

 **Call for Participants**



# TRAINING COURSE

 **Level Up: Raising Quality in Youth Projects**

**26 MARCH – 2 APRIL 2026**  
**BANKYA, BULGARIA**

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**APPLY NOW**



# Is this call for me?

- ✓ Are you interested in improving the quality of the applications and the implementation of your **Erasmus+ KA1 and KA2 youth projects**?
- ✓ Are you eager to gather **good project management practices** for youth mobility projects and strategic partnerships?
- ✓ Would you like to **learn from the best practices, understand the quality standards** and requirements of the 2021-2027 Erasmus+ programme and prepare for the opportunities in the **upcoming programme period**?
- ✓ Are you ready **to master the Erasmus+ accreditation process**, learn how **to build sustainable quality practices** in your organisation and how **to ensure excellence** in your accredited projects?
- ✓ Are you a resident of any **EU member states + North Macedonia, Serbia, Iceland, Liechtenstein, Norway, Türkiye**?
- ✓ Are you ready to meet **amazing people** from different countries, make new partnerships, and get inspired by their ideas and projects?
- ✓ Would you like to enjoy a week in a peaceful environment and having the possibility to explore the famous mineral water town of Bankya?
- ✓ ...And all this without any cost?!

**If your answers are "Yes, this is me!", then...  
... we have an offer for you!! :-)**





# About the training

The training is a part of the Erasmus+ accreditation plan of CVS-Bulgaria for 2025 and co-funded by the European Union which includes two training courses (March and July) and one youth exchange (August), carried out under the title "Quality in Action".

The training **"Level Up: Raising Quality in Youth Projects"** will be focusing on quality standards and best practices in Erasmus+ projects. It will take place in Hotel Jeravna, Bankya/ Bulgaria between 26th March (arrival day) and 2nd April (departure day) 2026.

During the 6 working days we will organise our daily program in 4 sessions of 90 minutes, 2 in the morning and 2 in the afternoon, with a break in between. Each session has a thematic focus and is divided in different blocks. Breakfast, lunch, and dinner will be provided at the venue, and in some evenings there will be optional evening sessions with planned activities.

Our working methods will be based on the principles of non-formal education and experiential learning, creating a motivating environment for sharing and learning. You will often work in smaller groups to achieve the best results. All the methods will encourage active participation, creativity, initiative and responsibility for one's learning process.



QUALITY  
IN ACTION

2025-1-BG01-KA151-YOU-000304492



Co-funded by the  
European Union



# Learning Goals

During the training you will have the possibility to:

- Develop your skills in writing successful project applications
- Get insights on quality standards and evaluation frameworks in Erasmus+ youth projects
- Learn different techniques and tools for managing quality KA1 and KA2 projects from best practices
- Collectively reflect on how to implement quality standards in your organisations, adapt them to your local contexts, and incorporate them into your regular youth work activities
- Understand the key quality elements and criteria for Erasmus+ accreditation and how to apply them in practice
- Discover the requirements and opportunities of the new programme period and prepare for future funding calls
- Enhance new partnerships and network collaborations





# The Venue

Bankya is a charming spa town located just 17 km west of Sofia, nestled at the foot of Lyulin Mountain. Famous for its healing mineral springs and thermal baths that have been used for therapeutic purposes for centuries, Bankya offers a peaceful green environment away from the hustle of the capital. The town is known for its wellness facilities, beautiful parks, clean air, and tranquil atmosphere – making it an ideal location for focused learning and relaxation. Despite being close to Sofia, Bankya maintains a serene, resort-like character perfect for training activities.

Contact details of the training venue:

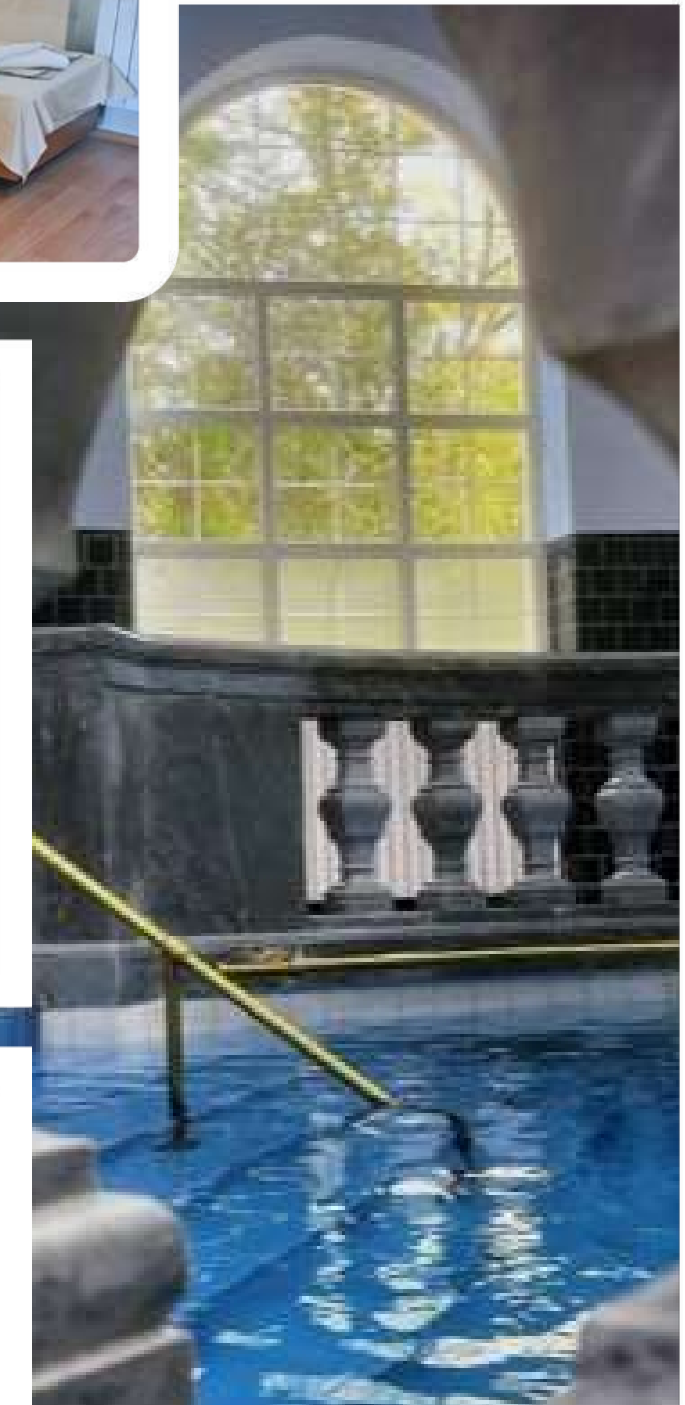
## **Hotel Complex Jeravna**

Phone number: +359 887 828 776

E-mail: [jeravnares@abv.bg](mailto:jeravnares@abv.bg)

Website: <https://hotel-jeravna-bankya.com/en>

- ✓ The venue is located in the centre of Bankya
- ✓ Mineral baths and eco trail are available nearby
- ✓ The training room is cosy, spacious and well naturally lighted







# Participants

The **ideal participants** are NGO's staff and board members, youthworkers, project managers and coordinators, volunteers with experience and an interest in developing quality youth projects under the Erasmus + program.

There are a few formal requirements you need to answer to join the training course:

- You need to be a resident of an EU member states + North Macedonia, Serbia, Iceland, Liechtenstein, Norway, Türkiye
- You must be able to communicate in English (the working language of the course)
- You must be at least 18 years of age
- You need to attend the whole course duration (there is no possibility to make exceptions)

We explicitly encourage participants of all genders, abilities and ethnic backgrounds to apply!





### **Svetozar Daskalov (Svet)**

He has been active in the youth field since 2003, starting as a participant and youth worker in EU youth projects. He later worked with the Bulgarian National Agency as an evaluator and, from 2013, as a full-time Project Officer for E+/EVS, managing projects sending Bulgarian volunteers abroad and hosting international volunteers in Bulgaria. Since 2018, he has been an external expert evaluator for several National Agencies across Europe and a trainer for the Bulgarian National Agency



**Katerina Stoyanova, Bulgaria (Kat)** is a trainer, project manager and activist with a strong academic and practical background in human rights (focus: refugee rights / women rights), forced migration, project management, emotional intelligence, peace, social work and non-formal education. Kat has vast experience in managing different projects under the programs: Erasmus+ (KA1 and KA2), CERV, AMIF, etc. She is part of the trainers' pool of the Bulgarian National Agency. She is passionate about trainings, supports the concept of lifelong learning, and is always ready to go the extra mile and stand behind a just cause.

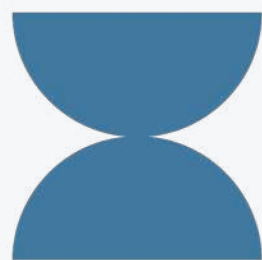


**Natalie Jivkova, Bulgaria (Nat)** has been inspired by and passionate about non-formal learning since her first experience that happened more than 20 years ago. Since 2002 she has also been in the volunteering field and for many years now actively involved in CVS-Bulgaria and SCI. Natalie loves to meet people, create new learning opportunities and facilitate group processes.

## Meet the team



# Travel, Food and Accommodation



Participants will buy their travel tickets following the information provided in the Info pack and will get travel reimbursement up to the budget limit after providing all necessary travel documents.



Breakfast, lunch and dinner will be provided according to the dietary needs of participant but mostly vegetarian following our sustainability policy. Coffee/tea breaks will be organised twice a day, providing also fresh fruits and snacks.



The accommodation will be organised in double or triple rooms which have a private bathroom, bed-linens and towels, and free Wi-Fi. There are many possibilities to enjoy the free time in the surroundings of the hotel.





# Sustainability

The food we provide will be mainly vegetarian/vegan and locally produced. We organise our breaks trying to use mainly organic products and fair trade coffee and tea. We use recycled paper and avoid plastic in our trainings, as well as we encourage our participants to recycle.

We encourage you to use environmentally friendly transport known as “green travel” (bus, train, car-sharing) when possible. This is especially requested from participants coming from neighbouring countries and all those with good train/bus connections.



# Safe Space

We aim to:

- create a safer and inclusive learning environment through group agreements, confidentiality principles, and respectful communication guidelines established together from day one ensure a supportive and judgment-free
- atmosphere where facilitators and participants work together to build trust, celebrate diversity, and create space for authentic sharing and experimentation.

# Certification



At the end of the training course you will receive an Youthpass certificate.



# Financial conditions

Thanks to the funding of the Erasmus+ programme this training has no extra participation fee.

Travel costs will be reimbursed up to the established cost limits upon completion of the training and providing all the necessary travel documents.

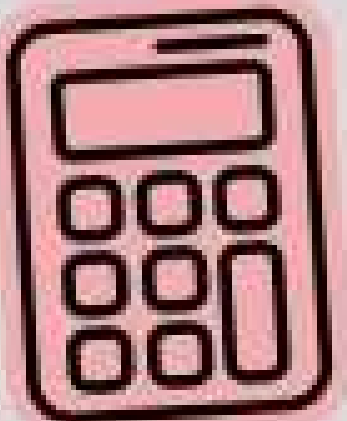
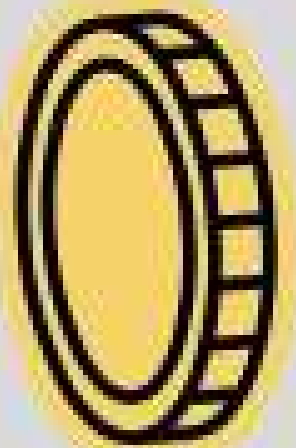
Travel compensation: actual bus/train/flight costs with a maximum as indicated in the table (distance calculated from the place of residence to Bankya, Bulgaria on [Distance Calculator | Erasmus+](#)).

Visa costs will be reimbursed if duly justified.

**Insurance will be provided** for group however we strongly encourage the participants to bring their **European Health Insurance Card (EHIC)**.



Distance Travelled	Non-green travel	Green travel
10-99 km	EUR 28	EUR 56
100-499 km	EUR 211	EUR 285
500-1999 km	EUR 309	EUR 417
2000-2999 km	EUR 395	EUR 535
3000-3999 km	EUR 580	EUR 785





# Provisional Program



The program flow and contents will reflect the learning goals of the project as well as the learning needs and proposals of the participants.

All sessions will be clustered in blocks while each session will have a specific thematic focus:

**Pillar sessions** - these sessions will be in the beginning and at the end of the training and will be connected to the initial introduction to the group, program, team building and final evaluation. These sessions are important to set the mood for working effectively together as a team and to close the experience and set the next steps after the training.

**Raising Quality sessions** are the main sessions related to the topics of the training: Erasmus+ program and its guidelines; tip and tricks for successful project applications; techniques and tools for ensuring quality in management of the entire project cycle of KA1 and KA2 projects; key quality elements and criteria for Erasmus+ accreditation

**Level up sessions** - These sessions will bring the gained competences to the practical level where the participants can work together and also adapt the knowledge and good practices into their regular youth projects and local contexts. Thus we also envisage space for networking.

**Reflection time** at the end of each day will give the participants opportunity to reflect on their learning in small groups.

Larana, Inc.

Liceria & Co.

Salford & Co.

Each day the participants will have some free time to explore the surrounding area and the local culture.

The detailed program will be included in the Infopack, which will be shared with the selected participants.



# About us

CVS-Bulgaria is a non-profit organisation, a branch of Service Civil International. CVS-Bulgaria promotes the development of societal values and encourages responsible behaviors towards peace, social justice, and nature protection culture. This is achieved by organising volunteer initiatives and educational programmes.

We take pride in working with people with fewer opportunities and embodying respect for human rights in everything that we do. Learn more about CVS-Bulgaria [here](#) and don't forget to like us on [Facebook](#) and follow us on [Instagram](#)!





# Contact Us!



## Project Coordinator in Lithuania

Laura Vanagaitė:

[laura@tavo-europa.eu](mailto:laura@tavo-europa.eu)



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# Join with Tavo Europa

Educator Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

**For more projects:**

Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities:

**<https://www.facebook.com/groups/186132221744993>**



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