



SOCIAL MOBILITY THROUGH INCLUSIVE LEARNING AND ENGAGEMENT

2025-1-TR01-KA151-YOU-000304471

INFO PACK



3-12 FEBRUARY 2026, BURSA / TÜRKİYE



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PROJECT DETAILS

Our project aims to create an inclusive social space where young people can gain shared experiences through sports, cultural, and artistic activities, and to support their active participation in social life. Throughout the project, participants will actively take part in sports activities while also having the opportunity to co-create, share, and interact through cultural and artistic practices.



This process aims to strengthen social bonds among participants, enhance solidarity, and foster an inclusive environment based on shared experiences. The project aims to raise basic awareness about climate change and disasters, to draw attention to the fact that support mechanisms for persons with disabilities do not always function in an equal and accessible manner during disaster processes, and to carry out advocacy activities in this field.



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ACTIVITIES

- **Inclusive Activities and Thematic Sessions**

Throughout the project, participants will take part in interactive sessions focusing on inclusion, culture, sports, arts, and disaster awareness. These activities will be implemented using experiential learning methods that encourage participants to share their views and actively engage in the process.

- **Inclusive Sports and Physical Activities**

Within the scope of the project, the unifying and inclusive role of sports will be addressed. Activities will focus on accessibility in sports environments and approaches that enable everyone to participate together. Through practical sports activities, participants will directly experience inclusive sports practices. In this context, sports activities open to participants with different needs will be carried out.

- **Culture, Arts, and Creative Expression Activities**

.During the project, creative activities based on culture and the arts will be included. Through workshops, participants will share their thoughts on inclusion, social equality, and environmental topics through art, drama, and creative expression methods. These activities will support co-creation and cultural diversity.

- **Climate Justice, Disaster Awareness, and Advocacy Workshops**

Under this component, workshops will address the impacts of climate change and disasters on social life. Participants will reflect together on the importance of inclusive approaches and discuss basic advocacy pathways to raise awareness and share their experiences at the local level.

- **Experience-Based Learning Activities**

Through experience-based activities, participants will have the opportunity to observe and reflect on physical and social arrangements encountered in daily life from different perspectives. These activities will contribute to developing a shared understanding of how inclusive practices can be strengthened.



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PARTICIPANT PROFILE AND STATISTICS

The project will involve a total of 30 participants (24 participants and 6 group leaders) from Lithuania, Albania, Azerbaijan, Tunisia, Czech Republic, and Türkiye.

- **Composition:** Each country will contribute 4 participants (including 2 with disabilities) and 1 group leader (Total of 5 people per country).
- **Gender Balance:** A strict gender balance must be ensured; each national team shall consist of 2 females and 2 males.
- **Age Limit:** Participants must be between 22 - 30 years old. Group Leaders: There is no age limit for group leaders.
- **Disability Profiles:** Participants with disabilities should be selected from individuals with orthopedic disabilities, mild visual or hearing impairments, or chronic conditions (such as heart disease, hypertension, diabetes, or cancer). If there are participants who require assistance with self-care, one accompanying person per country may be accepted within the scope of the project, subject to approval from the coordinating organization. During the project, the coordinating organization will provide a limited number of assistants, who may support participants with needs other than self-care. This is a co-living project, and it is primarily expected that non-disabled participants support and accompany participants with disabilities throughout the activities. Partner organizations may select participants from their own institutions or from other relevant organizations in their region, taking the participants' qualifications and suitability into account. An official disability document (such as a disability ID card, medical board report, or doctor's report) must be submitted together with the application form.
- **Selection:** Partner organizations may select participants from their own institutions or other organizations within their region. A disability certificate (such as a disability ID card, medical board report, or doctor's report) must be submitted with the application form.

The participating countries and distribution are as follows:

- **TÜRKİYE:** 4 Participants (including 2 with disabilities) + 1 Group Leader
- **LITHUANIA:** 4 Participants (including 2 with disabilities) + 1 Group Leader
- **ALBANIA:** 4 Participants (including 2 with disabilities) + 1 Group Leader
- **AZERBAIJAN:** 4 Participants (including 2 with disabilities) + 1 Group Leader
- **TUNISIA:** 4 Participants (including 2 with disabilities) + 1 Group Leader
- **CZECH REPUBLIC:** 4 Participants (including 2 with disabilities) + 1 Group Leader

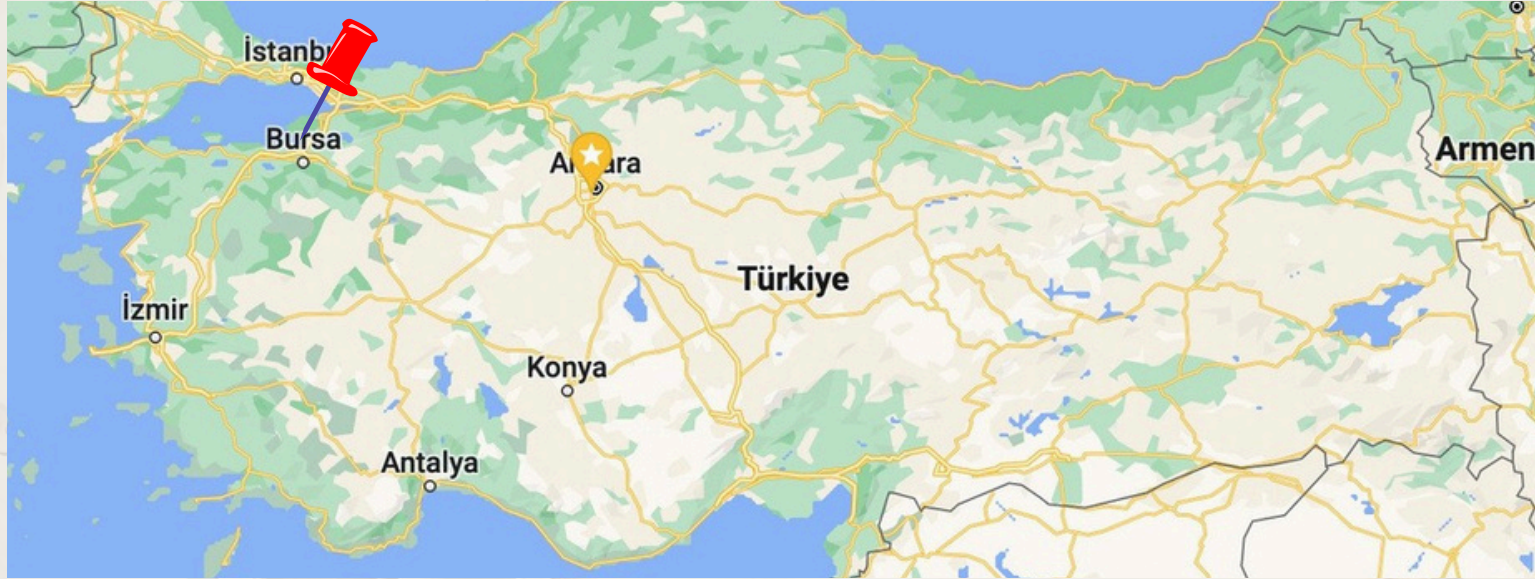


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PROJECT SITE AND LODGING

Project Location: Bursa, Türkiye



BURSA AND HOTEL LOCATION



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Hotel Location:

N&D&DHOTEL

<https://maps.app.goo.gl/7nQDDPxGphnQBwos8>



Room Arrangements:

- **Capacity:** Participants will be accommodated in rooms with two or three beds.
- **Assignment:** Room assignments will be organized strictly considering gender balance to ensure everyone's comfort and privacy.
- **Accessibility:** The facility includes accessible rooms specifically designed for participants with disabilities.



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PRACTICAL SETUP

Transportation from the airport and bus terminal to Project City: Transportation from the airport to the accommodation will be organized by the hosting organization. Shuttle services will be arranged from Sabiha Gökçen Airport to the project city. Two separate shuttle transfers are planned, departing from Sabiha Gökçen Airport at 12:00 and 18:00. Participants are required to purchase their flight tickets according to these transfer times. Participants who arrive at other airports or cities may travel to Sabiha Gökçen Airport using available shuttle or transfer services and then benefit from the organized project shuttle. If participants choose an alternative way to reach the accommodation, they may use Google Maps based on the location shared in the infopack.



Meals: The coordinator organization will take care of meals and coffee breaks throughout the program. If you have any special dietary needs or food intolerances, make sure to detail them in the application form for consideration. For particularly sensitive situations, please reach out to the coordinator directly.



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PRACTICAL SETUP

Health Insurance: It's important for participants to have health insurance during the activity program dates. The responsibility for obtaining health insurance falls on the participants and partner organizations, and the project won't cover any related costs. Make sure you have health insurance to handle any potential issues.



Visa: Participants are responsible for their own visa expenses. If you need a visa to enter Turkey, you can apply for one online through the e-visa application or pay for it at the airport upon arrival. Just a heads up, though—participants holding European passports don't need a visa for stays of up to 90 days in Turkey. For disabled participants who incur visa-related expenses, we can cover visa costs up to 100 EUR per participant. **Link for Turkey E visa:** <https://www.evisa.gov.tr/en/>



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REFUND GUIDELINES & PROCEDURE

There's no fee to participate. Under the Erasmus+ Programme, travel costs will be reimbursed within the limits and conditions specified in the grant agreement, while meals and accommodation will be organized by the coordinating organization. On the second day of the programme, participants are required to submit the original copies of all travel tickets purchased during their journey to the organization. After returning to their home countries, participants will receive their payments within one month, provided that they have fulfilled all obligations stated in the participant agreement. If any expenses were made in a currency other than Euro, the reimbursement will be calculated according to the InfoEuro exchange rate applicable to the month in which the project mobility started. You may review the relevant link for further details:

https://commission.europa.eu/funding-tenders/procedures-guidelines-tenders/information-contractors-and-beneficiaries/exchange-rate-infoeuro_en

Travel expenses will be reimbursed according to the guidelines set by the European Commission (see the updated table below). Based on the new list of participating countries, the reimbursement amounts are as follows:

- **TÜRKİYE: 0 EUR**
- **LITHUANIA: 309 EUR**
- **ALBANIA: 309 EUR**
- **AZERBAIJAN: 309 EUR**
- **TUNISIA: 309 EUR**
- **CZECH REPUBLIC: 309 EUR**



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REFUND GUIDELINES & PROCEDURE



According to programme rules, all participants must purchase economy class tickets. If travel expenses exceed the legal limits, reimbursement will only cover the maximum amount allocated for each country. Any costs beyond these limits will be the participant's responsibility. Travel costs may be covered for up to 2 days before the start of the activity or 2 days after its end. Accommodation costs outside the official project dates must be covered by the participants themselves, while accommodation during the official project dates will be financed by the project.

Participants must not purchase any tickets or make reservations without first obtaining approval from the host organization. All original tickets, boarding passes, receipts, and invoices must be kept and submitted to the host organization before any reimbursement can be processed. Participants should choose direct flights whenever possible. Connecting flights may be purchased according to Erasmus+ rules, but the need for the connection should be clearly explained when requesting approval.



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WHAT YOU SHOULD BRING

- **Laptops:** Each national team must bring at least one laptop for group work sessions.
- **Cultural Night:** Don't forget to bring traditional food, drinks, and costumes from your country. Be ready to perform your traditional dances!
- **Promotional Materials:** Please bring posters, brochures, or small cultural items in English to represent your organization and country.
- **Presentations:** Prepare a brief video or PowerPoint presentation about your organization and country.
- **Personal Items & Hygiene:** Although we are staying in a hotel, it is recommended to bring your own towel, slippers, toothbrush, toothpaste, shampoo, and soap. Don't forget your personal medications.
- **February Weather:** February in Bursa can be cold and rainy. Please check the weather forecast before coming, and also pack warm, comfortable clothes and waterproof shoes suitable for city tours.
- **Music & Socializing:** If you play a musical instrument, please bring it along for our social evenings at the hotel.
- **Vibe:** Most importantly, bring your ENERGY and MOTIVATION with you!

SEE YOU
Soon!



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CONTACT US



Julija Staniulyte
Project Coordinator in Lithuania

Email to: julija@tavo-europa.eu

JOIN NOW WITH TAVO EUROPA!

Explorer Pass 2026 You are welcome to join our new educational programme for 2026! Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all youth exchanges, study visits, events in Lithuania and abroad until the end of the year! This membership fee helps to support us and assures more resources on looking for exclusive opportunities for members.

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send most suitable and motivated participants to all of our projects.

For more projects:

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Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>

