



Training course „You 4 Youth towards the youth employability”

Želiv, Czechia
17th – 23rd April 2025



ABOUT THE TRAINING COURSE

This Erasmus+ training course is designed for youth workers and educators and focuses on improving the quality and innovation of youth work in relation to youth employability. The course responds to the growing need to support young people in developing the skills, competences and attitudes required for successful integration into the labour market.

The training will provide youth workers with practical tools, innovative methods and good practice examples that strengthen employability-related competences such as communication, teamwork, problem-solving, initiative and self-confidence. Participants will explore how non-formal education methods can support young people in identifying their strengths, planning their personal development and improving their opportunities for employment or further education.

The programme combines **interactive workshops, practical exercises, peer learning and exchange of experiences** among participants from different countries. Special attention will be given to innovative youth work approaches, competence-based learning and methods that support young people with fewer opportunities.

Through the training, youth workers will strengthen their professional competences, learn how to design high-quality youth activities focused on employability and exchange good practices with international partners. Participants will also develop ideas and action plans to implement the acquired knowledge in their local organisations.

The training contributes to improving the **quality of youth work**, strengthening European cooperation and increasing the capacity of youth organisations to support young people in their transition from education to employment.

OBJECTIVES OF THE TRAINING COURSE

- **Enhance the quality of youth work for employability**

Improve the quality and effectiveness of non-formal education methods in youth work by strengthening competence-based approaches that support young people's employability, personal development and transition to the labour market.

- **Reflect on local realities and employability needs**

Analyse and understand the specific challenges, trends and needs related to youth employability in different local contexts including barriers faced by young people with fewer opportunities.

- **Promote the added value of international youth work for employability**

Highlight and utilise the benefits of international cooperation and intercultural learning in developing employability competences and improving youth work practices.

- **Develop adaptability and innovation in employability-focused youth work**

Strengthen youth workers' capacity to respond to changing labour market demands by applying innovative methods, flexible approaches and competence-based learning strategies.

- **Equip youth workers with practical tools for employability support**

Provide youth workers with a variety of practical tools, methods and activities that help young people develop key competences such as communication, teamwork, initiative, problem-solving and self-confidence.

- **Foster international cooperation and exchange of good practices**

Strengthen collaboration and networking among youth workers from different countries in order to share experiences and develop innovative approaches to youth employability.

PARTICIPANTS

Youth workers (professional or volunteers) 2 participants/countries Countries involved: Czechia, Lithuania, Greece, Moldova, Spain, Ireland, Italy, Romania, Portugal, Poland

HOSTING ORGANISATION

Mission Hodina H is to get, elaborate and provide information to the community, to ensure in this way their right to have information, support permanent and sustainable learning and personal development, full-valued leisure time spending, to develop international cooperation, voluntarism, active participation, adult people and general public in the public happening, to assist and facilitate the citizens' education. Special emphasis is put on the services for adults and young people with fewer opportunities.

Main fields of work of Hodina H are information, non-formal education, volunteering, international cooperation and personal development. Hodina H was established in 2002, have over 200 members, over 30 volunteers, 3 sisters' organisation working as its branches.

Hodina H has 24 years of international and intercultural experience as a coordinating, hosting and sending organisation for the international intercultural projects, adult educational project and volunteering projects at European level and within the partnership with other regions of the world.

VENUE

Distict of Pelhřimov is a town located approximately halfway between Prague and Brno. It is known as "the Gateway to the Highlands" because of its location in the westernmost tip of the Bohemian-Moravian Highlands. The altitude is 498.63 meters above sea level at the foot of the tower of the Church of St. Bartholomew, and 509.7 meters at the railway station. <https://www.pelhrimovsko.cz/en/>
Želiv is a municipality and village in Pelhřimov District in the Vysočina Region of the Czech Republic. It has about 1,200 inhabitants. It is known for a Premonstratensian monastery.

ARRIVAL

- To reach the venue please check the connections to Prague or Brno (easiest trip to the final venue) and consult with us the best connections
- To travel from Prague: please find the connects to be ready to take the last bus from Prague to Želiv at 16:30 from the bus station ROZTYLY(around 1 hour from the airport)
- **The connection from Prague are at: 12:45,13:05, 14:45 and 16:30.**

DEPARTURES:

Departure day is 23 April, the last day the programme will finish at 17:00, please check properly your connections, incase you have early morning flight might be you necessary to take the bus (17:20) to Prague already 22nd April, 23rd April the first bus to Prague is at 5:53 (arrival to Prague – bus station at 7:20), in case of departure

TRIP AND TRAVEL COSTS

- Check your connection and consult with Hodina H (time and price)
- After the confirmation buy the tickets
- Keep all the invoices, tickets, boarding passes and bills

ACCOMODATION

Double-bed rooms/triple rooms

<https://kocanda.cz>

WHAT TO PREPARE AND BRING

- Materials and information related to the organisation
- Information about interesting and inspiring example of activities, events, tools and methods used in the youth work, overview of the employability in your country

IMPORTANT INFORMATION

- It is obligatory to take part in completed programme, all sessions and actively participate
- There is not allowed any illegal substances during the training course duration and alcohol during the programme
- It is obligatory to be able to actively communicate in English
- The participants representing the organisation must have citizenship or permission of the residence in the country of the sending organisation, this documents must be provided to the hosting organisation
- Participants must provided all documents related to their travel costs to be reimbursed after the training course
- For the further communication will be created the WhastApp group for the participants
- The sending organisations make the selection of the 2 participants they represent them and those participants will fill in the application form
- It is mandatory to have valid health insurance valid during the period of stay for any emergency.

Contact Us!



Project Coordinator in Lithuania

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Join with Tavo Europa

Educator Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects:

Explore the world and learn together with the help of Tavo Europa.

Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>



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