

CALL FOR PARTNERS

YOUTH EXCHANGE

DATES

23rd Feb - 2nd March, 2026

APV

online 10th Jan 2026

PLACE

Llinars del Vallès, Barcelona, Spain

**CYCLES
CIRCLES
LOOP**



Erasmus+
Enriqueciendo vidas, abriendo mentes.



Cofinanciado por
la Unión Europea

Injuve
Instituto Nacional
de la Juventud



HIGHLIGHTS



DATES:

DEADLINE TO BE A PARTNER:
20TH DECEMBER 2025

APV ONLINE: 10TH JAN, 2026

EXCHANGE:

23RD FEB - 2ND MARCH, 2026

PLACE:

LLINARS DEL VALLES, BARCELONA,
SPAIN

We are looking for five partners really committed to live this experience, able to guarantee to attend everyday of the project, to accept to live in a intercultural environment, to be open minded and motivated.

Participants will receive free accommodation and food, the costs are covered by the Erasmus+ Programme.

WHAT IS

CYCLES-CIRCLES- LOOP CCL

Cycles–Circles–Loop is a youth exchange project that invites young people to reflect on environmental, social, and personal challenges through action and creativity. The project explores circular processes as an alternative to today's overly linear way of thinking, working on three levels: body, chemical elements, materials, and the natural environment. The exchange will bring together 46 young people aged 18–25 from six countries to explore how local actions are connected to global systems and ecosystems.

Using circus arts and performing arts, participants will explore the relationship between body, chemical elements, materials, environment, and how personal and collective choices go beyond national borders. The project follows a collaborative and creative approach that highlights the interdependence between the personal, local, and global levels.

Through social theatre and circus, participants will co-create performative actions guided by the values of respect, care, empathy, collaboration, and critical thinking, reflecting on today's challenges while imagining more sustainable futures.

METHODOLOGY

The activities will help participants reflect on and become aware of different cyclical processes. They will work through movement, physical activity, performance, and participatory activities. Participants will explore cycles in the body, emotions, seasons, and natural ecological processes that support life on Earth. Through different methods, they will discover shared patterns between living beings, key contrasts, and today's global challenges.

Alongside shared dialogue, participants will receive tools and guidance through workshops and group sharings to support their creative process. The project will end with an open presentation for the local community, where participants will share the results of their work and reflections. This will also support the dissemination of the project beyond the exchange.



PARTNERS' PROFILE

We are looking for motivated partner organisations with a valid OID, active in youth work, arts, culture, education, or community development, and interested in innovative non-formal education and creative methodologies.

Partner Profile and Requirements

Partner organisations should:

- Hold a valid OID and be eligible for Erasmus+ Youth Exchange projects.
- Interested in the topic Interested in circus, dance, movement, performance
- Work regularly with young people and/or local communities.
- Be open to artistic experimentation, embodied learning, and innovative facilitation methods.
- Be able to support participants before, during, and after the project, including selection, preparation, and dissemination of learning outcomes.

Preferred types of organisations:

- Youth organisations, NGOs, cultural associations
- Theatre and circus companies working with communities
- Arts and cultural centres
- Educational institutions and training providers
- Social inclusion organisations using creativity as a tool.



PARTICIPANTS' PROFILE



We are seeking passionate and creative young people to join our project:

- Aged 18-25;
- Interested in environmental and social topics;
- Interested in using artistic tools, such as social theater and performing circus arts;
- Motivated to explore a intercultural environment;
- Motivated to be in relation to nature;
- Able to understand and speak English;
- Able to attend to the whole project from the 23rd of February (arrival day) to the 2nd of March (departure day) (one free day in the middle of the project).

INCA CATALUNYA

ABOUT INCA

INCA Catalunya is an organization dedicated to utilizing performing arts to benefit the community through immersive and participatory strategies.

It promotes youth development and educational initiatives via a variety of programs, emphasizing international collaboration and community empowerment. By providing access to the arts and opportunities for cultural exchange, skill development, and audience engagement, INCA Catalunya seeks to enhance learning experiences. Its innovative projects aim to foster vibrant, inclusive communities that thrive on creativity and collaboration.

WWW.INCA-CAT.ORG



THE VENUE

CASA DE COLONIAS



Former Monastery

We will share this experience in a very special place, surrounded by nature, founded in 1957 on the outskirts of Llinars del Vallés, 50km far from Barcelona.

ACCOMMODATION

We will stay at the 'Refugi' (refuge) building, with a capacity for 70 people. On the ground floor, there is a kitchen, dining room, and two rooms. The first floor consists of 10 shared rooms, equipped with 6 to 8 beds, and two bathroom areas

The beds are prepared with sheets and blankets, and towels will be provided, so you only need to bring your personal hygiene kit. Additionally, meals will be adapted to the specific dietary requirements each participant has indicated on the Personal Information Sheet.



You'll stay in these kind of rooms



and have 3 daily meals and coffee breaks

WORKING PLACES WILL COMBINE INDOOR AND OUTDOOR SPACES



THE TOWN

Llinars del Vallès is a town in Barcelona province, nestled between Montseny and Montnegre i el Corredor natural parks, offering rich biodiversity and outdoor activities like hiking and wildlife observation. It blends nature with culture, hosting festivals, artistic workshops, and events inspired by Catalan traditions. The community emphasizes sustainability, promoting eco-awareness, heritage preservation, and youth engagement in green tourism.

<https://www.llinarsdelvalles.cat>

FACILITATORS



David Vergés

Bio

Graduate in Sociology with extensive experience in the educational field working with different types of groups. Of the three main areas of knowledge with which I have worked, gender, interculturality and environmental education, in recent years I have focused on the latter. Throughout my life I have been closely linked to social and associative movements, convinced of the power of transforming society from local action and educational processes.



Maria López

MariLou is a contemporary circus artist and performer interested in the research of movement, participatory and political art and collective processes of change. She studied Circus Arts in Galicia and Barcelona and she get inspired by the aerial circus, performing with some companies. She studied and work also as social worker with multiage collectives, mental health and movement and yoga.

CONTACT US



Julija Staniulyte

Project Coordinator in Lithuania

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Educator Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme.

If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects:

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