

About us

Since its foundation, Stairs and Levels Associação has been involved in several key-actions from the European Solidarity Corps Programs.

We strive to create a more inclusive and compassionate world. We have always aimed to instill this spirit in young individuals.

Through the participation in international projects, we seek to extend this ethos beyond our local community, fostering a sense endEuropean and global citizenship in our participants volunteers and the communities they serve.



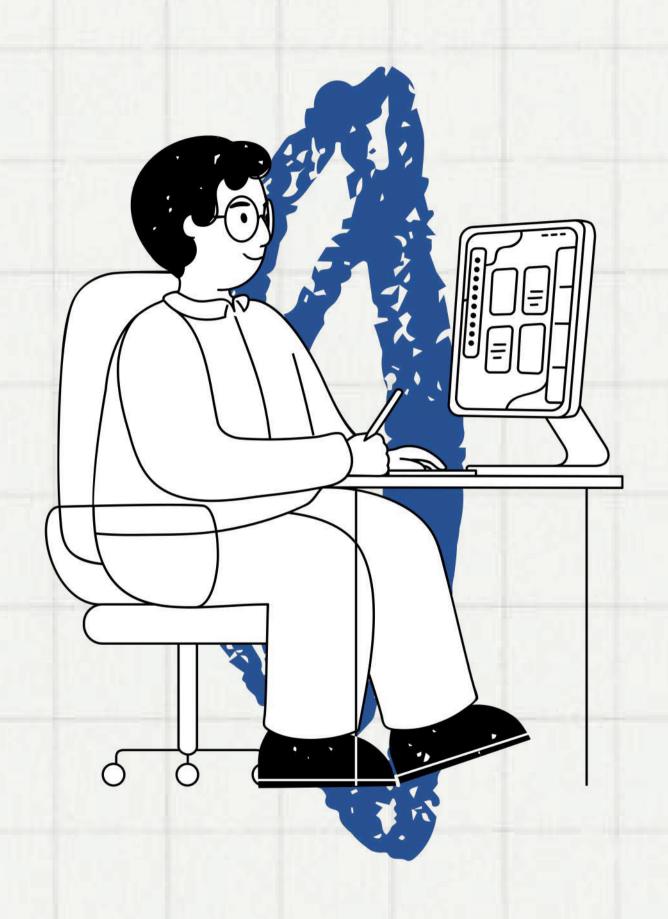
Our goals

We seek to promote formal, non-formal and informal education activities that are fundamental and/or complementary in the development of competencies of students, parents and other educational agents at the national and international levels.

Ensuring that students, parents and other educational agents have their legitimate rights and interests secured.

Promoting collaboration between institutions to instigate the adoption of new pedagogies and practices.

Creating opportunities for participation in different projects involving all kind of institutions.



Main framework

Digital Transformation and Innovation in Youth Work

At Stairs and Levels Associação we put great efforts in:

- Promoting digital skills development and the use of technology to connect, educate, and engage young people across Europe.
- Encouraging innovation and creativity in youth work through digital tools and platforms, bridging the gap modern

between traditional practices and technological advancements.

Social Inclusion, Diversity, and Discrimination

- Addressing discrimination, intolerance, and hate speech across different grounds (age, ethnicity, gender, sexual orientation, etc.).
- Promoting social inclusion, tolerance, and mutual understanding through various initiatives, including youth exchanges, forums, and cultural learning.
- Exploring and tackling stereotypes, prejudices, and social exclusion to create more inclusive communities.

Environmental Awareness and Green Entrepreneurship

- Raising awareness about environmental issues, including pollution, climate change, and the need for sustainable practices.
- Promoting green entrepreneurship and sustainability in youth work, providing practical insights into successful green business models.
- Engaging youth in eco-friendly initiatives and motivating them to become active promoters of environmental protection in their communities.

Gender Equality, Sexual Education, and Empowerment

- Promotinggender equality and addressing gender roles, stereotypes, and the representation of women in society and the professional world.
- Enhancing sexual education, addressing misinformation, and promoting awareness about healthy relationships and sexual health.
- Empowering women and encouraging participation in projects related to leadership, entrepreneurship, and social change.

Civic Engagement, Democracy, and Human Rights

- Promoting freedom of speech, understanding "cancel culture," and fostering tolerance for diverse opinions.
- Exploring human rights in the context of different religions, political systems, and cultural traditions. Encouraging youth
- participation in democratic processes and empowering them to become leaders and agents of social change.

Projects

At this moment we've already beenpart ofmore than 30 projects. Hereare 4 maintopics we usually address intheprojects we get involved with.



Your project activities

- Identify localeducationalneeds throughcommunity research.
- Create engaging curriculumsand learningmaterials.
- Lead workshops and interactive educational sessions.
- Offer tutoring and mentorship to participants in need.
- Manage schedules, venues and resources efficiently.
- Promote programs and connect with local participants.
- Collect input and evaluate program effectiveness regularly.
- Collaborate with other volunteers and share responsibilities.
- Receive training on teaching and engagement techniques.
- Develop skills in education, communication and leadership.



How a typical work week looks like

Monday

- Office work
- Work on Stairs and Levels local projects

Tuesday

- Office work
- Preparation of materials

Wednesday

Office work

Thursday

 Preparing personal workshops and trainings

Friday

- Preparing personal workshops
- Mentor meeting

Working hours: 10:00/16:00 (1h for lunch-break)



Professional Skills:

 Improve teaching, facilitation, project management and curriculum design.







Community Impact and Social Engagement:

 Build strong community relationships and understand the realworld impact of their work.



Personal Growth:

 Boost confidence, public speaking, leadership and self-awareness.



for this project?



Career Opportunities:

 Enhance employability, build a professional portfolio and gain insights into the education sector.



Cultural Understanding:

 Develop greater sensitivity and awareness through working with diverse groups.







Recognition and Certification:

 Receive formal certificates and build credentials aligned with European Solidarity Corps values.

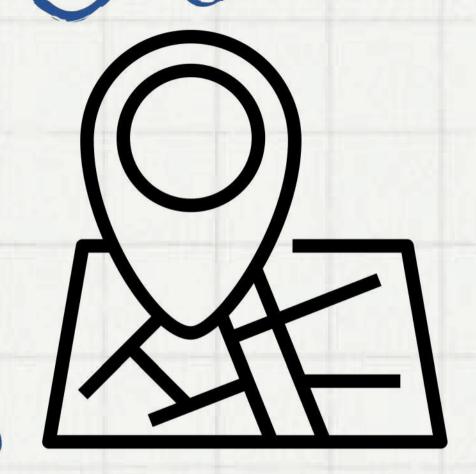
Working Space & Practicalities

Stairs and Levels Associação has itsheadquartersin Évora, a city in the south of Portugal. In our headquarters we manage and develop several activities from our office and Maker Space.

What will we provide for volunteers?

- Accomodation in a shared bedroom;
- Food + pocket money of 9€ (4 + 5) per day;
- Travel costs up to the distance limit;
- Mentor;
- 6 hours per day work;
- Sending cost for the supporting organization (1.15€
 X no. of days X no. of volunteers).





Venue

Évorais a medium—sized city and a municipality in Portugal in Alentejo region. Thehistory of Évora dates back more than five millennia. The population is around 56.596, in an area of 1307.08 km². Due to its well-preserved old town center, still partially enclosed by medieval walls, and a large number of monuments dating from various historical periods, including a Roman Temple, Évora is a UNESCO World Heritage Site. It is also a member of the Most Ancient European Towns Network. Due to the long history of Évora, monuments and buildings areits main attractions to outsiders. However, there are numerous "FestasPopulares" celebrating saints, holidays, "Feiras" (fairs) and cultural events.

Accomodation

- Volunteerswill beaccommodatedatOldÉvoraHostel, a centrally located hostel
 offeringsimple rooms withtwo or threebeds. The facilities include shared mixed-gender
- bathrooms, a common room, and fully equipped kitchens for guests to use. Daily cleaning is provided to ensure comfort and hygiene. Free Wi-Fi is available throughout
- the premises, and a self-service breakfast is included at no extra cost. Towels can be rented for €1.50 or volunteers may bring their own.



Participant's Profile

We're looking for volunteers with fewer opportunities. Thismeans economic, socialorgeographical obstacles, educational difficulties and/or cultural differences; aged between 18–30.

Moreover, we're looking for volunteers interested in this project's topic (Educational Program Development and Facilitation), eager to learn more, share knowledge with Stairs and Levels Associação target groups in Évora and, of course, ready to bring amazing creative ideas!

Volunteers should also be comfortable with living on their own, be adaptable to new situations and demonstrate good problem-solving skills and critical thinking.

We will select the volunteers to this project according to the following criteria:

- motivation to acquire knowledge on the project's topic; motivation to work with
- youth and contribute to the local community development; interest in working in a multicultural environment;
- ability to start, develop and implement their own activity ideas.

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Travel

We will search and arrange the best travel option for each volunteer to get to Évora.





Application form





We promote opportunities! Come join us and become part of Stairs and Levels Associação Community of Volunteers!

Our contacts

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www.stairsandlevels.pt