



Petrklíč help  
youth exchange

2022-2-PL01-KA220-YOU-000098102



# INTENSIVE ENERGY SAVING TRAINING

**23–29 September, 2025**

Řeka, Czech Republic



NEW EUROPE  
FOUNDATION



Spolufinancováno  
Evropskou unií

# WHAT'S THIS PROJECT ABOUT?

Join us in the beautiful Beskydy Mountains for a week-long youth exchange focused on sustainability, community engagement, and cross-cultural learning. This project brings together young people from across Europe to explore pressing environmental topics through interactive experiences, creative collaboration, and outdoor learning. Participants will build skills, share ideas, and co-create a vision for a greener future.

## Who Can Participate?

We are looking for diverse and enthusiastic young people to join us. Here's who we're inviting:

- Age: 18 to 26 years old Group size per country: 9 participants + 1 youth leader
- Communication: Working language is English (you don't need to be fluent—just open!)
- Backgrounds: All are welcome, especially participants with fewer opportunities or little previous international experience.



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[click here to know more about the venue](#)

## OUR HOME FOR THE WEEK: ŘEKA

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Our base will be the KŠVC Juventus – Tourist Centre in Řeka, a cozy and well-equipped youth accommodation surrounded by forests and hills. This venue is perfect for unplugging from the noise of daily life and reconnecting with nature and people.



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## Travel by Van

We will be traveling by our van. If you have any questions about the trip, please read this file and feel free to contact us for any clarifications. The youth exchange participants will travel using the organization's vehicle. The trip will begin on September 23th from Lithuania. You are expected to arrive on the same day (in the evening) at the venue. The return trip will be organized in the same way. We expect you to be back in Lithuania by September 29th in the second part of the day/night. Participants will be driving the car all the way.

You will need to pay for diesel and road taxes. However, these expenses will be reimbursed once you return home and present all original invoices. Before departure, all participants will be required to sign the rules for using our vehicle.

Each invoice must include our organization's credentials:



### Tavo Europa

Mozūriškių g. 17-8, LT-06298 Vilnius  
Registration Code: 304638334

**GDPR:** The personal data you provide in the form will be processed by the Petrklíč help for the following purposes: project implementation, monitoring, and control. The administrator of personal data is the European Commission, Directorate General for Education, Youth, Sport and Culture, i.e., Head of Unit B4, Directorate B - Youth, Education & Erasmus+, Directorate General for Education, Youth, Sport and Culture, European Commission, B-1049 Brussels, Belgium (hereinafter: Erasmus+ Administrator). The Commission, as the Controller, outsources the processing of these data to national agencies, including the Czech National Agency, which is the Foundation for the Development of the Education System (FRSE). Therefore, we process personal data on behalf of the European Commission through an agreement signed with FRSE.



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# What Should You Bring?

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- Valid ID or passport
- European Health Insurance Card (or other travel insurance)
- Comfortable clothing, flipflops and shoes (indoor & outdoor)
- Towel, toiletries, reusable water bottle
- Traditional snacks or objects from your culture for intercultural evening
- Personal medication
- Good mood and openness for new experiences 😊

Optional but useful: games, power adapter (Czech plugs = EU standard)



## COSTS & REIMBURSEMENT

This project is fully funded under Erasmus+:

- Accommodation
- Meals (breakfast, lunch, dinner + breaks)
- Activities and materials
- Travel reimbursement (based on [EU distance calculator](#))

You or your organization may need to buy your tickets upfront. We will reimburse your eligible travel costs once the project concludes and you submit all original travel documents. Click [here](#) for more info.

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# SCHEDULE

**23.09**

Arrivals, welcome games, get to know each other

Icebreakers, team-building,  
intro to project

**24.09**

**25 -  
28.09**

Thematic workshops, creative challenges, reflection circles.

Final reflections, closing ceremony, departures

**29.09**

**Note:** Detailed workshop information will be shared with selected participants closer to the start of the youth exchange. Stay tuned!

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# Meet the Organisers

Petrklíč help is a Czech non-profit organization focused on youth education, sustainability, and community development. We organize international exchanges, local workshops, and educational programs that empower young people to shape a greener future.



**Petr Kantor**  
Chairman & Youth Facilitator



**Sampras Femi Robert**  
Project Manager & Youth Facilitator



**Veronika Skorohod**  
PR Manager & Youth Facilitator





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**WE CAN'T WAIT TO MEET YOU HERE!**

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# Project Coordinator in Lithuania

**Julija Staniulytė : [julija@tavo-europa.eu](mailto:julija@tavo-europa.eu)**

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# Join now with Tavo Europa!

## **Explorer Pass 2025**

You are welcome to join our new educational programme for 2025! Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all youth exchanges, study visits, events in Lithuania and abroad until the end of the year! This membership fee helps to support us and assures more resources on looking for exclusive opportunities for members. Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send most suitable and motivated participants to all of our projects.

For more projects: Explore the world and learn together with the help of Tavo Europa.

Join the group with more opportunities:  
<https://www.facebook.com/groups/186132221744993>

