

# *Youth Exchange* **Resconnect**

*Akrata, Greece*  
**May 31 - June 8, 2025**



Co-funded by  
the European Union



# Project information

“RESCONNECT” is a youth exchange mobility project, that will be implemented in Akrata and is organized by young people from Greece, Bulgaria, Lithuania, Portugal, Romania and Czech Republic. In total 30 young participants and 2 facilitators will participate in the activity.

The goal is to foster diversity and inclusion practices and contribute to the advancement of equal opportunities in workplaces and of people’s awareness. This is to be achieved by increasing the involvement of the youth sector in the subject matter and enhancing its capacity to advocate for diversity within work environments.

Specifically, the project aims to:

- Increase and disseminate knowledge on the field and raise youth workers’ awareness and sensitization about circular economy principles and climate change
- Enhance their ability to cultivate welcoming, inclusive, and accessible youth organizations.
- Expand the knowledge of youth workers regarding workplace diversity and underscore its significance.
- Bolster the knowledge and skills of youth workers in the promotion of inclusive workplace environments and working with diverse target groups, thereby fostering an inclusive culture within the job market.
- Foster collaboration and mutual understanding between youth workers and organizations from diverse countries.



# Main Learning Outcomes

Participants will acquire/ improve the following knowledge, skills and attitudes/ behaviours:

## About the project:

The objectives of this project are multi-faceted. Its primary goal is to increase and disseminate knowledge on the field and raise young participants' awareness and sensitization about circular economy principles and climate change. This includes highlighting the benefits of responsible resource management, fostering sustainable consumption patterns, and engaging young people and youth workers in environmental protection while enhancing their campaigning skills.

One crucial aspect of the project is to promote sustainable consumption practices withing the communities of young individuals. It seeks to encourage the adoption of sustainable consumption practices among youngsters, communities, and industries. By promoting practices such as recycling, repair, remanufacturing, and responsible waste management, the project aims to minimize the adverse impact of resource extraction and overconsumption.

Additionally, the project aspires to contribute to job creation within the context of circular economy practices. By promoting recycling, repair, and other circular activities, it seeks to align environmental needs with the companies running circular economy projects.

Furthermore, the project is committed to advocating for inclusive environmental strategies. It aims to ensure that the transition to a circular economy is inclusive and equitable, addressing the disproportionate impact of unsustainable practices on vulnerable communities while promoting social justice alongside environmental protection. A key aspect of this mission involves creating a circular economy movement and increasing youth-led activities in the field, fostering cooperation and understanding among young people and organizations from different countries.

## General by their participation in the project they will:

- Cultivate their language skills and develop the ability to use the English language both in writing and speaking and will learn new concepts and definitions related to the subject.
- Develop their skills in the use of digital media and in particular in the use of computers, e-mail, and social media – through their participation in the organisational and dissemination activities of the project; on creating videos, editing photos, developing photo voice, tutorials, etc.
- Learn to set goals and monitor their achievement, and adapt them to manage crises through their active participation in project management.
- Cultivate the value of team spirit and their sense of initiative and active citizenship.
- Get acquainted with the Erasmus+ Program, the opportunities it offers and the potential of non-formal learning.
- Develop and practice their critical spirit and cultivate the ability to create and contradict arguments and to engage in constructive dialogues with people coming from different cultural backgrounds.
- Gain knowledge about other cultures and civilizations and the experience of living and working in a multicultural environment, thus they will also develop their tolerance.
- Develop empathy and social sensitivity and acquire skills for expressing through extra-linguistic communication (body movements, expressions, etc.).

# Travel Reimbursement

## Flight tickets, travel insurance, European health card and Visa

(upon the approval by the coordinating organization)




Once the coordinating organization has approved the group of participants, the partner organizations in cooperation with the participants should proceed with the following tasks:

- Search for the better travel plan and look for tickets, fill in the travel plan form that will be sent to you (ANNEX IV) and upload them to the google drive. Once the coordinator has approved the travel plans, the tickets for their whole delegation should be bought and sent to the coordinator.
- Please, when booking the flight tickets and the travel insurance, respect the following instructions:
  - The appropriate tickets should be searched, and the route should be sent to the coordinating organization before booking. None ticket should be bought without the prior approval of the coordinating organization otherwise reimbursement won't occur.
  - The whole delegation must arrive and leave the dates indicated by the Coordinating Organization (Date of Arrival: 31st May 2025 & Date of Departure: 8th June 2025).
  - Before the tickets are bought partner organizations should send to the coordinating organization a travel form for each participant for approval (Annex IV). When bought the tickets should be sent to the coordinator. The originals must be given to the coordinatory by the participants during the activity.
- Each participant should have a valid European Health insurance card the time of the activity.
- Travel insurance is recommended.
- Sending organizations should support the participants to get a Visa early enough.

# Travel Reimbursement

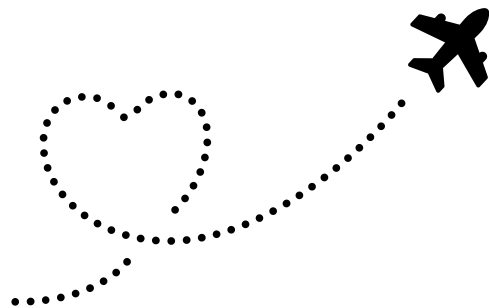
## Economic Conditions

The Project will cover the following costs:

-  100% covered expenses for accommodation.
-  100% covered expenses for meals (Fizzy drinks & alcohol are not included).
-  Fixed amount of travel costs is covered by the Programme (see table below).

The project covers the travel costs of the participants up to the limit of the budget for travelling approved by the Greek National Agency of the programme following the Rules of Erasmus+ Programme and the criteria set by Erasmus+ Guide (based on the distance between the location of the sending organisation and the final venue of the Youth Exchange) and according to the Distance Calculator:

[!\[\]\(ec9132f1d27c8919987d92907322654d\_img.jpg\) Distance Calculator](#)



ORGANISATION	COUNTRY	DISTANCE BAND	NUMBER OF PARTICIPANTS	TRAVEL GRANT / PER PARTICIPANT
KEAN	GREECE	0 - 99 km	5	28€
WALK TOGETHER	BULGARIA	500-1999 km	5	309€
ASOCIACIJA TAVO EUROPA	LITHUANIA	500-1999 km	5	309€
SOPRO	PORTUGAL	2000-2999 km	5	395€
ASOCIATIA SCOUT SOCIETY	ROMANIA	500-1999 km	5	309€
EVROPSKE CENTRUM MLADEZE BRECLAV EUROPEAN YOUTH CENTRE	CZECH REPUBLIC	500-1999 km	5	309€

# Financial Rules

## General Guidelines

- Travel costs will be reimbursed to the sending organizations' bank accounts upon the receipt of all the justification documents and only if all the needed documents have been sent to the coordinating organization. Each bank transfer will be made in Euro.
- Travel costs will not surpass the amounts shown in the table above. This amount includes also local transportation costs (if available) and if the original proof documents have been sent. The cheapest means of transport should be used.
- Any change of the arrival and departure days as set in this document should be not made without prior permission of the coordinating organization.
- Participants should follow the whole duration of the training course otherwise reimbursement will not occur.
- NGO KEAN is not responsible of reimbursing tickets if our prior validation has not been asked.
- The travel documents related to your arrival in the venue of the project (original tickets / confirmation of payment / boarding passes of your arrival, etc.) will be collected by the coordinating organization during the activity. The travel documents related to your departure must be sent firstly scanned to the coordinating organization and then the originals must be sent by post office. The date in the travel documents should be identical with the travel days indicated in the present document.

In the budget of the project there is a maximum cost that you can get back for your travel expenses (mentioned above). It may happen that your tickets will be either more expensive or less expensive than the amount mentioned in the budget. In that case we will refund you back the amount according the estimation below:

- Example A: If you are from Lithuania and your Travel Grant is 309€ and you paid for your travel expenses amount to 150€, you will get back 150€, namely the exact amount that you had spent.
- Example B: If you are from Lithuania and your Travel Grant is 309€ and you paid for your travel 400€, you will get back 309€.

# Reimbursement Procedures

In the frame of Erasmus+ Programme only the cheapest and most direct routes can be subject of reimbursement within the limits mentioned above (€/participant) and presenting the justifying documents mentioned below.

How to provide the needed justifying documents? (Remember! If anything is missing from the list below, unfortunately we will not be able to reimburse the costs)

Flight tickets (economic class / low cost if possible) – all the following are needed:

- e-ticket (you receive it by e-mail after you buy the flight);
- Fiscal invoice (ask your travel agency or check on the website where you buy the ticket how can you get a fiscal invoice). The invoice can be issued on the name of traveler, or on the name of the organization you represent;
- proof of payment (signed and stamped): can be a receipt from where you buy the tickets, can be a payment order (if you pay by bank transfer) or can be a bank or an account statement (if you pay by internet banking);
- boarding pass (you get it online and print it at home 24h-30h before the flight or directly in the airport);

Other transport:

- Train tickets (make sure the date, the itinerary and the price are visible on the ticket, if you can get an invoice is even better);
- Transport by taxi (is allowed only if public transport is not available and not without prior confirmation by the coordinating organization, a receipt for the amount paid is needed);
- Bus tickets (make sure the date, the itinerary and the price are visible on the ticket, if you can get an invoice it is better);

All the documents should be original.

The documents related to your arrival should be given to the coordinating organization during the exchange. The travel documents related to your departure (returning travel documents) must be sent firstly scanned to the coordinating organization and then the originals must be sent by post office. The date in the travel documents should be identical with the travel days indicated in the present document.

# Useful information

## Accommodation & Diet

Participants will be accommodated in shared rooms of 2/3 people, possibly divided by gender. You will share the rooms with either one or two other people from all the different countries, so you can get to know each other better!

Within your stay and the implementation of the youth exchange mobility, meals will be offered to you including breakfast, lunch and dinner.

Fizzy drinks & alcohol are not included.

So, please don't forget to inform us of any dietary requirements (e.g. vegetarian/have allergies etc.)!!!

## Travel Information - How to reach the venue of the project

There is one Airport you can fly:

Athens International Airport "Eleftherios Venizelos"

<https://www.aia.gr/TRAVELER/>

From the airport, a private bus will take all the participants to the venue of the project, the route will be determined on the basis of the time of arrival of the participants.

The arrival date in Athens should be the 31st of May 2025 and the departure date should be on the 8th of June 2025, neither earlier nor later than these dates.

## Do not forget to keep...

- Boarding Passes (Original)
- Tickets from bus, train, ferry (Original)
- The original receipt of travel agency and the e-ticket with the amount of the travel expenses
- Your European health card
- Your Visa and original receipts of any related costs (if available)



# Join now with Tavo Europa!

## Explorer Pass 2025

You are welcome to join our new educational programme for 2025! Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all youth exchanges, study visits, events in Lithuania and abroad until the end of the year! This membership fee helps to support us and assures more resources on looking for exclusive opportunities for members. Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send most suitable and motivated participants to all of our projects.

For more projects: Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities: <https://www.facebook.com/groups/186132221744993>

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