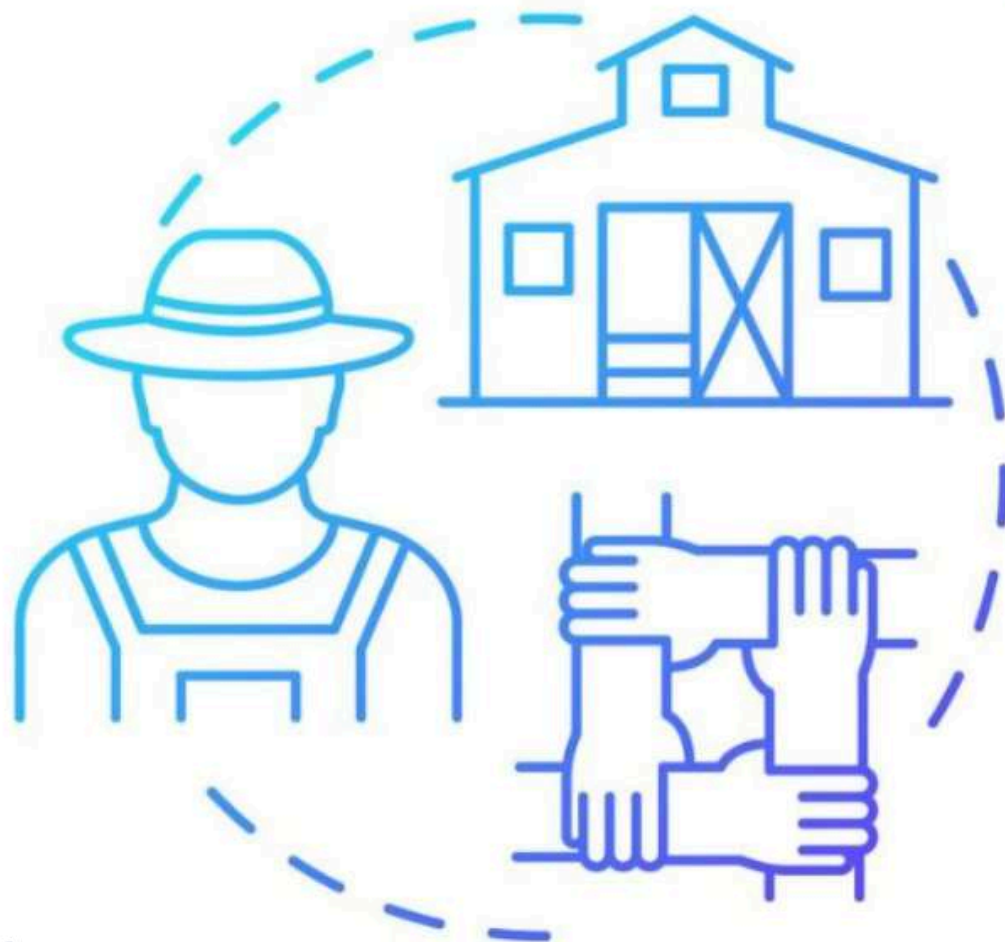




Co-funded by
the European Union

Youth Exchange Reviving Rural Communities Through Youth Engagement



21 MAY - 1 JUNE
2026 KOMOTINI
GREECE



ABOUT THE PROJECT

The main aim of the project is to empower young people living in rural areas by strengthening their participation, visibility, and connection to their communities through non-formal education. From a youth work perspective, the project seeks to address the limited opportunities available to rural youth and to create meaningful pathways for engagement, learning, and expression. The project promotes inclusion by targeting young people with fewer opportunities due to geographical isolation, lack of access to services, and limited exposure to international programmes. It will build the capacity of youth workers and educators to use creative, accessible, and inclusive tools that are adapted to rural contexts. The project also aims to highlight the value and richness of rural life, encourage young people to take pride in their identity, and foster a more positive narrative about rural youth at the European level.

PARTNERS & PARTICIPANTS

Travel cost limits:

“Cooperation for Local and Regional Development Non-Profit Civil Law Company” - Greece

ASSOCIATION FOR SUSTAINABLE DEVELOPMENT SFERA INTERNATIONAL

BITOLA - The Republic of North Macedonia: **285 EUR per participant (Green Travel)**

ASOCIACIJA TAVO EUROPA - LITHUANIA: **309 EUR PER PARTICIPANT**

ASOCIATIA YELLOW SHIRTS - Romania: **417 EUR per participant (Green Travel)**

Each partner has to bring 5 participants (age 18-25) and 1 leaders (no age limit). Participants with fewer opportunities are more than welcome. Totally - 6 persons!

Duration: 10 working days + 2 travel days

ARRIVAL DAY - 21 of May

DEPARTURE DAY - 1 of June

All the tickets have to be confirmed with us before booking them! These travel expenses will be reimbursed to the partner organisation via transfer after the project having all the original return tickets delivered to us. We would like to remind you that flight tickets need to be economy class. Participants need to bring and submit the original tickets, invoices where is shown the **PRICE** and **BOARDING PASSES** in order to get their reimbursement. Invoices should be in **EUR** and your names should be written on the invoices. If the participants do not submit the respective original documents to us, their payment will not be reimbursable!!!

P.S.: All the tickets have to be confirmed with us before booking them!

INSURANCE

All the participants are responsible to obtain a health and full travel insurance. The costs for the insurance have to be covered by you. **Remember your European Health Insurance Card!**

HOMEWORK

Prepare a short presentation about one rural community in your country. You may choose your own village or town, or another rural place you know well. In your presentation, include the name and location of the community, what makes it special, what daily life is like there for young people, the main challenges they face, and the positive aspects or opportunities the community offers. You can also mention local traditions, culture, nature, or the main types of work people do there.

ACCOMODATION AND FOOD

You will be accommodated in the hotel Kyridis located in Komotini in double rooms: <https://hotelkiridis.gr/>
Breakfast will be served in the hotel, lunch and dinner in local restaurants.

FLIGHT OPTIONS

Thessaloniki:

From the airport take the bus Nr. XI to the bus station KTEL (the ticket cost 2 EUR).

From the bus station KTEL take the bus to Komotini (price - 27,50 EUR). Duration: 3,5 hours. You can check and book the bus from Thessaloniki to Komotini online:

<http://ktelrodopis.gr>

There are also possible flights to Athens (keep in mind that to reach Komotini you need to take the bus as its al- most 800 km far away and takes 8/9 hours. Ticket costs 72,80 EUR one way or 100,00 EUR with return or plane to Alexandroupoli what is 40 min away from Komotini and then you take the bus to Komotini. Ticket costs 6,90 EUR)

ABOUT KOMOTINI

Komotini is a city in Thrace, northeastern Greece. It is the capital of the region of East Macedonia and Thrace and of the Rhodope regional unit. The city is home to the Democritus University of Thrace, founded in 1973. Komotini is home to a sizeable Muslim minority, which constitutes 50% of the city's population.

Built at the northern part of the plain bearing the same name, Komotini is the seat as well as the administrative, financial and cultural center of the prefecture. It is also the seat of Eastern Macedonia – Thrace Region and a transport interchange. During the Turkish occupation, Goumoultzina or Gkoumourtzina (as Komotini was known at the time) was the most important settlement of the region and became very prosperous. During the second half of the 19th century it became major agricultural and breeding center of the area. It was liberated in 1913, but did not join Greece until May 1920 with the signature of the Treaty of Sevres. A great number of refugees settled in Komotini in 1922-1923. In the modern town the Christian and Muslim communities co-exist in peace as far as culture and every day habits are concerned. It is located 795 km NE of Athens and 281 km NE of Thessaloniki.

Looking forward meeting you in Komotini!

Your Host - “Cooperation for Local and Regional Development Non-Profit Civil Law Company”

The organisation is a Civil Non-Profit Company, established in Komotini under the name “Cooperation for Local and Regional Development Non-Profit Civil Law Company” with the distinctive title “Local Action”. The organisation actively promotes initiatives in the fields of social inclusion, sustainable local development, green and cultural entrepreneurship, environmental protection, volunteering, and cultural heritage.

CONTACT US

If you have any questions, don't hesitate to contact us!

Project Coordinator in Lithuania

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Join with Tavo Europa

Explorer Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects:

Explore the world and learn together with the help of Tavo Europa.

Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>

