

# *Youth Exchange Participation matters!*

*Warsaw, Poland  
July 2 - 6, 2025*



Co-funded by  
the European Union



# Project information

“Participation Matters!” is a project conceived, created and aimed at young people, who will also be the protagonists of all the activities. It responds to their needs to identify the benefits of being part of the EU, to know how its institutions work, to know the tools available to citizens to get in touch with its institutions and to make their voices heard. The project aims to provide young people with useful information and tools to be protagonists of decision-making processes, becoming a factor for the improvement of European societies. The project also aims to improve activities in the field of non-formal education and strengthen relations between partner associations, strengthening their development path that they have undertaken at local, national and international level. The project also aims to meet young people's needs for youth participation by informing them about the programmes offered by the EU and aimed at them. The project provides that the participants, coming from Italy, Greece, Poland, Romania, Bulgaria, Lithuania and Spain, will carry out local activities that will be preparatory and interspersed with three international mobility periods in Greece, Poland and Italy. Locally, participants will ask their peers what are the most important issues that the EU should address. During the mobilities, the responses will be combined to identify the priority topic, based on the EU Youth Goals. Then, they will analyse the tools citizens have to submit their requests to the EU. Finally, they will converge towards a European Citizens’ Initiative to be proposed on the basis of the topic identified. Participants will also be able to engage with local policy makers and heads of the offices of EU bodies. We expect that the project will convert participants into local EU “ambassadors”, able to properly inform their peers and give them the right information regarding EU programmes and projects.

# For participants

All participants must bring the European Health Insurance Card or a private health insurance.

It is strongly advised for participants to hold travel insurance covering them for the whole duration of the activity.

**Number of participants:** The project expects to host 28 participants belonging to 6 partner organisations plus ETV EuroTreviso, for a period of 3 days in Warsaw, Poland. Each organisation will select 4 participants aged 18 – 30.

The travel days are Wednesday, 02/07/2025 and Sunday, 06/07/2025. You have one extra day before and/or after, but you will have to cover your own expenses.

## Profile of participants

The main knowledge that participants will obtain or enhance includes:

- EU: history, current policies, functioning of its bodies
- Advantages of being an EU citizen
- Tools to get in touch with EU institutions (online consultations, EU Youth Dialogue, Citizens' Dialogues, Together.eu, European Citizens' Initiative)
- Civic sense and active citizenship
- Mechanisms for youth participation in democratic processes
- Dialogue with policy makers
- Soft skills: team working, public speaking, debate, analysis, recap, creativity
- Organisational skills: events, debates, awareness campaigns, surveys
- TIC
- Tolerance and respect for diversity
- English

# Financial conditions

This activity is financed by the Erasmus+ Youth programme of the European Union and it is supported by ETV EuroTreviso.

Travel costs and accommodation are covered 100 % by the programme.

Participants must leave from and return to the country of origin of the organisation to which they belong.

We will cover your travel costs, according to the European Commission travel-reimbursement scheme, up to the following maximum per person and round trip:

- Poland, Lithuania: 258 € — green travel (bus, train, bike or car-pooling as the main means of transport)
- Bulgaria, Greece, Italy, Romania: 309 €
- Spain: 395 €

(If the cost of your tickets is lower than the ceiling, you will be reimbursed only for the amount actually paid.)

Therefore, if you cannot provide your original ticket, receipts, insurance documents and invoices clearly stating the travel agency, your name and the exact cost of the tickets, we will not be able to reimburse you.

- Keep all receipts that show prices (bus, train, e-ticket, agency reservation, and so on).
- Keep all boarding passes (outward and return).

Please do not buy any tickets before the final approval of ETV EuroTreviso!

## Accommodation venue

Participants will stay at Villa Roko (<https://g.co/kgs/SUWEwp7>). Accommodation will be in shared rooms for 2, 3 or 4 people. The training room and the restaurant where meals will be served are located in the same hotel. Free wi-fi and bed-linen are provided; please bring your own towels and toiletries.

The hotel is in the Włochy district of Warsaw, not far from the city centre, at ul. Techników 28/30.

From Warsaw Chopin Airport (WAW)

The hotel is easily accessible from Chopin Airport. You can take a direct RL, S2 or S3 suburban train from the airport to Warszawa Aleje Jerozolimskie station, then a short bus ride to the hotel (bus 127 or 228 from “Popularna 04” stop).

We highly recommend choosing this airport if possible, as it offers a much more convenient transfer.

From Warsaw Modlin Airport (WMI)

1. Take the airport shuttle bus to Modlin Train Station ( $\approx$  10 minutes).
2. Catch the RL suburban train to Warszawa Aleje Jerozolimskie station.
3. Take bus 127 or 228 from “Popularna 04” stop to the hotel.

Alternatively, you can take a direct bus from the airport to the centre of Warsaw (near the central station) and then reach the hotel by local train, tram or bus.

Breakfast, lunch and dinner will be served at the hotel restaurant.

# Join now with Tavo Europa!

## Explorer Pass 2025

You are welcome to join our new educational programme for 2025! Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all youth exchanges, study visits, events in Lithuania and abroad until the end of the year! This membership fee helps to support us and assures more resources on looking for exclusive opportunities for members. Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send most suitable and motivated participants to all of our projects.

For more projects: Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities: <https://www.facebook.com/groups/186132221744993>

[Registrations](#)

