



INFOPACK

TOOLBOX for (ex)CHANGE

28th November – 4th December

2025. Hollókő, Hungary



Funded by
the European Union

ABOUT THE PROJECT

Toolbox for (ex)change is hands-on training course designed to equip possible youth exchange leaders with the knowledge and skills to use non-formal educational tools and methods to create and facilitate meaningful, inclusive and impactful youth exchanges.

Rooted in the principles of experiential learning and intercultural dialogue, the training course focuses on empowering participants experience diverse non-formal educational tools and methods in topics related to the current interest of the young people.



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TO WHOM?

Toolbox for (ex)CHANGE is designed for youth workers who are ready to take a step forward and become from participant a youth exchange group leader. The training is ideal for individuals who are passionate about working with peers, facilitating inclusive group experiences and using non-formal education to make a positive impact.

This training course is especially suitable for:

- Aspiring or emerging youth leaders;
- Participants with some experience in youth exchanges as participants willing to become leaders;
- Young people eager to explore non-formal educational methods and experiential learning;
- Those who want to gain hands-on skills in facilitation youth-driven learning activities.

Participants must be able to communicate in English.



THE AGENDA

The programme will be conducted in English.

The training course will be based on an interactive and participative approach. The processes of learning from each other and learning by doing will be crucial, as well as self-directed peer learning, where partners equally share their knowledge while placing emphasis on integration and promoting independent learning experience.

During the training methods of non-formal and informal education will be used, such as individual, pair and group work, creative workshops, theatre methods, simulation and situation games, problem solving and debate exercises, presentations and discussions, indoor and outdoor elements.

Day 1: Getting to know, teambuilding

Day 2: Non-formal education

Day 3: Mental Health & Wellbeing

Day 4: Environment & Sustainability

Day 5: Digitalization, digital wellbeing & critical media literacy

Day 6: Evaluation, closing

THE VENUE HOLLÓKŐ

Real and honest, so authentic!

Maybe this is how we could best characterize this village with a population of merely 380 people, which is unique in Hungary in belonging to the world heritage. Hollókő is 70 km away from Budapest, in a hilly forest area.

Creative Space Training Center

Creative Space is a social enterprise and a community accommodation. An inspiring environment for activities which create values of youth and training courses. A Youth Centre in Hollókő which is suitable with all its capacity for a group with various learning needs. You will be accommodated in shared rooms with private facilities. There is a huge meeting room, some cozy areas, a dining area and a huge garden for our use.



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FINANCES

1

PROGRAM

Accommodation, food and program costs are fully covered by the organisers.

2

DOCUMENTS

Please keep all your original tickets and boarding passes for administration and reimbursement.

3

REIMBURSEMENT

We plan to reimburse your travel costs after the TC by bank transfer after we received all the needed documents from you within 60 business days.
Reimbursement is subject of completing the online evaluation form sent to you right after the training event.



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TRAVEL

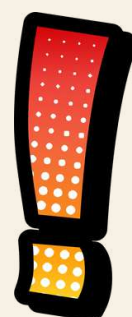


Travel costs are determined by standards set strictly by Erasmus+ Programme based on the distance between your hometown and Hollókő.

Distance is calculated one direction, based on [this calculation page](#) provided by the Erasmus+ Programme.

Arrival: before 16:00 on 28th November 2025
Departure: flights after 12:00 on the 4th December 2025

Arrival and departure shall be made to/from Budapest Airport/Train/Bus Station
You are invited to stay up to 2 days extra before or after the training in Budapest on your own expenses.



Travel Distance	Non-Green Travel	Green Travel
10 - 99 km	28 EUR	56 EUR
100 - 499 km	211 EUR	285 EUR
500 - 1999 km	309 EUR	417 EUR
2000 - 2999 km	395 EUR	535 EUR
3000 - 3999 km	580 EUR	785 EUR

WHAT TO BRING

Adequate clothing for indoor and outdoor activities

Warm clothing - outdoor temperature is about 0-10°C

MUST HAVE: Indoor footwear (indoor shoes, slippers, warm socks)

Documents for reimbursement: tickets, invoices, boarding passes

National food and/or drinks to share during the intercultural events

Bottle and/or cup for water and beverages

Personal hygiene products (shampoo, cream etc..)

Personal Medication (if its needed)

Insurance, EU Insurance card

Towels - for shower



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CONTACTS

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JOIN NOW WITH TAVO EUROPA!



Educator Pass 2025. You are welcome to join our new educational programme for 2025! Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members! Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects:

Explore the world and learn together with the help of Tavo Europa.
Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>



SEE YOU SOON!



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