

# stories and litera- cies

Erasmus+

Training for  
Youth workers

9 - 15 MARCH 2026

Trnava, Slovakia

INFOPACK



Co-funded by  
the European Union



# WELCOME TO SLOVAKIA

and our Erasmus+ training course

## STORIES and LITERACIES



Dear participant! It is wonderful to have you join us for these 5 exciting training days! This non-formal education training course for youth workers is organised and hosted by the European Dialogue (Slovak NGO). It is supported by the Erasmus+ programme through the Slovak National Agency - NIVAM.

The local partners are:

- Poland (Forum of Young Diplomats)
- Czech Republic (Faketicky)
- Latvia (Inspiria Biedrība)
- Norway (Norient)
- Bulgaria (CEGE)
- Lithuania (TAVO Europe)

We hope you are looking forward to participating in this activity as much as we are.

Yours,

Monika Honaramiz, Ali Honaramiz, Martin Maška,  
Denisa Karabová, et al.

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Please read through it carefully.

# SUMMARY AND OBJECTIVES

This Erasmus+ KA1 training course is a 7-day international learning experience for youth workers, trainers, and educators working in non-formal education who want to strengthen young people's critical engagement with stories, media, and information shaping their everyday realities. The project focuses on the interconnection between storytelling, critical thinking, and media literacy, exploring how narratives influence perception, identity, political orientation, values, and life choices. The training responds to the growing complexity of today's information environment, where stories often shape beliefs more powerfully than facts alone.

Through experiential workshops, debates, storytelling exercises, reflective practices, and a study visits, participants explore how information is created, framed, and spread within contemporary media ecosystems. The programme addresses core concepts of critical thinking, common cognitive biases, argumentation basics, and the persuasive power of storytelling, while also examining ethical responsibilities in narrative creation. Special attention is given to understanding manipulation, misinformation, and emotional framing, as well as to the role of algorithms, virality, and attention economy in shaping public discourse.

By the end of the training, participants strengthen their capacity to critically analyse media content and narratives, recognise bias and manipulation, and facilitate reflective learning processes with young people. The project equips youth workers with practical tools and methods for using storytelling responsibly and inclusively in youth work practice, supporting democratic participation, informed decision-making, and civic engagement. Ultimately, the training empowers participants to help young people become more critical, reflective, and responsible media users in an increasingly narrative-driven world.



## Training objectives:

- Strengthen youth workers' understanding of how storytelling, media narratives, and information ecosystems shape perceptions, beliefs, and everyday decision-making.
- Develop participants' critical thinking skills, with a focus on recognising cognitive biases, manipulation, and misleading narratives in media and public discourse.
- Provide practical tools and non-formal education methodologies for media literacy, argumentation, debate, and ethical storytelling in youth work contexts.
- Explore the relationship between facts, emotions, and narratives, and how stories can both empower and manipulate individuals and communities.
- Strengthen European cooperation among youth workers committed to fostering critical reflection, responsible communication, and democratic engagement among young people.



## Learning outcomes:

By the end of the training, participants will be able to:

- Recognise and critically analyse dominant narratives, media framing, and storytelling techniques influencing young people's perceptions and opinions.
- Identify common cognitive biases and thinking traps and address them in themselves and in non-formal learning settings with young people.
- Explain how media content is created, distributed, and amplified, including the role of algorithms, virality, and the attention economy.
- Facilitate workshops, discussions, debates, and storytelling activities that strengthen critical thinking and media literacy among young people.
- Use storytelling responsibly and ethically in youth work practice to support reflection, inclusion, and active civic participation.

# What to expect?



Collaborations



Presentations



Learning activities



Workshops



Recognition



Friendships

...and much more!

# LOGISTICS

Our training will take place in **Suchá nad Parnou**, next to Trnava not far from the capital city of Bratislava. You are expected to arrive on:

the 9th of March before 19:00 and  
leave on the 15th of March 2026 after breakfast

We very much encourage you to choose a **green way of transport** - either train or bus. The easiest and most economical way to reach Trnava by plane is to fly to **Bratislava** (which is a small airport and it can be hard to find the flights there). Other very convenient option is to fly to **Vienna** (Austria), then take a bus from the airport to Bratislava (approx. 1 hour) and then bus or train to Trnava (approx. 30 minutes).

The limit for travel costs is the following:

	Normal travel (other than green)	
Slovakia	211* EUR	285* EUR
Poland	211 EUR	285 EUR
Bulgaria	309 EUR	417 EUR
Latvia	309 EUR	417 EUR
Norway	395 EUR	535 EUR
Czech R.	211 EUR	285 EUR
Lithuania	309 EUR	417 EUR

\*For participants from  
Slovakia: if the distance is  
more than 99 km

Green  
travel

Once you are selected and confirmed by the partner organisation, please check the most suitable travel tickets for you and consult it either with the sending organisation or directly with us. We can also talk about travel itineraries individually, and we can help you to find suitable bus/train itineraries for travel from Bratislava/Vienna to Suchá nad Parnou and back. **If you have confirmed the flight tickets by a representative of the European Dialogue, you can proceed with tickets booking.** Right after the training, you will be reimbursed directly on your bank account after providing all the original travel documents to organisers. The procedure of the reimbursement process will be explained to you during the first day of training.

## HOW TO GET FROM BRATISLAVA AIRPORT TO TRNAVA



**DIRECT BUS:** Outside the Bratislava airport (in front of arrivals) you will find a bus stop. Several times a day there are buses going to Trnava. You can check it here:

<https://cp.hnonline.sk/en/vlakbusmhd/spojenie/>

You have to search as follows: **from:** Bratislava, letisko **to:** Trnava

### **PUBLIC BUS -> TRAIN:**

If there is no bus going to Trnava, you have to take the public transport number **61** which last stop is *Bratislava main train station (Bratislava, Hlavná stanica)*. Don't forget to buy the ticket in the machine outside and then to validate it in the machine inside the bus. Buy the 60 min ticket (the bus ride takes 24 minutes). In some of the busses you can also just tap you credit card, but that way we can not reimburse it.

### **BRATISLAVA MAIN TRAIN STATION ->**

**TRNAVA:** There are always trains going to Trnava from the Bratislava's Main Train station. Some of them are named Os, and they make stops in regional villages. Try to catch the fast train with its code starting with R, REX, Ex, or Os.

You can book your tickets in advance here:

<https://www.zssk.sk/en/>, but it is not necessary. You can buy it before your train departs, online it's cheaper than to buy physical ticket. Your ticket is valid for 24 hours from the moment of purchase until validated.



[Bratislava  
Main Train  
Station  
on GMaps](#)

# HOW TO GET FROM VIENNA AIRPORT TO TRNAVA



**TRAIN:** There is a train station at the airport, so you can reach Bratislava by train: from the *Flughafen Wien* trains go to the main *Wien Hauptbahnhof*, then you take another train to Bratislava, and another train to Trnava (see above). Check your way here: <https://www.zssk.sk/en/>

**BUS:** We usually use buses though (it is cheaper and easier) - there are several bus companies that go to the *Bratislava bus station Mlynské Nivy* or to the *Bratislava's Main Train Station*. You just have to get out of the airport arrival building and you will see the bus platforms on your right (see the map below). Buses go to Bratislava almost every 30 min. You can check it out on the websites and book the ticket in advance. Since you cannot know whether your flight is delayed or no, we would recommend you to buy the ticket online right before landing. Be careful, as buses get fully booked often. Here are some bus companies:

[StudentAgency](#)

[Slovak Lines](#)

[FlixBus](#)



You can also check which bus from Vienna suits you the best here:  
<https://cp.hnonline.sk/en/vlakbusmhd/spojenie/>

### **MLYNSKÉ NIVY, Bratislava Central Bus station**

→ **TRNAVA:** The trip by bus takes up to one hour. You get to the Bratislava bus station and maybe you will be lucky and catch a bus going to Trnava.

You can check it here:

<https://cp.hnonline.sk/en/vlakbusmhd/spojenie/>.

**Note:** don't forget to check **how long the ride is**, because it might be the bus stopping at every village, which can take up to two hours. In this case, please go rather by train.



**Mlynské Nivy (AS)**  
**on GMaps**



**Platform D**  
**on GMaps**

If there is no suitable bus, you need to get to **the train station**.

Get on the bus number **40 (platform D)**, **destination:** *the Main Train Station (Hlavná stanica)*. The public transport stop is outside of the shopping centre.

Don't forget to buy the ticket in the yellow machine outside and then validate it in the machine inside the bus. Buy the 30 min ticket (the bus ride takes 12 minutes). See above on how to get from **Bratislava Main Train Station -> Trnava**.

When you reach the train station in Trnava, please follow the below instructions on how to get to the accommodation.

**If you need any help with finding the best options, let us know. We can send you available train schedules depending on your arrival times.**

# HOW TO GET FROM TRNAVA TO THE VENUE



When you reach Trnava, you need to take a local bus to Suchá nad Parnou where is the venue of the training.

**BUS:** From the Trnava train station, walk 2–3 minutes to Trnava, Autobusová stanica (the bus terminal is right next door on the left side). Take **regional bus 555** in the direction of Pezinok / Modra. Tell the driver you're going to "Suchá nad Parnou." The bus serves three stops in the village: Kostol, Hošťáky, Ružová Dolina.

**Where to get off (closest stops):** the best bus stop to take is "Kostol," (church) the walk is about 15 minutes, very easy.

Walk to the venue: from your stop, follow local signs for "Priehrada / Vodná nádrž" (reservoir).

The guesthouse is Penzión na Priehrade

Adress: Suchá nad Parnou 492, 919 01 Suchá nad Parnou, Slovensko (GPS 48.41057, 17.47383).

For bus connections search here (there are more options):

<https://cp.hnonline.sk/en/vlakbusmhd/spojenie/>

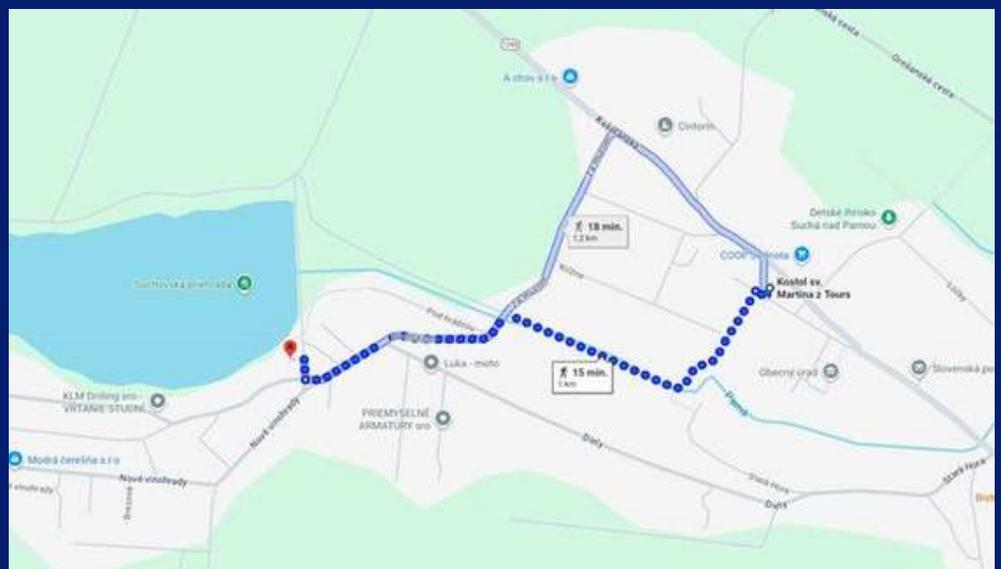
You have to search as follows:

from: Trnava

to: Suchá nad Parnou



Adress of the venue  
on the google maps



# ACCOMMODATION AND HOSPITALITY

We will be accommodated in **Penzion Na Priehrade** located in a pleasant green area next to the water reservoir. Participants will stay in shared rooms (2- 3 people in a room) with their own bathroom. The meeting room where most of the activities will take place will be right in the pension.



[Adress of the pension  
on the google maps](#)



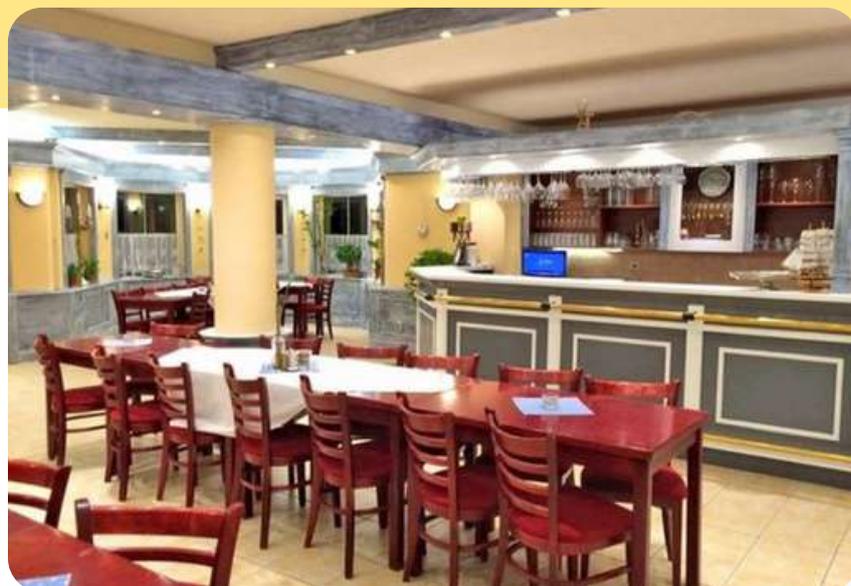
This is the address of  
accommodation: **Penzion na  
priehrade Suchá nad Parnou 492,  
919 01 Suchá nad Parnou**  
<https://www.penzionnapriehrade.sk/>

# LUNCHEES, DINNERS, COFFEE-BREAKS



The food will be provided by the organisers (breakfast, lunch, dinner and coffee breaks included each day). We will take into consideration your dietary restrictions that you **informed us about through the registration form.**

Any additional refreshments and food are on your own costs.



# PROGRAMME

March 9, arrival day - Monday	
From 15:00	Arrival of participants
19:00	Welcoming dinner
20:00	Welcoming, getting to know each other, secret friend info
March 10, activity day - Tuesday	
08:00	<i>Breakfast</i>
09:30	Energizer
09:40	<b>Introduction, fears and expectations, house rules, reimbursements, YouthPass</b>
11:00	<i>Coffee Break</i>
11:30	<b>Teambuilding</b>
12:45	<b>Introduction to group work</b>
13:00	<i>Lunch</i>
15:00	<b>Stories as the Framework of Reality</b>
17:00	Coffee Break
17:30	Daily debriefing
19:00	<i>Dinner</i>
20:30	<b>Intercultural evening I.</b>
March 11, activity day - Wednesday	
08:00	<i>Breakfast</i>
09:30	Energizer
09:40	<b>Introduction to Critical Thinking + Cognitive Biases and Everyday Thinking Traps</b>
11:00	<i>Coffee Break</i>

11:30	<b>Media Literacy: How Information Is Created and Spread and Why Media Literacy Matters Today</b>
13:00	<i>Lunch</i>
15:00	<b>Basics of Argumentation and Debate</b>
17:00	<i>Coffee Break</i>
17:30	<b>Daily debriefing + intro into groupwork</b>
19:00	<i>Dinner</i>
20:00	<b>Intercultural night II.</b>
<b>March 12, study visit day - Thursday</b>	
08:00	<i>Breakfast</i>
09:00	<b>Study visit in Trnava</b>
12:30	<i>Lunch</i>
14:00	<b>Sightseeing in Trnava (optional)</b>
19:00	<i>Dinner</i>
20:00	Informal Evening
<b>March 13 activity day - Friday</b>	
08:00	<i>Breakfast</i>
09:30	Energizer
09:40	<b>The Power of Storytelling vs. Facts</b>
11:00	<i>Coffee Break</i>
11:30	<b>Principles of Good and Responsible Storytelling</b>
13:00	<i>Lunch</i>
15:00	<b>Storytelling, Media, and Youth Work Practice</b>
17:00	<i>Coffee Break</i>
17:30	<b>Group work</b>

18:30	Daily debriefing
19:00	<i>Dinner</i>
20:30	<b>Informal Evening</b>
<b>March 14 activity day - Saturday</b>	
08:00	<i>Breakfast</i>
09:30	<b>Group work (mentoring and supervision)</b>
11:00	<i>Coffee break</i>
11:30	<b>Group work (finalisations)</b>
13:00	<i>Lunch</i>
14:45	<b>Deadline to submit teamwork results</b>
15:00	<b>Final presentations of teamwork results</b>
16:30	<i>Coffee break</i>
17:00	<b>Closure and evaluation of the training</b>
19:00	<i>Dinner</i>
20:00	<b>Goodbye party</b>
<b>March 15, departure day - Sunday</b>	
08:00	<i>Breakfast</i>
09:30	Departure

# WHAT TO PREPARE?

We would like to invite you to fully engage with the program, so if you have any ideas for energizers, group discussions or games, they are much welcomed. Also, during two of our evenings we will organise an “intercultural night”, the aim of which is to present our countries and learn more about them. Therefore we would like to ask you to prepare a short presentation/quiz/talk about your country and if it is possible please bring with you some traditional snacks, drinks, or food which you would like to share with others.

## FINANCES a.k.a Reimbursements

We would like to ask you to bring those documents for reimbursements that you don't need for your return trip to organisers in the beginning of the training. You can hand them to trainers each day during the training. European Dialogue will reimburse travel costs (flight + train or bus ticket, in a specific situation also taxi) from the place of your current residence up to the amount written below:

### **NORMAL Green**

Slovakia	211* EUR	285* EUR
Poland	211 EUR	285 EUR
Bulgaria	309 EUR	417 EUR
Latvia	309 EUR	417 EUR
Norway	309 EUR	417 EUR
Czech R.	211 EUR	285 EUR
Lithuania	309 EUR	417 EUR

Although travel costs will be reimbursed, you are expected to make your own travel arrangements as soon as possible after receiving the acceptance email.

**Please ask for the confirmation from your local sending organisation.**

**You are expected to use following means of the transportation:**

- **Train:** 2nd class ticket (normal as well as high-speed trains)
- **Flight:** return economy-class air ticket or a cheaper ticket
- **Bus**
- **Car**

**In specific situations you may use a taxi, but you should discuss this with us in advance.**

European Dialogue (or your sending organisation) can help you with finding the most suitable travel plan.

If you don't have it already, you are expected to arrange adequate **medical and travel insurance**. Unfortunately, it cannot be reimbursed by organisers.

Please send the documents you need for your return trip by post to European Dialogue (reimbursement form and information about address will be given to you at training). If you have only digital tickets, it is enough to send them via email.

You are asked to do so within **three weeks** after the training. Without all documents required we cannot proceed with your reimbursement, so please keep all receipts, invoices, tickets or boarding passes!

### **Documents required for reimbursement**

The documents that will be sent to you by the European Dialogue:

- Reimbursement form.

### **Other documents required for reimbursement:**

- Invoices, where the price is stated;
- Original plane boarding cards, train/bus tickets.

# CHECKLIST

<b>Time zone</b>	In Slovakia, the standard time is Central European Time (CET)
<b>Currency</b>	The currency in Slovakia is Euro - €
<b>Weather conditions</b>	Weather is quite unexpected in November, but cold for sure. You can check the <u>forecast</u> <a href="#">HERE</a> .
<b>Venue and accommodation</b>	<u>Penzion na priehrade</u> <u>Suchá nad Parnou 492,</u> <u>919 01 Suchá nad Parnou</u>
<b>Arrivals Departures</b>	Participants are expected to arrive on 10th of November, ideally before 19:00. Departure will be on 16th of November after breakfast.
<b>Contacts on organisers</b>	Monika: +421 918 732 830 Martin: +420 721 766 873 Ali: +30 698 277 1418
<b>Insurance</b>	Make sure you get relevant travel and health insurance, if you don't have it yet!
<b>Registration form</b>	If you have been selected to participate, make sure you filled the registration form <hr/>
<b>Don't forget as well</b>	<ul style="list-style-type: none"> <li>* Shampoo and other toiletries (personal hygiene set);</li> <li>* Laptops, chargers, power cables (not obligatory);</li> <li>* Pocket money - Euros;</li> <li>* Personal Identification documents;</li> <li>* Ideas for energizers;</li> <li>* Your good mood! :)</li> </ul> <p><b>You don't have to bring with you towels, as they will be provided to you by the accommodation.</b></p>

# CONTACTS

## PROJECT COORDINATOR IN LITHUANIA

Julija Staniulyte: [julija@tavo-europa.eu](mailto:julija@tavo-europa.eu)



# JOIN NOW WITH TAVO EUROPA!

**Educator Pass 2026.** You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members! Please do not pay any fee until you receive a confirmation letter to join the programme.

If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

## **For more projects:**

Explore the world and learn together with the help of Tavo Europa.

Join the group with more opportunities:

**<https://www.facebook.com/groups/186132221744993>**

