



“AGAIN ?” – YOUTH EXCHANGE
SARATA MONTEORU–BUZAU, 7.10.-17.10.2025

Arrival day : 7 october 2025

Departure day: 17 october 2025

Organizer : FPT BUZAU, ROMANIA Coordinator: Tolea Postovei

Participants: 34 youngsters, 8 leaders, 2 facilitators; 4 youngsters 17-25 years old plus one group leader 18+ from each country

Venue : Sarata Monteoru and Buzau, Romania

Description of project :

The aim of the project is to increase the responsibility of young people in using safe social networks.

Objectives:

1. To raise the education level of youngsters in the spirit of respect and anti-hate speech in direct relationship to prevent cyberbullying.
2. To increase the responsibility and safety of young people's access to social networks to prevent electronic violence and cyberbullying.
3. To promote through creative tools inclusion and diversity, in order to eliminate discrimination in social networks.

Final products expected: forum theater plays, videos, magazine, to promote a more responsible and safe activity in social networks and to prevent any form of e-violence.

Accomodation : “Casa cu Tei” pension– in rooms of 2 with private bathroom, towels, soap and sheets provided for 1 week <https://casacutei.ro/>. No laundry and ironing services are provided.

Last 2 nights accomodation is in Buzau – Hotel Sport B90 – rooms of 2-3 persons with private bathroom.



Food will be served at the restaurant of the hotel and pension and there will be 3 meals every day and 2 coffee breaks.



Facilities

-pension in Sarata Monteoru is 10 minutes from village center where you can find shops with basic things. **There are no bankomats but in most of the local shops you can pay by credit card;**

- hotel in Buzau is 10- 15 minutes walking from city center where you can find almost everything : shops,pharmacy,banks,restaurants etc.

Visits: according to the programme; any other opportunities will be discussed on the spot if free time will allow.

Internet: there is good wireless in the pension and also in hotel in Buzau.

Weather is quite unpredictable in march in hillside. Usually temperature is around 10 -15 degrees during the day, but also can rain, be warmer or be colder. In the last days before arrival, we'll be back with better info about weather.

IMPORTANT !!! Pay attention to safety measures:

- You'll live in an intercultural environment, so accept all cultures and be tolerant.
- **NO DRUGS ALLOWED !!** Alcohol only after activities in the evening and consumed with responsibility and according with laws from each country concerning age !!
- You have to attend and be involved in **ALL ACTIVITIES** during the training and also in **DISSEMINATION PHASE !!**
- Other rules and safety measures will be fixed in first day, so if you have proposal feel free to express them !!



Transport: depending on arrival times of the teams, organizers will arrange private transfer by bus from **Bucharest Otopeni airport** to **Sarata Monteoru** on arrival day around **18.00**, so try to book transportation that arrive earlier. Coming on your own is also an option but is more complicated. More information will be provided after we have everyone's travel plan.



What should you prepare :

- a research about situation of cyberbullying in your region/country;
- be prepared to propose games, energizers, activities for free time or for our workshops;
- some laptops will be necessary for working and editing texts/photos;
- as we want to use as less plastic as possible, please bring with you your own coffee/tea cup or mug and a bottle/recipient for water;
- **for intercultural evening you have to bring some traditional food and drinks, and be ready to teach us a song or a dance. ATTENTION!! It is not possible to use the kitchen for cooking (because of new regulations about safety and hygiene), so bring dry things... You can prepare easy meals that can be done without an oven, like salads, etc. If you need some ingredients like vegetables, oil, salt, regular spices, bread, etc., we can provide them.**

REIMBURSEMENT:

In order to get the travel costs back, we need to get from you the documents **PRINTED ON PAPER and ARRANGED IN ORDER OF THE TRAVELLING PHASES, FROM DEPARTURE TO DESTINATION.**

- All BUS/TRAIN/FERRY tickets and invoices must be in original. If you need local transport in your country try to buy return tickets. Tickets should include the date, itinerary, and cost. If there is no name on the ticket, write it on the back.
- For FLIGHTS: provide the electronic ticket with name, dates, itinerary, costs AND INVOICE, if some of previous item is not on the ticket.
- BOARDING PASSES are compulsory – **keep them, as without you don't have your money back.** If you did mobile check-in, you can send us the screenshot.
- Take only APEX flights (no business class) and only 2 nd class trains.
- TAXI/BOLT/UBER costs are not eligible unless exceptional cases (ex: no public transport available on departure).
- Be sure to have price and data on bus and train tickets, also on airplane tickets. If not, ask for receipts or invoices.
- If you travel by CAR contact us, so we can inform you about the rules and documents needed.
- If any of the participants use "green travel" - meaning more than half of the journey is done by bus, train, or car - please tell us one month in advance.

The reimbursement will be based on REAL COSTS, in accordance with distance calculator for the maximum amounts approved in application, and will be done after the project when we'll receive all ORIGINAL documents and a specific declaration for travel costs signed. The amounts for reimbursement will be based on the tickets/invoice presented. There will be one transfer for every country in account of sending organization according with National Agency rules.

100 – 499 km: 211 euros /285 green travel

500 – 1999 km: 309 euros/ 417 green travel

2000 – 2999 km: 395 euros/535 green travel

There is a partner contribution of 5 euros/participant to cover ineligible costs (bank fees mainly) and unexpected costs

Any kind of insurances are in participants' individual charge and not reimbursable.

You can spend 2-3 days before or after the project in Romania, but no costs of accommodation, food or other expenses will be reimbursed for days outside the project.

Other practicalities :

Currency : 1 euro = 5.00 lei (RON). There are banks and bancomats in airports, in Bucharest train station, in Buzau.

The hour in Romania is GMT + 2.

Beware of pick pockets in buses, metro and crowded places. Don't accept gifts and don't talk to strangers that ask to sign something or to help them – most of them are cheaters.

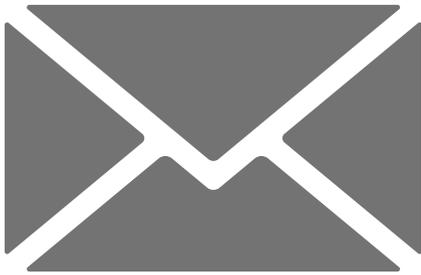
Don't pay attention to street dogs – they are everywhere but most of them are friendly.

ALL PARTICIPANTS WILL GET YOUTHPASS CERTIFICATES.



CONTACTS

FOR ANY OTHER QUESTIONS AND COMMENTS OR QUESTIONS
CONTACT US!



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