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Innovation in Action: Facilitating with Non-Formal Power

23-31.07.2025 PREDEAL, ROMANIA TRAINING
COURSE





ABOUT THE PROJECT

Programme: **Erasmus+, Training Course**

2024-1-RO01-KA151-YOU-000231158

Project Title: **Innovation in Action: Facilitating with Non-Formal Power**

Project Description

This Training Course (TC) is designed to bring together a diverse group of 18 youth workers from 9 different countries across Europe and will serve as a collaborative learning environment for participants to critically **explore, develop, and share non-formal education (NFE) methodologies** that are both innovative and aligned with the current priorities of the Erasmus+ Programme and broader youth work needs. Participants will be actively engaged in experiential learning activities, reflection sessions, thematic workshops, and peer-led sessions throughout the duration of the training.

The training course will take place over seven intensive days, structured around a methodology that blends theory, practice, and co-creation. It will offer a safe, inclusive space where youth workers can test new ideas, challenge assumptions, and deepen their understanding of non-formal learning principles and practices.

Each national team will be asked to present one lesser-known EU or underutilized non-formal method, which can either be applicable across multiple themes or be specific to one of the focus areas. These contributions will feed into a larger collective effort to design and document at least 10 innovative non-formal education methods, grounded in real-life experience and adaptable across different youth work settings.

At the end of the training, all methods—both those presented and those created during the course—will be compiled into a practical guidebook. This guidebook will serve as a valuable resource for youth workers and organizations across Europe, supporting the further dissemination and application of high-quality non-formal learning tools.

Project Goals

- Enhance understanding of non-formal education (NFE);
- Exchange best practices across countries;
- Develop 10 innovative non-formal methods;
- Encourage national contributions of unique methods;
- Foster intercultural and peer learning;
- Produce a practical guidebook for dissemination;
- Strengthen international cooperation in youth work.



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#planting



#beekeeping



#youthspace



#acaciaflowerfestival

WHO ARE WE?

Asociația Se Poate

www.asociatiasepoate.ro

Bucharest, Romania

Se Poate Association (ASP) is a dynamic non-profit empowering youth and promoting active citizenship in Bucharest, Ilfov, and Prahova counties. Since 2014, ASP has provided education, training, project development, and international mobility opportunities, focusing on youth, VET, and sports. Its expert trainers, including SALTO-accredited professionals, lead innovative international projects on research, innovation, and best practices.

Since the start of the Erasmus+ 2021-2027 Program, **Se Poate Association has obtained Youth Accreditation**. This accreditation enables young people to actively engage in economic, social, and cultural life and provides training and development opportunities, including for vulnerable groups. ASP prioritizes **social inclusion**, supporting young people from urban and rural areas, particularly those facing vulnerabilities. It fosters personal and professional growth through values like solidarity, multiculturalism, and volunteering.

Key Initiatives

1. *Youth Space in Lipănești* (launched in 2024) offers modern resources in a rural setting, including:

- A Game Room with entertainment options.
- A Vlogging & Media Room for digital skills development.
- A Study & Library Room for collaborative learning.

Over 80 youth participate in non-formal activities.

2. *New Trees for New Life* (since 2017) has planted 200,000 trees across 20 hectares in Prahova County. Biannual reforestation events engage thousands of volunteers, with over 15,000 trees planted in the latest effort. The project has also restored biodiversity, attracting wildlife and inspiring the annual **Acacia Flower Festival**.

Future Plans

ASP is developing a relaxation park within the forest, offering a sustainable retreat for the community while promoting environmental education and recreation.

PARTICIPANTS PROFILE

Each sending organization will send 2 youth workers. Participants in this training course should be **active youth workers, educators, or dedicated volunteers currently engaged in youth work at the local, national, or international level.** Each national team will consist of two participants, ideally representing different experience levels (e.g., one experienced, one emerging practitioner), to promote intergenerational learning and mentorship.

Selected participants should meet the following criteria:

- **Experience in Youth Work and Facilitation (can be also beginner in facilitation)**
 - Actively involved in youth work through an NGO, youth center, local authority, or informal group.
 - Have practical experience in facilitating non-formal education activities, such as workshops, trainings, youth exchanges, or community projects.
- **International Project Background**
 - Have participated in multiple international mobility projects (e.g., youth exchanges, training courses, ESC, or KA2 partnerships).
 - Be familiar with the principles of intercultural learning and collaboration in an international setting.
- **Motivated and Committed**
 - Demonstrate a strong motivation to learn, contribute, and engage fully throughout the training course.
- **Contribution to the Training Course Content**
 - **Each national team will be required to prepare and present one lesser-known or underused non-formal education method**, either general or specific to one of the Accreditation objectives focus areas:
 - Professional development & entrepreneurship
 - Green transition & climate change
 - Active youth participation
 - The method should be practical, adaptable, and relevant to youth work, and ideally not widely known in Erasmus+ mobility projects.
- **Post-Training Commitment**
 - Be ready to disseminate the outcomes of the training course within their organization and local community.
 - Contribute to the creation and sharing of the final guidebook of non-formal methods.

18 PARTICIPANTS IN TOTAL



DAILY ACTIVITIES

Our events are scheduled daily from 10:00 am to 7:00 pm.

The program will include four workshop sessions, each lasting for 1 hour and 30 minutes. Your presence for the entire duration of all activities is crucial.

We will offer three meals daily (breakfast, lunch, dinner) along with two coffee breaks.

A detailed schedule of sessions will be provided a few days prior to their commencement.





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ACCOMMODATION

VENUE:

HOTEL BULEVARD PREDEAL

ADDRESS:

BULEVARDUL MIHAIL SĂULESCU 129, PREDEAL 505300

CHECK IT OUT ON GOOGLE MAPS [HERE](#).

You will be accommodated in rooms designed for double and triple, arranged at the facility provided for your stay.

Separate bedrooms will be designated for female and male participants, ensuring privacy.



TRAVEL

ARRIVAL

On **July 23, 2025**, all participants will arrive at the project site. This day will be reserved for arrivals, with no scheduled activities.

DEPARTURE

On **July 31, 2025**, all participants will depart from the project site. This day will solely be dedicated to participant departures, with no scheduled activities.

Please remember:

- **Preserving our environment is crucial.** Opt for the most environmentally friendly mode of travel available. For Bulgaria, Hungary, Greece, Turkiye and North Macedonia we recommend green travel.
- **Regarding green travel costs: these apply if more than half of the distance traveled is covered using a green mode of transportation.**
- **Do not purchase any tickets without confirmation from your sending organization.** Tickets bought without confirmation will not be reimbursed.
- To qualify for reimbursement of your travel expenses, you must be present from the day of arrival until departure.
- Tickets must be purchased in economy class.

TRAVEL DISTANCE	GREEN	NON-GREEN /STANDARD
10-99km 100-499 km	56 EUR	-
500-1999 km 2000-	285 EUR	211 EUR
2999 km 3000-3999	417 EUR	309 EUR
km	535 EUR	395 EUR
	785 EUR	580 EUR

Travel grant for each country:

- **Romania** - according to distance band, **56 or 285 (for green travel)**
- **Bulgaria** - according to distance band, **285 (for green travel)**
- **Greece, Turkiye, North Macedonia, Hungary** - according to distance band, **285 or 417 (for green travel) or 211 or 309 (for non-green travel)**
- **Italy** - according to distance band, **309 (for non-green travel)**
- **Lithuania** - according to distance band, **309 (for non-green travel)**
- **Spain** - according to distance band, **309 or 395 (for non-green travel)**

Please check in the distance calculator to see the budget that you have!!!

Start: the place is your departure (exactly the place where you start your travel, not from where your flight is)

End: Predeal, Romania

Link Distance Calculator: <https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>



TRAVEL

Financial Terms:

All travel expenses for participants, up to the maximum limit per country, will be fully reimbursed. Reimbursements will be issued in EUR, irrespective of the currency specified on the ticket or receipt/invoice. Tickets purchased in a local currency other than EUR will be converted and calculated based on the monthly exchange rate provided by the European Commission.

If your trip exceeds the set limit, we will reimburse you only up to this threshold after completing all necessary formalities.

To qualify for reimbursement, you must:

- Coordinate the purchase of tickets with your sending organization before making any arrangements.
- Retain all tickets and boarding passes (either in electronic or paper format) as evidence of your trip. Failure to provide these documents will result in the inability to reimburse you. The physical tickets must be handed over to the coordinating organization during the project days or sent by mail upon completion.
- Complete an online form after your trip, attaching all electronic documents.
- The amount will be reimbursed for the entire group to the organization you represent and subsequently distributed to you.
- Please note that mobile boarding passes often disappear after the end of the trip. Make sure that you have taken a screenshot before your trip!



TRANSPORTATION

Airport:

Bucharest Henri Coandă International Airport (OTP) is the main airport serving the city of Bucharest. Predeal is located approximately 125 km from Bucharest. From the airport you need to get to the city centre ("Gara de Nord") to take another train to Predeal.

The **best** means of transport from the **Airport** is the **train**, it takes **20 minutes** to get in the city and they come every 40 minutes (*you can buy tickets from inside the train or pay by card and cost **1 euro** or **5 lei***).

From the Station "Gara de Nord" to Predeal

- you will take another train
- it takes 1.5 -2 hs;
- we recommend you to buy tickets in advance from the website:

<https://mersultrenurilor.infofer.ro/en-GB/Itineraries>

- **Hotel Boulevard** is about a 7-minute walk away from the Predeal Train Station, on the main street

Bucharest OTP Airport to Bușteni

- Direct shuttle buses are also available from **OTP Airport** to **Bușteni**
- convenient for **late arrivals**.

You can also try International Airport Brașov-Ghimbav - its a smaller airport and not so many connections, higher prices for flight tickets. The airport is 45 minutes away from Predeal.

From airport you can take the bus A1 to the train station - Brașov and from there you can take the train to Predeal.



YOUTHPASS

We aim to ensure that everyone's achievements are acknowledged!
Therefore, **all participants in our projects are awarded Youthpass certificates.**

What is Youthpass? It's an initiative under the European Commission's framework designed to recognize the learning acquired outside of formal education settings.

Getting your Youthpass Certificate allows you to reflect on what you've learned and how it will benefit you in the future. It's not just for us – it's recognized all across Europe as a way to acknowledge the great work young people and youth workers do. It's like a big thumbs-up for youth work!

Moreover, having a Youthpass can enhance your employability as it demonstrates your valuable skills, which employers appreciate!

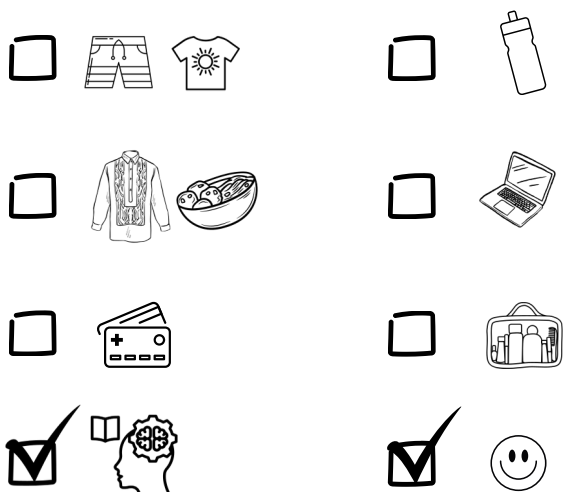
WELCOME TO YOUTHPASS

Recognition tool for non-formal & informal
learning in youth projects

WHAT SHOULD YOU BRING

- Reusable water **bottle**.
- **Traditional food, snacks, drinks, and/or attire** for the Intercultural Evening. Coordinate with your national group regarding planned activities such as presentations, traditional dances, games, or quizzes.
- Ensure you have a European Health Insurance Card or alternative health insurance coverage, as it is **not** reimbursable.
Light and breathable clothing, comfortable walking shoes. Temperatures will be warm, around 25–30°C during the day, with nighttime lows around 15°C. A light jacket or sweater may be useful for colder evenings.
- **Laptop or tablet** to prepare/present your presentations (at least one per team)
- **Positive attitude and eagerness to work**
- **Openness** to learning and willingness to **share knowledge** with others.

Checklist:





DISCOVER PREDEAL AND ROMANIA

Predeal, Romania's highest town, sits in the Carpathian Mountains at the crossroads of Muntenia and Transylvania, offering a mix of stunning landscapes and rich history. Surrounded by the Postăvarul, Piatra Mare, and Bucegi mountains, it's a haven for nature lovers. In winter, Predeal is a skiing destination, while summer brings hiking trails with spectacular views. The Predeal Monastery, founded in 1774, and the statue of Mihail Săulescu in the town square add cultural depth to this serene retreat.

Beyond Predeal

The region surrounding the town is rich with places to discover:

Braşov: Just a short drive north, this medieval city enchants with cobblestone streets, colorful buildings, and the iconic Black Church.



Peleş Castle: To the south, Sinaia boasts one of Europe's most beautiful castles, a masterpiece of neo-Renaissance architecture.

Cantacuzino Castle: Located in Buşteni, this Neo-Renaissance gem offers breathtaking views of the Bucegi Mountains and was also featured as a filming location in Netflix's Wednesday.





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Contacts



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JOIN NOW WITH TAVO EUROPA!

Educator Pass 2025

You are welcome to join our new educational programme for 2025!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all youth exchanges, study visits, events in Lithuania and abroad until the end of the year! This membership fee helps to support us and assures more resources on looking for exclusive opportunities for members. Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send most suitable and motivated participants to all of our projects.

For more projects:

Explore the world and learn together with the help of Tavo Europa.

Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>