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# INFOPACK PLAY LEARN RECHARGE

Partnership building and training activity  
17-22 May 2026  
Budapest, Hungary

# About the project



PLAY-LEARN-RECHARGE project is a special learning and discovery event for youth workers, volunteers and youth leaders who want to strengthen their practical toolbox for working with young people while also taking care of their own mental wellbeing.

The programme creates space for participants to share and learn methods that already work well in their organisations, with a special focus on games, interactive tools and engaging activities that can be directly adapted to youth work practice. At the same time, the project responds to a real challenge in the sector: stress, overload and burnout among those who support young people on a daily basis.



# Aims of the project



The main aim of the project is to create a supportive international learning space where youth workers, volunteers and youth leaders can exchange effective youth work tools - especially games and gamified methods - while strengthening their mental health and preventing burnout in their professional and voluntary work.

The project aims to:

- enable participants to present and learn practical tools, games and methods that have already proven effective in their organisations;
- strengthen peer learning, mutual inspiration and the exchange of good practices among people active in youth work;
- improve participants' confidence in using gamified, participatory non-formal learning methods with young people;
- raise awareness of mental health, emotional balance and burnout prevention in youth work contexts;
- provide participants with practical strategies and activities that support self-care, reflection and sustainable engagement in their roles;
- build new connections and encourage future cooperation among participants and organisations.



# Who can participate?



PLAY-LEARN-RECHARGE is open to participants who are actively involved in working with young people and who are interested in both practical youth work methods and personal wellbeing.

Participants can be:

- youth workers or youth leaders;
- volunteers involved in youth activities;
- facilitators, trainers or educators working with young people;
- staff members or active contributors of youth organisations, community groups or informal youth initiatives.

This project is especially relevant for participants who want to return to their organisations with new tools, fresh inspiration and practical ideas for making youth work both more engaging and more sustainable.

We are looking for people who:

- work directly with young people in formal, non-formal or informal settings;
- want to discover and learn new games, interactive tools and engaging activities that can be used in youth work;
- are willing to share methods and good practices from their own organisations;
- are interested in peer learning, exchange and international cooperation;
- feel the importance of mental wellbeing in youth work and want to explore ways to prevent stress and burnout;
- are motivated to take part actively in the full programme.



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# The Agenda



**DAY 1**  
GETTING TO KNOW



**DAY 2**  
PLAY



**DAY 3**  
LEARN



**DAY 4**  
RECHARGE



**DAY 5**  
REFLECT



**DAY 6**  
EVALUATE



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# The Venue: TIA Community Office



## TIA COMMUNITY OFFICE

at

1094 BUDAPEST

Bokréta utca 11-13.

It is located in Pest side, in a nice area near the turistic center.

TIA Community Office is a youth-friendly space used for community activities, workshops and non-formal learning programmes. It offers a comfortable environment for group work, shared learning and reflection. It is well suited for interactive sessions, method-sharing, games, discussions and wellbeing-focused activities.



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# Finances

## PROGRAMME

Accommodation, food and program costs are fully covered by the organisers.

## DOCUMENTS

Please keep all your original tickets and boarding passes for administration and reimbursement.

## REIMBURSEMENT

We plan to reimburse your travel costs after the TC by bank transfer after we received all the needed documents from you within 60 business days.

Reimbursement is subject of completing the online evaluation form sent to you right after the training event.





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# Travel



Travel costs are determined by standards set strictly by Erasmus+ Programme based on the distance between your hometown and Budapest.

Distance is calculated one direction, based on [this calculation page](#) provided by the Erasmus+ Programme.

**Arrival:** before 17:00 on 17. May 2026  
**Departure:** possibly after 12:00 on the 22 May 2026

Arrival and departure shall be made to/from Budapest Airport/Train/Bus Station.  
You are invited to stay up to 2 days extra before or after the event in Hungary on your own expenses.

Travel Distance	Non-Green Travel	Green Travel
10 - 99 km	28 EUR	56 EUR
100 - 499 km	211 EUR	285 EUR
500 - 1999 km	309 EUR	417 EUR
2000 - 2999 km	395 EUR	535 EUR
3000 - 3999 km	580 EUR	785 EUR

# Contact Us!

## Project Coordinator in Lithuania



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# Join with Tavo Europa

Educator Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

**For more projects:**

Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities:

**<https://www.facebook.com/groups/186132221744993>**



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