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Understanding Advocacy as a Vehicle for Youth Democratic

Participation

TRAINING COURSE
BRUSSELS | MARCH 16 - 20, 2026

Introduction

* This training focuses on the empowerment and upskilling of youth workers. It aims to:

- Facilitate meaningful connections and collaboration among youth workers through two in-person capacity-building trainings in Brussels.
- Empower youth workers to advocate for inclusive and sustainable growth and to actively contribute to shaping policies that respond to young people's needs.

* This training also prepares youth workers for the next phase of the project, where disadvantaged young people and youth workers will work together in Brussels.

About the Training

- * This is a 4-day in-person training in Brussels focused on advocacy as a tool for youth democratic participation.
The training equips youth workers with essential **advocacy skills** and **knowledge** to foster **democratic participation** among young people.

- * Through this approach, youth workers **will strengthen and expand their knowledge, skills, and attitudes related to youth advocacy, participation, and empowerment**.
This will enable them to effectively **support disadvantaged young people** during the Brussels trainings, within their local communities, and beyond the project activities.



Objectives and Learning outcomes

- ＊ Strengthen youth workers' knowledge and skills in youth advocacy and democratic participation.
- ＊ Support youth workers in promoting inclusive and sustainable growth.
- ＊ Equip youth workers to actively contribute to shaping policies that respond to young people's needs.
- ＊ Enable youth workers to better support disadvantaged young people in participation and empowerment processes.

Participants

Each partner organisation will involve:

- 2 youth workers from their own organisation
- 2 youth workers from other youth organisations within their region

In total: 40 youth workers will take part in the training.

Training Outcome



Following the training, a public advocacy toolkit will be produced, including strategies and practical tools for the democratic activation of young people, with a strong focus on disadvantaged youth.

Accommodation

- * During the training, participants will stay at [La Troupe Hostel](#)
- * The hostel offers a comfortable and social environment for participants.
- * Accommodation will be in shared rooms divided by the same gender
- * Room capacity: 4–6 people per room





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Contact Us

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