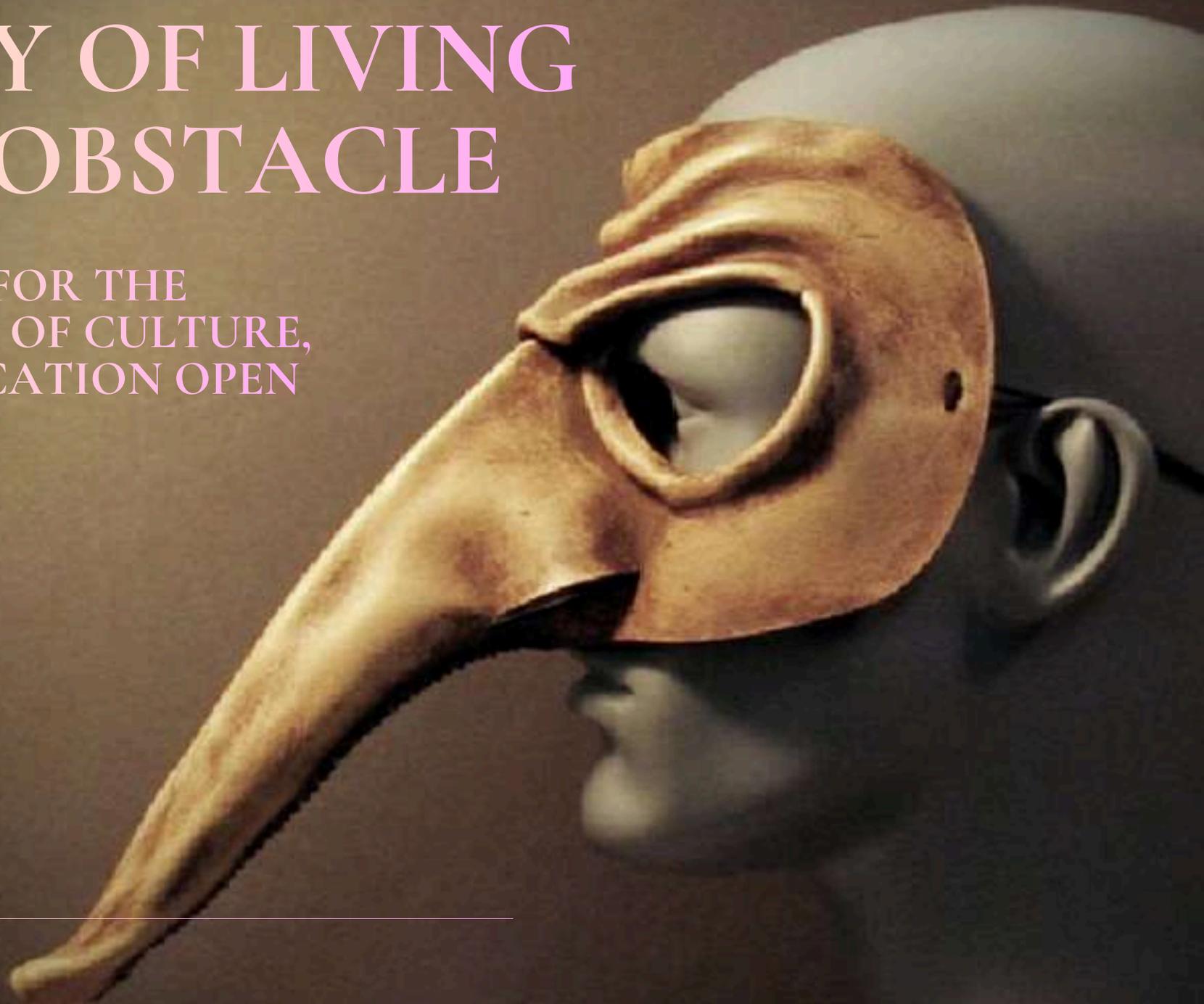


“THE JOY OF LIVING WITH OBSTACLE

FOUNDATION FOR THE
DEVELOPMENT OF CULTURE,
ART AND EDUCATION OPEN
DOOR



INFO-PACK
2025-1-PL01-KA151-YOU-000300766

PHOTO: TOM BANWELL / FLICKR, CC BY-SA 2.0

POLISH-ROMANIAN-LITHUANIAN-ARTISTIC WORKSHOP

TIME: 18.04.2026 - 26.04.2026

PARTICIPATION IN THE PROJECT IS FREE.

8 PARTICIPANTS FROM EACH COUNTRY - 7 PARTICIPANTS AGED 17-30 + LEADER

LEADING IDEAS:

Workshop participants will use the expression of their own movement, internal body language and the techniques of Commedia dell'Arte and contemporary dance to find - based on their own experiences and thought sketched but improvised situations - their path to happiness, love and... the joy of life.

This will be an attempt to portray the joy of life, contrary to stereotypical and mythologized beliefs. Evviva l'Arte. Life is a game, but why not a joyful one? Our credo will be Benigni's "La vita è bella" ("Life is beautiful"), even if it can sometimes be unpredictable or even cruel. This will be accompanied by musical experiences in the rhythm of the djembe's musical roots.



EXPECTATIONS FROM WORKSHOP PARTICIPANTS:

- commitment and creativity
- active participation in classes
- outfit: black leggings, black T-shirt, leather belt for exercise (minimum one), plain sportswear without any text: soft shoes, for dancing - thick non-slip socks or ballet slippers
- respect for everyone
- compliance with the project roles and signing the contract
- the organisers reserve that people who abuse alcohol, display aggressive behaviour, or humiliate others will be sent home - at their own expense

MOREOVER:

- Polish, Lithuanian, Romanian day
- meeting with local community members
- classes with horses and free relaxation time
- only vegetable food

The workshop will end with the FINAL SHOW for the residents of the local community in Ostroszowice. Participants undertake to conclude a contract - to attend classes and activities.

After the workshop each participant will receive a international YouthPass Certificate confirming the acquired professional qualifications.

The organisers reserve the right to introduce changes in the workshop program caused by accidental reasons.





CLASSES AND ACTIVITIES:

- Commedia dell'Arte /
Agnieszka Cianciara-Frohlich
- Contemporary dance
/ Sebastian Gebura
- Djembe drums
/ Kuba Lichwa
- Horse riding classes
/ Kamila Budzisz
- Coching with horses
/ Malgorzata Zabuska



WHO IS THIS WORKSHOP FOR?

For committed, active, and creative young movement enthusiasts-creators of interesting, artistically supported, and purposeful lives. Level of advancement in dance, theatre, or djembe playing is irrelevant, although professionals are welcome.

Arrival is tantamount to signing a contract regarding active participation in all activities.

PROJECT PARTNERS

Tavo Europa / LITHUANIA

<https://tavoeuropa.eu/>

Asociatia Comunitatilor Interculturale /ROMANIA

<https://www.facebook.com/ASCOINT/>



ASSOCIATION OF
INTERCULTURAL
COMMUNITIES



ORGANIZER:

Foundation for the Development of
Culture, Art and Education “Open
Door”

www.otworzdrzwi.pl

Project coordinator / contact person

- Piotr Zabuski

PLACE: Culture and Sport Centre

Horse Island address: ul. Polna 15, 58-
262 Ostroszowice / POLAND

GPS address: Wyspa Koni Piotr
Zabuski

www.wyspakoni.pl

[https://www.youtube.com/watch?](https://www.youtube.com/watch?v=OyBxksyfWME)

[v=OyBxksyfWME](https://www.youtube.com/watch?v=OyBxksyfWME)

Another implemented project link:

[https://www.youtube.com/watch?](https://www.youtube.com/watch?v=q23p4gPdhr4&t=3s)

[v=q23p4gPdhr4&t=3s](https://www.youtube.com/watch?v=q23p4gPdhr4&t=3s)



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KULTURY SZTUKI I EDUKACJI
„ OTWÓRZ DRZWI ”



Travel

We'll be travelling together by van!

If you have any questions about the journey, please read this file carefully and feel free to contact us if anything is unclear.

Participants will travel using the organization's vehicle. The trip will start on **April 18th** from Lithuania, and you are expected to arrive at the venue the same day in the evening. The return journey will be organised in the same way, and we expect to be back in Lithuania on **April 26th**, later in the day or at night.

Participants will be driving the car all the way. You will need to pay for diesel and road taxes. However, these expenses will be reimbursed once you return home and present all original invoices.

Before departure, all participants will be required to sign the rules for using our vehicle.

Each invoice must include our organization's credentials:

Travel Tavo Europa Mozūriškių g. 17-8, LT-06298 Vilnius Registration Code: 304638334

Contact Us!



Project Coordinator in Lithuania

Austeja Amankaviciute

austeja@tavo-europa.eu



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Join with Tavo Europa

Explorer Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects:

Explore the world and learn together with the help of Tavo Europa.

Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>



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