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INFOPACK

BRIDGES FOR (EX)CHANGE

TRAINING COURSE

1 FEBRUARY - 8 FEBRUARY

HOLLÓKŐ



ABOUT THE PROJECT

Bridges for (ex)CHANGE is an international training course designed for youth workers and young people who want to plan and carry out high-quality Erasmus+ youth exchanges involving groups.

The course helps participants understand what “quality” means in the context of youth exchanges and offers the opportunity to begin developing real project ideas with potential partners. Its aim is to prepare teams to confidently apply for their next Erasmus+ project together.





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WANT TO BECOME A PARTNER?



We especially welcome organisations working with minors. Our aim is to support their active involvement.

Please note: This training is only open to teams consisting of youth leaders and one or more young people from the same organisation. Individual applications are not accepted.

Priority is given to organisations accredited in the field of Erasmus+ Youth, so we can deliver the youth exchanges planned together during this event. We appreciate it if you can offer an event to be hosted by your organisation in your country.

WHO CAN PARTICIPATE?

Applications **must be submitted as a team** representing one youth organisation, using a single application form for each member of the team.

We accept application with

- 1 youth leader+1 young person
- 1 youth leader+2 young persons
- 2 youth leader+2 young persons
- 2 youth leader+3 young persons

We cannot accept individual applications. Please apply only if you have strong support by a local organisation working at an international level as well.

Both youth leaders and young people must be able to communicate in English (with peer support if needed)

The youth leader (18+):

Responsible for under age participants
Works directly with young people and is committed to supporting a future exchange

One youth leader is required; a second may join

The young persons (15-18 years old):

Interested in planning and organising a future youth exchange

Teams may include 1 or more young participants

Underage participants need written consent from a guardian



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THE AGENDA



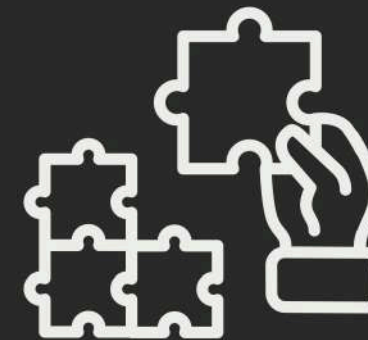
DAY 1

GETTING TO KNOW



DAY 2

LEARNING



DAY 3

TOOLS & METHODS



DAY 4

FACILITATING



DAY 5

CREATING



DAY 6

EVALUATION & CLOSING

THE VENUE: HOLLÓKŐ



Real and honest, so authentic!

Maybe this is how we could best characterize this village with a population of merely 380 people, which is unique in Hungary in belonging to the world heritage. Hollókő is 70 km away from Budapest, in a hilly forest area.

Creative Space Training Center

Creative Space is a social enterprise and a community accommodation. An inspiring environment for activities which create values of youth and training courses. A Youth Centre in Hollókő which is suitable with all its capacity for a group with various learning needs. You will be accommodated in shared rooms with private facilities. There is a huge meeting room, some cozy areas, a dining area and a huge garden for our use.

FINANCES



PROGRAMME

Accommodation, food and program costs are fully covered by the organisers.

DOCUMENTS

Please keep all your original tickets and boarding passes for administration and reimbursement.

REIMBURSEMENT

We plan to reimburse your travel costs after the TC by bank transfer after we received all the needed documents from you within 60 business days.

Reimbursement is subject of completing the online evaluation form sent to you right after the training event.





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TRAVEL

Travel costs are determined by standards set strictly by Erasmus+ Programme based on the distance between your hometown and Hollókő.

Travel Distance	Non-Green Travel	Green Travel
10 - 99 km	28 EUR	56 EUR
100 - 499 km	211 EUR	285 EUR
500 - 1999 km	309 EUR	417 EUR
2000 - 2999 km	395 EUR	535 EUR
3000 - 3999 km	580 EUR	785 EUR

Distance is calculated one direction, based on this calculation page provided by the Erasmus+ Programme.

Arrival: before 16:00 on 1st February 2026

Departure: flights after 12:00 on the 8th February 2026

Arrival and departure shall be made to/from Budapest Airport/Train/Bus Station. Local transport will be organised by us between Budapest and Hollókő.

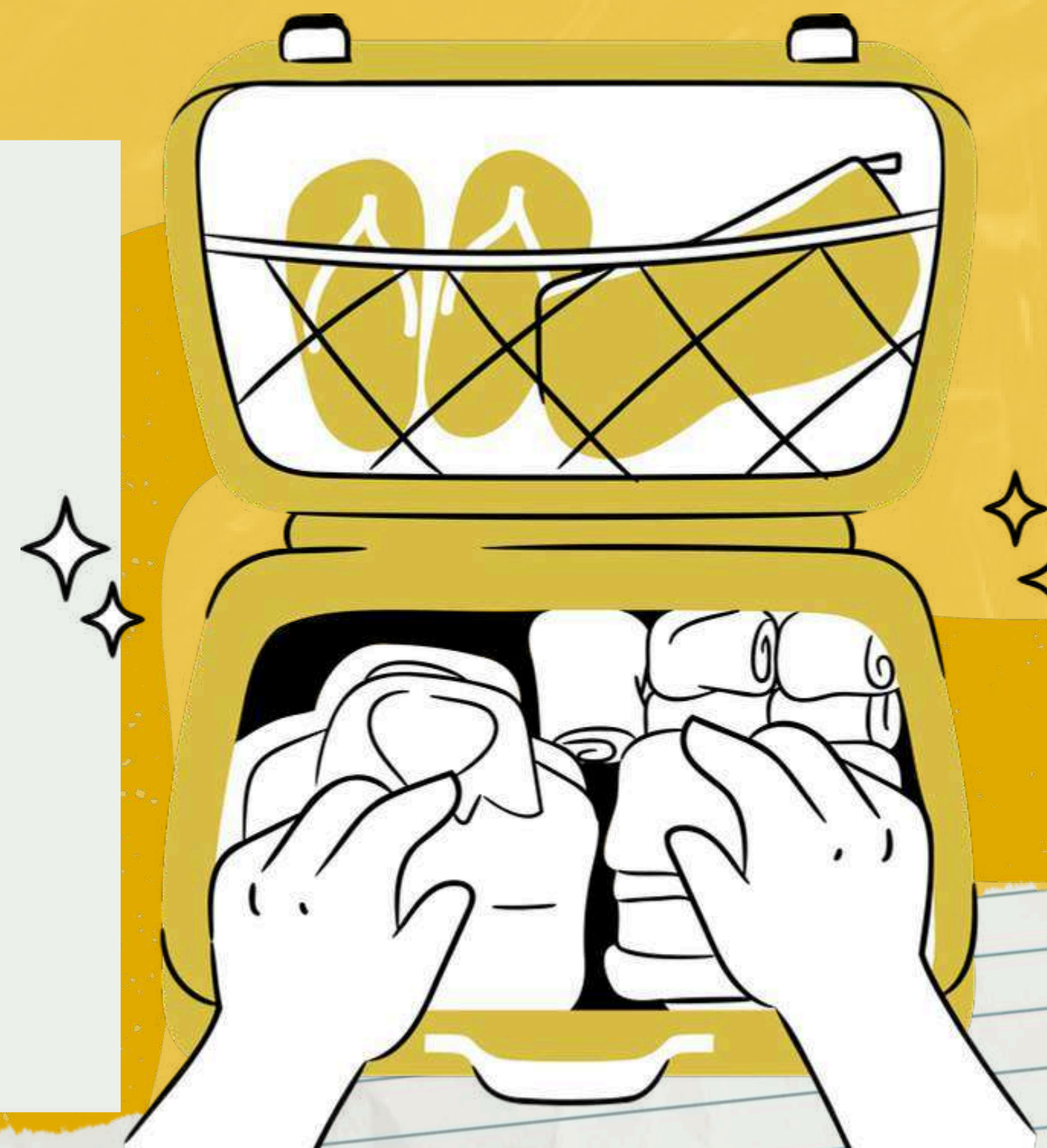
You are invited to stay up to 2 days extra before or after the training in Hungary on your own expenses. Minors can only stay together with the youth leaders, not individually.





WHAT TO BRING?

- Adequate clothing for indoor and outdoor activities
- Warm clothing - outdoor temperature is about 0-10°C
- **MUST HAVE:** Indoor footwear (indoor shoes, slippers, warm socks)
- Documents for reimbursement: tickets, invoices, boarding passes
- National food and/or drinks to share during the intercultural events
- Bottle and/or cup for water and beverages
- Personal hygiene products (shampoo, cream etc..)
- Personal Medication (if its needed)
- Insurance, EU Insurance card
- Towels - for shower



CONTACT US



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PROJECT COORDINATOR IN LITHUANIA

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JOIN NOW WITH TAVO EUROPA!

Educator Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members! Please do not pay any fee until you receive a confirmation letter to join the programme.

If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects:

Explore the world and learn together with the help of Tavo Europa.

Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>



SEE YOU SOON!



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