



**D-contract -  
About  
Contracts in  
Democracy**



**Infopack Erasmus+ training course  
05 - 13 May 2026  
Bicăcel, Romania**

**Experiment Teatru Clandestin**



**Coordinating country:** Romania

**Participating countries:** Lithuania, Germany, Hungary, Czechia, Italy, Spain, Portugal, Bulgaria, Greece and other Programme countries & associated.

**Participants' ages:** 23+ years old, youth workers



**Activity dates:** 05-13 May 2026  
04 & 14 May 2026 travel days

The concept of “D-Contract” refers to the social and democratic contract between citizens and society: rights come with responsibilities, participation strengthens democracy, and active involvement shapes communities. Through this training course, youth workers will explore how to translate democratic values into practical, accessible learning experiences for young people.

## The main objectives of D-Contract – About Contracts in Democracy are:

- To strengthen youth workers' understanding of democratic participation, voting awareness, and civic responsibility.
- To equip participants with non-formal education methods for teaching democratic values to young people from early teenage years.
- To increase awareness of EU Youth Goals, European citizenship, equal rights, and opportunities within the European Union.
- To challenge limiting mentalities inherited from past political systems and encourage empowerment, freedom of expression, and participation.
- To promote environmentally responsible practices within youth work and project implementation.

## Activities will include:

- Interactive workshops on democracy, participation, and the social contract
- Simulations and role-plays related to elections, decision-making, and civic dialogue
- Group discussions on historical and cultural barriers to democratic involvement
- Digital and virtual learning sessions using online platforms and collaborative tools
- Exchange of good practices between youth workers from different countries
- Practical labs for designing youth activities focused on democratic participation



## WHAT TO TAKE?

- personal medication (if needed - including antiallergic medicine if you need - THERE ARE ANIMALS ON THE FARM - dogs, cats, horses, chicken, ducks, and more!)
- cash (RON) - if you want to buy something extra on the way, a towel, slippers or other shoes to use indoors, warm, rainproof clothes (the weather can be rainy), also we will walk in the forest waterproof shoes if raining, (you may even consider wellingtons!) - please remember that we will be on a farm, the soil can be quite muddy), toiletries (remember to bring your toothbrush, shampoo, soap etc.) ear plugs, if you need (we are sharing rooms with 2-3 others ) personal notebook/journal and a pen (optional)
- traditional, preferably healthy sweets/snacks from your country to share with the others during breaks :) also the accommodation is a camping in wooden houses, central heating and electric blankets on beds, but can be cold, please bring warm clothes.

**And most important:** your motivation and presence to all the activities :)



## Visit Oradea Art Nouveau city

You will have one day free time to visit Oradea and to complete a treasure hunt in groups.

### Why Oradea is a gem worth discovering

Oradea, the administrative and cultural heart of Bihor County, stands out with its captivating Baroque and Art Nouveau architecture, earning it a proud place on the Art Nouveau European Route.

Among its architectural highlights: Baroque Palace of Oradea (now the Museum of Țării Crișurilor) features 365 windows and a rich collection spanning archaeology, natural history, and ethnography.

The majestic Roman Catholic Baroque Cathedral and the intriguing Moon Church, complete with an astronomical clock showing lunar phases, are must-see landmarks.

Oradea Fortress and elegant avenues like Republicii Street, lined with colorful Art Nouveau facades, paint a rich historical tableau.

Oradea's cultural heartbeat is further showcased in spaces like the Black Eagle Palace, State Theatre, and the Stern Palace, offering both architectural elegance and cultural activities.

For downtime or fun, the Nymphaea Aquapark provides a modern contrast with pools, slides, saunas, and wellness amenities. **Băile Felix** is also a thermal resort with spa, more Aquaparks, pools, restaurants and hotels.



# Oradea



# Băile Felix



The accomodation is simple and basic. We have 2 option for food menu: **Standard food** (international, different kind of meat, vegetables, eggs, milk, fruits, etc) or **Vegetarian**, you need to tell us before arriving what is your option.

You will also need:

**INSURANCE DOCUMENTS** (the insurance - **HEALTH, ACCIDENT AND LIABILITY** insurance for the travel + whole duration of the project is **OBLIGATORY** and is a personal contribution of every participant).



## Where?

**Bicăcel village no 112, Lăzăreni Comune, Transylvania, Romania (on a farm) ETC** manage an activity center in rural area, on a hill, near a forest, which have 40 accomodation capacity in small wooden houses for 7 people (2,3 pax/room) with bathroom in each house, an activity building with all necessary equipment, a terrace and a kitchen.

<https://experimentteatruclandestin.com/tabere/>

Accomodation, travel and food costs are covered by Erasmus+ Programme.

**The travel money will be reimbursed up to 90 days after departure and each group have 2 dissemination activities and also fill the participant report.**



**Accommodation  
Bicăcel village,  
Lăzăreni Comune  
(25 km from  
Oradea)**



**Outdoor**



**Socializing**



# How to arrive to Bicăcel?

To Oradea: by plane (OMR airport) or train

From Oradea to Bicăcel:

- by bus from Autogara Nufărul – 13 RON is the ticket • <https://transport.cjbihor.ro/>
- by Bolt or taxi – 100 RON (around 20 euros)/car, if you share the ride with other participants you can pay less



# Contact Us!

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# Join with Tavo Europa

Educator Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

## **For more projects:**

Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities:

**<https://www.facebook.com/groups/186132221744993>**



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