

Youth Exchange **First Erasmus Adventure**

Dublin, Ireland
August 9 - 15, 2025



Co-funded by
the European Union

Project information

This youth exchange brings together young people from Ireland, Lithuania, and Spain for a week-long program focused on cultural exchange, inclusion, team building, and youth empowerment. Held primarily at Larchill Scout Centre, the program provides a structured yet dynamic environment where participants engage in a variety of fun, educational, and interactive activities. The exchange aims to foster intercultural understanding, social inclusion, and personal growth through collaborative projects, outdoor challenges, cultural presentations, and structured discussions on relevant social topics.

Key Activities

- **Icebreakers & Team Games** - The initial sessions focus on helping participants build friendships and feel comfortable expressing themselves within the group.
- **Cultural Presentations** - Each country presents its unique culture through music, photos, drama, and traditional food—fostering intercultural understanding and appreciation.
- **Outdoor & Team-Building Activities** - A variety of sports, games, and creative “Inclusion Challenges” designed to promote cooperation, teamwork, and problem-solving skills.
- **Debating Sessions** - Youth participants engage in discussions on issues that matter to them—both locally and globally—encouraging critical thinking and civic awareness.
- **Excursions** - Enriching cultural visits, including a day trip to Glendalough and another in Dublin, offering hands-on learning about Irish history and heritage.
- **Creative Workshops** - Interactive sessions such as T-shirt design and themed group challenges (e.g., “How Tall is Mrs. Murphy?”), promoting creativity and collaboration.
- **Final Night Performance** - A celebratory evening featuring karaoke and live performances, allowing participants to reflect on their journey and enjoy a shared cultural experience.

Dates and Participation Details

- **Youth Exchange (YE):** 9th to 15th August
- **Advanced Planning Visit (APV):** 2nd to 3rd July (for group leaders)

This youth exchange is designed for **12 young participants** aged **13–14 years**, ensuring gender balance, accompanied by 2 leaders from each participating country. The project is ideal for groups who are just beginning their Erasmus+ journey.

The three countries involved in this tri-lateral youth exchange are:

Ireland, Spain, and Lithuania.

The theme for our leg of the project is: “**First Erasmus Adventure**”

Project highlights

Outcomes & Impact

The program aims to create lasting value for all participants through the following outcomes:

- Strengthened cross-cultural friendships and mutual respect
- Improved communication and collaboration skills
- Promoted inclusion and active youth participation
- Offered a platform for youth voices through debate and structured evaluation
- Created lifelong memories through engaging and meaningful experiences

Used Tools

To support learning and reflection throughout the exchange, the following tools will be used:

- Youthpass: for tracking and documenting learning achievements
- Group and personal evaluations conducted regularly during the week
- Use of multimedia and interactive formats to enhance sharing and participation

Cultural Evening

The Cultural Evening is a highlight of the exchange—a fun and meaningful opportunity for participants to present their country's culture and traditions. Attendees are encouraged to bring and share typical foods, music, games, dances, and other cultural elements.

For example, the Lithuanian group may showcase their culture through activities like:

- Cold beet soup (šaltibarščiai) making workshops
- Traditional dances or songs
- Kahoot quizzes or educational presentations

Participants are invited to contribute in creative and inclusive ways, while ensuring the atmosphere remains respectful, welcoming, and fun for everyone.



Location

Accommodation

- During the Advanced Planning Visit (APV), leaders will be accommodated near St Andrews, in either a hotel or a bed & breakfast.
- For the Youth Exchange, participants and leaders will stay at the Scouting Ireland Larchill Centre, located just outside Dublin City.
Accommodation will be provided in “Larchill House”, a fully equipped indoor facility with 56 beds.

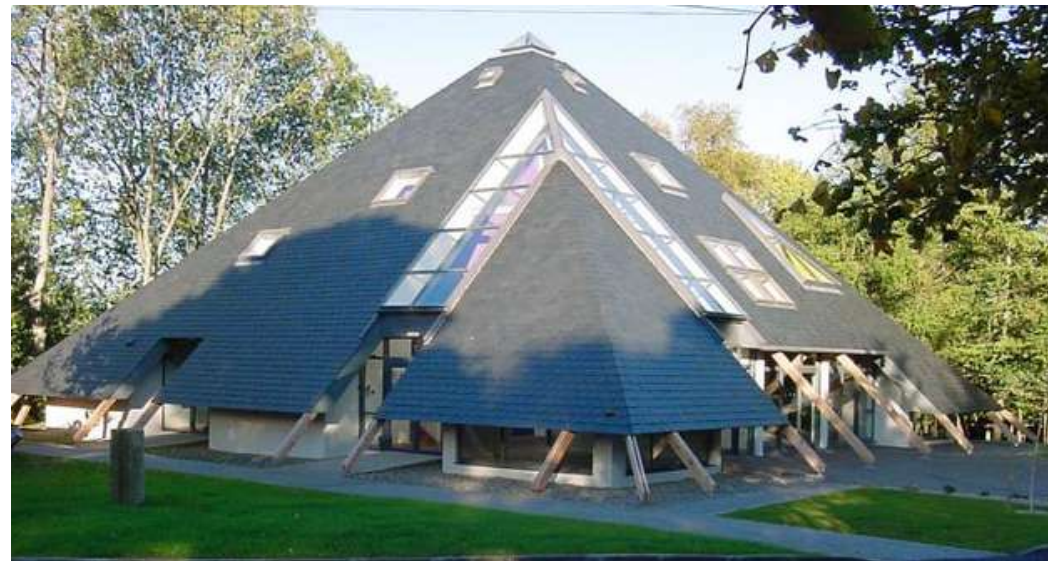
Travel budget per participant: 309 euros

Insurance

Each participant must have:

- Personal health insurance, and
- A valid EHIC (European Health Insurance Card)

Insurance details can be shared within the group. Alternatively, participants may choose their own policy from a reliable provider.



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