



*Youth Exchange*  
**Youth, Motivation, Mobility**  
*Best Practices in Supporting NEET Youth*

*Katowice, Poland*  
**May 26 - 30, 2025**



Co-funded by  
the European Union





# Project information

We've prepared five inspiring days full of learning, good practices, exploration, and cultural exchange. You'll meet passionate people, discover unique places like Nikiszowiec and the Black Trout Adit, and get practical tools to better support young people – especially those from the NEET group.

Come with your team (5–8 people) and be part of something meaningful.  
Let's learn, share, and grow together. We can't wait to welcome you in Katowice!

The meeting will take place from 26 to 30 May 2025 and will focus on exchanging experiences, good practices, and methods of supporting young people – particularly those with fewer opportunities – in the context of social inclusion, non-formal education, and vocational development.

## Venue:

- Katowice – the capital of Upper Silesia, a modern city of culture and social transformation
- Wisła – a picturesque mountain town where we will hold a one-day outdoor session at the OHP training centre

## Highlights of the programme:

- 3 interactive workshops led by professionals from Poland and abroad
- Guided tours of cultural landmarks: Silesian Museum, Nikiszowiec historic district, Culture Zone
- Intercultural exchange evening – national presentations and traditional food
- A full-day educational and integration visit to Wisła
- Reflective sessions and planning of future Erasmus+ cooperation

## Participants:

Youth workers, educators, and staff from vocational institutions and youth organisations from Poland and other EU countries.



# Project schedule

## Day 1 – Arrival & integration

26 May 2025

Theme of the day: Let's get to know each other

- 10:00 – 11:00 → Registration / accommodation, welcome coffee
- 11:00 – 12:30 → Welcome coffee and introduction of participants and organizations
- 12:30 – 13:30 → Lunch
- 14:00 – 16:00 → Guided tour of Katowice city center: Spodek Arena, Silesian Museum
- 16:00 – 18:00 → Visit to the Culture Zone: Rondo Sztuki Gallery, International Congress Centre, Culture Zone walk
- 20:00 → Welcome dinner

## Day 2 – Workshop 1 + culture

Theme of the day: Practical inspirations – How to support youth effectively

- 09:30 – 12:00 → Workshop 1: "Motivating youth – good practices and challenges"
- 12:00 – 13:00 → Lunch
- 13:00 – 15:30 → Guided tour of Nikiszowiec: historic workers' district on the UNESCO heritage list
- 19:00 → Dinner with regional cuisine (in Nikiszowiec)

## Day 3 – Workshop 2 + Black Trout Adit

Theme of the day: Non-formal education and industrial heritage

- 09:30 – 12:00 → Workshop 2: "Non-formal education in practice – tools and methods"
- 12:00 – 13:00 → Lunch
- 13:00 – 17:00 → Educational trip and guided tour of the Black Trout Adit in Tarnowskie Góry (UNESCO-listed site) – underground boat ride
- 17:00 – 18:30 → Free time for coffee / walk
- 19:00 → Intercultural evening – presentations of countries and cuisines

## Day 4 – Wisła: educational & integration trip

Theme of the day: In nature – inspirations from Wisła

- 08:00 – 10:00 → Bus transfer to Wisła
- 10:00 – 11:30 → Workshop 3: "Youth outdoors – using natural spaces for education and integration"
- 12:00 – 13:00 → Lunch at the center
- 13:30 – 15:30 → Educational guided walk: Biała Wisłka Valley / Presidential Castle
- 16:00 – 17:30 → Summary session and integration bonfire
- 18:00 – 20:00 → Return to Katowice

# Travel information

We will be traveling by our van.

If you have any questions about the trip, please read this file and feel free to contact us for any clarifications.

The youth exchange participants will travel using the organization's vehicle. The trip will begin on May 26th from Lithuania. You are expected to arrive on May 26th (in the evening) at the venue. The return trip will be organized in the same way. We expect you to be back in Lithuania by May 30th in the second part of the day/night.

Participants will be driving the car all the way. You will need to pay for diesel and road taxes. However, these expenses will be reimbursed once you return home and present all original invoices.

Before departure, all participants will be required to sign the rules for using our vehicle. Each invoice must include our organization's credentials:

**Tavo Europa**

Mozūriškių g. 17-8, LT-06298 Vilnius

Registration Code: 304638334



# Join now with Tavo Europa!

## Explorer Pass 2025

You are welcome to join our new educational programme for 2025! Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all youth exchanges, study visits, events in Lithuania and abroad until the end of the year! This membership fee helps to support us and assures more resources on looking for exclusive opportunities for members. Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send most suitable and motivated participants to all of our projects.

For more projects: Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities: <https://www.facebook.com/groups/186132221744993>

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