



Erasmus+ Training Course

20.06.-02.07.2026

Bédeille, France



# Another brick Improving collective life

Training course on practical strategies to overcome common challenges in projects that helps and improves facilitation in groups and communities

Solafrika (Solaf) is an NGO working with Erasmus+ program for 16 years, with around 50 projects created and hosted. We are now accredited by the Erasmus+ program to do 3 projects by year. These projects focus on the topics of solidarity, cultural openness, ecology and respect toward the environment, fight against discrimination, art and expression. As usual for Solaf, we will be implementing non-formal education to strengthen the sense of collectiveness and community life.

We are currently working on a new E+ training course on decision-making, dynamic governance and facilitation with emphasis on conflict solving within a group/collective.

In the world that is more and more disconnected and individual, we need the right tools to tackle this individualism and help to create the right environment where we have the opportunity to grow collectively.

We would like to foster the idea of solidarity and respect of human rights as the basis of what linked us in the EU. To work toward that, we are organizing this training course for youth workers, people involved in non-profit organizations, collectives and individuals who want to create/improve community living to build knowledge and share good practices and tools.

This training course will focus on empowering people with new skills to help make a positive impact on their professional life, improve collective decision-making and effective communication with a hand-on approach by forming a temporary community, where we will practice newly learned tools.

The workshops and activities in the making :

- sharing and learning games that help to improve facilitation skills
- visiting local organizations that use the tools
- learning decision-making tools
- conflict solving tools
- self-governance → implementing learned tools into practice
- improving meeting and reunion preparation (role distribution)

As always in Solaf projects, this project will also pursue :

- to inspire with action and tool to help our mind to focus on a desirable future ;
- to build intercultural and international cooperation and solidarity ;
- ecological practice through the setting of the seminar (local, organic and vegetarian diet, etc.)



# Presentation of



# Solafrika

SOLIDARITÉ • ACTION • FORMATION

In Solaf we have a lot of different activities (find out more at [www.solafrika.com](http://www.solafrika.com)) and the Erasmus+ are one of them! In 2010, we started to work on European Youth Exchanges, and we now organize 3 Training Courses per year. Our main topics during these projects are:

- Ecology,
- Inclusion (disabilities, youth with fewer opportunities, minorities, etc.),
- Fight against discrimination,
- Citizenship and participation in the society,
- Community life,
- Art&Expression, ...



# Venue presentation

In 2015 Solaf became the owner of a land in the south west of France. This place is an old farm that we slowly rebuilt to be able to host our projects.



The venue is really far in the **countryside** (20 min driving from the nearest city with shops)! It's located one hour in the south of Toulouse near to the Pyrenees mountains. There will be a few (but not many) opportunities to visit a nearby city.

# The kitchen

There is a big, nice and functional kitchen that is practical for big groups



# The rooms

There are 4 dorms (2x 4 beds & 2x 6 beds) in the main house and a cabin with two rooms (2 beds in each), a bathroom and small kitchen



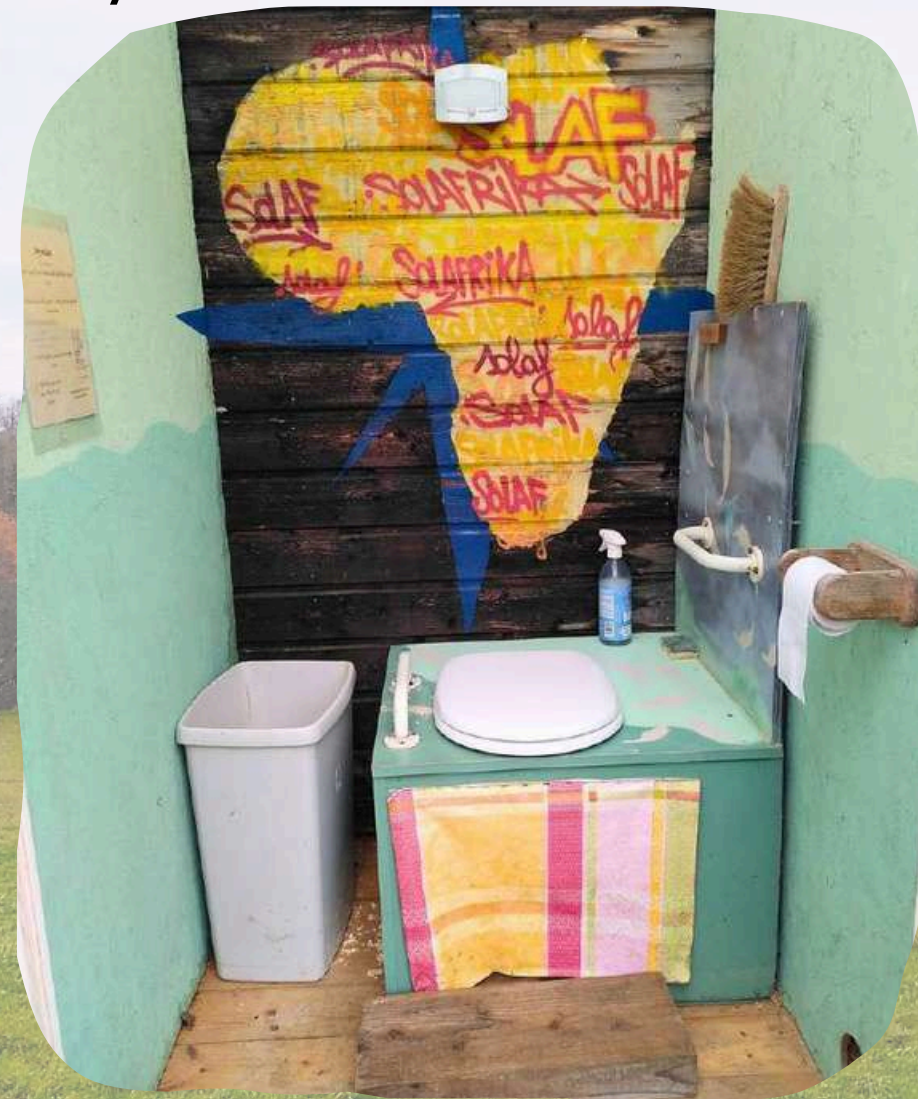
# The activity room & the outdoor spaces



# Toilets and shower

There is only **dry toilets**! Dry toilets don't use any water (meaning we save from 6 to 12 liters of water every single flush!), but instead wood dust, which is compostable. Therefore, we promote them for ecological reasons. But no worries, it's not so much different than the one you are use to!

There are two showers inside the main building and one in the cabin.



**As you can see, our place is rustic, but with great charm and functionality. We have available Wi-Fi, a washing machine, computers if needed and the vast outdoors, that help us recharge and reconnect.**

# Contact Us!



## Project Coordinator in Lithuania

Laura Vanagaite:

[laura@tavo-europa.eu](mailto:laura@tavo-europa.eu)



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# Join with Tavo Europa

Educator Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

## **For more projects:**

Explore the world and learn together with the help of Tavo Europa.  
Join the group with more opportunities:

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