



17th – 25th May 2026
Želiv - Pelhřimov, Czechia

HOSTING ORGANISATION

The mission Hodina H is to get, elaborate and provide information to the community, to ensure in this way their right to have information, support permanent and sustainable learning and personal development, full-valued leisure time spending, to develop international cooperation, voluntarism, active participation, adult people and general public in the public happening, to assist and facilitate the citizens' education. Special emphasis is put on the services for adults and young people with fewer opportunities.

Main fields of work of Hodina H are information, non-formal education, volunteering, international cooperation and personal development. Hodina H was established in 2002, have over 200 members, over 30 volunteers, 3 sisters' organisation working as its branches.

Hodina H has 24 years of international and intercultural experience as a coordinating, hosting and sending organisation for the international intercultural projects, adult educational project and volunteering projects at European level and within the partnership with other regions of the world.

Every year Hodina H organizes the dance show called "REGION TANČÍ" which is fusion of many different activities and the dance plays most important role.

SUMMARY OF THE PROJECT

The youth exchange is focused on strengthening **active youth participation**, involvement in the local community, and the development of **entrepreneurial competences** through intercultural learning and practical cooperation. It supports young people in discovering their ideas, strengths, talents and potential, and in turning them into active contributions to their communities.

The project aims to bring together young people from **6 countries**, giving them space to reflect, share experiences and explore their role in the local community. Participants will be encouraged to express their views, take initiative, work in teams, and develop

competences linked to active citizenship, creativity, problem-solving, responsibility, communication and entrepreneurial thinking.

A central practical element of the exchange will be a **dance event as a community engagement activity**, which will serve as a real-life learning experience. Dance will be used not only as a tool of expression, communication, tradition and healthy lifestyle, but also as a way to connect with the local community and actively involve local young people. Through the preparation and implementation of the event, participants will experience teamwork, planning, initiative, organisation and shared responsibility.

The dance event will also promote the value of **volunteering**, showing young people that their time, ideas and energy can have a visible positive impact on the community. Through this practical activity, participants will strengthen both their social and emotional skills, while also gaining confidence in their ability to contribute, cooperate and take an active role in community life.

PROGRAMME

Part of the youth exchange is the 24th edition of the Hodina H event “Region tančí” where all participants will take active part in the organisations, workshops and dance performances. The participants will have a chance to use their skills and talents not only in dance field but also in photography, videos, etc.

- 1st arrival, getting to know each other
- 2nd group dynamic and teambuilding, exploring venue, youth and dance
- 3rd workshop on youth participation and active engagement, choreography
- preparation, dance practice, intercultural evening
- 4th choreography practice, entrepreneurial workshop and application in
- practice, games and craft evening
- 5th workshop preparation, event preparation, final rehearsals
- 6th Region tančí – event with the workshops and dance show
- 7th youth in action – impact reflection and follow-up plan, evaluation, farewell
- 8th departure

TARGET GROUP

Youngster 13-16 year old (4 per country) + 1 leader (not age limit). Participants that have an **active attitude** and who are ready to dance.

SAFETY AND PROTECTION

Responsibility of the participants/organization (make the European insurance card for the project).

VENUE



Želiv is a municipality and village in Pelhřimov District in the Vysočina Region of the Czech Republic. It has about 1,200 inhabitants. It is known for a Premonstratensian monastery.



Pelhřimov is a small town located in the central part of Czechia right between Prague and Brno in Vysočina/Highland region.

ACCOMODATION

Sportpark– Hotel Na Kocandě in Želiv

<https://kocanda.cz/sportpark/#1434542999695-a56fab9e-1f6710b4-996e4432-0cc5>

The division in the houses and rooms will be done after arrival.

TRIP - ARRIVAL

- To reach the venue please check the connections to Prague or Brno (easiest trip to the **final venue**) and **consult with us the best connections**
- The arrival to the final venue will be consulted and organized with each partner.

TRAVEL GRANT

Travel costs budget is based on the lump sums of the Erasmus+ programme. Please consult your trip before buying your tickets.

WHAT TO PREPARE AND BRING

- Jeans or jeans shorts for the common choreography
- Prepare some traditional dance workshop for children and young people
- The groups can also prepare or bring the choreography to perform in the show - If needed costume for your performances

- Traditional food to taste together
- Towel
- Hair dryer if you need, 2 will be available in the accomodation

IMPORTANT INFORMATION

- It is obligatory to take part in completed programme, all sessions and actively participate
- The participants representing the organisation must have citizenship or permission of the residence in the country of the organisation
- Participants must provided all documents related to their travel costs to be reimbursed.
- Participants not allowed to smoke, consume alcoholic drinks or drugs.
- Participants need to take part 100% in all activities.
- We would like to point out the fact that this is an INTERNATIONAL YOUTH PROJECT, not a holiday, sightseeing trip or a travel experience.

Contact Us!



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Join with Tavo Europa

Explorer Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects:

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Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>



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