

# STEREOTYPES: TRICK OR TREAT?

**JULY 15 - 24, 2025**

INFOPACK



**ERASMUS+ PROGRAMME  
KEY ACTION 1  
- MOBILITY OF YOUNG PEOPLE**

# ABOUT THE PROJECT

## WHERE

MONTEDORO, ITALY

## WHEN

15th - 24th of July 2025 (Travel days included)

## WHO

18-19 Yo 4+1 per Country

## WHAT

100% food and accommodations costs are covered;  
Travel costs are related to travel distance, [here](#) the link.

## FROM WHERE

Italy, Lithuania, Slovenia, Hungary,  
Estonia and Finland



# ABOUT THE PROJECT

## STEREOTYPES

“**Stereotypes: trick or treat**” is a **youth exchange** focused on understanding stereotypes, fostering cultural awareness, and celebrating the richness of traditions and cultures across different countries.

The project aims to **promote** a **clear awareness** of the difference between stereotypes, which may be simplified but not necessarily negative representations, and prejudices, which involve irrational and unjustified judgments based on such representations.

The **celebration of cultures** is a central aspect of the project. Its purpose is to empower participants not only to **understand** and **respect** different traditions, but also to **share** and **celebrate** them.



# ABOUT THE PROJECT

## Main Objectives:

- to **Investigate** and **understand** common stereotypes associated with the various European countries involved in the project.
- to Showcase **positive** aspects of stereotypes, **highlighting** how they can be connected to traditions and cultures in a **respectful** manner.
- to **understand** the difference between stereotypes and prejudices, emphasizing the importance of cultural sensitivity.
- to empower young people to **share** and **celebrate** their own cultures, fostering mutual respect and understanding.
- to **promote** collaboration and exchange of ideas among participants from different countries to create a supportive network.

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# REACHING MONTEDORO

Strauss suggest to all participants to arrive and depart to/from Catania airport.

The bus SAIS Trasporti connects Catania airport to Caltanissetta. You can buy ticket at the ticket office. After going out from "Arrivals", you turn right, 30/40 mt and you find it.

The ticket cost is **10,30€** You can check  
The bus will arrive in

**timetable here.**

Caltanissetta bus station.

The same bus company **SAIS Trasporti** connects Caltanissetta to Montedoro.

The bus leaves from Caltanissetta to Montedoro at **2.15 PM** and arrives at **3.45 PM**. The ticket costs **€4,60**.



# CATANIA AIRPORT

**(if you buy the ticket to go and come back it costs €7,50).** The journey takes 1 hour and 30 minutes.

If your arrival time could not allow you to take the 14.15 bus to Montedoro, do not worry: we are going to organize a private pick up from Caltanissetta bus station (if needed).

On return to Caltanissetta you have only one bus per day from Monday to Saturday. It leaves at 06.35 in the morning



# ACCOMODATION

**Albergo Diffuso Montedoro** combines the possibility of experiencing the typicality of a rural environment of a small town in the Sicilian hinterland with the comforts that different accommodation solutions offer visitors. Studios with kitchen, complete apartments, hotel-type rooms set up in historic buildings or in the old elementary school with B&B, half board and full board services.

Within the former Montedoro Elementary School, different types of Hotel type rooms have been created to suit the different needs of individual or group travelers: Single or double rooms with WC, large rooms or in duplex combination with shared bathroom with a simple and clean style respectful of the architectural features of a typical 1950s school

<https://www.lecupoletterosse.com/albergo-diffuso>



# MEALS: FOOD & DRINKS

## BREAKFAST

Breakfast will be served as a buffet. It includes coffee, tea, milk, biscuits, cereals, yogurt, fruit, jams, croissants, etc. In Italy, breakfast is generally "light-ish" and very sweet-oriented but it offers salty foods too.

## LUNCH

Lunches will be served with a wide range of traditional Sicilian/Italian foods. Meals will always include mixed vegetables, salads, bread and fruit. If anyone is on a special food regime due to health issues or has special needs regarding his/her daily nutrition (gluten free food, no pork, etc.), please feel free to let us know in advance through the application form.

## DINNER

Dinners will be served as well, with pretty much the same features of lunch.

**WE WILL SERVE NON-ALCOHOLIC DRINKS**





# PACKING LIST

## PERSONAL ESSENTIALS

- **SLIPPERS** OR **FLIP-FLOPS** FOR INDOOR USE
- TOILETRIES (TOOTHBRUSH, TOOTHPASTE, DEODORANT, ETC.)
- ANY **MEDICATIONS** OR **PERSONAL CARE** ITEMS YOU MAY NEED
- BATHING SUITS

## CULTURAL & TRADITIONAL ITEMS

- TRADITIONAL FOOD, SWEETS, OR SNACKS FROM YOUR COUNTRY—SOMETHING THAT REPRESENTS YOUR **CULTURE** AND THAT YOU'D LIKE TO **SHARE** WITH THE GROUP.

## CLOTHING & WEATHER CONSIDERATIONS

- IT WILL BE **HOT** DURING THE DAY, A BIT **COOL** DURING THE NIGHT.
- BRING SOME SWEATERS, A JACKET, AND LONG PANTS.



# REGISTRATIONS

## Explorer Pass 2025

You are welcome to join our new educational programme for 2025! Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all youth exchanges, study visits, events in Lithuania and abroad until the end of the year! This membership fee helps to support us and assures more resources on looking for exclusive opportunities for members. Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send most suitable and motivated participants to all of our projects.

## For more projects

Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>

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