



# Welcoming volunteers to the Arche in Trosly

The purpose of this agreement is to establish the mission conditions for volunteers welcomed to the Arche in Trosly.

## **L'Arche Project**

L'Arche's mission is to promote the gift of people with intellectual disabilities through shared living and to enable them to take their rightful place in society.

Employees who live under the same roof as people with disabilities or who participate in the life of the

households contribute to diversity (due to the diversity of statuses and personal situations), to permanent relationships, to inclusion, and to the greatest possible participation of people with disabilities in the running of the households.

This framework encourages each person with a disability to feel recognized, to grow in skills, autonomy, and in

their ability to make choices and participate in decisions that affect them.

Respect for the beliefs, history, and work of each person is also at the heart of our commitment.

## **Mission context:**

L'Arche à Trosly is located in a small town on the edge of a forest, 12 km from Compiègne, which is home to a cinema, an industrial zone, a castle, ... Paris is 1 hour away by train.

Under certain conditions, a vehicle may be provided to the volunteer to facilitate travel.

The volunteer is housed in a house with a single room. The average assignment time is 40 hours per week. Meals

are included in the assignment time; they can also be taken independently. Meals are paid for by the association,

including during breaks. Accommodation is free for the duration of the assignment, and spaces are provided to accommodate potential visitors.

## **Volunteering Period & Availability:**

L'Arche Trosly can host two volunteers starting in January, ideally for 8 months (a 6-month stay is also possible).

### **Conditions de mission:**

L'Arche in Trosly welcomes around twenty volunteers of all nationalities each year for 6- to 12-month assignments under the Civic Service Commitment Contract for young people aged 18 to 25, or for Volunteering after the age of 26. Shorter assignments may be considered on a case-by-case basis.

Young people must have a basic knowledge of French to facilitate integration; our teams represent multiple nationalities and different languages are spoken.

Commitment to the assignment is important; a desire to discover and serve people with disabilities is essential for the success of the assignment.

The assignment requires personal investment, especially in the first few months, but it is also very enriching in terms of encounters and self-discovery.

The volunteer will have two fixed days off per week or eight per month, and a minimum of 18 days of vacation for a six-month assignment.

All applications will be reviewed and discussed via video to ensure the candidates' motivations.

### **Description of the volunteer's mission:**

The volunteer's main missions are to share daily life with people with disabilities, to develop friendships with them, and through this daily life, to promote the inclusion of the people they support.

This daily life involves sharing, particularly during meal preparation, helping around the house by suggesting activities, organizing outings, and assisting with household maintenance.

The volunteer also participates in the life of the association during events organized by it.

Weekly support is provided upon the volunteer's arrival to ensure smooth integration. This support also includes administrative assistance (bank appointments, help with phone subscriptions, contact with social security, etc.).

Monthly training sessions are organized for volunteers working at L'Arche in Trosly, and a regional training session is held annually, bringing together all L'Arche volunteers in the Hauts-de-France Normandy region. This training is part of civic and citizenship training.

### **Financial Conditions:**

Volunteers receive an allowance of €504.98 per month, paid by the National Civic Service Agency. Accommodation and meals are provided free of charge for the entire duration of the mission.



### **Accommodation & Meals:**

Volunteers are housed in single rooms within community houses. The bathroom and kitchen are shared with the household, and the upper floor is reserved for volunteers and employees, while the lower floor is home to people with disabilities. Some households may not have a second kitchen, but the bedrooms are similar in comfort and size.

Meals are provided by L'Arche throughout the mission. Volunteers can eat together with the group or independently, depending on their preference.

For those who hold a driving license, a car can be made available for personal or community use.





Special moments à l'Arche à Trosly