

**ERASMUS + PROJECT
YOUTH EXCHANGE**

A HEART FOR ART

RIJEKA CROATIA

01.-08.03.2026.



Co-funded by the
Erasmus+ Programme
of the European Union



ABOUT US

YOUTH EXCHANGE IS ORGANIZED BY ASSOCIATION ALFA ALBONA.

ASSOCIATION ALFA ALBONA WAS ESTABLISHED IN THE YEAR OF 2011 AND SINCE THEN IS WORKING IN THE FIELD OF: YOUTH INFORMATION (REGIONAL YOUTH INFORMATION CENTRE, EURODESK MULTIPLICATOR), MOBILITY OF YOUNG PEOPLE AND YOUTH WORKERS (EVS/ESC, YE, TC, STUDY VISITS, SEMINARS, INTERNATIONAL YOUTH AND CHILDREN SUMMER CAMPS) AND SOCIAL ENTREPRENEURSHIP.

WE ARE HAPPY TO HOST YOU IN RIJEKA, CROATIA AND ARE HOPING THAT THIS PROJECT IS ONE OF THE MANY MORE IN WHICH WE WILL COOPERATE.

WE ARE ALWAYS OPEN FOR NEW IDEAS, PROJECTS, SO PLEASE FEEL FREE TO SHARE AND CONTACT US ANY TIME.



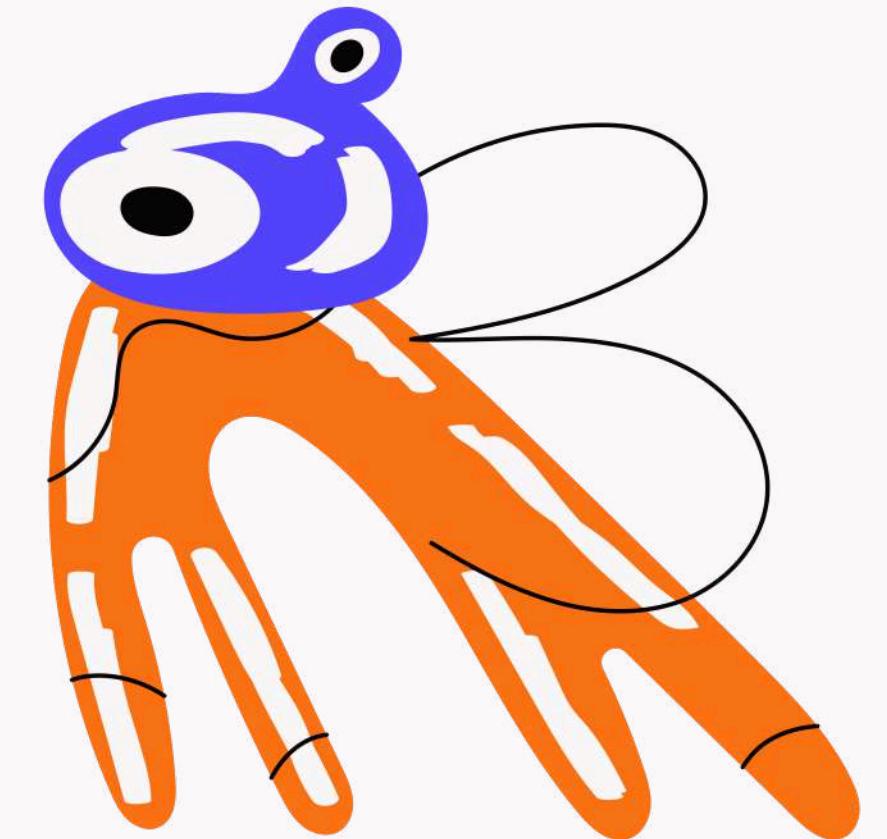
ABOUT THE PROJECT

A Heart forArt is a youth exchange project within Erasmus + programme that aims to empower youth to explore and share diverse artistic techniques while fostering cultural exchange, mutual understanding, personal growth and creativity. By this collaborative project, we want to inspire young people to express themselves freely, explore new ideas, and develop their artistic skills in a supportive environment. It has the intention to equipp and provide young people the information, necessary materials and tools in order to inform, influence and empower them to be more active in the fields of art. By creating supportive networks and opportunities, we seek on participants to engage more deeply with art, enriching both their lives and the cultural landscape.

The participants will experiment with tactile, urban, and sustainable art forms. The journey culminates in a collaborative art work, symbolizing the fusion of their individual identities into a unified European narrative.

The project has 2 activities: Advance planned visit - Rijeka, Croatia that took place on the dates 29.01.-01.02.2026.

***and on which we did a complete logistics and programme of the project
Youth exchange - Rijeka, Croatia on the dates 01.-08.03.2026.***



ABOUT THE YOUTH EXCHANGE

DATES: 01.- 08.03.2026.

VENUE: RIJEKA, CROATIA

WORKING LANGUAGE: ENGLISH

PARTICIPATING ORGANISATION AND COUNTRIES:

ALFA ALBONA, CROATIA

ASOCIJACIJA TAVOEUROPA, LITHUANIA

CARAVELA - ASOCIACAO PARACIDADANIA EUROPEA, PORTUGAL

ASOCIACION CULTURALMEDITERRANEA, SPAIN

RED BLUE BEETLE NGO, ITALY

**PARTICIPANTS: 5 PERSONS PER ORGANIZATION AGED 18-30 + 1
YOUTH LEADER NO AGE LIMIT**



SCHEDULE

01.03.2026. ARRIVAL DAY - PARTICIPANTS CAN CHECK IN TO THEIR ACCOMMODATION FROM 17:00 O'CLOCK

02.03.2026. WORKING DAY 10:00 -11:30 INTRODUCTION, PROGRAMME , GETTING TO KNOW EACH OTHER / 11:30-11:45 COFFEE BREAK / 11:45-13:00 RULES & EXPECTATIONS / 13:00 - 16:00 LUNCH + FREE TIME / 16:00-17:00 TEAM BUILDING 1 / 17:00-17:15 COFFEE BREAK / 17:15-19:00 TEAM BUILDING 2 / 19:00 DINNER / FREE EVENING

03.03.2026. WORKING DAY 10:00-11:00 ERASMUS +, EURODESK, YOUTHPASS / 11:00-11:15 COFFEE BREAK / 11:15-13:00 ESTON TECO PRESENTATION + ART WORKSHOP / 13:00 - 16:00 LUNCH + FREE TIME / 16:00-17:30 WORKSHOP BY CROATIAN NATIONAL TEAM / 17:30 - 17:45 COFFEE BREAK / 17:45-19:00 WORKSHOP BY LITHUANIAN NATIONAL TEAM / 19:00 DINNER / 20:30 - 22:00 INTERCULTURAL NIGHT

04.03.2026. WORKING DAY 10:00-11:00 ART WORKSHOP / 11:00-11:15 COFFEE BREAK / 11:15-12:00 WORKSHOP BY SPANISH NATIONAL TEAM / 12:00 - 13:00 ART WORKSHOP / 13:00 - 16:00 LUNCH + FREE TIME / 16:00-19:00 ACETATE SHEET WORKSHOP + MUSEUM VISIT / 19:00 DINNER / EVENING TO BE AGREED TOGETHER



SCHEDULE

05.03.2026. WORKING DAY 10:00-13:00 STREET ART MAP PRESENTATION AND VISIT / 13:00 – 16:00 LUNCH + FREE TIME / 16:00-17:00 WORKSHOP BY ITALIAN NATIONAL TEAM / 17:00 – 17:30 COFFEE BREAK / 17:30-18:30 RWORKSHOP BY PORTUGUESE NATIONAL TEAM / 18:30 -19:00 EVALUATION / 19:00 DINNER / EVENING TO BE AGREED TOGETHER

06.03.2026. WORKING DAY 10:00-13:00 MAKING ART PIECE TOGETHER + PLAN TO REALIZE IT IN THE PUBLIC / 13:00 LUNCH + REALIZATION TIME FOR ART PIECE / FREE TIME TO EXPLORE THE TOWN (PARTICIPANTS WILL RECEIVE MONEY FOR THE DINNER TO CHOOSE WHERE THEY WANT TO EAT AND WHERE)

07.03.2026. WORKING DAY 11:00 – 13:00 MUSEUM VISIT / 13:00-14:00 FINAL EVALUATION + YOUTHPASS / 14:00 LUNCH / FREE TIME / 20:00 DINNER IN THE LOCAL RESTAURANT AND FAREWELL PARTY TOGETHER

08.03.2026. DEPARTURE OF THE PARTICIPANTS (CHECK OUT FROM THE ACCOMMODATION TILL 10:00 O'CLOCK)



LOCATION OF THE YE



The location of our YE is Rijeka, Croatia.

Although, Alfa Albona is from the city of Labin, in Istra region of Croatia we decided for this project that the implementation for YE will be in a region next to ours, only 60 km away from our home - in the town of Rijeka. We have choose Rijeka, as it offers various art places, it's lively all year long, provides easy routes and connections to travel.

Rijeka is the third largest city in Croatia after Zagreb and Split in terms of number of population. Rijeka is also the most important Croatian seaport due to its strategic geographical position. Interestingly, Rijeka was selected as European Capital of Culture for 2020 along with Galway in Ireland. Not many people know the fact that Rijeka every year hosts one of the biggest Carnival Festivals, almost as popular as the one in Venice. The first festival was held in 1982 and more and more people attend it each year.

Rijeka has an interesting historical background and lots of other activities which will definitely amaze you.

As Croatia is a part of EU, also our currency is euro.

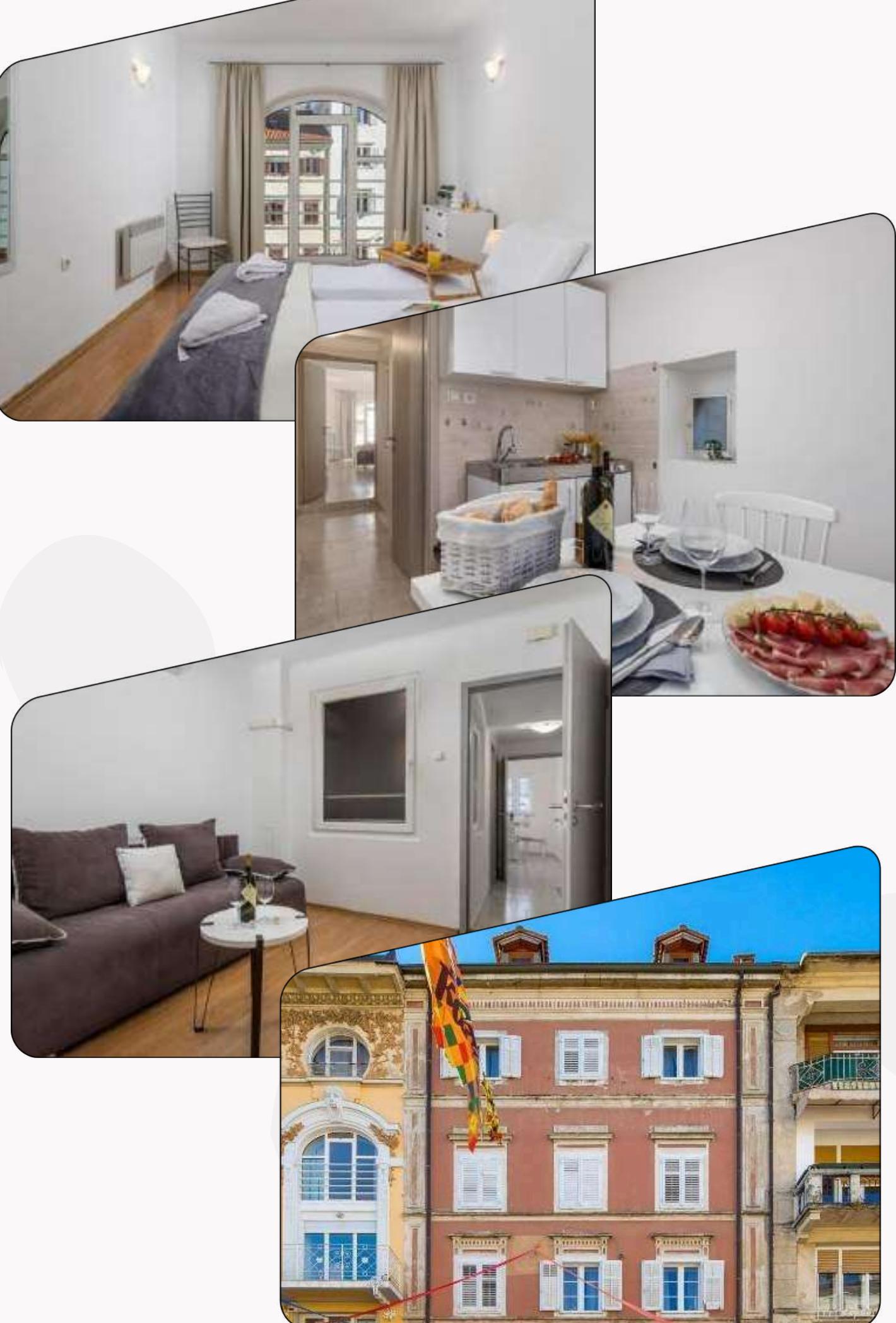
ACCOMODATION

Participants will be placed in a shared flats in the city centre of Rijekathat offer all for comfortable staying. Check in for the flats are on the date 01.03.2026. from 17:00 o'clock, check out on the date 08.03.2026. till 10:00 o'clock.

The info about the flats and participants list by flats will be received before coming to the youth exchange with complete list of participants by flats, address and we will make a mutual whatsapp groups by flats and also a mutual whatsapp group for the project to share all info daily.

Please notice that the flats have the following rules: smoking is not allowed, parties/events are not allowed, guests need be quiet between 10:00 PM and 8:00 AM.

So in case, you want to party please do it outside of the accommodation place, as parties and people gathering in the flats are forbidden and will be reported immediately. We don't want that you or us, have problems with this, so please keep in mind to use the flats for the accommodation only, not for parties.



MORE IMPORTANT INFO

Meals will be served directly to us on the place of the workshops, which will be in the city centre—the location will be known before participants arrival.

General profile of the participants: 5 young people interested in the art age 18-30 from each country included + 1 youth leader per country with no age limit.

Geographical Scope: Residents of participating EU countries that are included as partners in the project: Lithuania, Spain, Portugal, Croatia and Italy.

Motivation: Highly motivated to engage in non-formal learning, curious about different cultures, and open to creative expression.



The participation fee for this project is 25,00 euro per person and can be paid on the first working day of the youth exchange.

TRAVEL REIMBURSEMENT

THE HOSTING ORGANIZATION COVERS TRAVEL COSTS, ACCOMMODATION, FOOD AND PROGRAMME ACTIVITIES.

IMPORTANT:

THE TRAVEL COSTS ARE CALCULATED BY THE ERASMUS + DISTANCE CALCULATOR, PLEASE CHECK YOUR TOWN / PLACE OF THE DEPARTURE AND PUT INSIDE THE PLACE OF ARRIVING RIJEKA, CROATIA AND YOU WILL GET THE NUMBER OF KM IN DISTANCE WHICH MEANS:

IF 100-499 KM OF DISTANCE THEN YOU CAN SPEND UP TO 211,00 EUR

IF 500-1999 KM OF DISTANCE THEN YOU CAN SPEND UP TO 309,00 EUR

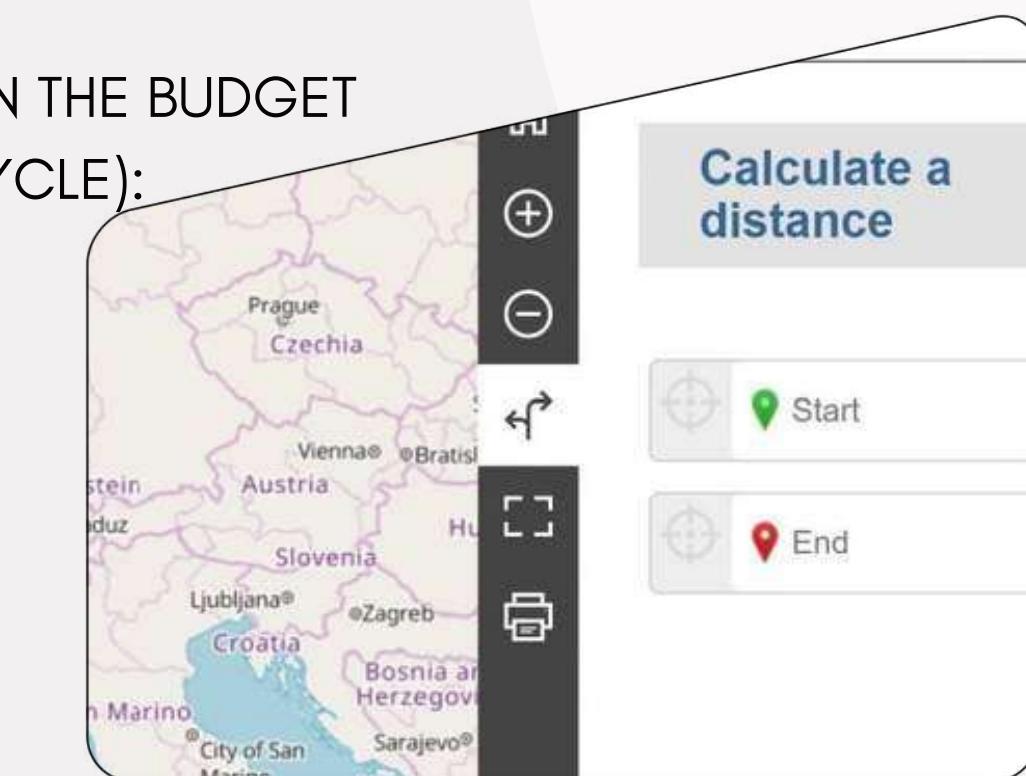
IF 2000-2999 KM OF DISTANCE THEN YOU CAN SPEND UP TO 395,00 EUR.

IN CASE OF USING MORE THAN 50% OF THE TRANSPORT FOR THE RETURN TRAVEL THEN THE BUDGET FOR THE TRAVEL IS DIFFERENT (IT MEANS TRAVELLING BY TRAIN, BUS, CARPOOL, BICYCLE):

IF 100-499 KM OF DISTANCE THEN YOU CAN SPEND UP TO 285,00 EUR

IF 500-1999 KM OF DISTANCE THEN YOU CAN SPEND UP TO 417,00 EUR

IF 2000-2999 KM OF DISTANCE THEN YOU CAN SPEND UP TO 535,00 EUR.



[HTTPS://ERASMUS-PLUS.EC.EUROPA.EU/RESOURCES-AND-TOOLS/DISTANCE-CALCULATOR](https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator)

IMPORTANT TO KNOW

PARTICIPANTS CAN BE REIMBURSED FOR THE TRAVEL BASED ON THE SPENT AMOUNTS AND UP TO THE AMOUNT ACCORDING TO THE ERASMUS+ DISTANCE CALCULATOR AND UPON PROVIDING ALL INVOICES AND TICKETS FOR THEIR TRAVEL.

FOR EXAMPLE, IF A PARTICIPANT SPENDS 201,00 EURO (OUT OF 211,00 EURO WHICH IS THE HIGHEST AMOUNT FOR HIS/HERS/ITS TRAVEL ACCORDING TO THE ERASMUS + DISTANCE CALCULATOR) THE AMOUNT TO BE REIMBURSED IS 201,00 EURO WHICH IS THE ACTUAL SPEND AMOUNT.

PLEASE NOTICE THAT IN ORDER FOR PARTICIPANT TO BE REIMBURSED FOR THE TRAVEL THERE ARE THE FOLLOWING RULES: 1.) PARTICIPANT NEEDS TO ACTIVELY PARTICIPATE IN THE PROGRAMME OF THE APV 2.) EACH PARTICIPANT NEEDS TO SEND TO THE EMAIL OF THE HOSTING ORGANISATION: ALL TRAVEL TICKETS WITH INVOICES (FOR THE PLANE, BUS, TRAIN) INCLUDING THE BOARDING PASSES AFTER RETURNING HOME AND NO LATER THAN A WEEK AFTER THE ACTUAL APV, SO THAT WE CAN PROCESS IMMEDIATELY WITH THE MONEY TRANSFER. THE TRANSFER OF THE MONEY FOR THE TRAVEL WILL BE DONE DIRECTLY FROM THE ACCOUNT OF ALFA ALBONA TO THE PARTICIPANT PERSONAL BANK ACCOUNT, OR IN CASE THAT THE SENDING ORGANISATION BUYS THE PARTICIPANT THE TICKETS FOR THE TRAVEL, THEN ON THE ACCOUNT OF THE SENDING ORGANISATION.

ON THE LAST DAY OF THE APV, THE PARTICIPANTS WILL RECEIVE A DOCUMENT TO FILL OUT WITH TRAVELLING INFO AND PRICES THAT THEY WILL NEED TO SIGN, AND THEN WHEN RETURN HOME SEND ALL TRAVEL TICKETS, INVOICES AND BOARDING PASSES. IN CASE OF GREEN TRAVEL, THERE WILL BE ADDITIONAL DOCUMENT TO SIGN IN WHICH THEY CONFIRM THEY HAVE USED MORE THAN 50% OF TRAVELLING BY TRAIN, BUS, CARPOOL, BICYCLE.

IMPORTANT TO KNOW

MOST OF THE FLYING COMPANIES, SUCH AS RYANAIR NOW HAVE ONLY DIGITAL BOARDING PASSES. THESE DIGITAL BOARDING PASSES OFTEN DISSAPEAR FROM THE APPLICATIONS ON THE MOBILE PHONES, ONCE THEY HAVE BEEN USED, SO IN ORDER TO REACT ON TIME AND HAVE THEM FOR LATER PROOF OF TRAVELLING, PLEASE DOWNLOAD THEM OR MAKE A SCREENSHOT OF THE BOARDING PASSES BEFORE YOU USE THEM.

PLEASE REMEMBER, TO ALSO SEND US A RECEIPT / INVOICE FOR THE PURCHASE OF THE TRAVEL: PLANE, BUS, TRAIN TICKETS. AFTER BUYING THE TICKETS DOWNLOAD THE RECEIPT / INVOICE IN WHICH IS VISIBLE HOW MUCH YOU PAID FOR THE TRAVEL. FOR THIS IS POSSIBLE TO SEND US A PDF FILE OF THE E-MAIL OF THE PURCHASE OR AN ACTUAL RECEIPT / INVOICE WHICH YOU WILL RECEIVE OR ASK THE TRAVEL PROVIDER.

PLEASE NOTICE, THAT TAXI SERVISE CAN'T BE REIMBURSED AS A MEANS OF TRANSPORT FOR YOUR TRAVEL.

IN CASE YOU HAVE MORE QUESTIONS, PLEASE DON'T HESITATE TO ASK IN ORDER TO KNOW EXACTLY ALL THE RULES FOR THE TRAVELLING. WE ARE ON DISPOSAL FOR ANY HELP AND ADVICE.

ONCE AGAIN, AFTER YOU MAKE A PLAN FOR TRAVELLING PLEASE SHARE THIS WITH US, AND AFTER OUR APPROVAL YOU CAN BUY THE TRAVEL TICKETS.

FOR THE PARTICIPATION ON THIS APV, EACH PARTICIPANT WILL RECEIVE A YOUTHPASS CERTIFICATE, A EUROPEAN RECOGNITION TOOL FOR NON-FORMAL AND INFORMAL LEARNING IN YOUTH PROJECTS.

IMPORTANT TO KNOW

THERE ARE SEVERAL PLACES IN WHICH YOU CAN COME CLOSE BY PLANE AND THEN REACH RIJEKA AFTER:

ZAGREB (CROATIA) - FRANJO TĐUMAN AIRPORT

VENICE (ITALY) - MARCO POLO AIRPORT

TRIESTE (ITALY) - FRIULI-VENEZIA GIULIA AIRPORT

SO CHECK OUT LOW COSTS AIRPLANE COMPANIES THAT ARE OPERATING IN MENTIONED CITIES OR CHOOSE GREEN TRAVEL AND TRAVEL BY TRAIN OR BUS DIRECTLY TO RIJEKA.

AFTER REACHING OUT THE CHOOSEN AIRPORT, THE TRAVEL CAN BE CONTINUED BY BUS TO THE TOWN OF RIJEKA. RIJEKA HAS ONLY ONE BUS STATION AND IT'S CALLED ŽABICA RIJEKA - AND IT'S ONLY 5 MINUTES WALKING FROM YOUR PLACE OF THE ACCOMMODATION.

YOU CAN CHECK OUT THE TIMES AND ROUTES FOR THE BUS ON THE FOLLOWING LINK:

[HTTPS://TRAVELING.COM/EN-GB/](https://traveling.com/en-gb/)

IN CASE OF REACHING OUT THE ZAGREB AIRPORT (CROATIA), WHICH IS SITUATED IN VELIKA GORICA (15 KM FROM ZAGREB) THEN YOU WILL NEED TO FIRST TAKE A BUS FROM THE AIRPORT TO THE ZAGREB BUS STATION. IT OPERATES EVERY 30 MINUTES FROM ZAGREB AIRPORT AND GOES DIRECTLY TO THE BUS STATION ZAGREB, AND THE DURATION OF THE TRIP IS AROUND 20-30 MINUTES, DEPENDING ON THE TRAFFIC. THE TICKETS CAN BE BOUGHT DIRECTLY IN THE BUS OR ONLINE. THE BUS IS SITUATED ON THE RIGHT SIDE OF THE EXIT FROM THE AIRPORT AND THE NAME OF THE BUS IS PLESO - ZRAČNA LUKA ZAGREB.

IN CASE OF BUYING ONLINE TICKETS AND NOT DIRECTLY INSIDE OF THE BUS THEN YOU CAN DO SO ON THE FOLLOWING LINK:
[HTTPS://PLESOPRIJEVOZ.HR/](https://PLESOPRIJEVOZ.HR/)

THERE IS ALSO AN OPTION TO GO DIRECTLY FROM ZAGREB AIRPORT - FRANJO TUĐMAN TO RIJEKA, BUT THIS LINE OPERATES DAILY ONLY WIH 1 DEPARTURE, WHICH IS AT 15:30. SO IN CASE YOU CAN'T REACH THIS LINE, THEN YOU WILL NEED TO FIRST TAKE THE BUS FROM ZAGREB AIRPORT TO ZAGREB BUS STATION, AND THEN CONTINUE THE TRAVEL BY BUS TO RIJEKA.

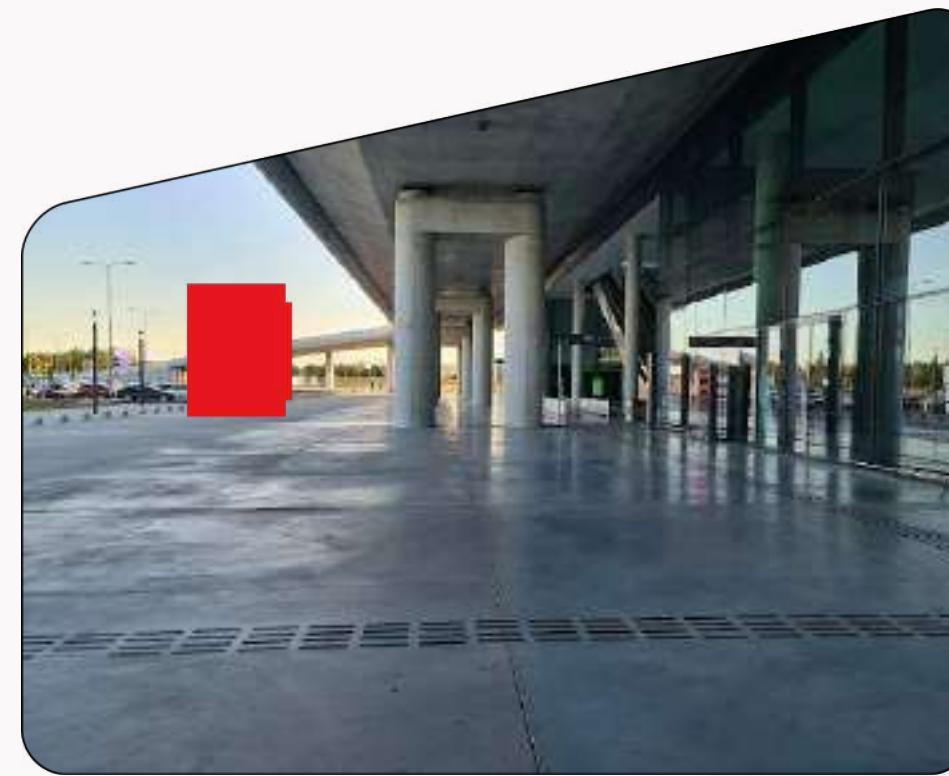
FROM ZAGREB TO RIJEKA BY BUS YOU CAN BUY TICKETS, AS EXPLAINED BEFORE ON:

[HTTPS://TRAVELING.COM/EN-GB/](https://TRAVELING.COM/EN-GB/)

USUALLY IT TAKES AROUND 2,5 HOURS AS THE DISTANCE FROM ZAGREB TO RIJEKA IS AROUND 160 KM.



ZAGREB AIRPORT - FRANJO TUĐMAN

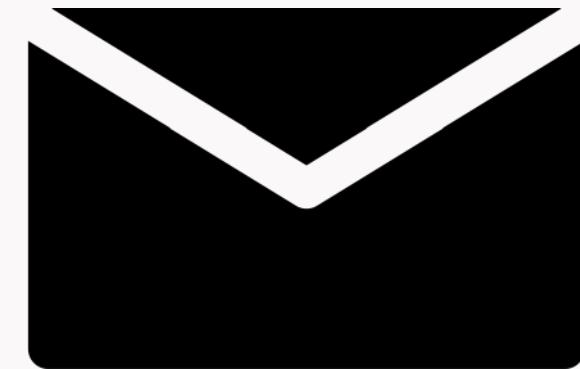


ZAGREB AIRPORT - PLACE TO FIND A BUS
TRANSPORT TO RIJEKA OR TO ZAGREB
BUS STATION (ON THE RIGHT SIDE OF THE EXIT
FROM THE AIRPORT)



ZAGREB BUS STATION - PLACE TO
FIND A BUS TRANSPORT TO RIJEKA

CONTACT



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Join now with Tavo Europa!

Explorer Pass 2026. You are welcome to join our new educational programme for 2026! Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all youth exchanges, study visits, events in Lithuania and abroad until the end of the year! This membership fee helps to support us and assures more resources on looking for exclusive opportunities for members.

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send most suitable and motivated participants to all of our projects.

For more projects:

Explore the world and learn together with the help of Tavo Europa.

Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993> 



LOOKING FORWARD TO HOST YOU IN RIJEKA! SEE YOU SOON.