



2026 LUGO

13th January - 16th January

YOUTH WOMEN'S VOICES SUMMIT

Cofinanciado por el
programa Erasmus+
de la Unión Europea



CROATIA
ITALY
LITHUANIA
MOROCCO
SPAIN
TURKEY
UKRAINE



Erasmus+

INFOPACK

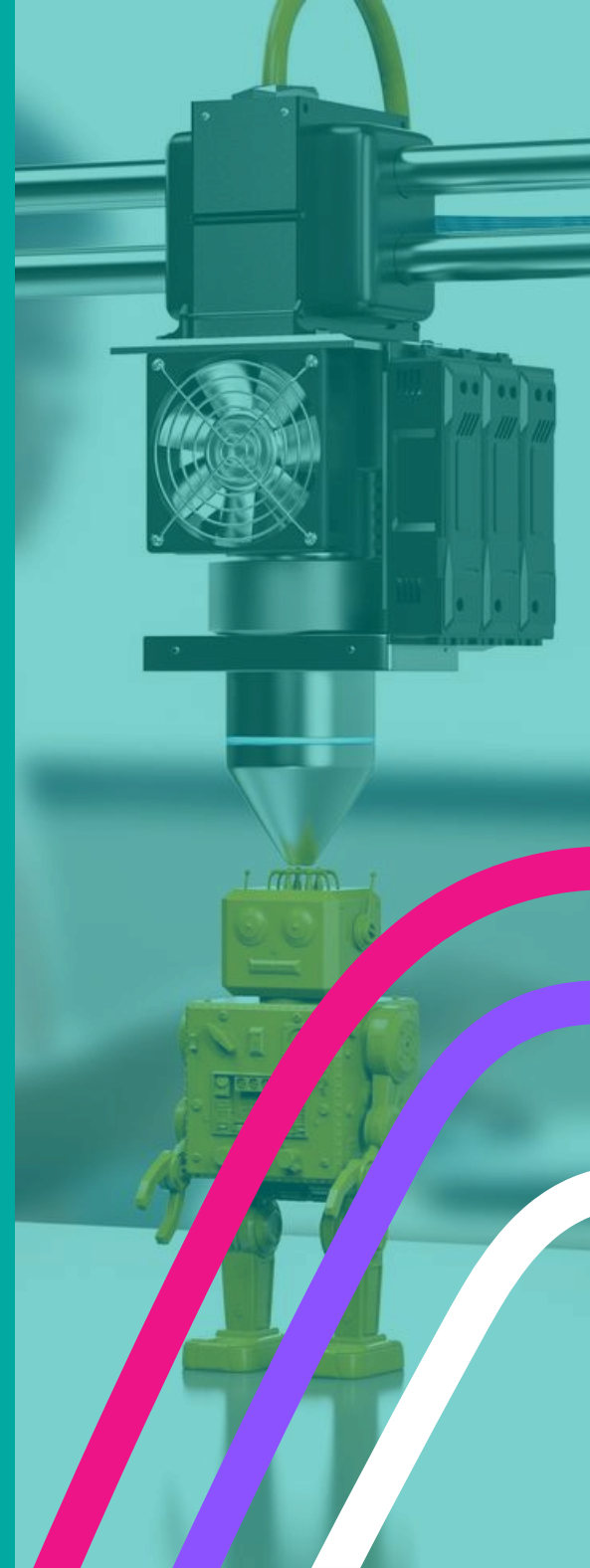
LugOpen Factory

Lugo, Spain

LUG2 Youth Hostel

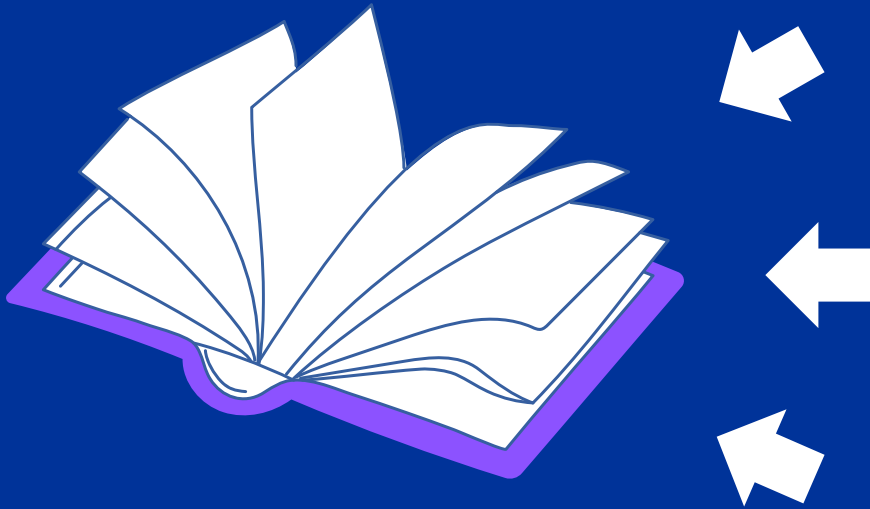
KA-154-YOU

From the 13th to the 16th, January 2026 (travel
12th and 17th).



IMPORTANT

Please read carefully all the important information about the Youth activity "Youth Women's Voices Summit"



THE FOREWORD

Why these project?

The Erasmus+ programme allows youth workers to move around Europe, highlighting important issues and problems and working together on possible solutions.

To do this, they need training models that guide them, motivate them and encourage their initiatives, give them self-confidence, teach them different techniques and give them a voice to transmit knowledge and values to youth.

Additionally, youth workers learn different key skills that are relevant to their work.



ABOUT THE PROYECT

What is it?

Youth Women's Voices Summit is a Youth Activity Exchange (YE) part of the Erasmus+ for youth participation activities. The transnational youth activity "Women Voices of Europe" aims to empower youth people

In international youth projects and Erasmus+ to shape, facilitate, inform non-formal learning processes and group dynamics about the future of youth in relation of Women's Empowerment and Technologies of Communication.

New skills can be developed and promoted. An international exchange takes place and allows a mutual learning and support.



WOMEN VOICES

Important to know!

The Youth Women Voices Summit project seeks to help you learn but above all to share everything you know with your colleagues.

This is why we need you to have some control over new technologies and know how to develop quick technological elements related to Reporter Skills, SEO, Video, Podcast, VR...



OBJECTIVE OF THE PROJECT

The main goal of YE “Youth Women’s Voices Summit is to work with young people to better understand the **available opportunities** and develop **practical solutions** that respond to the specific needs of the rural context.

We want to support them in the best possible way and Raise awareness of important issues, fully utilize resources, and develop possible solutions.

THE RESULTS

What we get?

- ➔ 20 podcast
- ➔ 12 videos on the change of youth towards the Europe of 2030
- ➔ 30 recommendations in comic format
- ➔ 1 Creative Jam
- ➔ 6 real and practical prototypes regarding the Women in Rural Areas (made by young people, for young people).



THE METHODOLOGY

How it works!

The methodology we will use is based on non-formal learning method. Participants will be able to discover their own learning style, learning from each other and developing new skills.

Participant will work together, guided by a professional and each activities will be organized in a dynamic way, taking into consideration the needs of each member of the group.

A YouthPass certificate will be given to each participant as official proof of the new skills acquired. The YouthPass is made up by the 8 Key Competences on the right.

Multilingual competence

Personal, social and learning to learn competence

Citizenship competence

Entrepreneurship competence

Cultural awareness and expression competence

Digital competence

Mathematical competence and competence in science, technology and engineering

ACTIVITIES

The activities were chosen in such a way that different focal points are addressed, different competences can be used and expanded, and the exchange between the different countries is given.

Everyone has the opportunity to share their own experiences and ideas. Here, it is particularly important to us that the exchange and support takes place across countries.

- ➡ **Workshops: podcast, video, VR**
- ➡ **Reflection groups**
- ➡ **Intercultural nights**
- ➡ **Interviews with locals**
- ➡ **Video-making activities**
- ➡ **Outdoor Activities**
- ➡ **Online Communication Activities**

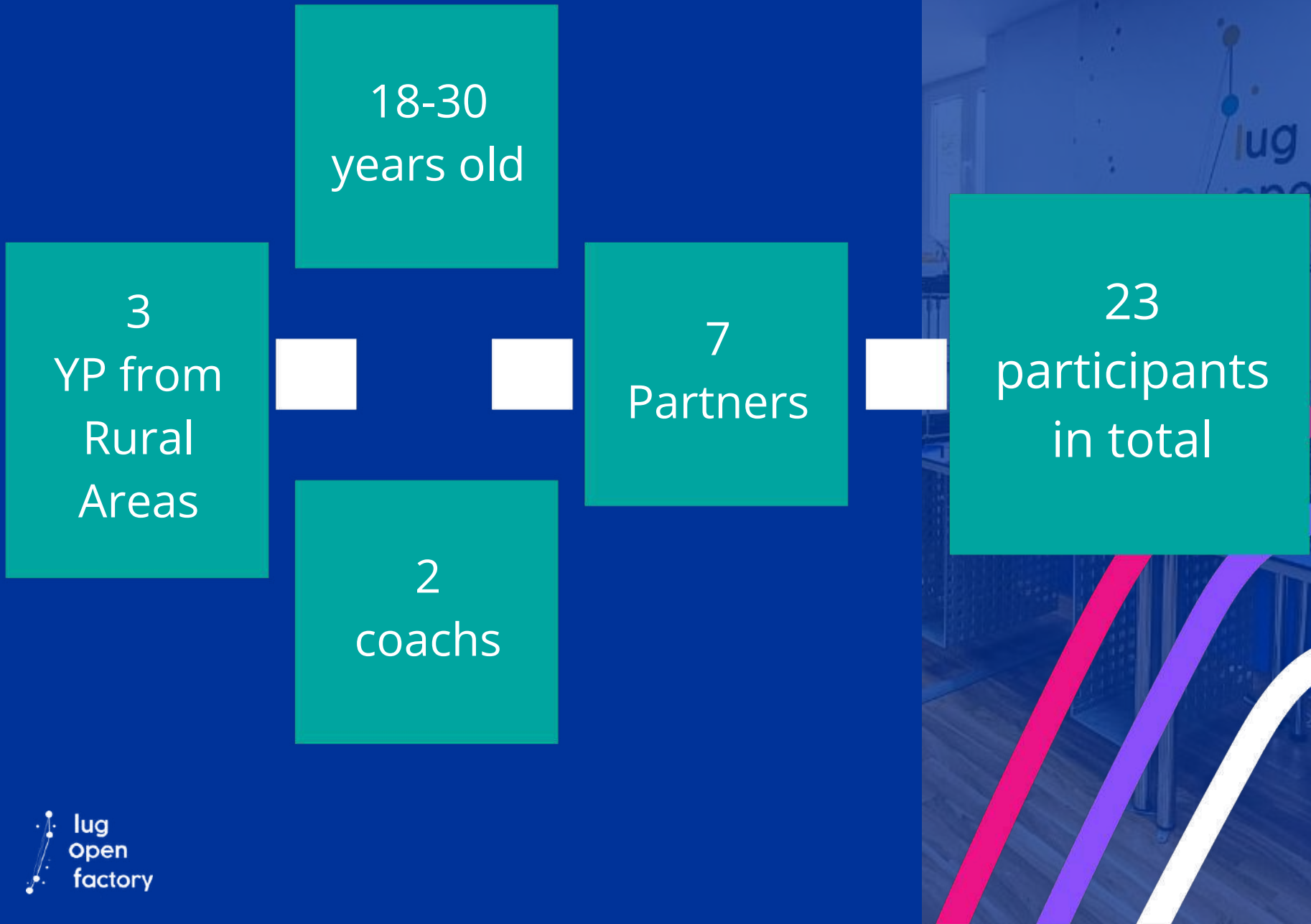
TIMELINE

YOUTHWOMEN'S VOICES SUMMIT: IN RURAL AREAS

	Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	
8:30 - 9:30	Arrival	BREAKFAST					Departure
9:30 - 11:30		Project Presentation and Team building game	Basics of Video editing	Basics of SEO workshop	Creative Jam #1		
11:30 - 12:00							
12:00 - 13:30		DISCOVER	Video editing woprkshop	Basics of Podcast workshop	Creative Jam #2		
13:30 - 15:00		LUNCH					
15:00 - 17:00		Basic reporter skills (making interview)	GENDER EQUALITY VISITS: Visit to Ecofriendly and Women Egg Farm We interview on visits.	Rural Crecence walk	Diseminación//Thank you, closing ceremony...		
17:00 - 17:30		BREAK					
17:30 - 19:00		WOMEN VOICES QUEST	USERS PORTRAIT	PROTOTYPES	DEBATE FORUM		
19:00 - 19:30			REFLECTION TIME				
19:30 - 20:00		Free Time					
20:00 - 21:00	Dinner						
21.00 +	Welcome	Presentation Nighth	Intercultural night	Cinema Night	Farawell party		

Important: It is very likely that the activities may change, that we will have to change schedules, workshops, etc.
THIS IS FOR GUIDANCE ONLY.

PARTICIPANTS



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Profile

- ➔ Preferably: Youth between 18 and 30 years old from **Rural Areas**.
- ➔ Responsible and committed.
- ➔ Respectful and keen to discover different cultures.
- ➔ Eager to share their personal experience.
- ➔ Eager to develop new skills and challenge themselves.
- ➔ Able to communicate in English.
- ➔ Showing interest and motivation in learning and create a positive impact in their rural community.



Hosting Organisation

LUG OPEN FACTORY

- ➔ LUG OPEN FACTORY is a non profit organization based on creativity, technology, the design of ideas always in the youth field; and a response to the marginalization of the arts and creative materials in all areas and with special attention to the audiovisual world and prototyping with new technologies.
- ➔ It is also a Youth Service and development model to support the creation of social and creative enterprises in new environments through the empowerment of young people to present solutions to social problems of the future.

More info here: <https://www.lugopenfactory.com/en/>



THE VENUE

The Youth Exchange will take place in Lug2 Youth Hostel in Lugo, in Spain. The hostel is provided with technical equipment needed for hosting youth activities as first aid kits, activity room, kitchen facilities (to provide various meals according to allergies or different diets) and shared bedrooms.

Venue: Lugo (city center)

Accommodation: Shared room provided for the whole duration of the project.

Food: lunch, dinner and breakfast is provided for every day of the project, including dinner on the 1st day, and lunch on the last day.



HOW TO GET TO LUGO

Airports

- Madrid
- Santiago de Compostela
- A Coruña

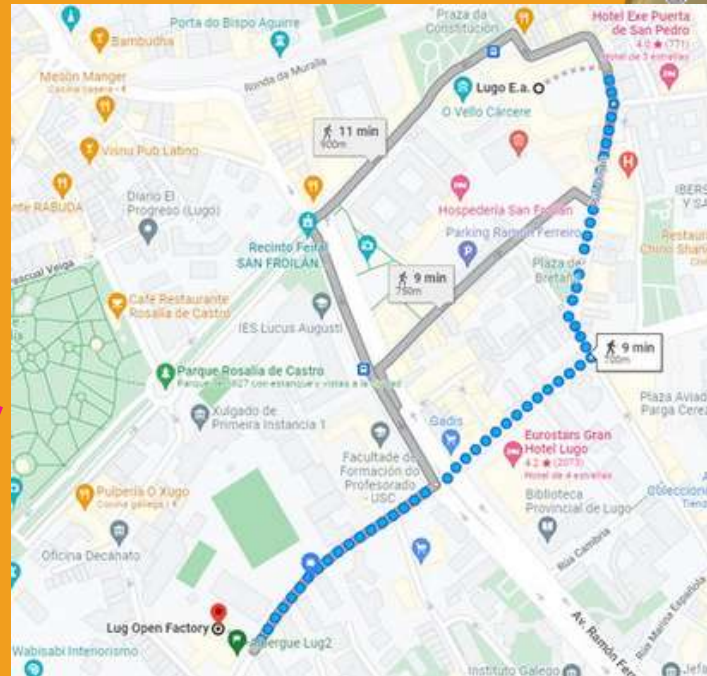


ALSA GROUP Bus
MonBus Company
(ca. 2 to 2 1/2 h)



Lugo bus
station
(ca. 10 min)

Lug 2 Youth Hostel



THIS IS GALICIA: THIS IS LUGO

Galicia is known in Spain for the very diverse coastal landscapes. To discover there are gentle beaches to the dangerous cliffs.

Lugo is a municipality and capital of the province of the same name in the autonomous community of Galicia in north western Spain.

It is characterized by perfectly preserved Roman walls and by the Catedral de Lugo.

The beauty of Galicia: <https://youtu.be/R2ZRkvyQCh4>



REIMBURSEMENT RULES

To travel to **Lugo**, your sending association will help you in finding the best travel options (flight, trains, buses).

The travel costs for reaching the venue will be refunded, according to the Erasmus distance rate. Young people must buy their travel ticket and deliver it in Lugo on the day of arrival, it will be paid to young people once the stay is over.

Lug Open Factory will not pay for stays or trips on unauthorized days or days for the participants' private use. Lug Open Factory will also not pay duplicate ticket costs for missing a plane, train or bus without just cause. **PUBLIC TRANSPORT ONLY.**

Limit travels costs per country

1	Croatia	309,00 €
2	Italy	309,00 €
3	Lithuania	395,00 €
4	Morocco	309,00 €
5	Spain	28,00 €
6	Turkey	395,00 €
7	Ukraine	395,00 €

WHAT YOU SHOULD KNOW!

The YE will take place in northern Spain where the currency used is **Euro (€)** and we recommend you to have some cash with you. You will be able to withdraw money from local ATMs.

Also, this region is known for its frequent rains, so we suggest you to bring rain coat and waterproof shoes.

Regarding Health insurance if you are an EU citizen you have to order your **European Health Card for free. In case you are not an EU citizen, your local association will help you with the administrative procedures.**

THINGS TO BRING



- Laptop (if possible).
- Comfortable and waterproof shoes and clothing for outdoor activities.
- Small bag for outdoor activities
- Personal hygiene Items.
- Lots of good intentions, wish to share your ideas, happiness and commitment.



PARTNERS



Hosting association:

Spain - LUG OPEN FACTORY

Or partners associations

Croatia -EUTOPIA

Lithuania - Tavo Europa

Italy -GIOVANNICHIMERE

Morocco -Association AICHA

Turkey -Vizyoner Kadınlar Dermegi

Ukraine -NGO "Step. Forward"

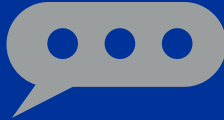
CONTACT US

If you have a question, you can contact us and
we will help you

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JOIN NOW WITH TAVO EUROPA!

Explorer Pass 2026! You are welcome to join our new educational programme for 2026. Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all youth exchanges, study visits, events in Lithuania and abroad until the end of the year! This membership fee helps to support us and assures more resources on looking for exclusive opportunities for members. Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send most suitable and motivated participants to all of our projects.

For more projects:

Explore the world and learn together with the help of Tavo Europa.

Join the group with more opportunities:



<https://www.facebook.com/groups/186132221744993>

THANK YOU!



Co-funded by the
Erasmus+ Programme
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