

Asociatia Nationala de Dezvoltare Continua a Tineretului din Romania



Welcome to ANDCTR Association

Asociatia Nationala de Dezvoltare Continua a Tineretului din Romania (ANDCTR) have been born in 2010, thanks to the initiative of 6 extremely motivated young people, willing to get involved in the life of the local community

The goal of the association is to support the sustainable development of the civil society and of the environment, by implementing and developing socio-cultural activities, by cultivating collaboration and exchange of good practices between Romania and youth and volunteering organizations from other countries



What do we offer in 2025?

Become a part of the “Volunteer to Help IV” project 

We provide the opportunity to volunteer under European Solidarity Corps, allowing you to choose from a variety of activities to create a unique, enjoyable, and meaningful experience. As a volunteer, you'll have the opportunity to get involved in diverse areas such as working in schools, organizing sports events, participating in public events, engaging in journalistic activities, providing social support, and assisting individuals with disabilities and special needs etc.



Main activities of a volunteer within the “Volunteer to Help IV” project



Giving classes to children and teenagers (ages 5 to 17), focusing on promoting non-formal learning methods while fostering social inclusion and encouraging acceptance of others



Organizing workshops and events for children and teenagers on diverse topics, such as movie nights, book discussions at the library, non-formal English learning activities, quizzes, and presentations about your country to citizens of Craiova / Balș



Organizing awareness campaigns in the city to promote the values of the European Solidarity Corps (ESC) and the European Union, including activities like designing brochures and coordinating flash mobs



Democracy and EU related activities, by working alongside our local partners for a more open and proper educated EU citizens



Goals of the Project: ESC Opportunities Framework

During “Volunteer to Help IV” project we will focus on addressing two key challenges:

Addressing Social Issues

Improving or solving the social problems faced by youth in our community

Volunteering for Change

Promoting both local and international volunteering as powerful tools for social change and inclusion

Fostering Solidarity

Promoting active citizenship and the concept of solidarity among youth in the EU and

Our office in Craiova City



The city of our headquarters. Here we coordinate “Voluntariat Pentru Comunitate” YouthHUB alongside Asociatia Explorator and ANTER

The organization's office is located in the Student House building, where we host public events and hold organizational meetings



Balș City

The organization's office in Balș, where we host public events and organisational meetings



Our social media links to get to know us better



<https://www.facebook.com/voluntariatpentrucomunitate>



<https://www.tiktok.com/@voluntariatpentrucomunitate>



<https://www.instagram.com/vpcromania/>



<https://www.youtube.com/@Voluntariatpentrucomunitate>

Philosophy of the European Solidarity Corps projects



The main goal is for you to develop your own ESC experience and project within the framework of our objectives

We believe in YOUTh, in your creativity and motivation, and in your ability to drive positive change. We will provide the framework, tools, and resources to implement the ideas we develop together, based on the strong skills you bring to benefit our community.

To achieve this, you will:

CHOOSE

Along with the project coordinator and mentor the activities that suit you better

DEVELOP

Your activities, under our guidance, and find creative approaches in your daily work

IMPLEMENT

Your team activities based on the framework and infrastructure we developed

ADJUST

During cloudy days, be flexible and open to change for the benefit of the community



Organizational Aspects:

Timeline and Colleagues



Duration: 6-10 months
Start Date: 1 March 2025
(flexible in some cases)



**Activities based on a
tailored schedule**

Activities, support, mentorship and training will be adjusted to your needs



**Collaboration with 7 other
volunteers in our association**

Opportunities to connect with ESC and local volunteers from various projects at the Youth Center



Weekly Schedule

A general example of what your day will look like:

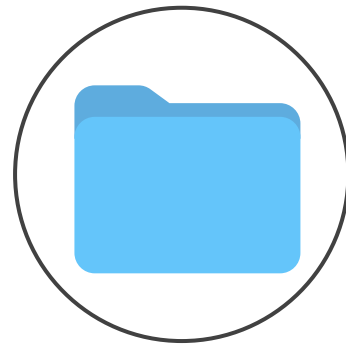
	Monday	Tuesday	Wendsday	Thursday	Friday
09:00 – 13:00	Organizational meeting	Activities to be implemented	Activities to be implemented	Activities to be implemented	Activities to be implemented
13:00 – 14:00	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break
14:00 – 17:00	Organizational meeting and preparation of activities inside your team	Trainings/Activities support/Language lessons	Activities to be implemented	DEOR plan	Mentorship session and evaluation of the week
Occasionally evening activities will be organized.					
Hours are by way of example					

NOTE: Work during weekend can occur, so we need only people willing to adjust to the needs of the project. If working during the weekend, additional free days will be granted the following week

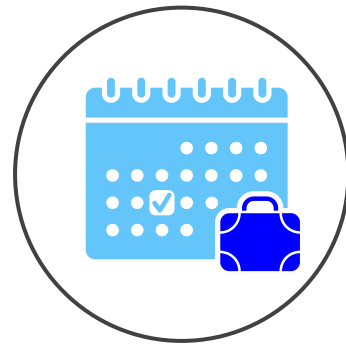
Organizational

Aspects:

Key Guidelines for Effective Collaboration



Volunteers are expected to work 7 hours/day, 5 days/week. 2 free days/month.
NOTE: weekend activities (events) can be possible



According to the program rules: 2 holidays/month will be granted. The Romanian free declared Holidays will be applied also to volunteers (Christian Orthodox Easter/Christmas, National Independence day etc)



Volunteers will have to sign an agreement where are stipulated their tasks, rights and responsibilities



Volunteers will be assisted to register to On-Arrival Training Mid-term training (organized by National Agency) where is mandatory to take part





Organizational Aspects:

Budget and Reimbursement Guidelines



Volunteers traveling to Craiova for the project will receive travel support based on the distance calculated using the travel band distance calculator



Volunteers will receive a monthly food allowance of 150 euros and 4 euros/day pocket money in Lei (Romanian currency) at the monthly rate of the project signing



A monthly local bus pass will be provided to each volunteer, covering their travel within the city

Organizational Aspects:

Accommoda- tion



Volunteers will be accommodated in basic apartments, featuring shared bathrooms and kitchens. The apartments are mixed-gender, but rooms are assigned based on gender



What will be provided:



Bedding: Each volunteer will receive one set of bed sheets, one pillow, and one blanket



Kitchen Essentials: Basic cooking necessities, such as cutlery, pans, and other essentials, will be available for shared use among volunteers. Please note that the kitchen equipment will be minimal



Laundry Facilities: A washing machine will be provided for shared use

NOTE: We cannot accommodate volunteers who prioritize high living standards, as this may not align with the nature of the opportunity

Organizational Aspects: Accommoda- tion



This volunteering opportunity comes with basic accommodation, so it's important to set realistic expectations and be prepared to make compromises with your fellow volunteers

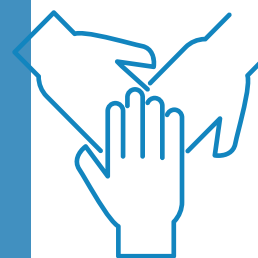
Here are a few key points to keep in mind:



Accommodation Basics: The housing provided will be simple and shared. Rooms will be single-gender, but apartments may be mixed-gender, so a degree of openness and flexibility is essential



Possible changes: Accommodation will be arranged based on availability and budget. This means that locations and amenities may vary between apartments, so it's best not to compare your arrangement with others



Shared Responsibility: Volunteers and their flatmates are jointly responsible for maintaining the accommodation and covering any damages incurred



Co-Living Challenges: Sharing a space with others can be challenging. Mutual understanding and compromise are vital for ensuring a harmonious living environment

Ideal Candidate Profile



- **Age: 18–30 years old**
- **Eligibility: Must not have completed a long-term EVS or ESC**
- **Language Skills:**
 - Medium-level English (speaking and writing) required
 - Additional widely-used international languages are a plus for some activities
- **Motivation & Commitment:**
 - Highly motivated to participate and actively engaged in the selection process
 - Willing to take on project tasks and responsibilities, remaining involved even after the project's completion



**Being OpenMinded
Working in a
multicultural
environment, away
from home and while
working on inclusivity
needs ONLY open-
mindedness and
flexibility**

Ideal Candidate Profile

● **Experience:** Previous volunteering/work experience locally or internationally is a plus, particularly relevant to project activities

● **Priority Groups:**

- Young people with fewer opportunities (e.g., unemployed, not in school, financial constraints, cultural/religious/gender challenges)
- Tailored support plans will be provided for these candidates



Being Involved

We hold our volunteers to high standards, as you will serve as role models for the youth in our community, demonstrating civic responsibility and the value of social engagement through volunteering

Eligibility requirements



- Valid passport or ID (for EU citizens)
- Ability to buy the travel tickets (at arrival reimbursement will be made)



Have you seen yourself in the volunteer and future team member we need?

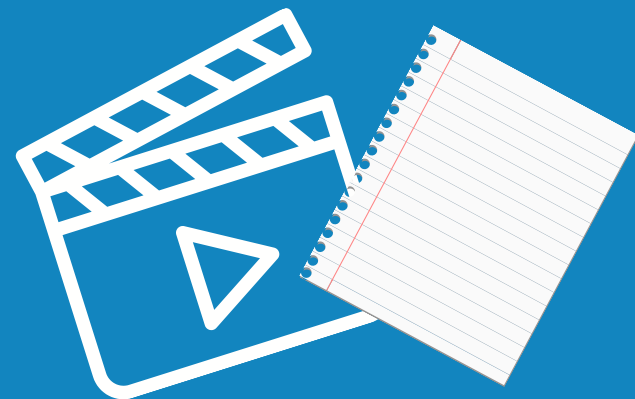


Application Requirements



CV in EUROPASS FORMAT
<https://europass.cedefop.europa.eu/documents/curriculum-vitae>

MOTIVATION LETTER – adapted on the topic of the project, from which we want to see how you consider can add a value to the project



A creative material showcasing your fit for the project and our social-media / podcasting opportunity

**You can send an e-mail to
andctr@yahoo.ro
SUBJECT: ESC 2025**



Support for volunteers

COORDINATOR

Volunteers will be guided by a coordinator and have weekly meetings to discuss tasks



Language support will be provided based on the grant received

MENTOR

Volunteers will be assigned a mentor, and weekly meetings are encouraged to evaluate the learning process



Craiova city

Craiova is a city situated in the southwestern part of Romania, serving as the capital of Dolj County. It is the seventh largest city in the country

As of recent estimates, Craiova has a population of around 300,000 people, making it one of Romania's largest cities

Distance to Bucharest: Craiova is approximately 230 kilometers west of Bucharest, the capital of Romania

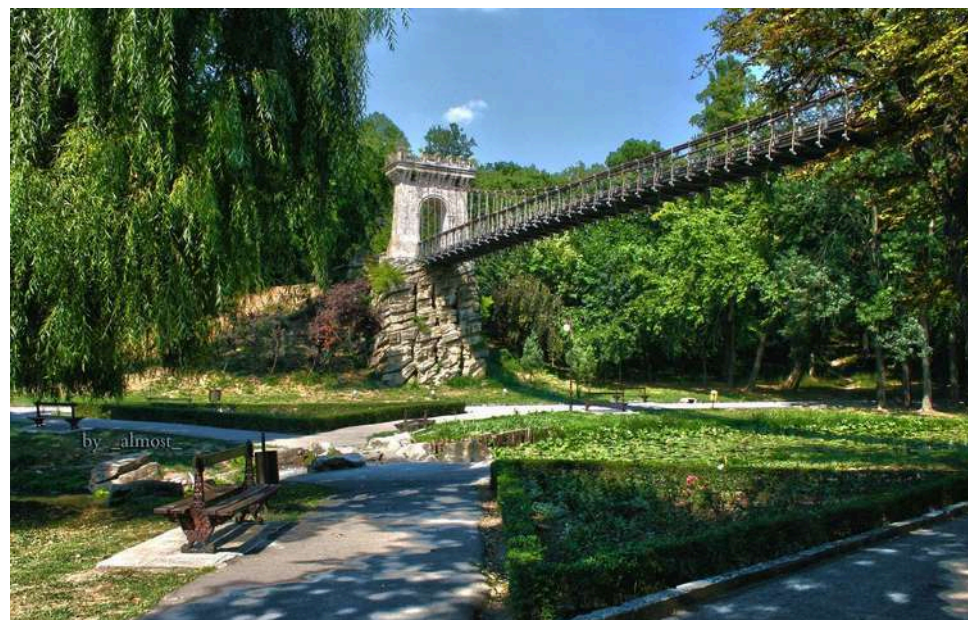
Proximity to Borders:
Bulgaria: Approximately 70 kilometers south of Craiova;
Serbia: Roughly 250 kilometers west of Craiova



Craiova city

Craiova has many cultural spaces, museums, and theatre venues:

- Craiova Art Museum
- “Constantin Brâncuși” Center
- “Marin Sorescu” National Theatre
- The Book and Romanian Exile Museum
- Oltenia Philharmonic Orchestra



Craiova boasts beautiful natural landscapes, including the stunning Nicolae Romanescu Park and Botanical Garden

Balș city

Balș is located in Olt County, near the Olt River. It is approximately 20 km east of Craiova, the main city in the region



Balș has a small population (around 15,000), offering a more community-centered experience





How to arrive to Craiova / Balș?

OPTIONS:

1

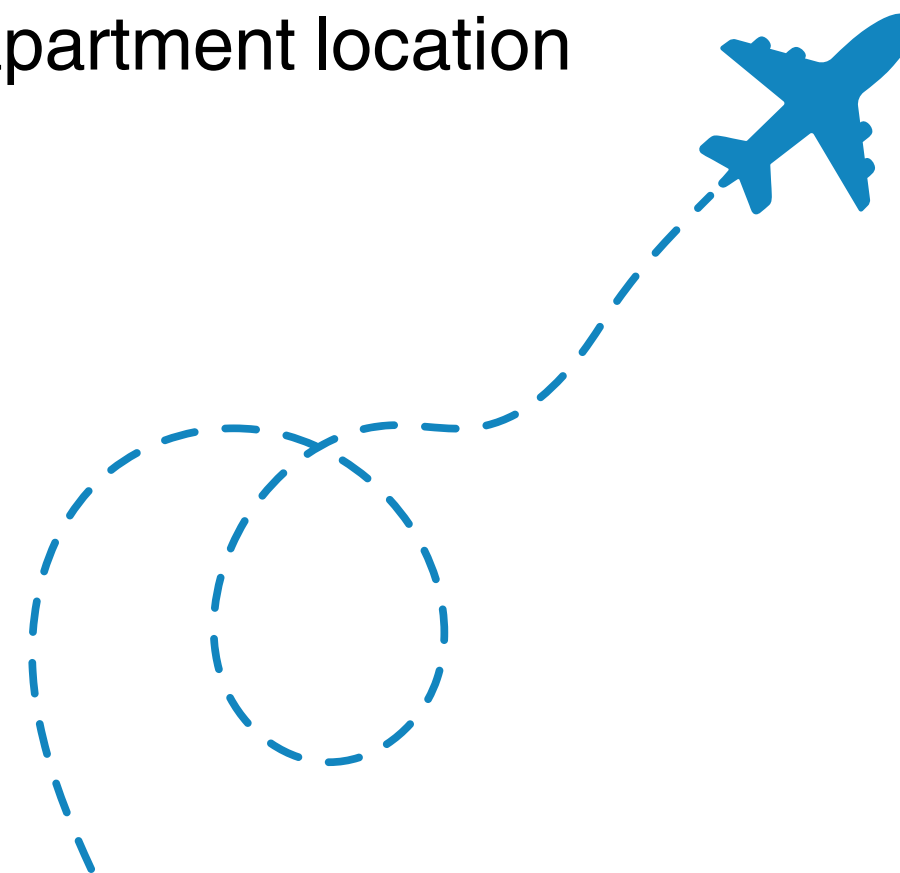
FROM BUCHAREST

1. Come by plane to Bucharest Otopeni "Henri Coanda" Airport
2. Exit the terminal (do NOT forget your luggage)
3. Take the train from Gara București Nord
OR the bus to Craiova, reservations can be made following the link:
<https://mementobus.com/>

2

DIRECTLY

1. By plane to Craiova International Airport (mainly for Italy, Belgium and UK).
2. By local bus to the apartment location



Thank you!

We can't wait to get to know you better!

**For any questions you want to address us send an e-mail to
andctrselectie25@gmail.com
SUBJECT: ESC2025**

