

CALL FOR PARTNERS

Associations established in an EU Member State
or in a third country associated with the program



FOOD AS RESISTANCE

Exchange of young adults
From 8 to 22 August 2026

Where: in the association du Centre de Beaumotte, located in Beaumotte- Aubertans, 30km away from Besançon and Vesoul.

Participants : 20 participants from 4 different countries

- Age: from 18 to 30 years
- Each group will be composed of 4 participants and 1 animator

No requirements, just motivation and willingness to share!

Participation fees : Free; this project is financed by Erasmus+ program

Postage costs: Beaumotte will pay the partner associations 100€ per participant and leader joining the entire project, in recognition of the previous work to prepare the project.

APV: At the Beaumotte Centre, to be scheduled in June 2026.

CENTRE DE BEAUMOTTE

The Association du Centre de Beaumotte moved into a former paper mill in 1979. It has now become a large house that provides permanent accommodation for around 15 people. The main project of this popular education association is to **welcome people in serious difficulty, whether young people or adults**. To keep this project alive; we work with social, cultural and generational diversity, convinced that it is because of this diversity that people change and that **together we can change society**.

Here they live people with complicated backgrounds (adults and teenagers), international volunteers and permanent employees who take care of the smooth running of the place ensure the smooth running of the home. **For the duration of the project, participants will have the opportunity to share moments with all these people.**

INTRODUCTION

This project will bring together young people from four different countries around a central theme: **food and its relationship with the environment, society, and political choices**. Over the course of fifteen days, participants will explore these issues through **living together**, collective experimentation, and the sharing of knowledge.

The project will invite participants to reflect on key questions: what do we eat, where does our food come from, and what impacts do our food choices have? These reflections will take shape through moments of discussion and debate, allowing participants to explore food-related issues in all their complexity, at the intersection of personal choices, social realities, and economic systems.

At the heart of the project will be a wide range of **practical workshops focused on food and ecology**, imagined, proposed, and facilitated by the participants themselves. Everyone is encouraged to come with their ideas, skills, or curiosities; and those who do not yet have any are of course welcome to discover, experiment, and learn. Workshops may include permaculture and food gardens, foraging for wild edible plants, food processing and preservation, ecological and plant-based cooking, bread baked in a wood-fired oven, zero-waste practices, and short food supply chains.

The project aims to be an **open space for dialogue and learning**, where participants can share practices, question our food systems, and address topics such as climate change, agriculture, or food sovereignty. Through these exchanges and hands-on experiences, participants will collectively develop concrete pathways to transform their practices and contribute to a more sustainable, fair, and conscious food system.



ACTIVITIES

The first few days will be dedicated to setting up the self-management system, and to a range of intercultural, cross-knowledge and language modules. There will be Thematic workshops, **run with and by the participants**. We plan to organise trips around the region to meet local initiatives and welcome speakers who are specialists in and/or passionate about these subjects. At the same time, everyone will be involved in community life: cooking, cleaning, preparing informal activities, etc.

The mornings will be reserved for activities linked to the theme of discrimination:

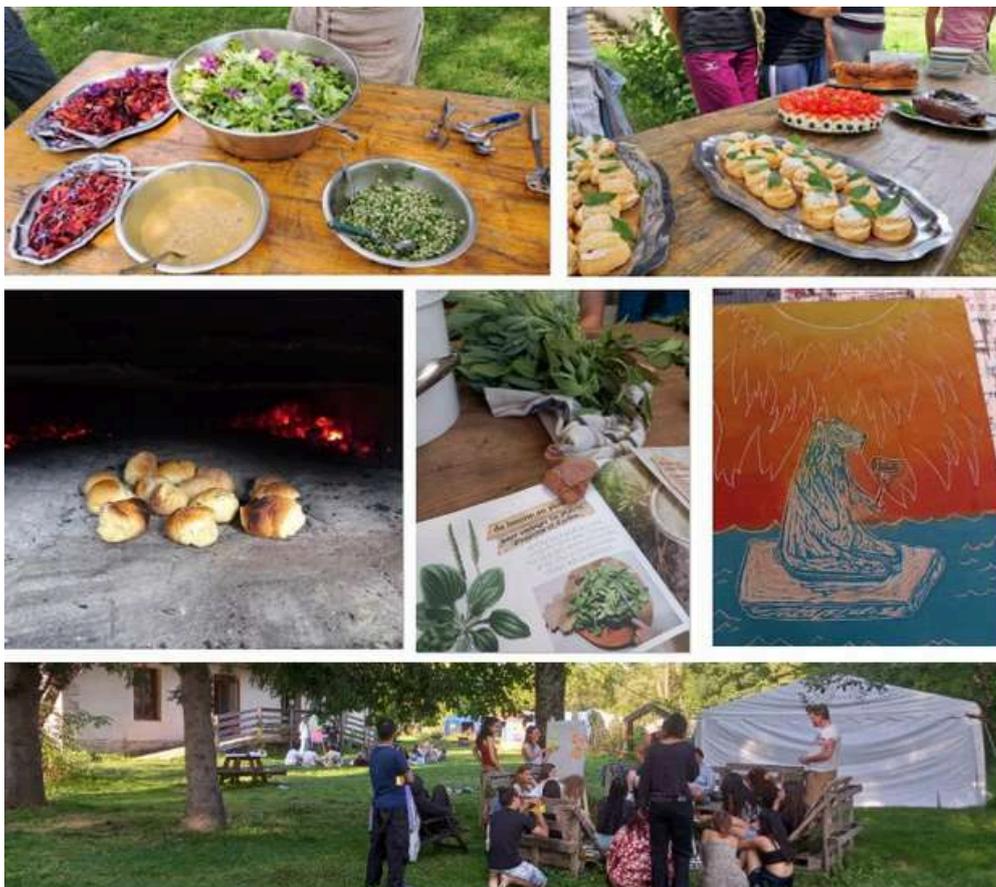
- intercultural exchange workshops
- time for reflection in various forms (debates, interviews, surveys, etc.)
- creative activities (content as well as visual and audio aids)
- time for discovery (of professional tools and equipment)

In the afternoons, participants will alternate between :

- intercultural exchange workshops ;
- a variety of games
- collective activities ;
- free time based on local discovery and getting to know each other ;
- casual time.

Exemples of possible additional activities :

- Walks, visits to Besançon, concerts, etc.
- International meal with the villagers
- Evening by the fire



POPULAR EDUCATION AND PARTICIPATION OF THE YOUNG PEOPLE

Over the two weeks, the participants will be **living and doing things together throughout the stay**. This is an important component, as it means that the young people will be cooking, washing up and cleaning the communal areas. They will also be expected to eat every meal together, take part in the programme and **suggest activities**. We want the participants to be responsible for daily life: this is the basis of the intercultural nature of this project. **In a popular education and non-formal education dynamic, 'doing together' remains the most important tool for a real encounter.**

SKILLS REQUIRED

No particular skills are required to take part in this exchange; all that counts for us is **motivation** for the project and also the willingness to live a collective life. The project will be open to 20 young people aged 18 to 30 from four different countries, including France. We would like each partner country, as far as possible, **to respect the balance between genders, social backgrounds and life trajectories**. We would also like them to reserve 1 or 2 places for Young People with Fewer Opportunities/marginalised/in minority. The Centre de Beaumotte will not be asking for any financial contribution from participants.



PRACTICAL INFORMATION

Centre de Beaumotte association uses a collective space to carry out its projects. A team of activity leaders will be established to implement the action. There will be a reference leader for each country. A second youth exchange will take place on the same site on the same dates, focusing on intersectionality and the convergence of struggles.

- Participants will be accommodated at the Centre de Beaumotte on **mixed-gender** basis, in large **collective tents** (8 to 16 places), on bunk beds. Participants should bring their own duvets and pillows. A fallback site is available in the event of weather conditions requiring it.
- They will have access to the Centre's bathrooms and toilets, as well as dry toilets outside.
- The food will be prepared in a professional kitchen. At Beaumotte, we only eat **meat twice a week**. We are raising awareness about eating vegetarian and balanced.
- **Limited wifi access**, on a fixed time slot, outside of activities (unless necessary).
- There is **no washing machine** on site.
- Due to the diverse range of people who attend in Beaumotte, the premises are **alcohol-free**. It is therefore important to note that it is not possible to bring alcohol onto the premises or consume it there.
- The association's minibuses will be used for scheduled **outdoor activities**.

The centre also receives young people with social difficulties, who are accompanied on a daily basis by a specialised educator. There is always a support worker on site, day and night, including weekends and public holidays.



FINANCIAL ASPECTS

Travel costs will be partially reimbursed in accordance with the Erasmus + pricing policy:

- **28€** for the distances from 10 to 99 km
- (56€ in case of green travel)
- **211€** for the distances from 100 to 499 km
- (285€ in case of green travel)
- **309€** for the distances from 500 to 1999 km
- (417€ in case of green travel)
- **395€** for the distances from 2000 to 2999 km
- (535€ in case of green travel)
- **580€** for the distances from 3000 to 3999 km

A previous visit to the place will be offered in June. Travel expenses will be reimbursed according to the same scale.

For participants to be reimbursed after the project, as the sending association you will need to **collect all the tickets for your group** (young people + leader) and send them to us. Our association will reimburse the transport and postage costs in a single bank transfer, no more than 3 months after the end of the project. This bank transfer will take place once we have received proof of travel and the travel diary has been duly completed.



Contact Us!



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Join with Tavo Europa

Explorer Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

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