

# TELL ME ABOUT IT

AN AMAZING TRAINING COURSE ... HOPEFULLY



27 June - 05 July 2026



Morbello - ITALY

# PROJECT OVERVIEW

## HOW THE IDEA WAS BORN

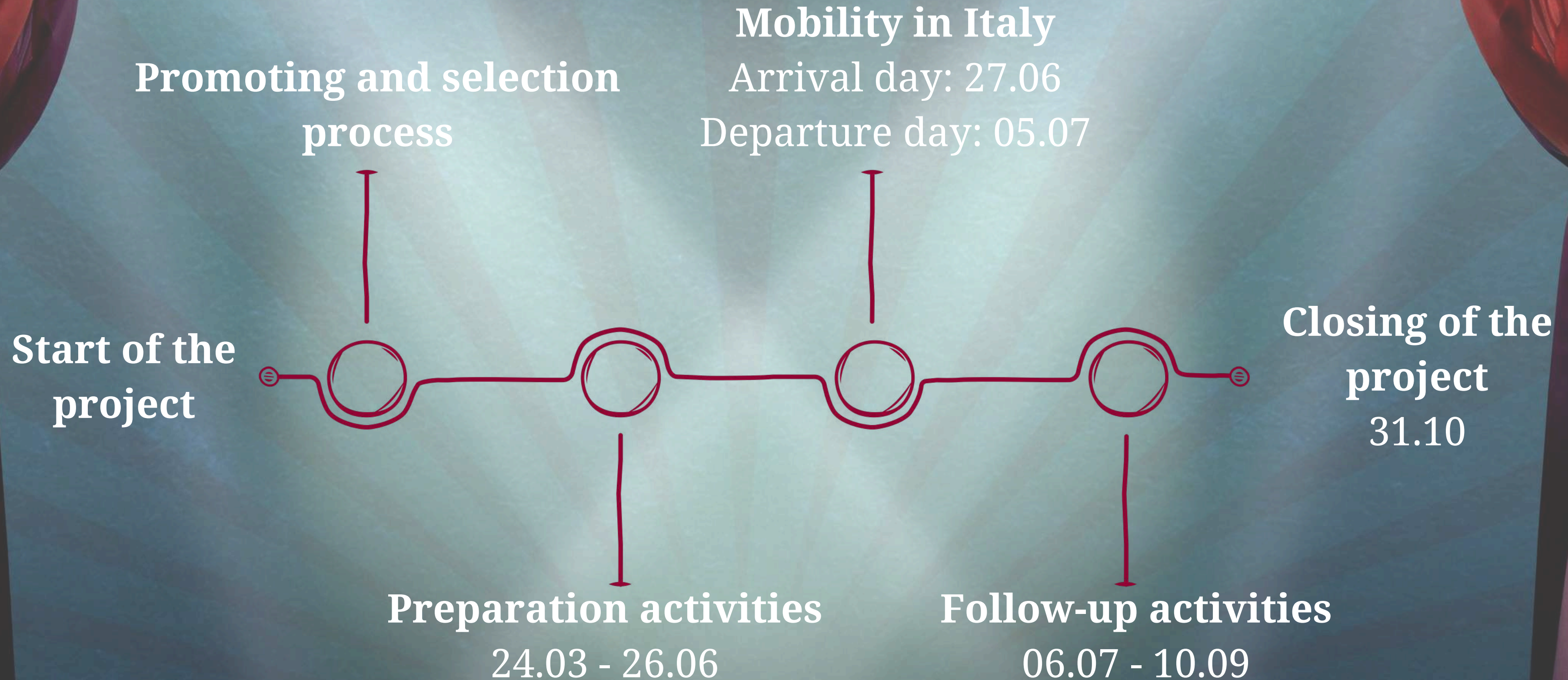
Stand-up comedy is an art form with deep roots, combining rhetorical and argumentative skills, elements of theatre, critical thinking and a profound awareness of oneself and others. The idea behind "TELL ME ABOUT IT" is to provide youth workers with some of the key tools of this discipline, supporting them in their daily work with colleagues and service users. Humor is accessible to everyone and, when used consciously, can help defuse conflicts, strengthen cohesion, and foster a dynamic, authentic, and non-moralizing sense of inclusion.

## AIM

"Tell Me About It" aims to provide international youth workers with the competences needed to enhance their daily communication and to develop storytelling skills through the pedagogy of stand-up comedy.



# ACTIVITY TIMELINE



# AGENDA



# FOLLOW-UP ACTIVITIES

The organization and implementation of at least **7 local or online events, 1 in each local community** where the participants of the projects are active, that involve **local organizations** in some workshop/performance based on the topic of the project, and in the planning of coordinated actions in cooperation.

Remember, the follow-up activities are an important part of the project!

# TEAM



**Emiliano** began improvising in 2016 and graduated from the National School of Improv Theatre in 2019. He represented Italy at the Mondial d'Impro in Geneva and at several international (2022) festivals, including the Lyon Improv Fest. Since 2024, he has been the artistic director of CAP10100, where he hosts "DISSIPENSER – science communication meets stand-up comedy," a show that has featured some of Italy's leading stand-up comedians and science communicators. For about four years, he has been teaching in Erasmus+ programs, focusing on body awareness techniques, stress group management, meditation and theater. He has taken part in more than 200 performances as a stand-up comedian, actor, and director.

**Caterina** has always been involved in theatre, both on stage and behind the scenes. She has studied theatre since high school and graduated from the National School of Improvisation in 2022. Passionate about organization, she has worked on various music and theatre festival productions. In 2023, she moved into stand-up comedy, opening shows for several Italian comedians. Since November 2025, she has been working at the Rete delle Case del Quartiere in Turin, focusing on cultural and community projects. In her free time, she sings in the shower, talks to herself, and often changes her mind.



# VENUE



The venue is located in **Morbello**, a small village in the province of Alessandria. The place is 50 minutes from Alessandria, the largest city in the area.

At our disposal, there will be a big **activity** room and a **large backyard**. The accommodation is close to a **forest** to create a good connection with the nature.

We will be close to the nature, so the **temperature could be low** during the evenings and hot during the day.

We want to bring sustainability into our minds when being there - you will be taking part in light housework such as daily cleaning, dish washing, etc. These tasks are part of a learning process in a group environment.

The cozy rooms will be organized to host 4-6 people and there are shared bathrooms.

**It's a simple and comfortable venue, but not luxurious, so a bit of adaptability is helpful.**

**Please, take in consideration that you might not have access to internet connection all the time.**



# PARTICIPANTS PROFILE

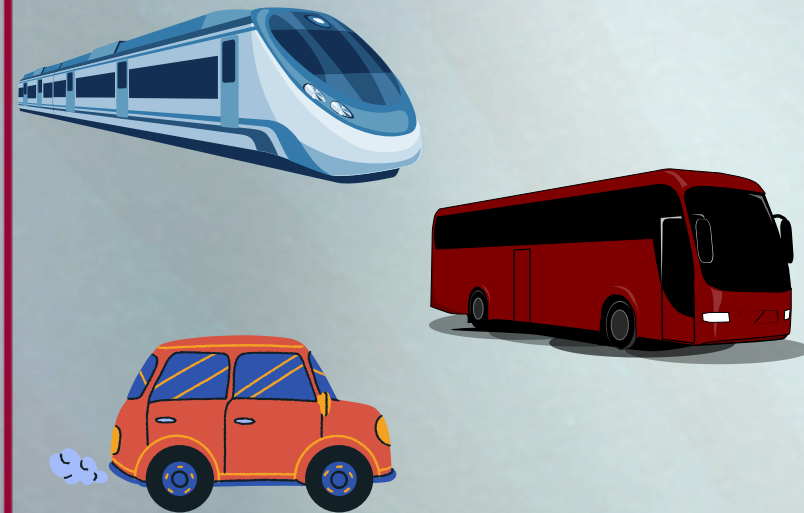
**3 participants from each country**

- **To be a Youth Worker, a Volunteer or collaborate with an organization**
- **To be between 21 and 30 years old**
- **Motivated to take part in all the phases of the project. Would like to bring the results in the local community.**
- **To hold the European Health Card (or similar insurance)**
- **To live in one of the partner countries.**



# HOW TO GET THERE

## GREEN TRAVEL: THE SOLUTION WE SUGGEST!!!! - ONLY FOR ITALIANS



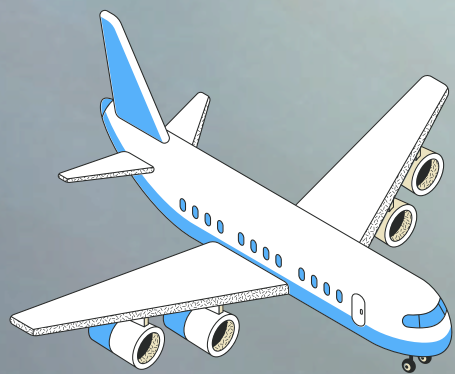
### Train /Bus /Car pooling:

Those who choose to travel by train **can evaluate the Interrail for 4 days** - (<https://www.interrail.eu/en/interrail-passes/global-pass>)

Who choose to travel by car have to **share the vehicle with other 2 people**



## OTHERWISE



### Airplane:

To land in **2 different airports in Milan** -> Malpensa (MXP), or Orio Al Serio (BGY)

Then, **bus from the airport to Milano Centrale train station** ->

[https://www.terravision.eu/airport\\_services.html?noredirect=en\\_US#](https://www.terravision.eu/airport_services.html?noredirect=en_US#)

Or, **train from Malpensa to Milano Centrale train station** ->

<https://www.malpensaexpress.it/en/travel-documents/tickets/>

**A private bus will pick you up at Milano Centrale train station at 18:30, please arrive there 15 minutes before the departure.**

**For the return, the bus will pick you at Milano Centrale train station around 9:00 in the morning.**

# ***COSTS AND REIMBURSEMENT***

The project is co-funded through the Erasmus+ program, **which means that accommodation, food, materials, the program, and travel costs up to the maximum allowed amount are fully covered.**

According to the rules of the Erasmus+ program, if your travel costs are higher than the maximum reimbursable amount, the difference is covered by you.

**To be eligible for reimbursement, we ask you to keep all your tickets, boarding passes, and invoices (originals). ONLY if you have the travel tickets, boarding passes, and invoices we can reimburse your travel cost.**

The reimbursement is done usually approx. 2 -3 months after the project, once you send us the originals of the tickets and took part in all the phases of the project.

We will only reimburse your travel costs if you participate in the whole training, the follow-up, and the evaluation after the project.

# Maximum reimbursement amount

Italians must travel GREEN. This means that you can have:

- 4 additional travel days
- paid accommodation and food during the travel

## TRAVEL DAYS

### NO GREEN TRAVEL

26 - 27 June

05 - 06 July

2 travel days in total

### GREEN TRAVEL

24 - 27 June

05 - 08 July

4 travel days in total

	<i>TRAVEL</i>	<i>GREEN TRAVEL</i>
<i>Italy</i>	<i>No</i>	<i>230 €</i>
<i>Turkey</i>	<i>290 €</i>	<i>No</i>
<i>Lithuania</i>	<i>250 €</i>	<i>No</i>
<i>Spain</i>	<i>250 €</i>	<i>No</i>
<i>Poland</i>	<i>250 €</i>	<i>No</i>
<i>Greece</i>	<i>250 €</i>	<i>No</i>
<i>Bulgaria</i>	<i>250 €</i>	<i>No</i>

# Keep your invoices, tickets and boarding passes



We will require these documents for the reimbursement of your travel costs, without **INVOICES, TICKETS AND BOARDING PASSES** the reimburse will not occur.



Electronic documents are preferred (you don't have to print anything).



We need Boarding Passes of the flights. Be careful because they expire from your phone app after the flight. Screen shots for are valid for BP. Also PDF or physical formats.



## TRAVEL RULES:

- 2nd class is mandatory. Transfer by
- Taxi/Uber (or similar) is not eligible for reimbursement unless there is no other option by public transportation. Only one baggage per person (besides the backpack) is eligible for reimbursement. Seat allocation is not eligible for reimbursement. To get the reimbursement the travel is to be done
- during the travel days.



# What to bring

- **Valid passport or ID card**
- Travel and **health insurance** valid in Italy (we strongly recommend getting an extra travel insurance, not only EU health card)
- **Any medicine** you take on a regular basis
- **Comfortable warm clothes** for indoor and outdoor activities
- Water bottle
- Good **walking shoes** (waterproof)
- Raincoat
- **Towel**
- **Swimsuit**
- Hygienic kit
- Sun cream, Mosquito repellent

# Partners



**Centrines Europos tribuna**

**Verseckas89@gmail.com**



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**YOUTH CONNECT**

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# *About YOUTH Connect*



YOUTH Connect is a non-profit youth association that promotes, and organises local, international and online activities addressed to youth. The vision is identified as "youth connection": connection with oneself, with other young people, with associations, with institutions, with experts, with national and international communities, with the world. YC members firmly believe in the opportunities for realizing this vision using a peer-to-peer approach and non-formal education, which are the basis of the methods used during the association's activities.

Three principles inspire the organization:

- Connections: discovering connections between individuals, groups, organizations and communities, improving communication and analysing and resolving conflicts.
- Contact: establishing contact between young people and organizations, in order to achieve the same goals.
- Change: little changes help the change of the world.

# Contact Us!

**Project Coordinator in Lithuania**

Austeja Amankaviciute

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# Join with Tavo Europa

Educator Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

**For more projects:**

Explore the world and learn together with the help of Tavo Europa.  
Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>



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