



KLUB ŠTUDENTOV
KRANJ



Youth Exchange *Way to adulthood*

Zapotok and Kranj, Slovenia
July 12 - 20, 2025



Co-funded by
the European Union

Host Organization

Klub studentov Kranj (Student association Kranj) was established in 1990. It's a voluntary, independent, non-profit association of students and pupils, with a view to integration, education, raising the cultural level and the provision of benefits to its members - current members can choose from a large range of different benefits.

Events in the club's organisation are based on four pillars: department of Education prepares educational workshops, courses, lectures and excursions into the unknown, department of Culture is responsible for creative workshops, Entertaining events and relaxing evenings at cultural events; department for Welfare and Health helps young mothers and raises awareness of diseases; department for Sport offers adrenaline activities, recreation (swimming, football, basketball, volleyball) and tournaments as well as encourages a healthy mind in a healthy body.

Every year in June, Klub študentov Kranj organises a festival called Teden mladih (Week of Youth), which hosts more than 20 events, such as concerts, sport and cultural events, lectures and possibilities to enjoy culinary treats in the centre of town Kranj.

Our Goals

- for young people to be able to gain new competences during the project and to have the possibility to take responsibility;
- increase young people's involvement in intercultural and international experience; especially for those with fewer opportunities.
- by carrying out workshops, we want to involve young people from local communities and spread information about Erasmus + programme and the opportunities it can provide;
- for the participants to gain self-evaluation information, which they can also add to their Youthpass certificate at the end of the activity;
- at the end of the activities, participants will be involved in publishing and dissemination of the project results (video content, booklet, media announcements and creating events for the local population);
- foster mutual understanding between young people in different countries - Promote European cooperation in the youth;
- provide space for networking and planning common activities for the future.

Project overview

This project includes the participation of five countries: Slovenia, Malta, Spain, Lithuania and Czechia. The project will take place in Zapotok and later in town Kranj, home of hosting organisation Klub študentov Kranj. 28 young people and 6 leaders will join the project, which will focus on the topics of intercultural integration and how to successfully cooperate with local organisations and connect young people from different backgrounds. We will enable the local population to take an active part in certain cultural and educational events that we will prepare during the week. With the implementation of the project "Way to Adulthood", we aim to support and empower young people as they navigate one of the most transformative periods of their lives—the transition into adulthood. The project is designed to equip youth with the tools, knowledge, and mindset necessary to approach adult life with confidence, self-awareness, and resilience. We will explore key aspects of personal development through interactive activities, discussions, and workshops that address both mental and physical well-being. Topics such as emotional intelligence, stress management, decision-making, independence, and self-care will be central. At the same time, we will encourage healthy habits, balanced lifestyles, and responsible life choices as foundational pillars of a fulfilling adulthood. Through this approach, we want to remind young people that becoming an adult isn't just about age or responsibility—it's about building a sustainable relationship with oneself and others. In their free time, participants will have time to explore the town and surrounding areas, meet locals, and visit cultural sights.

Two activities within the project:

Advanced Planning Visit - June 27 - 29

It will include 6 youth leaders and workers who work in the youth organisations that are involved in the project. The purpose of the activity is to familiarise everyone with the work of youth groups and to identify the needs for the good preparation and implementation of youth exchange.

Location: KRANJ.

Youth Exchange - July 12 - 20

There are 36 people involved in the activity, among these 8 youth leaders and 26 participants, who are actively involved in the organisation of the project. Participants are between 18 and 28 years old, coming from different backgrounds and bringing together different skills and interests.

Location: Zaporotok and KRANJ (Hotel Azul).

For participants

Participants Profile

Number of participants per country: 5 + 1 group leader

- The group of participants is going to **be as diverse as possible** - coming from different cultural backgrounds and environment.
- Priority will be given to participants with **fewer opportunities**; young people from less privileged cultural, geographical, or socio-economic backgrounds.
- Please keep **gender balance** of participants and limit age between **18-28** (even the leader).

What to pack

- Valid document (passport or ID)
- Medicine (painkillers, anti-allergy, or similar that you are familiar with)
- Sleeping bag or linen, pillow cover, and towel (you will need it for the four nights in the cottage; there is already one sheet on the bed, just bring something to cover yourself with)
- Sunscreen, water bottle (all water is drinkable in Slovenia)
- Travel documentation (tickets, travel invoices, boarding passes, etc.)
- Technology (the electricity standard in Slovenia is European: 220V, socket, 2-pin plugs)
- Sport clothes and some warmer clothes for evenings outside
- Swimwear

Youthpass

Every participant is individually entitled to receive a **Youthpass Certificate** which confirms participation and validates the **non-formal learning (NFE)** experience of the Youth Exchange project. Self-evaluation and validation of participants' learning experiences are important as such and the document can be of benefit in terms of the **educational or employment future of the participant**. Through Youthpass the European Commission ensures the Youth Exchange activity is recognized as a non-formal learning experience. For more information on **Youthpass**.

How to prepare

Each national group should prepare a cultural program for an intercultural evening. Every country will have around 20 minutes to share something about their culture with others. Groups should prepare some original presentation; we will not use projections and presentations on computers :). Participants can bring traditional food, drinks, clothes, instruments, etc. You can also bring posters, postcards, and leaflets to show us where you come from.

Timetable

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8	DAY 9
9:00-9:30	Arrival to Zapotok (we will pick you up in Ljubljana)	Breakfast	Breakfast on the Run	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:30-9:40		Energizer - Slovenia		Energizer - Lithuania	Cleaning rooms and preparing for departure	Energizer - Romania	Energizer - Spain	Energizer - Slovenia	Packing and departures
9:40-11:10		Team building		The Adulthood Odyssey		Planet - Friendly Paths	Skill up for life	Creating booklets, radio talks...	
11:10-11:30		Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	
11:30-13:00		Common rules	The Time Turner	The Adulthood Odyssey	Bus to Kranj	Planet - Friendly Paths	Mission: Job Hunt	Creating booklets, radio talks...	
13:00-15:00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
15:00-15:10		Energizer - Slovenia	Energizer - Malta	Energizer - Lithuania	Check-in Kranj accomodation	Energizer - Romania	Energizer - Spain	Energizer - Slovenia	
15:10-16:40		'Am I an adult?'	Strategic game: Finance Fortress	CV 101	Free afternoon	The Negotiation Table	Roadmap to Reality	The presentation of final results	
16:40-17:00		Coffee break	Coffee break	Coffee break		Coffee break	Coffee break	Coffee break	
17:00-18:30		Preparation for National evening	Strategic game: Finance Fortress	Meals in Minutes		The Resolution Room	Roadmap to Reality	Evaluation	
18:30-19:00		Evaluation	Evaluation	Evaluation	Evaluation	Evaluation	Evaluation		
19:00-20:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
20:00-22:00	Free evening	National evening	Movie night	Evening by the fire	Jolbe games	Round Table	Trust your senses night	Farewell party and awarding Youthpass certificates	

Accommodation and costs

Zapotok, 16

First 4 nights, the group will stay at a big scout cottage in Zapotok, outside of Ljubljana. Accommodation has different rooms with bunk beds, so you would need to bring linens or a sleeping bag. We have two big sleeping rooms (one for girls and one for boys). Outside space is really nice, with a fireplace, forest, and enough space to do outdoor activities.

Address: Taborniški dom, Zapotok 4, 1292 Ig, Slovenia

Costs

Board, lodging, and program costs will be provided and covered by grant from the Erasmus+ programme.

Remember to keep all your travel documents — invoices, travel itineraries, and boarding passes!

Any use of taxis, shuttle service, or a travel agency will not be reimbursed. All travel plans to Slovenia need to be approved by Klub Študentov Kranj!

Kranj

Kranj: Participants will be accommodated in Hotel Azul. Rooms with pre-prepared beds have linens and towels. The hotel offers a free Wi-Fi internet connection all over the hotel.

Address: Šuceva ulica 26, 4000 Kranj Slovenia

You can check the hotel [here](#).

For travel distance between	Cost
500 and 1999 km	309€
500 and 1999 km	309€
500 and 1999 km	309€
500 and 1999 km	309€
10 and 99 km	28€

Travel Instructions

Travel instructions (July arrivals to Ljubljana, and departures from Kranj)

Bus

We will drive you from Ljubljana to the location. After you reach Slovenia (most of you probably Ljubljana), the best is to take a bus outside the airport to the main bus stop in Ljubljana. We will pick you up there and drive you to Ig. You can come to Ljubljana earlier and visit the centre of Ljubljana. You can store your luggage in the main bus station (<https://www.ap-ljubljana.si/en/luggage-storage>) and visit the city centre, that is within walking distance.

The bus takes about 30 minutes to get to Ljubljana.

Bus timetable in Slovenia: <https://arriva.si/en/>

Airport

If you will not fly to Ljubljana, the best option is to fly either directly to Venice Treviso (TSF), Venice Marco Polo (VCE), or Zagreb (ZAG).

Airlines: EasyJet, Wizzair, Ryanair.

From Venice/Zagreb airport, take a van GoOpti straight to Ljubljana (the cheapest and fastest way).

Return

If your plane leaves from Ljubljana airport we will organise you a transfer from Kranj (15 min).

Remember to keep all your travel documents - invoices, travel itineraries, and boarding passes!

Any use of taxis, shuttle service, or a travel agency will not be reimbursed. All travel plans to Slovenia need to be approved by Klub Študentov Kranj!

Join now with Tavo Europa!

Explorer Pass 2025

You are welcome to join our new educational programme for 2025! Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all youth exchanges, study visits, events in Lithuania and abroad until the end of the year! This membership fee helps to support us and assures more resources on looking for exclusive opportunities for members. Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send most suitable and motivated participants to all of our projects.

For more projects: Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities: <https://www.facebook.com/groups/186132221744993>

[Registrations](#)

