



TRAINING PROGRAMME

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Welcome!

to our best practice trainings in collaboration with Cortijo Buena Vista in Rute/Spain.

Building up on our long lasting experience and working in an environment which allows to creating visions and recharging batteries at the same time, we want to offer you the perfect place for your personal growth.

Tell me and I forget. Let me experience and I learn.



THE TRAINING LOCATION

Since May 2025, we have been welcoming guests to our new location on Lake Iznájar. Cortijo Buena Vista is a charming country house with two holiday apartments and several guest rooms, offering a personal atmosphere and a pleasant working climate. The breathtaking views invite you to pause, enjoy nature, and find inspiration. Trainings are held in our spacious yurt, which provides a unique and special setting. Between sessions, you can unwind by the pool or simply relax with a glass of wine on the porch as the day comes to a gentle close.

Sunny skies. Open space. Space for YOU.

Within just an hour's drive, you can discover the cultural treasures of Córdoba, Málaga, and Granada. Closer by, the charming town of Rute invites you to explore its museums and local specialties.

For nature lovers and adventurers, the options are just as varied: enjoy water sports on Lake Iznájar, hike through the stunning landscapes of the Sierra Subbética, or experience the region on horseback. And of course, you can always simply choose to relax and let the tranquility of the countryside embrace you.

Ever wanted to look into stereotypes that shape us?

Shanarani Gender Training



Gender stereotypes are reproduced in many forms, including in media and entertainment. In this training, we take a look at what forms they can take, how to recognise them and help to be able to consume media with a more critical mind. Rather than lecturing however, we will use media examples and discourse on the matter.

Included in the training

- ✓ Guided training + training materials
- ✓ Accommodation 6 nights
- ✓ Meals (Breakfast, lunch, dinner)

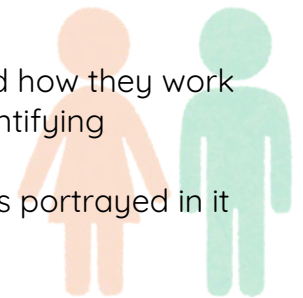


DATES

01-05.12.2025

What You'll Gain

- Understanding of what stereotypes are and how they work
- Critical media literacy when it comes to identifying stereotypes in popular media
- Ability to discuss media and the stereotypes portrayed in it



**TRAVEL COST
REFUNDED UP TO
309 EURO**

You'll also explore

- How stereotypes shape your own life
- Interesting perspectives on stereotypes from other participants



In-person
training



In
English

Your trainer is *Daniel*

HOW TO BOOK



Check which training events you are interested in

Some training events might even be co-funded by the European Union for your job profile, reducing the costs involved with traveling and accommodation.



Bigger groups

In case of higher group demands, training can also take place in German or Spanish.



Cancellation policy

- up to 30 days before training event: 100% refund on accommodation
- 30 to 15 days before the training: 50% refund on accommodation
- in case of EU financed courses, booking takes place through us, therefore no refunds will need to be issued to participants



Prepare your bags

You will receive more information about your course, your accommodation and your arrival after your registration. This includes information on transfer to the training location, the agenda, sustainability requirements, as well as local and cultural information about Spain. Read the info pack and prepare yourself to learn, explore, and grow!



Let's go and reserve your training spot now!



Our trainers



Angela

Learning does not happen through teaching, but through shared experiences. With over 20 years of experience my expertise lies in experimental learning, communication, conflict resolution, diversity, and leadership. I have lead large teams, managed European projects, and supported organizations in creating sustainable change. What monitvates me is empowering People to discover their strengths and grow through shared experience.

Breaking patterns, shaping perspectives

Originally from Austria, where I began my journey as a trainer and did my certification, I moved to Spain in 2018 to join Asociación Caminos. Since then, I have expanded my expertise by exploring diverse approaches to learning and guidance. By challenging stereotypes and working with symbols, I guide individuals to reshape perspectives and unlock new possibilities.

Daniel



Marie

From theatre to business, I help people find their place and their voice.

With 20 years experience in the theatre world (company director, actress, author, stage director) and 15 years as a trainer and coach I have developed methodologies inspired by theatre techniques to strengthen self-confidence, public speaking, posture, breathing, and voice.

My work spans a wide range of audiences - from prisons and schools to professional integration programs and corporate settings - with particular focus on supporting women.

Our trainers



Virag

Challenge new dragons, befriend witches and dance with fairy queens. After two decades of trainer's life with experiential methods, I started to work with fairy heroes - at the same time control and formulate it, and also let the opportunities, that arise, take me. My main goal is to support personal growth with fairy tales, with my own approach based on the Metamorphoses® Folktale Therapy. I am also especially interested in how fairy tales can be used to rebuild our organic connection with nature.

Margot

Accompanying people in crisis and transitions I am a trained social worker with extensive experience in crisis intervention, addiction counseling, and family support. Over the past three decades, I have worked in youth work, psychological counseling, and social pedagogy - from addiction counselling centers to street work teams and residential youth care. My professional background is complemented by further training in psychotherapy (propedeutics), family counselling, and psychological symbol work. What drives me is creating safe spaces where people in challenging situations can access their inner resources, develop resilience, and regain stability.

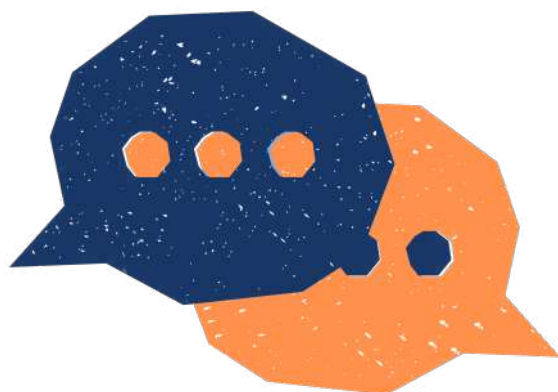


Paul

Creating spaces for change and transformation

As a researcher, trainer and author, I combine academic knowledge with practical experience to develop innovative methods for social work, career guidance, and counselling. My focus lies on approaches that connect personal experience with systemic change - using tools such as symbol work, participatory methods, and reflective practice. Over the past 30 years, I have worked on projects that explore how individuals and organisations can face transitions, resilience, and open up new perspectives. What drives me is supporting people to engage with their own experiences, discover resources, and shape their personal and professional paths in meaningful ways.





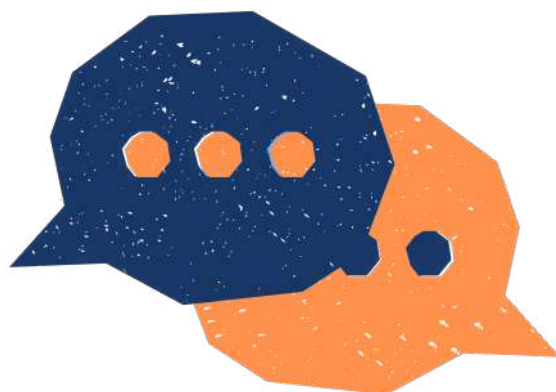
CONTACT



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Join with Tavo Europa!

Educator Pass 2025. You are welcome to join our new educational programme for 2025!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects:

Explore the world and learn together with the help of Tavo Europa.

Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>