



Code for Connection



TC: 07-15 February 2026
(including travel days)
Sfantu Gheorghe, Romania



Funded by
the European Union

WELCOME

This document should provide you with all essential logistical information for your journey to **Romania** - please let us know if you need any more additional info.

ABOUT THE HOST ORGANIZATION

The **TDA Association** was founded in **2021** with the aim of contributing to the economic, social, and cultural development of Transylvania, Romania's central region, while supporting programs and projects that promote Transylvanian values. Our association's mission is to foster innovation and community progress, with a particular focus on education, entrepreneurship, and strengthening the startup ecosystem.



Goals and Activities of the TDA Association:

1. Strengthening the entrepreneurial spirit: We support the development and competitiveness of local and regional businesses through training, mentorship programs, and economic events.
2. Supporting formal, non-formal, and informal education: We believe that all forms of education contribute to the development of Transylvania, and we provide learning and growth opportunities for all ages and groups.

3. Promoting quality vocational training: We develop practical knowledge to train professionals aligned with the needs of the job market.
4. Strengthening the startup ecosystem: We support the new generation of entrepreneurs through networking, mentoring, and investment opportunities.
5. Promoting economic, social, and tourism development: We aim to contribute to Transylvania's sustainable growth by strengthening tourism, local communities, and social progress.
6. Achieving the AGENDA 2030 objectives: We support the achievement of global sustainable development goals to make Transylvania a part of a sustainable future.
7. Engaging in Transylvanian and international economic programs: We actively participate in both regional and international economic programs, contributing to the competitiveness and sustainable development of Romania's central region.

Although our members and volunteers have already gained **considerable experience with Erasmus+ projects** through participation in various international activities and exchanges, this is the **first Erasmus+ project hosted and coordinated by our organisation**. We have high expectations of ourselves and are fully committed to delivering the best possible results. Our goal is to make Code for Connection a meaningful and impactful experience for all participants and partner organisations.

The TDA Association **believes in the power of community collaboration and innovation** to support the economic and social growth of Transylvania while preserving local values and traditions.



ABOUT THE PROJECT

Aim

The overall aim of the project is to **strengthen the capacity of youth workers to prevent conflicts, foster social inclusion, and promote intercultural understanding** among young people from diverse backgrounds, including those with fewer opportunities. Through the development of emotional intelligence, effective communication skills, and conflict resolution strategies, the project seeks to create a network of empowered youth workers who can bring positive change in their local communities. Additionally, it promotes non-formal education as a key tool in building inclusive societies and uses the Erasmus+ programme as a platform for international cooperation in the field of youth work .

Objectives of the project

- To improve participants' understanding of emotional intelligence and its role in conflict prevention and resolution.
- To develop practical skills in active listening, empathy, and intercultural communication.
- To raise awareness about the importance of inclusion and the prevention of radicalization among young people.
- To equip youth workers with non-formal educational tools and methods to address and manage conflicts in their communities.
- To create opportunities for intercultural learning and cooperation among youth workers from 10 different countries.
- To encourage participants to multiply the knowledge gained by implementing at least 40 local follow-up activities in their home communities.
- To strengthen international partnerships and create the basis for at least 10 future collaborative projects.

Methodology

The project is based on **non-formal education** and **experiential learning methods**, ensuring active involvement and meaningful interaction among participants. Activities include **icebreaker games, energisers, and team-building exercises** to foster trust and create a positive learning environment. Key topics such as **emotional intelligence, conflict resolution models** (3F, Thomas-Kilmann), and **intercultural communication** are explored through interactive

workshops, role-plays, simulations, and the Theatre of the Oppressed method. Group discussions, World Café sessions, and case studies encourage participants to share experiences, reflect critically, and learn from diverse perspectives. The methodology promotes learning-by-doing, ensuring that participants acquire both theoretical knowledge and practical skills they can apply in their daily work with young people.

ABOUT THE TRAINING COURSE

The Training Course “**Code for Connection**” will bring together **40 participants from 10 countries**, with a focus on empowering young people through digital literacy, creative coding, and responsible online communication. The main activity will take place in **Sfântu Gheorghe, Romania, between 8–14 February 2026**, with **travel days on 7 and 15 February 2026**.

This project aims to strengthen participants’ practical skills in **coding basics, digital tools, online safety, and media literacy**, helping them navigate the modern digital environment confidently and responsibly. Through a series of engaging sessions, participants will explore how technology can be used to foster inclusion, creativity, critical thinking, and meaningful social connections.

Using **non-formal education** methods - such as interactive workshops, collaborative challenges, design-thinking exercises, team coding tasks, and intercultural exchanges - the training course creates a dynamic learning space where participants can experiment, learn, and grow together. The activities are designed to improve communication, problem-solving, teamwork, and digital creativity in a safe and supportive environment.

Beyond developing digital competencies, the project also places emphasis on **emotional intelligence, online well-being**, and reducing the negative effects associated with harmful digital habits. Participants will reflect on screen-time balance, online boundaries, and **the impact of social media on mental health**. The training will culminate in a **Digital Showcase**, where participants will present the tools, mini-projects, or campaigns they developed throughout the week. This final event will allow them to apply what they have learned and inspire others as multipliers of digital awareness and responsible online engagement in their local communities.

ABOUT THE APV

The Advance Planning Visit (APV) will take place between **12–13 December 2025**, with travel days on **11 and 14 December 2025**.

For the **APV**, we expect **one participant** from each organization. This participant must be the designated representative for the NGO project, such as a project manager or primary contact person. They should also be committed to joining the main training course in February 2026.

The APV aims to allow partners to get to know each other and the venue of the **upcoming training course in Sfântu Gheorghe**, Romania. It will include a full tour of the facilities, highlighting key features, accommodation, and logistics relevant to the project.

Beyond practical arrangements, the visit will serve as a platform to build trust, clarify expectations, and align on the project's goals. Interactive sessions – such as introductions, presentations of the partner organisations, brainstorming, and Q&A – will ensure that all representatives are confident, well-prepared, and committed to creating a smooth and impactful learning experience for the main activity.

The main training course will be held between 8–14 February 2026, with travel days on 7 and 15 February 2026.

Participating organizations

NR.	ORGANIZATION NAME	COUNTRY
1	Transilvania Development Agency - TDA - host	Romania
2	Kárpát-medencei Szakképzésért Egyesület - KMSZE	Hungary
3	Bridge for Youth - B4Y	Netherlands
4	Museumsverein Klostertal	Austria
5	Yerelden Küresele Sürdürülebilir Kalkınma Derneği	Turkey
6	Associació Cultural Tabalà	Spain
7	Hellenic Youth Participation - HYP	Greece
8	Baltic Institute for Innovative Development - BIID	Latvia
9	Youth and World	Czech Republic
10	Tavo Europa	Lithuania

FINANCIAL CONDITIONS

Travel costs

Travel costs are limited and lump sums are defined according to the distance bands set by the Erasmus+ Programme.

Please try to buy all your travel tickets **online**. To ensure you stay within your budget, please buy them as soon as possible. Don't forget to keep all your travel documents (it's very important to keep all your ticket, receipts and boarding passes, because we can give you back the travel costs only if you have the tickets)! Travel costs will be reimbursed by **bank transfer** preferably through the sending organizations **after the TC**.

COUNTRY	TRAVEL DISTANCE	BUDGET
Austria	500-1999 km	309 €
Czech Republic	500-1999 km	309 €
Greece	500-1999 km	309 €
Hungary	500-1999 km	309 €
Latvia	500-1999 km	309 €
Lithuania	500-1999 km	309 €
Netherlands	500-1999 km	309 €
Spain	2000-2999 km	395 €
Turkey	500-1999 km	309 €

NOTE: This is the **per-person total**, and the cost of the **return trip** must **fit within** this budget.

Our currency

Our currency is RON (Romanian Lei). 1 EUR is approximately 5 RON.



Sfântu Gheorghe is the capital city of Covasna County, Romania. Located in the central part of the country and in the historical region of Transylvania, it lies next to the Olt River in a valley between the Baraolt Mountains and Bodoc Mountains.

Sfântu Gheorghe is one of the oldest cities in Transylvania, the settlement first having been documented in 1332. The city takes its name from Saint George, the patron of the local church. Sfântu Gheorghe is one of the centers for the Székely people in the region known to them as Székelyföld in Hungarian - which means "Székely Land", and it is home to the Székely National Museum.

More infos:

<http://www.saintgeorgeinfo.ro/index.php?page=1&b=17>

HOW TO REACH SFANTU GHEORGHE

Closest Airports

- Sibiu International Airport (175 km)
- Bucharest "Henri Coandă" International Airport (formerly Otopeni Airport) (180 km)
- Transylvania Târgu Mureș Airport (183 km)
- Cluj "Avram Iancu International Airport (282 km)
- Brașov-Ghimbav International Airport (39 km)

Minibuses from the Airport

- Obilet: [Find and Book Cheap Bus Tickets \(https://www.obilet.com/en\)](https://www.obilet.com/en)
- Direct Aeroport: <https://direct-aeroport.ro/index-en.html>
- M&M Express: <https://www.transferairport.ro/en/>
- Kron Transfer: <https://www.brasov-aeroport.ro/en/>

Train

- CFR - Home - CFR Calatori Home - CFR Calatori
(<https://www.cfrcalatori.ro/en/>)

In the city

- **Bolt** - download the app for taxi services
- **SepsiBus** - Nr.1 - every 20 minutes from the main train station. You will have to get out next to the central Park and then walk 5 minutes crossing the park to reach the venue. Bus ticket can be bought on the bus or by using the 24pay application from App Store or Google Play
- **SepsiBike** - rent a bike; download the GloBikes app
- **Taxi** - accepts ONLY CASH

+40267314999 - Euro Taxi

+40267316167 - Dea Taxi

+40740439999 - Herr Taxi

ACCOMODATION

Pensiunea Urban Point | pensiune | Gábor Áron utca 16b, Sfântu Gheorghe,...

Urban Point Pension

Address: Sfântu Gheorghe, street: Gabor Aron, number: 16B, county: Covasna, Romania



FOOD

Bertis Pub

BertisPUB

Address: Sfantu Gheorghe, street: Strada Stadionului, number: 3, county: Covasna, Romania



PRELIMINARY SCHEDULE

 **Location: Sfântu Gheorghe, Romania**

Day 1 – Saturday, 07.02.2026 – Arrival Day

- Participants arrive at the hotel (Urban Point).
- 19:00-21:00 Dinner at BertisPUB (or packed dinner for late arrivals)

Day 2 – Sunday, 08.02.2026

- 09:00-10:00 Breakfast + Morning News at BertisPUB
- 13:00-14:00 Lunch at BertisPUB
- 14:00-16:30 Welcome session – decoration of the training room, ice-breakers, welcome activities
- 17:00-18:30 Getting to know each other & learning environment
- 19:00-20:00 Dinner at BertisPUB
- 21:00-22:30 Welcome evening – meeting local volunteers

Day 3 – Monday, 09.02.2026

- 09:00-10:00 Breakfast + Morning News at BertisPUB
- 09:30-13:00 Opening of the Training Course
 - name games, hopes & fears, objectives, Erasmus+ Youth & Youthpass
- 13:00-14:00 Lunch at BertisPUB

- 15:00-16:30 Group building activities 17:30-19:00
- Introduction to Emotional Intelligence (EQ) 19:00-20:00
- Dinner at BertisPUB
- 21:00-23:00 International Evening

Day 4 – Tuesday, 10.02.2026

- 09:00-10:00 Breakfast + Morning News at BertisPUB
- 10:00-11:30 Emotions and their impact in daily life
- 12:00-13:00 Low EQ – challenges & symptoms
- 13:00-14:00 Lunch at BertisPUB
- 15:00-18:30 Improving EQ through theatre (Forum Theatre)
- 19:00-20:00 Dinner at BertisPUB
- 21:00-23:00 Conflict-related movie night

Day 5 – Wednesday, 11.02.2026

- 09:00-10:00 Breakfast + Morning News at BertisPUB
- 10:00-11:30 My emotional intelligence as a youth worker
- 11:00-13:00 Mediation theory & practice
 - conflict triangle, roleplays, Thomas-Kilmann
- 13:00-14:00 Lunch at BertisPUB
- 15:00-18:30 Communication barriers, conflict styles & active listening
- 19:00-20:00 Dinner at BertisPUB
- 21:00-22:30 NGO Party

Day 6 – Thursday, 12.02.2026

- 09:00-10:00 Breakfast + Morning News at BertisPUB
- 10:00-13:00 Field research exercise
 - (interviews with local youth, adults, NGOs, authorities)
- 13:00-14:00 Lunch at BertisPUB
- 14:00-18:00 Cultural Afternoon
 - Town Hall, youth NGOs, Youth Council, city treasure hunt
- 19:00-20:00 Dinner at BertisPUB
- 20:00-22:00 Cultural Night

Day 7 – Friday, 13.02.2026

- 09:00-10:00 Breakfast + Morning News at BertisPUB
- 10:00-13:00 EU Youth Strategy: Inclusive Societies
- 13:00-14:00 Lunch at BertisPUB
- 15:00-18:30 Open Space Workshops
 - (12 workshops led by participants – materials for the e-book)
- 19:00-20:00 Dinner at BertisPUB
- 20:00-21:00 Passion Evening

Day 8 – Saturday, 14.02.2026

- 09:00-10:00 Breakfast + Morning News at BertisPUB
- 10:00-13:00 Project creation & action planning (brainstorming, project market, planning)
- 13:00-14:00 Lunch at BertisPUB
- 15:00-16:30 Youthpass session
- 17:00-18:30 Final evaluation & closing ceremony
- 19:00-20:00 Dinner at BertisPUB

Day 9 – Sunday, 15.02.2026 – Departure Day

- **09:00-10:00** Breakfast at BertisPUB (or packed meal for early departures)
- Participants depart.

NOTE: This program is preliminary, it may be changed according to the needs of participants and group dynamics!

WEATHER

February in Romania: a month of hopeful tension. We might still be in the grip of a harsh, biting winter, with heavy snowdrifts and sub-zero temperatures turning the Covasna region into a frozen wonderland. However, it's just as likely that the first whispers of spring are breaking through, bringing thawing ice, muddier paths, and a brighter, piercing sunlight that promises warmer days ahead.

Please check the forecast closer to the date. [Sfantu Gheorghe, Covasna, Romania Weather Forecast | AccuWeather](#)

EMERGENCY CONTACTS

112 – European Emergency Number Local emergency numbers:



**Fogolyán Kristóf County
Hospital**

Phone number: 0267 311 580

Address: Strada Stadionului 1-3,
Sfântu Gheorghe 520064



Local Police St. George

Phone number: 0267 312 381

Address: Strada Nicolae Iorga 4,
Sfântu Gheorghe, 520001

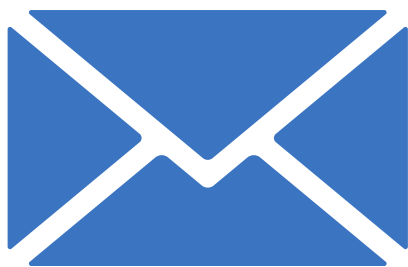


**Inspectoratul pentru Situații de
Urgență "Mihai Viteazul" al
Județului Covasna**

Phone: 0267 315 350

Address: Strada Oltului 31-33,
Sfântu Gheorghe 520027

CONTACT PERSON



Laura Vanagaitė

Project Coordinator in Lithuania

Email to: laura@tavo-europa.eu

If you have any questions, don't hesitate to ask!

JOIN NOW WITH TAVO EUROPA!

Educator Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme.

If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects:

Explore the world and learn together with the help of Tavo Europa.

Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>

