



**YOUTH EXCHANGE**

# **SMALL HABITS - BIG CHANGES!!**

**15. - 22.7.2025., PIROVAC - CROATIA**



**Erasmus+**  
Enriching lives, opening minds.



**P R O N I**  
*centar za socijalno podučavanje*  
*centre for social education*



Co-funded by  
the European Union



# ABOUT PRONI CENTRE...



PRONI Centre for Social Education, Croatia is the NGO founded in 1998.

We deal with young people and those working with them in order to improve the quality of youth life. Special attention in our work is given to young people, respecting differences in ethnical background, religion, culture, gender and race.

PRONI works with young people, civil society organizations and responsible authorities using an integrated developmental approach in the fields of non-formal education, youth work and policy development.

PRONI Centre has accreditation for Erasmus+ and European Solidarity Corps programs.

PRONI has Training Center in Pirovac (on the coast) in which seminars, Youth exchanges, Trainings and Team volunteering are organized.



# ABOUT THE...



## YOUTH EXCHANGE



### AIM...



### TARGET GROUP...

The Youth exchange is designed as a six-days process aiming at developing skills & knowledge of young people important for increasing the chances for quality self growing – working and supporting good life habits.

To improve communication, planning, presentation, organizational, practical and leadership skills of young people through guided experiential learning process which contributes to quality life habits. In order to reach this goal, YE will be based on non-formal education program and informal learning, as well as intercultural learning through international events.

**PARTICIPANTS** from Portugal, Romania, Georgia, Lithuania and Croatia, age between 18 and 30 with motivation to actively participate in youth exchanges “Small habits – Big changes!”

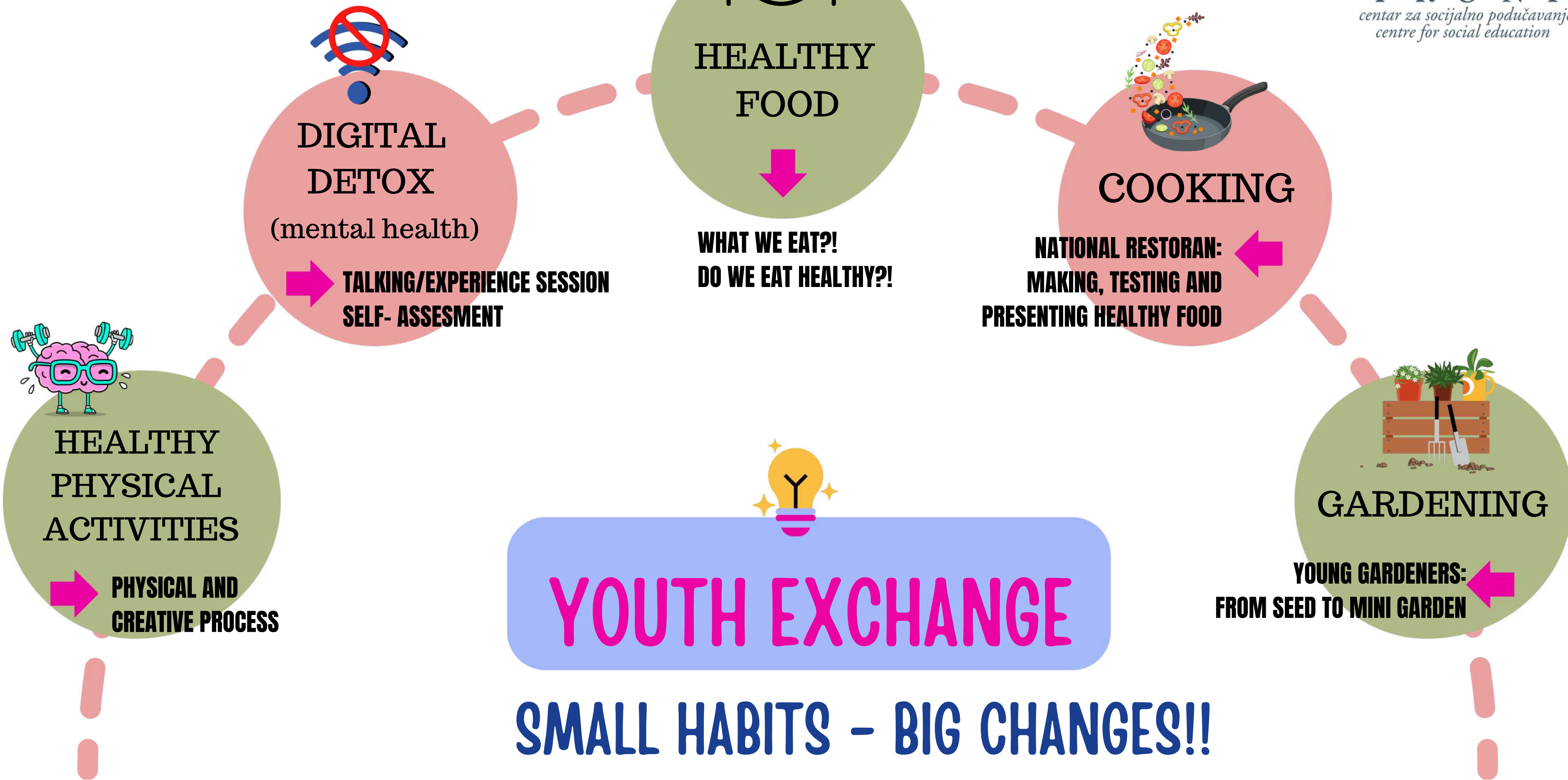
From each country we are welcoming:

4 youngsters + 1 youth leader older than 18

**Preparatory Visit (APV):** The APV will take place in Pirovac, on the Croatian coastline, from 6 to 8 June 2025, in the Training Centre of PRONI Centar for Social Education. It will include 5 countries, with 1 group leader and 1 young person (participant) from each country.

# GENERAL ACTIVITIES:

Workshop





# TRAVEL AND FINANCE



The arrival day is the 15<sup>th</sup> July and departure day is the 22<sup>nd</sup> July 2025.  
Try to find suitable options for the flight on this days or using green transport.

**P.S.** If you want, you can come 2 days before and stay 2 days after the activity but you need to cover own expenses (food and accommodation - outside of PRONI Training Centre).



You should find a **flight to** Zagreb, Zadar or Split airport. From Zagreb, Zadar or Split you can reach **Pirovac by bus** - [https://getbybus.com/en/Timetable from ZADAR, SPLIT, ZAGREB](https://getbybus.com/en/Timetable-from-ZADAR,SPLIT,ZAGREB).



Also, we support GREEN TRAVEL!



PRONI Centre will reimburse you money for travel up to max limits approved by the Erasmus+ distance calculator ([check the link](#)).

## TRAVEL BUDGET: REGULAR TRAVEL

100 - 499 km - 211 EUR  
500 - 1999 km - 309 EUR

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## TRAVEL BUDGET: GREEN TRAVEL

100 - 499 km - 285 EUR  
500 - 1999 km - 417 EUR





# ACOMMODATION AND FOOD



## ABOUT...

Pirovac is charming small village with population of about 1900. It is located 50 km from Zadar, 25 km from Sibenik and 100 km from Split. **During July you can expect warm temperatures (20°min - 35°max). In free time beach is yours :)**

The sea temperature is at least 4 degrees higher than the rest of the Adriatic Sea.

The beach in Pirovac is close to our PRONI Training Centre (app. 200m). Also it is close to a pine forest - for sun protection.



## LOCATION and ACOMMODATION:

PRONI Training centre is located in Pirovac in the street of Don Balda Vijalica 11. It has 2 floors and an air-conditioned lecture room in the attic. There are 4 bedrooms with 6 beds in each, 2 bedrooms with 2 beds in each, a big kitchen, a dinning room and 4 bathrooms and 3 toilets. Training Centre is fully furnished and can accommodate 28 persons. In the yard is outside shower. **Check this LINK to see Training Centre inside and outside.**



## FOOD and HEALTH:

3 meals per day will be served (made by cook lady) and coffee breaks will be organized. Food will be served in the kitchen but participant/s can eat inside or outside in the yard (with sun protection). Each participant needs to fill application with questions about food, possible medical/health issues and date of arrival/departure.

**Bring with you EU Health Insurance card or other insurance, sun protection, beach towel, summer clothes and 'one night' jacket (for any case). :)**



# CHECK LIST FOR 'YOUTH EXCHANGE':

- ☐ Boarding Passes
- ☐ Passport or ID
- ☐ Invoices and Tickets for plane/bus/train/car
- ☐ European Health Insurance Card/other suitable insurance
- ☐ Slippers, personal toiletries, towels for beach, swimsuit, jacket...
- ☐ Personal medicine - if you are taking please let us know in advance!
- ☐ Good mood for learning & participation :)

**CONTACT  
US**



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**WELCOME**

**IN PRONI TRAINING CENTRE IN PIROVAC!**

**SEE YOU ON 15TH JULY 2025.**

# JOIN NOW WITH TAVO EUROPA!

## Explorer Pass 2025

You are welcome to join our new educational programme for 2025! Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all youth exchanges, study visits, events in Lithuania and abroad until the end of the year! This membership fee helps to support us and assures more resources on looking for exclusive opportunities for members. Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send most suitable and motivated participants to all of our projects.

## For more projects

Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>

**REGISTRATIONS**

