

AWAKENING OF A NEW GENERATION

Empowering Youth for a Changing Job Market
Erasmus+ Youth Exchange (KA152-YOU)



JULY 7TH - 15TH 2026 (INCLUDING TRAVEL DAYS)
ALICANTE, SPAIN



Co-funded by the
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THE PROJECT

This Erasmus+ Youth Exchange focuses on **youth unemployment** and the urgent need for young people to adapt to a fast-changing labour market shaped by digitalisation and new technologies, including artificial intelligence.

The project brings together young people from different European countries to **learn by doing**, share experiences and develop practical tools that support their employability and personal growth.

Rather than a traditional training, this exchange is based on **active participation**, non-formal education and collaboration. Participants will not only take part in activities, but will also have the opportunity to **actively contribute to the learning process**, working together in an international and supportive environment.

The exchange will take place in Spain and will combine learning, intercultural cooperation and youth empowerment.



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OUR GOALS

- To increase young people's employability by developing useful digital and transversal skills.
- To help participants understand how the labour market is changing, especially due to new technologies and artificial intelligence.
- To encourage young people to become more proactive, confident and independent in their job search and career choices.
- To promote active participation, youth empowerment and peer-to-peer learning in an international environment.
- To support young people in discovering their potential and taking an active role in their own learning process.



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KEY BENEFITS

By taking part in this Youth Exchange, you will:

- **Develop practical skills** for your future career, including digital skills, teamwork, leadership, and effective **active job searching** techniques.
- **Gain confidence and independence** while acquiring **new perspectives** to face professional and personal challenges.
- **Improve your intercultural awareness** by meeting young people from 6 different countries and sharing diverse ways of thinking.
- **Build an international network** of friends, peers, and professional contacts that will last beyond the project.
- **Experience peer-to-peer learning**, taking an active role in both learning and facilitating activities in a supportive environment.

This exchange is a unique chance to learn, experiment, and grow in an international environment while preparing for your future.



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PROJECT ACTIVITIES

During the Youth Exchange, participants will take part in a variety of **interactive and non-formal activities**, such as:

- workshops on digital skills and employability
- activities focused on job searching, CVs and personal profiles
- group work, discussions and problem-solving tasks
- intercultural activities and team-building exercises
- reflection sessions to support learning and self-awareness

All activities are designed to be **practical, dynamic and participatory**, encouraging young people to learn from each other, share experiences and actively contribute to the group.

This exchange is not about passive learning, but about **being involved, experimenting and learning together** in an international environment.



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YOUR ROLE

This Youth Exchange is based on **active participation and peer-to-peer learning**. Participants will not only take part in the activities but will also have an **active role in facilitating them**.

At the beginning of the exchange, the hosting organisation will present the **structure and planned activities**. Participants will then work in **small international groups**, with each group responsible for facilitating the activities of one day. They can follow the proposed plan or **adapt it creatively** according to their ideas and group dynamics.

This approach allows young people to **take responsibility for their learning, develop leadership and teamwork skills, and learn from each other** in a practical and meaningful way.



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PARTNER COUNTRIES

Country	N° of Participant	Name of the Organization
Spain	4+ Group Leader	DREAMS OF TOMORROW
Bulgaria	4+ Group Leader	RHODOPAEA - BALKANICA ASSOCIATION
Romania	4+ Group Leader	PROACTIV PENTRU COMUNITATE
Lithuania	4+ Group Leader	
North Macedonia	4+ Group Leader	YOUTH ASSOCIATION INFO FRONT - PRILEP
Italy	4+ Group Leader	ASSOCIAZIONE CULTURALE GIOVANI IDDOCCA

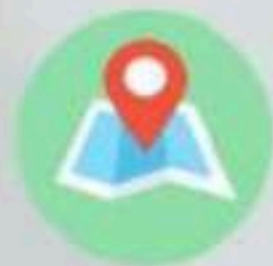


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ROOM & MEALS



Location

- Accommodation at Albergue Juvenil La Florida
- About 20–25 min walk to the city centre



Rooms

- Individual, Double, Triple, or Quadruple rooms
- Private bathroom
- Divided by same gender, different nationalities



Meals

- 3 main meals: breakfast, lunch, dinner
- 2 coffee breaks per day
- Special diets covered (vegetarian, vegan, gluten-free, etc.)
- Food allergies must be indicated in the application form



- 07/07 – Arrival with dinner
- 08/07–14/07 – 7 days of activities
- 15/07 – Departure after breakfast

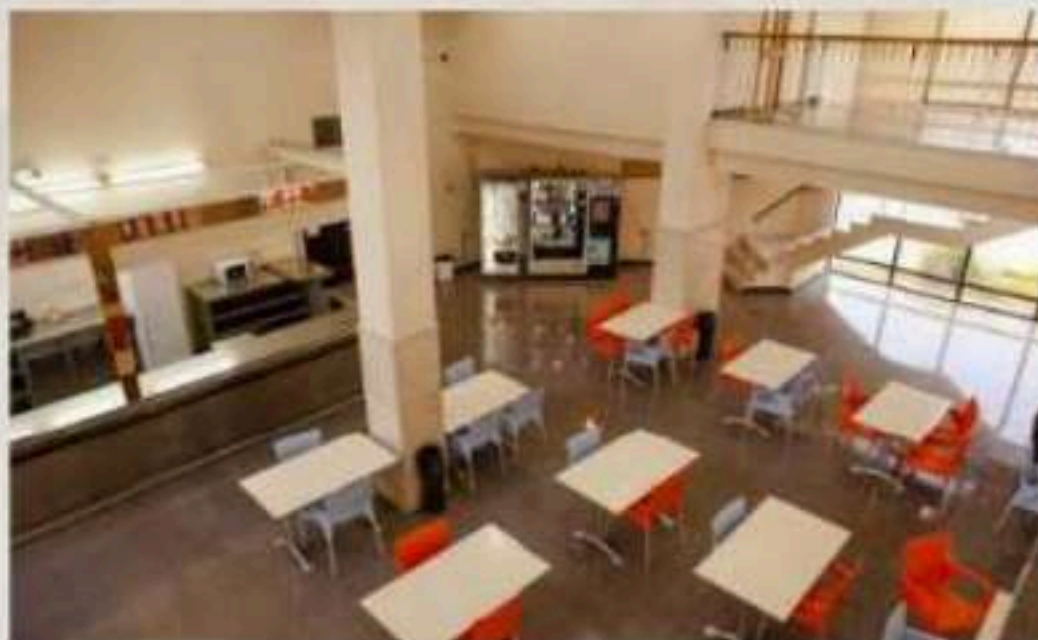


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PLACE OVERVIEW



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TRAVEL REFUND

**Please keep your
"ORIGINAL" invoices,
tickets, boarding passes or
any other documents related
with the travel.**

Country	Travel Grant per participant
Spain	56€
Bulgaria	395€
Romania	395€
Lithuania	395€
North Macedonia	395€
Italy	309€

**Travel costs: are budgeted
according Erasmus+
conditions (using the EU
distance calculator)**

**Reimbursement will be done
after the project**

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**APPLY
NOW**

Participants

- Age: 18–30
- Interested in youth employability, life skills, and non-formal learning
- Enjoy creating/editing photos, videos, or promotional content
- Open-minded, positive, and flexible
- Ready to step out of their comfort zone
- Able to communicate in English
- Gender balance aimed (50/50)

Group Leaders

- Age: 18+, no upper age limit
- Experience in youth work is a plus



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TRAVEL COSTS 1/2

Travel Reimbursement

Travel costs are reimbursed according to Erasmus+ rules. Participants must attend all activities and submit all original travel documents (tickets, invoices, boarding passes, emails, bank confirmations). Reimbursement may take up to 2–3 months.

Booking & Confirmation

Please confirm your flights with the organisers before booking. Only confirmed tickets can be reimbursed. Public transport (planes, trains, buses) is covered. Taxi or ridesharing (e.g., BlaBlaCar) is covered only in exceptional cases and after prior confirmation. Always ask for an invoice when possible. Keep your boarding passes; extra services such as seat selection or meals on board are not covered.



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TRAVEL COSTS 2/2

Extra Days

According to Erasmus+ rules, participants may extend their travel up to 2 extra days in total. This means the sum of days before and after the project cannot exceed 2 days. For example, if the project starts on 07/07 and ends on 15/07: participants could arrive 06/07 and leave 16/07, or arrive 05/07 and leave 15/07. Any travel outside this margin is not reimbursable and participants must cover accommodation and meals themselves.

Dissemination

Participation in dissemination activities after the project is mandatory. Travel reimbursement will be processed only after all dissemination reports are submitted.



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PACKING LIST

Clothes & Sun

- Comfortable clothes for activities
- Light jacket for evenings in Alicante
- Swimsuit for the free morning at the beach :)
- Cap or hat to protect from the sun
- Be aware of high temperatures and adapt your clothes

Personal Items

- Towel, the hosting does not provide it
- Hair dryer, in case you need it, the hosting does not provide it
- Personal hygiene products such as toothbrush, toothpaste, shampoo, gel, etc.
- Personal medication, bring your own if needed
- Sun cream

Other Recommendations

- Drinks, food, or any items to help present your country during the intercultural evening
- Bring your passion items (guitar, dancing props, knitting set...)
- Please bring positive energy and good humor



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HEALTH INFO

All participants should bring their **European Health Insurance Card (EHIC)**, which allows access to public hospital treatment in Spain. The EHIC is **not a travel insurance**: it does not cover private health care, non-emergency costs, or medical repatriation.

Participants who cannot have an EHIC must bring a **health/travel insurance** valid for the entire duration of the project. Costs for insurance are **not covered** by the project budget.

If you take **regular medication**, please arrange it yourself. There is a pharmacy near the accommodation, but prescriptions may be required.

If you have any **health conditions, disabilities, or mobility issues** that may affect your participation, please inform the organisers in advance so we can assist you.

It is your responsibility to have all travel documents in order before the project.



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GETTING THERE

If you click or go to the following link, you can find all the information about **how to get to the venue**

<https://bit.ly/thevenuealicante>



Hosting Place Location

<https://bit.ly/4pK3ENv> (Google Maps)



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Contact Us!



Project Coordinator in Lithuania

Austeja Amankaviciute

austeja@tavo-europa.eu



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Join with Tavo Europa

Explorer Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

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<https://www.facebook.com/groups/186132221744993>



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