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Understanding Advocacy as a Vehicle for Youth Democratic Participation

TRAINING COURSE
BRUSSELS | MARCH 16 - 20, 2026

Introduction



This training focuses on the empowerment and upskilling of youth workers. It aims to:

- Facilitate meaningful connections and collaboration among youth workers through two in-person capacity-building trainings in Brussels.
- Empower youth workers to advocate for inclusive and sustainable growth and to actively contribute to shaping policies that respond to young people's needs.



This training also prepares youth workers for the next phase of the project, where disadvantaged young people and youth workers will work together in Brussels.

About the Training

- * This is a 4-day in-person training in Brussels focused on advocacy as a tool for youth democratic participation.
The training equips youth workers with essential **advocacy skills** and **knowledge** to foster **democratic participation** among young people.
- * Through this approach, youth workers **will strengthen and expand their knowledge, skills, and attitudes related to youth advocacy, participation, and empowerment.**
This will enable them to effectively **support disadvantaged young people** during the Brussels trainings, within their local communities, and beyond the project activities.



Objectives and Learning outcomes

- ✱ Strengthen youth workers' knowledge and skills in youth advocacy and democratic participation.
- ✱ Support youth workers in promoting inclusive and sustainable growth.
- ✱ Equip youth workers to actively contribute to shaping policies that respond to young people's needs.
- ✱ Enable youth workers to better support disadvantaged young people in participation and empowerment processes.

Participants

Each partner organisation will involve:

- 2 youth workers from their own organisation
- 2 youth workers from other youth organisations within their region

In total: 40 youth workers will take part in the training.

Training Outcome



Following the training, a public advocacy toolkit will be produced, including strategies and practical tools for the democratic activation of young people, with a strong focus on disadvantaged youth.

Accommodation

- * During the training, participants will stay at **La Troupe Hostel**
- * The hostel offers a comfortable and social environment for participants.
- * Accommodation will be in shared rooms divided by the same gender
- * Room capacity: 4–6 people per room





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Contact Us

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