



# Infopack

## Essence of Outdoor Experiential Education Training Course 2026.

2025-1-HU01-KA151-YOU-000300505

18-29. March 2026. Hungary



É L M É N Y A K A D É M I A



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We are happy to invite you to the Essence of Outdoor Experiential Education Training Course 2026, supported by the Erasmus+ Programme!  
Let us share some useful information:

- 1. Program and travel dates**
- 2. Participants' recruitment and selection**
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## Program dates and travel dates

**Arrival day - 18/March/2026**

Program days - 19-28/March/2026

**Departure day - 29/March/2026**

## Contribution fee

Contribution fee is 30 EUR. The fee can be paid during the registration on the arrival day. If your financial situation is limited, please email us at [erika.schmidt@elmenyakademia.hu](mailto:erika.schmidt@elmenyakademia.hu)

# Goals & Learning Outcomes

The training program spans over ten days, focusing on the in depth understanding of outdoor experiential education, including group-building activities, outdoor expedition, and high and low-rope elements.

## THE PROGRAM WAS DESIGNED TO ACHIEVE THE FOLLOWING:

- **Nature as a Tool:** Inspire participants to use nature as a tool while working with groups, fostering a connection between nature and learning.
- **Provide Strong Self-Experience:** Engage participants in outdoor experiential activities to strengthen their understanding of the methods and self-awareness.
- **Increase awareness and share the basics of wilderness first aid, outdoor risk management,** and how to work with vulnerable youth in an outdoor context..
- **Introduce Experiential Education Concepts:** Reflect on experiences and discuss the basic concepts and models of experiential education.
- **Develop the Competence of Facilitation:** Enhance the skills required for the efficient facilitation of educational programs.
- **Develop the Competence of Designing Programs:** Enhance the skills required to efficiently plan and design educational programs.
- **Introduce the framework of the European Training Strategy (ETS):** Share insights about the ETS, supporting the self reflection and assessment of participants.

## METHODS:

The program employs various methods to ensure a practical and engaging experience:

- **Experiential Learning:** Learning by doing.
- **Reflective Sessions:** Individual, small, and big group reflections.
- **Rope Elements:** High and low rope activities.
- **Outdoor Expedition:** A two-night expedition in the forest.
- **Meta Reflection:** Analysis of the overall learning process.
- **Sharing good practices** among participants.



## LEARNING OUTCOMES

### In outdoor education:

- Competence in facilitating outdoor experiential learning activities on a basic level.
- Competence in using low-rope elements as part of your program on a basic level.
- Competence in using hiking and expeditions as a part of your program on a basic level.
- Gain knowledge and competence in the basics of outdoor risk management.
- Gain basic understanding and competence in 'leave no trace' practice in outdoor activities. Learn about the importance and topics of wilderness first aid that will allow participants to explore this topic and gain more competence later, outside of this training course.
- Gain basic understanding of high-ropes activities through experiencing it as a participant that will allow them to explore this topic and gain more competence later, outside of this training course.
- Learn about the importance of wilderness first aid that will allow participants to explore this topic and gain more competence later, outside of this training course

### In non-formal education:

- Improved competencies in facilitating groups' and individuals' learning processes.
- Ability to apply experiential educational approaches to program designs.
- Understanding ETS: A basic comprehension of the European Training Strategy framework. Enhanced self-reflection based on the ETS competence areas and understanding of how to facilitate group reflection processes.
- A more profound insight into the roles and responsibilities of a facilitator.
- Ability to apply outdoor experiential learning in youth work
- Gain a basic understanding of working with highly vulnerable youth and how this can influence our work as outdoor educators. The course doesn't aim to provide in depth learning about trauma informed care or related topics. It only aims to introduce these topics.

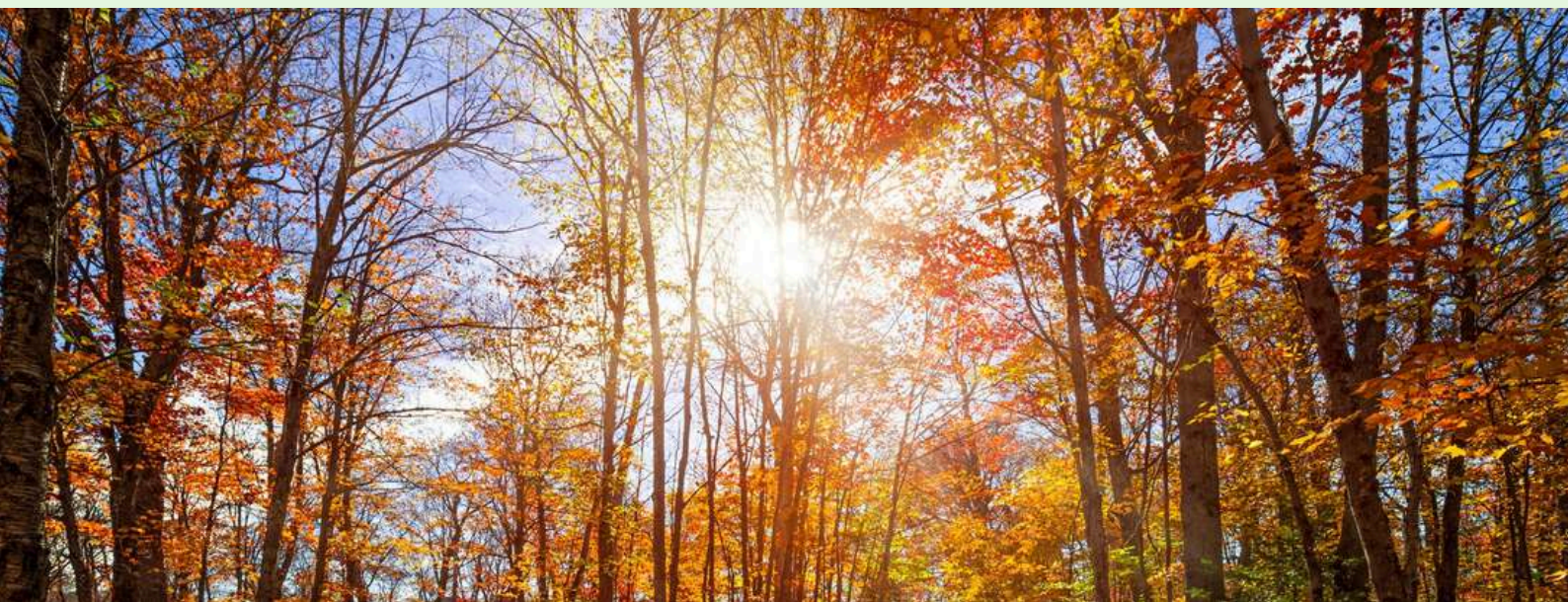
# Participants profile

We are looking for **youth workers, trainers, and educators who work with youth**. The educational background and professional role can be diverse (instructors, facilitators, teachers, coaches, psychologists, and other professionals working with young people). The important criteria are that **you work with young people and are interested in the topic**. If you are at the beginning of your youth worker career, this course might also be for you.

## **More concretely, we are looking for youth workers who:**

- Are interested in outdoor activities and motivated to learn methods of experiential education
- Motivated to learn hard and soft skills of outdoor education
- Their physical condition allows them to hike longer distances (15-20 km/day), spending two night under the sky, carrying a minimum 50l backpack.
- Have experience in facilitating groups and designing educational programmes
- Motivated to gain new competences as a facilitator.
- Are able to communicate and express themselves in English
- Age above 21
- Please note that we can only accept your application if you participate in the entire training program according to the given schedule.

**Eligible countries: Erasmus+ Programme countries**



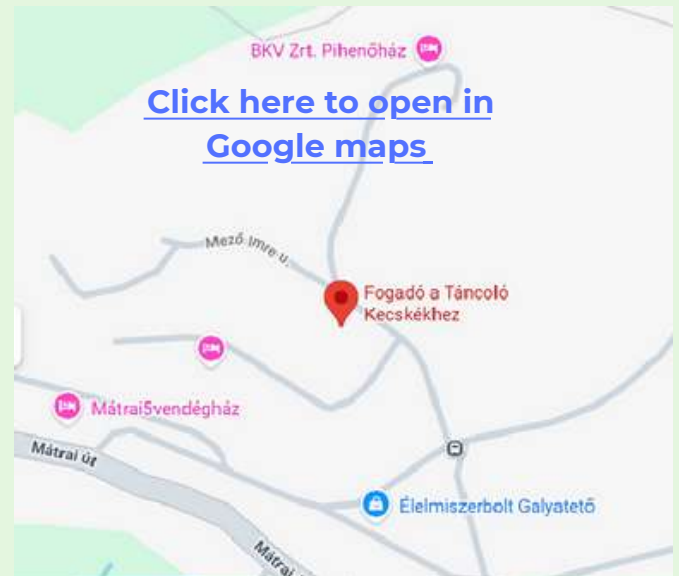
# Accommodation and Venue

## VENUE

### Fogadó a Táncoló Kecskéhez

Address:

Mátraszentimre, Madách Imre utca 7,  
Hungary



## ACCOMODATION & FOOD:

This course is co-funded by the Erasmus+ programme of the European Union, and therefore, most of the costs will be covered by the organisers.

Board, lodging, travel and programme costs will be covered upon full participation in the course.

You are going to be provided:

- rooms: 2-3 people/room (usually with 1 double and 1 single beds)
- 3 meals a day + snacks
- towel and bedlinen are provided

**On the arrival day, dinner will be the 1st meal to be served.** On the departure day, breakfast is your last meal.

After the selection of the participants, we provide you with all the information and the options for how to get to the venue by regional transportation.





# The Team behind this course

## Árpád Bárnai

I am a youth worker, trainer, outdoor educator, so I have many “hats”. My journey started in local youth work in a foster home in Hungary and since then I keep on learning about learning and growth. Be it on a national level or in international projects, in programs serving the growth of youth, disadvantaged youth or professionals working with young people.

I am passionate about learning in nature and in groups. My hope is that we will learn about how we can create meaningful learning experiences in nature for ourselves, and for others after the training course. For more information about my professional background:

<https://www.linkedin.com/in/arpadbarnai/>

<http://trainers.salto-youth.net/ArpadBarnai/>



## Jácint Varga

"My name is Jácint, I work with Élményakadémia since 2017. I strongly believe in NATURE and a power of NATURE especially as a venue of learning. I hope we will have a meaningful journey together not only in a NATURE but through the experiences as well! During my professional journey, I met with different kinds of groups and different kinds of experiences, I still believe all of them enriched me."

## Ágnes Lebovits

I have been working in a variety of roles for many years: HR expert, OD professional, consultant, mentor, coach, trainer. In addition I am a mother, a child, a wife, a sister, a friend, a helper, a companion, a clown etc. I have seen people change & develop, lose and find their ways in all of my roles. I do not find anything else more inspiring and moving than accompanying people on their road of change and learning and being a companion/witness of these moments. I look for these opportunities and hand myself over to these moments with my whole being. I believe I gain from these moments not less than those people who are in the center of these experiences.

I love hiking and rock climbing and have been doing sports since my childhood. I recharge myself on long walks in the forest. I love laughing and I believe in the power of human relations.



# Travel budget and reimbursement

Travel costs will be reimbursed up to 100% if you manage your travel within the **allocated budget**.

Please keep in mind that only direct travel costs between your “home location” and the venue of the event - Galyatető - can be reimbursed (private traveling cannot be financed by the fund). Taxi and first class tickets are (unfortunately) not covered.

Travel costs will be reimbursed only for the cheapest way of transport. Please, take into consideration eco-friendly types of transportation.

**You are entitled to the reimbursement of your travel costs if you present the BILLS/INVOICES and the TICKETS themselves, including the BOARDING PASS**

The allocated travel budget is calculated by the European Commission's Distance Calculator. [Please check it out here](#). Once you know the distance between your location and the venue's you can check the allocated costs for your travels.

10–99 km - 28 EUR/pax - in case of green travel: 56 EUR  
100–499 km - 211 EUR/pax - in case of green travel: 285 EUR/ pax  
500–1999 km - 309 EUR/pax - in case of green travel: 417 EUR/pax  
2000–2999 km - 395 EUR/pax - in case of green travel: 535 EUR/ pax  
3000–3999 km - 580 EUR/pax - in case of green travel: 785 EUR/ pax  
4000–7999 km - 1188 EUR/pax  
8000 km or more - 1735 EUR/pax

Travel cost reimbursement will be done via bank transfer **to your sending organization** after having received all your travel documents.

**Green travel** means car sharing (but at least more people traveling by the same car), bus, train.

If you are planning green travel, please let us know!

Please be aware if you do not have the receipt **AND** the tickets we **CAN NOT** reimburse your expenses!





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# Contact Us!



**Laura Vanagaitė**

Project Coordinator in Lithuania

Email to: [laura@tavo-europa.eu](mailto:laura@tavo-europa.eu)



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# Join with Tavo Europa

Educator Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

## **For more projects:**

Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities:

**<https://www.facebook.com/groups/186132221744993>**