



# DIGITAL YOUTH WORK METHODS 2.0.

CRASH COURSE FOR YOUTH WORKERS

9 MARCH-16 MARCH  
LIEPĀJA, LATVIA



# OVERVIEW

## GOAL

Goal of this training course is to prepare specialists as digital youth workers and be ready to work with newest technologies, digital youth work trends and young people with digital addictions

## OBJECTIVES

- To give practical digital youth work methods
- To give a chance to try out the latest digital technologies like Virtual reality, 360 cameras, AI etc.
- To introduce youth workers in to e-sports, healthy gaming and how young people can improve themselves with the help of computer games
- To prepare specialists to maintain a healthy digital balance while implementing digital youth work with young people.

## DETAILS

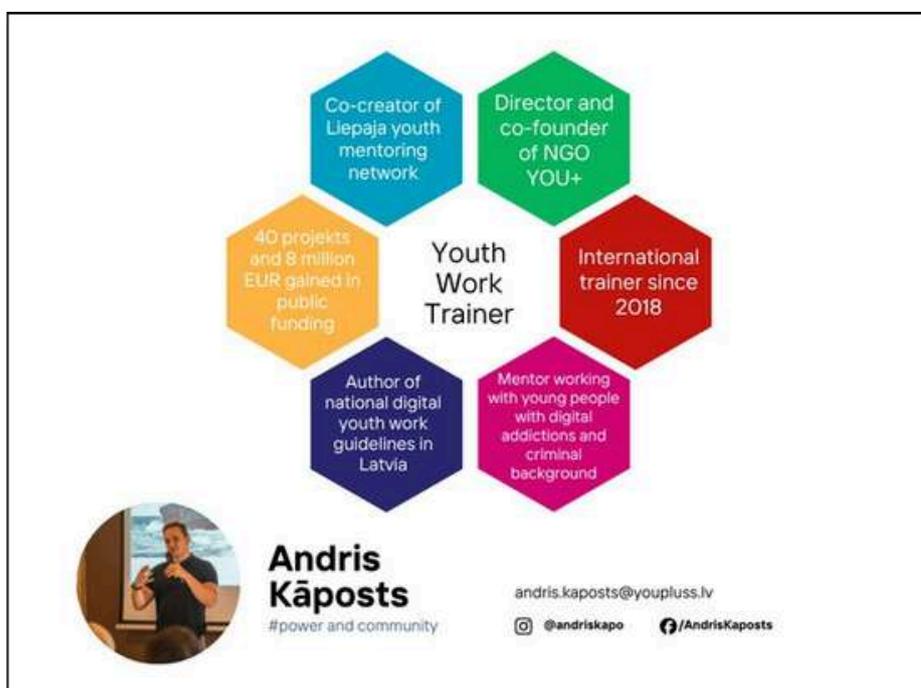
Training course  
Main Quest Liepaja E-sportscenter  
09.03.2026.- 16.03.2026.

25 participants from Latvia,  
Lithuania, Poland and Georgia and  
Bulgaria

# TRAINERS

YOU<sup>+</sup>

Here you can see profiles of trainers that will be working with you during the training course.



Co-creator of Liepāja youth mentoring network

Director and co-founder of NGO YOU+

40 projects and 8 million EUR gained in public funding

Youth Work Trainer

International trainer since 2018

Author of national digital youth work guidelines in Latvia

Mentor working with young people with digital addictions and criminal background



**Andris Kāposts**

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#power and community

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Mechatronics engineer with over 8 years of experience

Virtual Reality educational trainer

Children's STEM summer camp organizer

Digital Youth Work Trainer

Founder of two entertainment venues in Liepāja

Interest in strategy-based video games

Physics teacher at two secondary schools



**Helvijs Vičivskis**

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#power and community

@helvijsv /Helvijs Vičivskis

# ARRIVAL

Since climate change is playing even bigger role in our lives, together with European Commission we invite you to avoid travelling on plane and use travelling options that leave smaller carbon footprint.

## OPTION 1

### Riga international bus/train station

Here you can find various international bus routes arriving to Riga international bus station  
<https://www.autoosta.lv/?lang=en>

From there you can take a bus or train to Liepaja station where you will be picked up.

<https://www.1188.lv/satiksmes/starppilsetu-autobusi/rigas-sao/liepajas-ao/105317/105293>

<https://www.1188.lv/en/transport/trains/riga-pasazieru/liepaja/100001/100056>

## OPTION 2

### Palanga bus station

Here you can find various international bus routes arriving to Palanga bus station

<https://autobusubilietai.lt/en>

From there you can be picked up.

## OPTION 3

### Personal car

If you are coming in group with other participants, you can use personal car and your gas expenses will be reimbursed. If you are choosing this option, please let us know first, so we can arrange the hotel parking

# ACCOMODATION

YOU<sup>+</sup>

Līva Hotel is a centrally located hotel in Liepāja. We will be staying in double rooms and having all meals at the hotel restaurant. The hotel is a 15-minute walk from the working venue, Main Quest Liepāja.



# WORKING VENUE

YOU<sup>+</sup>



**Main Quest Liepāja is our newly created e-sports center, based on the Norwegian esports center methodology. The building also houses a Fab Lab digital co-creation space equipped with 3D printers, a CNC cutter, laser cutters, and other technical production equipment.**

# FREE TIME

YOU<sup>+</sup>

During the training course we will visit city of Liepāja, historical military city Karosta and have activities at the beach.



Liepaja city



# Contact Us!

## Project Coordinator in Lithuania



Laura Vanagaitė

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# Join with Tavo Europa

Educator Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

## **For more projects:**

Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities:

**<https://www.facebook.com/groups/186132221744993>**



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