

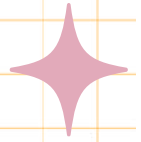
Intercultural Realities

17TH MAY TO 23RD MAY 2026

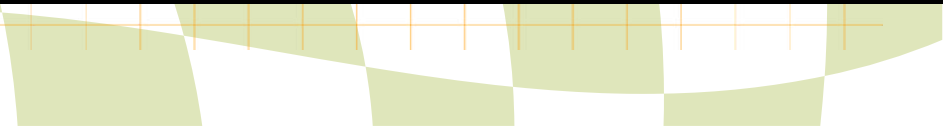
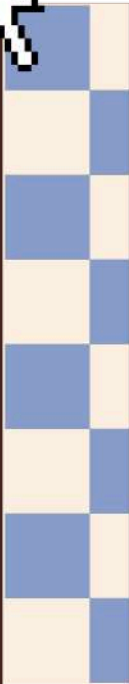
BELLAVISTA HOTEL,
QAWRA, MALTA



Aim of the Project



Our project focuses on deepening participants' understanding of global and local intercultural realities by exploring how culture, migration, and privilege shape societies, and by developing practical approaches for living together respectfully and inclusively in diverse communities.





Objectives

By the end of the professional development activity, participants will:



Increase intercultural awareness

- Explore different social, cultural, and historical realities across countries and regions
- Recognise how context influences people's experiences, values, and opportunities.

Reflect on biases, prejudices, and privilege

- Identify personal and societal biases and how they affect attitudes towards "others."
- Understand the role of privilege in shaping perspectives, access, and power dynamics.



Understand migration in a balanced and human-centred way

- Examine both the challenges and benefits of migration for individuals and host communities.
- Move beyond narratives of migrants as a "burden" by recognising their humanity, contributions, and rights.




Objectives



Differentiate between accommodation and integration

- Understand the difference between simply accommodating diversity and actively fostering integration and participation.
- Explore what meaningful inclusion looks like in everyday life, services, and communities.

Develop practical skills for living together in diversity

- Learn concrete strategies for respectful communication, coexistence, and collaboration in intercultural settings.
 - Practise ways of celebrating intercultural realities while addressing tensions and misunderstandings constructively.
- 



Agenda

	18th May	19th May	20th May	21st May	22nd May
<i>Morning</i>	Getting to know each other + Setting the scene	Prejudices and Biases	Understanding Privilege	Understanding Integration	Presentation of Sessions & Final Evaluation
Lunch					
<i>Afternoon</i>	What is Migration?	Exploring Realities	Living Libraries	In practice: coming up with sessions	
<i>Dinner</i>					
<i>Evening Activity</i>		Intercultural Evening			

*We will be having a coffee break in the morning and in the afternoon
This is a provisional Agenda and maybe subject to change.*



MEET THE TRAINERS:

Marie Claire Testa



Name: Marie Claire

Surname: Testa

Hobby: Reading

Career: Psychotherapist

Marie Claire Testa is the co-founder and coordinator of Prisms and a systemic family psychotherapist with a background in European and Diplomatic Studies. She has over 15 years of experience delivering workshops and training sessions on mental well-being, inclusion, intercultural dialogue and personal development, and is deeply committed to empowering families to navigate the challenges of guiding their children toward adulthood. In her free time, she enjoys reading and spending time by the sea.

MEET THE TRAINERS:

Nikita Cassar



Name: Nikita

Surname: Cassar

Hobby: kayaking

Career: Unit leader

Migration Services

Nikita Cassar is a youth and community professional with a BA and MA focused on migration. She has seven years' experience in youth work within residential settings, as well as within the migration field. Migration is an area she is highly passionate about, and she is committed to supporting people through complex transitions by offering practical guidance and advocacy. She is also a proud mother to a horse, a donkey, and a fox terrier.





About the Organisers


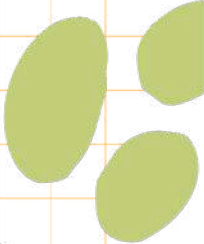


Prisms is a non-governmental organization (NGO) founded in 2008 with the mission of empowering young people and those working with them. Through a holistic, non-formal educational approach, Prisms equips individuals with the skills, tools, and values needed for personal growth and active participation in society. Their work is tailored to meet the specific needs of the youth, helping them achieve personal goals and develop strong, positive relationships. Prisms engages with young people directly in their environments, working closely with them to assess their needs and empowering them through goal-setting and mentoring.

The organisation also focuses on the development of youth workers, ensuring their personal and professional growth. By providing innovative tools and self-reflective methods, Prisms helps youth workers enhance their interpersonal skills and better engage with young people. Their work extends beyond the local level, offering workshops, seminars, and training courses both nationally and across Europe, often with a focus on online youth work to ensure accessibility and effective engagement.



Participant Profile



- Youth workers/leaders, as well as educators and other professionals working with young people, especially youth with different abilities.

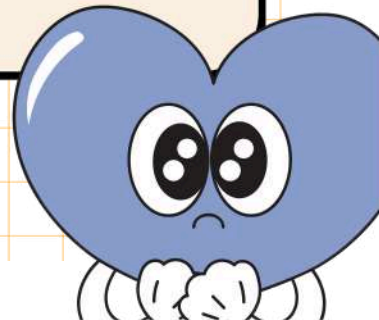
- Be at least 21 years of age

- Have a working knowledge of English

- Able to implement the skills, knowledge and attitudes acquired during the training

- Ready to implement the knowledge gained with the young people that they work with

- Ready to disseminate the project results both online and in a physical way.





On your way here

Malta

A small island in the middle of the Mediterranean sea with a population of about 650,000. The official languages are Maltese and English, with Maltese officially recognised as the national language and the only Semitic language in the European Union.

In April, the temperatures will be around 26 degrees during the day and around 18 degrees at night.

Currency: Euro

Adapters: UK System



Flights

Step 1: Once you are selected by your sending organisations fill in the application form that will be sent to you and wait for a confirmation. The trainers need to review the applications and then give you the go ahead.

Step 2: Once you get the go-ahead, start looking for flights and send us the confirmation.

Step 3:

When you get the go-ahead, book the Flights.

Important!!

You can only come two days before the training starts or stay two extra days to be eligible for travel reimbursement. You need to keep a copy of all invoices and boarding passes. Take a screenshot if you use mobile phones to check in as the boarding passes will not be available after your travel.



Travel budget



Country	Number of Participants	Travel Limit per Particiapnt
Egypt	3	€309
Greece	3	€309
Italy	3	€211
Jordan	3	€395
Lithuania	3	€395
Palestine	3	€309
Poland	3	€395
Spain	3	€309
Malta	3	0



Accomodation

The training venue is the Bellavista Hotel in Qawra.

This will also be the place where the participants will be accommodated for the duration of the training.

Free WIFI is available in rooms & the training venue.

During the training course, participants will be accommodated in double or triple rooms. *It could be possible that participants are in the room with people from different countries but of the same gender.*



Accommodation



Accommodation is full-board. It includes a buffet breakfast, lunch and dinner as well as coffee breaks. Towels and bed linen are also included.

There is an indoor and outdoor pool at the accommodation, so you might consider bringing a swimsuit.



Accomodation Getting There

In order to get to the Bella Vista Hotel, you may use:

1. Public Transport Malta - Approx €2 bus

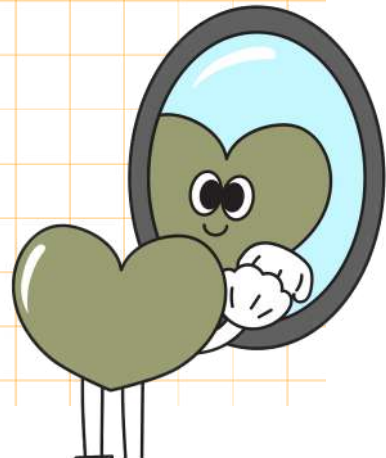
www.publictransport.com.mt

2. Taxis: Bolt - Uber - Ecabs: apps can be downloaded and payment can be done directly by card through the app. This option is the quickest and takes you directly to the venue. These can be booked upon arrival at the airport.

3. You can prebook transport from local companies such as Edmond Garage (info@edmondgarage.com) and Ecabs (this might be the best option if the whole group is travelling together).

Important:

Make sure to keep the receipts



Travel Insurance

It is very important to have a valid European Health Card.

It is being recommended to buy travel insurance. This is not covered by Erasmus+ but it is highly recommended for any travel disruptions or unforeseen circumstances you may encounter.



Preparation

What to prepare before the Training Course

Intercultural Evening

If you already took part in a Training course before, you might be aware what an intercultural activity is. However, if this is your first time we will explain. It is a tradition that during the training course; all the participants gather together and present food and drinks, which they bring with them from their home countries.





Reimbursement

What to prepare before the Training Course

There reimbursement will be carried out through bank transfer in the two weeks following the end of the training course by bank transfer. It will be sent to the sending organisation and thus it is important to provide:



Name of Beneficiary

IBAN

Name of Bank

The reimbursement will only be carried out;

1. Upon successful **receipt of all invoices, receipts and boarding passes**
2. **Attendance** and **active participation** in all activities within the training programme
3. Filling in of the **online Beneficiary Module report** received by email on the departure day of the training course



Contact Us!

Project Coordinator in Lithuania



Laura Vanagaitė

laura@tavo-europa.eu



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Join with Tavo Europa

Educator Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects:

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<https://www.facebook.com/groups/186132221744993>



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