need from you printed on paper and arranged in order of travelling phases from departure to destination:

- All BUS/TRAIN/FERRY tickets and invoices must be original. If you need local transport in your country, try to buy return tickets. Tickets should include date, itinerary, and cost. If there is no name, write it on the back.
- For flights: electronic ticket with name, dates, itinerary, costs and invoice, if some of these details are missing on the ticket.
- Boarding passes are compulsory – without them you will not be reimbursed. If you do mobile check-in, send us a print screen.
- Only APEX flights (no business class) and only second-class trains are accepted.
- TAXI/BOLT/UBER costs are not eligible, unless in exceptional cases.
- Be sure to have price and data on bus and train tickets, also on airplane tickets. If not, ask for receipts or invoices.
- If you travel by car, contact us to find out what documents and rules apply.
- If you plan to use green travel (more than half the journey by bus, train, or car), let us know one month in advance.

Other Practicalities:

- Currency: 1 EUR = approx. 5.00 RON (lei). There are banks and ATMs in airports, Bucharest train station, and in Buzau.
- Time zone: Romania is GMT +2.
- Watch out for pickpockets in public transport and crowded places. Do not accept gifts or talk to strangers asking for signatures or help – they are often scammers.
- Don't worry about street dogs – they are everywhere, but most are friendly.

The reimbursement will be based on distance, following the official Erasmus+ rules. It will be done only after the project, once all original documents and a signed travel declaration have been received. There will be one transfer per country, to the sending organization, in line with National Agency rules.

Distance	Green Travel	Regular Travel
100 – 499 km	285 EUR	211 EUR
500 – 1 999 km	417 EUR	309 EUR
2 000 – 2 999 km	535 EUR	395 EUR
3 000 – 3 999 km	785 EUR	580 EUR

If you want to use green travel, let us know. Accommodation and food will be covered by the organizers.

There will be a partner contribution of 20 euros/participant to cover bank fees and other unexpected expenses.

Insurances are under your personal responsibility and not reimbursable. You can spend 2–3 days in Romania before or after the project, but no expenses (accommodation, food, etc.) will be reimbursed outside official project dates.

# Registrations

## **Educator Pass 2025**

You are welcome to join our new educational programme for 2025! Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members! Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

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