



Co-funded by  
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# ALTFuture

18th - 26th of March 2026  
Predeal, Romania

# Who we are

**A4ACTION** - the Association for Initiatives and Continuous Development is an organisation funded in October 2012. Our work is focused on young people, youth workers and educators. Our mission is to **generate continuous development for young people and communities** through non-formal learning activities, volunteering and civic involvement. Our vision is to **provide all young people with space to reach their full potential** through learning and with opportunities to actively contribute to the development of the community they belong to.

This training course is implemented by A4ACTION, with the help of the following partners:

1. APS Senza Confini (Italy)
2. Association Tavo Europa (Lithuania)
3. InfinityGreece (Greece)
4. ILEWASI (Spain)
5. Youth ID (France)
6. VIEWS International aisbl (Belgium)

# Training overview

## Training aim:

The main goal of the project is to strengthen the capacity of youth workers to deliver high-quality vocational guidance focused on future skills, helping young people aged 16–30 to successfully **navigate a constantly changing labour market** and **build sustainable career** paths in the context of the digital and green transitions.

## Learning objectives:

The participants will have the opportunity:

- To **understand** future skills concepts and labor market trends shaping careers for 2030-2040
- To explore vocational counseling models and **European competence frameworks** (DigComp, EntreComp, GreenComp, LifeComp)
- Develop **facilitation skills** to confidently lead individual and group career counseling sessions with young people
- To practice using practical tools such as aptitude tests, competence matrices, and portfolio development techniques
- Design inclusive and engaging sessions adapted for diverse youth groups, including those with fewer opportunities
- Promote **empathy, person-centered approaches, and safe spaces** for career exploration and self-discovery
- To integrate digital tools and innovative methods in vocational guidance practice
- Reflect on their role as career facilitators and how to empower young people to navigate their professional futures
- Strengthen **cooperation among youth workers** through shared practices and networking.

# Participants' Profile

## Participants overview:

ALTFuture is a training program aimed to develop the **capacity of youth workers** to provide **quality vocational counseling** focused on future skills. The mobility will bring together **24 youth workers**, all over the age of 18, from seven different countries, eager to participate in an enriching international learning experience. Each partner country will send a group of 3 - 4 participants

## Participants' requirements:

The participants will need to be:

- **Aged 18+**
- youth workers, teachers, educators, social workers, mentors, coaches of youth initiatives and solidarity projects, volunteer, trainers or facilitators.
- participants that are **experienced** working with young people and are willing to share their experience with other youth workers, in order to learn a different approach on this topic
- participants that do not have experience, but they **want to learn and improve their skills**, in order to offer better vocational support to the young people with how they are working.
- able to understand and express themselves in English
- **willing to share knowledge, ideas, useful tips**
- willing to learn from others
- committed to attending for the full duration of the event
- committed to doing a follow-up/dissemination activity, implemented in their country after the training.

# Venue, Accommodation & Food



Our venue will be **Hotel Draga Maria** from Predeal city, Brasov county.

The hotel is located in a picturesque mountain resort situated 40 km away from the city of Brasov.

The participants will be staying in **rooms of two, three or four people**, and each room has a **private bathroom** with a bath / shower and a hairdryer and towels are included. Wireless internet is available in the hotel rooms and is free of charge.

**Meals** will be provided at the **restaurant** in the hotel. Any dietary requirements can be catered for upon request before mobility.

# How to get there

## Travel information and recommended routes

 **Step 1:** Airport → Bucharest Gara de Nord

 **Step 2:** Bucharest Gara de Nord → Predeal

 **Step 3:** Predeal station → Hotel (taxi)

### ⚠ Important notes:

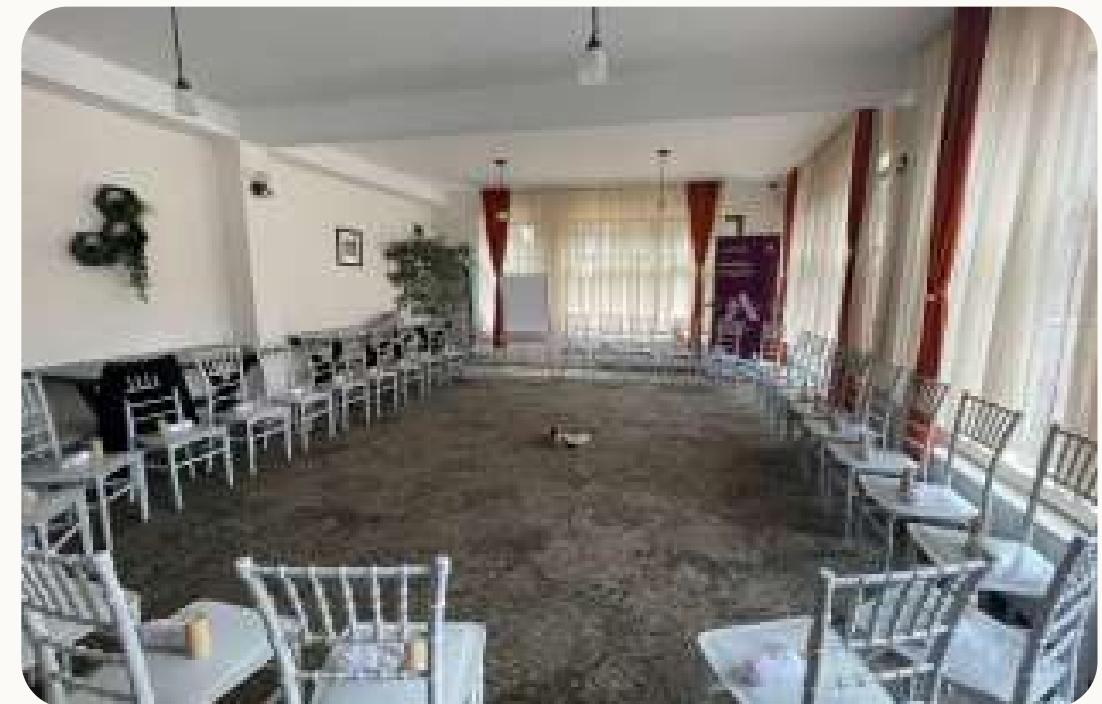
- Local taxis accept cash payments only (RON). Make sure to have **cash** for trips to and from the hotel.
- The **shuttle bus** from the airport to Predeal is **not reimbursed and not recommended**. Please use train connections instead.

# What to Bring

## Useful items for the training and daily life

We are inviting you to pack a few things with you, which will make our Training Course successful:

- A **positive attitude**, openness, and willingness to cooperate.
- Any **personal medication**, as well as your **European Health Insurance Card** or relevant medical documents.
- Comfortable, windproof, and waterproof clothing, including mountain boots for outdoor activities, as Predeal can be very cold. For indoor activities, bring lighter clothing, as the accommodation is warm.
- A **laptop**, tablet, or other device for preparing materials.
- **Items for the Cultural Night** (small objects or food that represent your culture).



# Useful Information

## Practical tips for your stay in Romania

- **Currency:** The Romanian currency is the Leu (**RON**). Cash payments in **euros** are **not accepted**. (Approximate exchange rate: 1 EUR  $\approx$  5 RON.)
- **Payments:** Card payments are widely accepted and safe in shops, restaurants, hotels, and tourist areas. However, we recommend carrying **some cash** near the accommodation.
- **Emergency number:** In case of emergency, dial 112 to reach police, fire, or medical services.

# What is covered

## What the project covers

- 100% **accommodation & meals**
- 100% costs during the training activities
- **Travel costs** within Erasmus+ limits

## Maximum travel reimbursement

Nr	Country	Nr. of participants/country	Travelling budget/person	Green travel budget/person
1	Italy	3 participants	309 EUR	417 EUR
2	Lithuania	3 participants	309 EUR	417 EUR
3	Greece	3 participants	309 EUR	417 EUR
4	Belgium	3 participants	309 EUR	417 EUR
5	Spain	4 participants	395 EUR	535 EUR
6	France	4 participants	309 EUR	417 EUR
7	Romania	4 participants and 2 facilitators	211 EUR	285 EUR

# Travel costs & reimbursement rules

## Travel reimbursement

- Travel costs are reimbursed according to **travel distance** and **type of travel** (green or standard)
- Green travel = low-emission transport (train, bus, car-pooling)
- Participants choosing **green travel** may receive up to **4 extra travel days** (if applicable)

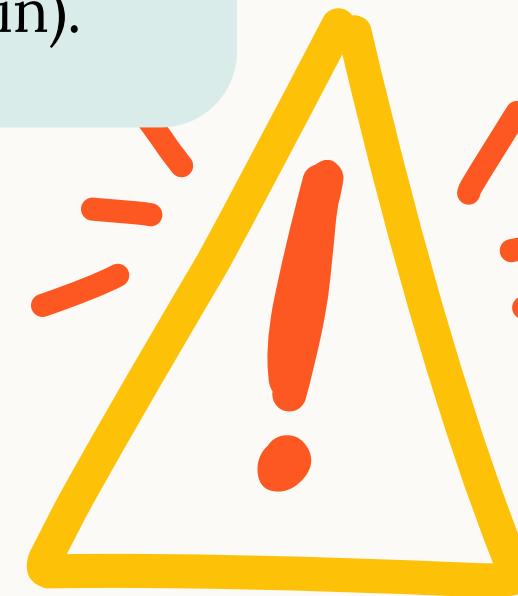
## Important rules

- **Keep all travel documents** (invoices, tickets, boarding passes).
- Only the cheapest fares are eligible.
- **Taxi costs are not reimbursed**, unless approved by A4ACTION.
- Please note the **maximum travel budget**.
- Reimbursement is made by **bank transfer within 1 month** after the TC.
- Extra stay in Romania (1-3 days before/after) is at **your own expense**.

# How to get reimbursed

## Required documents

- **Invoices** (flights, buses, trains) + proof of payment;
- **Boarding passes** (both ways);
- **Original tickets** (plane/ bus/ train).



## Reimbursement is processed after

- ✓ All requested **travel documents** are submitted;
- ✓ At least **one follow-up activity** is organised locally (minimum 10 people, based on the knowledge gained during the project);
- ✓ The **evaluation form is completed** after the mobility.

# Our Team



**Ioana Șerban**

*Project Manager*



**Mihaela Oancea**

*Trainer*



**Iuliana Adriana Pavel**

*Trainer*

# Contact Us!



## Project Coordinator in Lithuania

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# Join with Tavo Europa

Educator Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

## **For more projects:**

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