



**YOUTH WORK
DIFFERENTLY**



**NEW
EXPERIENCE**



**SAFETY AND
ADVENTURE**



TRAINING FOR YOUTH WORKERS

IN & OUT 3

5 ELEMENTS OF YOUTH WORK

1. **INSPIRATION** THROUGH TRYING **OUT** NEW ACTIVITIES
2. **INTENSIVE** FIRST AID TRAINING FOR **YOUTH** WORKERS
3. **OUTLINE** OF GROUP DYNAMICS AND COOPERATION
4. **OUTDOOR** SURVIVAL ACTIVITIES **IN** THE FORREST
5. **OUTSTANDING** TEAM GAMES **INSIDE**

**JUNE 15 - 21, 2025
SLOVAKIA, ČADCA**

Participation fee: €30



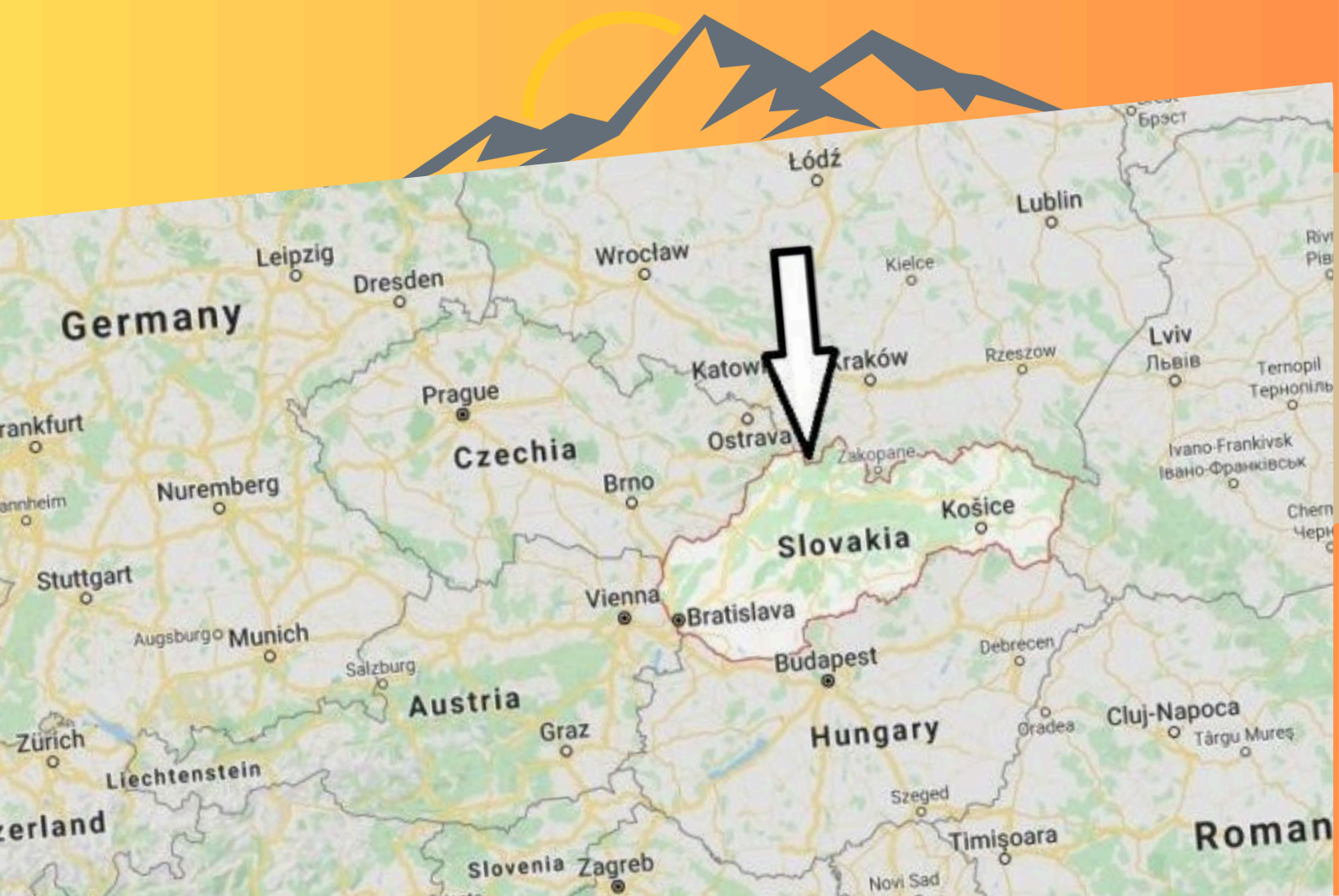
LOCATION

Our organization is situated in the heart of Čadca, a town with a population of approximately 24,000 welcoming residents. Prepare for an exceptional training experience in the picturesque mountains, located just 25 kilometers away.

Nestled in northern Slovakia, Čadca is conveniently positioned near the borders of the Czech Republic and Poland, serving as the proud capital of the Kysuce region, renowned for its stunning landscapes. The area offers a plethora of outdoor activities, including skiing, hiking, sailing, and mountain biking.

The climate here is a delightful blend, featuring mild conditions with cold winters, sunny summers that invite outdoor exploration.

Thanks to an efficient train connection, you can conveniently travel to larger towns or even cross the border into Poland and the Czech Republic. Our training activities will commence in Dolný Vadičov, a mere 20 kilometers from Čadca, with comfortable bus transportation arranged to facilitate your journey. Let the adventure begin!



ACCOMODATION



Contact

- **Address: 023 45 Dolný Vadičov**

What to bring

- Comfortable, sporty, and waterproof clothing and footwear for potential outdoor activities, swimwear, and flip-flops
- Information about yourself and your organization
- Traditional food and beverages from your country
- Passport and any other necessary travel documents (insurance)

MORE INFORMATION

- Travel budget:

Distance Band	Standard Travel	Green Travel
100–499 km	€180	€210
500–1,999 km	€275	€320
2,000–2,999 km	€360	€410



- Green travel is recommended
- Travel expenses reimbursed post-training; travel documents and boarding passes required.
- June weather can be warm or hot, with unpredictable changes throughout the day.
- Recommended packing: warm clothes (lightweight), swimsuit, sunscreen, sunglasses, sturdy shoes, waterproof jacket, and a backpack for expeditions.
- Check the weather forecast online for updates.



PROGRAM

**INtensive first aid training for
yOUTH workers**



**OUTdoor survival activities
IN the forrest**



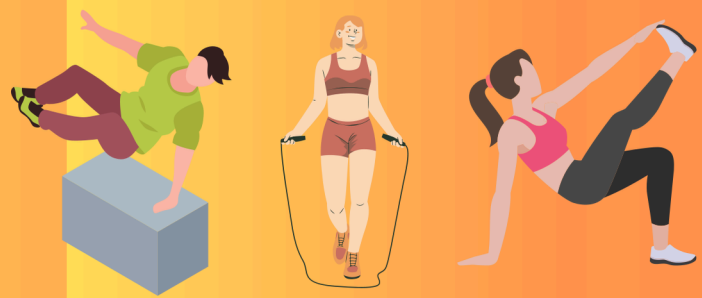
It will root for

practicality

sharing

experience

**INspiration through trying
OUT new activities**



**OUTline of group dynamics and
cooperation**



**OUTstanding team games
INDoors**



TIMETABLE

	Morning activities 9:00 - 12:30	Afternoon activities 14:30 - 18:00	Reflection group 18:00 - 18:30	Evening activities 20:00 - 22:00
15 June Sunday	travel	arrival of participants to Čadca, KERIC	dinner in Čadca	transport to accomodation welcome activities
16 June Monday	opening of training, ice-breakers, rules, building of teams strategy games	theory of IN & OUT activities	group meeting	international evening
17 June Tuesday	outdoor survival activities	first aid training	group meeting	night games
18 June Wednesday	Outdoor trip to mountains	Outdoor trip to mountains	group meeting	outdoor cooking
19 June Thursday	team work	sharing good practices	group meeting	board games
20 June Friday	cooperation with local group of kids	closing the training	group meeting	farewell outdoor party
21 June Saturday	transport to Žilina or Čadca departure of participants			

JOIN NOW with Tavo Europa



Educator Pass 2025

You are welcome to join our new educational programme for 2025! Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members! Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects

Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>

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