

# Who's really disabled?

## Call for participants

### Who's really disabled? *European Youth Exchange*



This Erasmus+ project addresses a crucial reality: **ableism** is still widespread and dominant in our societies. The recognition and understanding of **disabilities** are evolving, and it is time to create spaces where we can question, explore, reflect, and act together.

Here comes the opportunity to **bring together** people with diverse backgrounds, values, cultures, and experiences in order to improve our society and our vision on disabilities. Our aim is to create a **supportive, inclusive, safe, and collaborative** environment where participants can:

+ **Explore** and **deconstruct** representations of disabilities, particularly invisible disabilities

+ **Identify** existing stereotypes and learn how to fight ableism and stigmatization

+ **Understand** the rights of people with disabilities and assess how they are respected

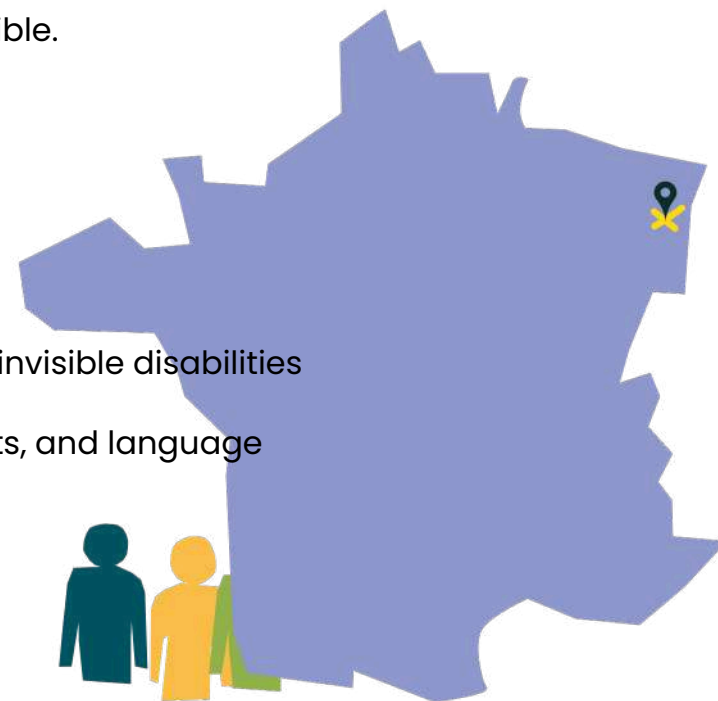
+ **Discover** practical levers for action to make the invisible visible.

Our **objectives**:

+ **Identify** and **deconstruct** prejudices related to disability

+ **Strengthen knowledge** and recognition of both visible and invisible disabilities

+ **Question** systemic stigmatization, including practices, habits, and language



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## What participants will do:

- Exchange **experiences** and **debate** on the topic of disability
- Plan and implement an **awareness-raising activity** about the multiple forms of disability in society
- Co-create a customized **exhibition** reflecting what they've learned
- Get involved in the daily collective life

This is your opportunity to develop skills in inclusion, and contribute to a project that aims to make a real social impact!

More precisely, you will live in a **community** and will have the opportunity to participate in the organization of our **collective adventure**: everyday life, cooking great intercultural meals, suggesting or/and playing games, organizing our free time... You will be assisted by 2 French facilitators during the project & leaders from the participants' countries.

For 2 weeks, through all these **diverse activities**, built in the spirit of **non-formal education**, we will have the opportunity to build together a diverse and collective vision of living and doing together! Join the adventure!



## Practicals informations



### For who

Youth from **18 to 30** years old while the group leader has no upper age limit, from **Lithuania, Spain, Italy & France** This project will approach potentially emotionally challenging topics that can reflect on individual and collective life paths, daily difficulties and trauma. The project is not intended to be a therapeutic intervention. Participants are therefore required to take responsibility for their own boundaries during the activities.

### When

From **Tuesday, June 23** to **Friday, July 10**

### Where

At **Fouday** (Alsace in France)

### Accomodation and food

Accommodation in a collective house with another volunteers. Meals will be provide and cook by the participants in turn. We give priority to vegetarian dishes.

### Costs

**No participation fee** - Travel costs will be partially covered according to the Erasmus+ calculator



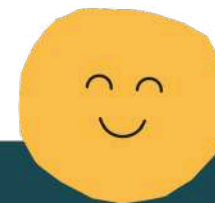
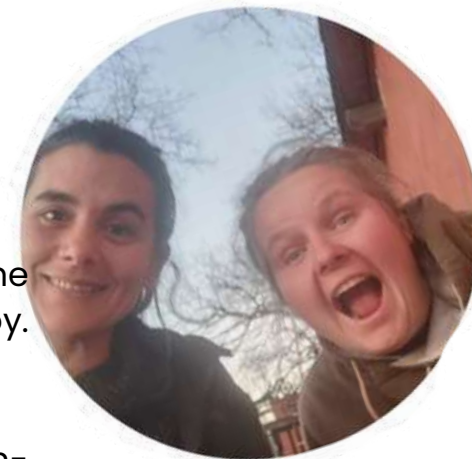
### About trainers:

The trainers have been working together for several years now. They share the same human values in a very complementary way and are really looking forward to this project.

**Justine** is a passionate and creative trainer who has not parted from non-formal learning since she fell into it. She really appreciates working with groups and exploring social topics together with joy.

Anecdotes : she is a real collector of useless collections and enjoys coffee at any time.

**Anet** is a trainer and facilitator passionate about creating inclusive and welcoming spaces in non-formal education. She loves using participatory and active methods to make learning meaningful, and approach every project knowing there's always more to learn. Fun fact: a big fan of the green color... and chips ice cream!



**Solidarités Jeunes (SJ)** is a non-formal education movement and association that places solidarity, voluntary commitment and political will at the heart of its project. Our choices and actions are an affirmation of our vision of a society where progress is first and foremost social, where respect for people and their environment is a fundamental and shared value, and where the freedom to choose, to dream and to resist is both innate and supported.

# Contact Us!



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# Join with Tavo Europa

Explorer Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

**For more projects:**

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