



Jaunatnes starptautisko
programmu aģentūra



Funded by
the European Union



Eco Voices: Youth Environmental Journalism

ERASMUS+ YOUTH EXCHANGE

Project Agreement Code: 2025-3-LV02-KA152-YOU-000372588

RIGA, LATVIA
19 - 27 JUNE 2026





Jaunatnes starptautisko
programmu aģentūra



Funded by
the European Union



ABOUT PROJECT

The climate crisis is real, and young people feel its impact every day. They see the changes in their communities, carry the anxiety, and want their voices heard – yet in many countries, their stories rarely reach the public. This project gives them the tools, space, and confidence to change that. Across Latvia, Lithuania, Azerbaijan, and Italy, young people are already engaged in climate issues, but many lack access to journalism training or platforms where their stories matter. In some places, independent media is shrinking; in others, youth voices are overlooked or reduced to hashtags.

This exchange brings together 32 young people (18–30) – aspiring journalists, changemakers, or simply curious minds – who care about the environment and want to learn how to report on it. They will come from diverse backgrounds, including rural and underrepresented communities, united by a shared desire to become climate storytellers.

Our goals are to:

- Help participants turn climate concerns into powerful, publishable stories.
- Teach core journalism skills: research, interviewing, fact-checking, framing, and visual storytelling.
- Build confidence in public communication, especially for those new to it.
- Strengthen cross-country solidarity by exploring different climate challenges together.
- Support youth participation, digital activism, and media literacy.

In short, we want young people to leave this exchange ready to tell the truth about the climate crisis – in their own words and with their own voices.

Here is the overview of the Activity Agenda. Activity times are subject to change.



SELECTION CRITERIA

Age Requirements: Young people aged between 18 and 30 years old.

The Number of Participants: We are looking for 32 participants in total. 7 participants, 1 team leader per national team, must join our project.

Gender Balance: 4 men and 4 women

Language Requirements: English language proficiency level is intermediate.

Fewer Opportunity Background:

There must be 3 participants from each national team who have **economic, geographical, and cultural disadvantages.**

In line with our commitment to inclusivity and equal access, our national team will include twelve (12) participants who face various cultural, social, or economic disadvantages.

Below is an overview of the profiles we are looking for:

Financial Disadvantages: young people from financially disadvantaged backgrounds. This includes individuals without a steady income, such as unemployed university students or recent graduates who are currently unemployed and face economic barriers to participating in international opportunities.

Cultural Barriers: individuals who face challenges related to cultural differences, including difficulty navigating unfamiliar customs, limited exposure to diverse cultures, language-related misunderstandings, or discomfort adapting to new cultural environments.

Geographical Barriers: young people from remote or rural areas, where accessing international opportunities is more complicated due to long travel distances, limited transport connections, and logistical challenges.

If you believe you fit one of these profiles, you are encouraged to discuss your situation with your sending organization, which can provide guidance and support throughout the application process.

TRAVEL INFORMATION

Country Name	Role	Travel Limit (EUR)	Number of Participants	Arrival Date	Departure Day
Latvia	Local Coordinator	28	8	19.06.2025	27.06.2026
Azerbaijan	Project Partner	395	8	19.06.2025	27.06.2026
Italy	Project Partner	309	8	19.06.2025	27.06.2026
Lithuania 🚌	Project Partner	285	8	19.06.2025	27.06.2026

Participants from Lithuania will use green travel options to reach the project. Green travel means avoiding air travel and taxis, and instead using trains, buses, or carpooling with others via shared vehicles or public transportation.

Insurance:

All participants are required to have valid travel, health, and life insurance for the full duration of the project, covering medical emergencies, accidents, illnesses, and repatriation if necessary. The cost of the insurance will be reimbursed together with the travel expenses, provided it falls within the applicable travel limit. To be eligible for reimbursement, participants must submit proof of insurance (policy document and payment receipt) to their sending organization.

Participants who fail to obtain adequate insurance will be personally responsible for all medical costs incurred during the project.

In addition to the above, participants holding a valid European Health Insurance Card (EHIC) are reminded that the EHIC only provides access to state-provided public healthcare in participating countries. It does not cover private treatment, minor illnesses (such as flu), emergency repatriation, or all medical expenses. Therefore, the EHIC is not a substitute for full travel insurance.

To ensure complete coverage, including for medical emergencies, travel disruptions, and repatriation, participants must obtain private travel insurance regardless of whether they possess an EHIC.



TRAVEL INFORMATION

Travel limit:

Travel limits are presented on the table above.

If you have spent more than the limit: For example, your limit is 275€ but you have spent 300 euros. You will be reimbursed 275 euros

Travel to Project Venue:

Detailed information will be shared before the arrival.

The Host Organisation will provide constant online support.

From Riga Airport (RIX) to Hotel Viktorija:

By public transport:

- Take bus **#22 to Autoosta** (Central Bus Station).
- Transfer to tram **#1 or #11 and get off at A. Čaka iela**.
- Walk about 3–4 minutes to Aleksandra Čaka iela 55.
- To the left of the airport, you will find a ticket machine where you can buy a ticket for the bus. Please note that this machine accepts only cash. If you don't have cash, you can use this app to buy your ticket online.

(<https://apps.apple.com/fr/app/mobilily/id511847269?l=en-GB>)

WHAT TO DO IN AN EMERGENCY:

POLICE	110
MEDICAL EMERGENCY	113
FIRE DEPARTMENT	112



TRAVEL REIMBURSEMENT

Maximum travel reimbursement amounts are as listed on the table above. Participants are required to choose the most competitive travel options while booking their tickets.

Before booking your tickets, you need to receive a confirmation from us. Tickets booked without our prior confirmation will not be eligible for reimbursement.

It's crucial to retain boarding passes and gather necessary documentation such as e-tickets, invoices, and proof of payment. For train and bus tickets, ensure the date, itinerary, and price are visible. Please note, taxi expenses cannot be reimbursed unless there are Force Majeure cases such as unavailability of public transport during project time.

PHYSICAL BOARDING PASS: If you have a physical boarding pass, please keep them. You will be required to provide the scan of physical boarding passes for reimbursement.

ONLINE BOARDING PASS: For all airlines, online boarding passes will only be accepted if they are downloaded as PDF files from the official airline website during the check-in process. Screenshots of boarding passes are not accepted and will not be reimbursed.

Exception for Ryanair:

Ryanair issues online boarding passes only. Therefore, for Ryanair flights only, we accept the online boarding pass as provided, without requiring a PDF download.

If You Cannot Download Your Boarding Pass:

If you did not have the option to download your boarding pass as a PDF during check-in (for any airline), you must request a PDF version by emailing the airline directly at least 5 hours before your flight departure to ensure you have the proper documentation for reimbursement.

All participants are required to provide the necessary documentation to the organization directly.

Reimbursement will be provided to the appointed team leader, designated person from the national team, or partner organization, who will distribute funds among group members accordingly.

The reimbursement process occurs up to 3 months following submission of all essential documents, including return documents.

To be eligible for reimbursement, participants must complete all requirements outlined in the Reimbursement Guidelines & Participant Agreement, which will be shared at a later stage.



Jaunatnes starptautisko
programmu agentūra



Funded by
the European Union



ACCOMMODATION AND FOOD

The project provides complete coverage for accommodation, three meals, and coffee breaks daily through the Erasmus+ Programme. There will be one meal per participant, tailored to their dietary needs. We strive to offer the finest accommodation available. The project will take place from 19 June to 27 June 2026 (including arrival and departure days) at Hotel Viktorija in Latvia.

During the stay, participants will be in shared rooms with a maximum capacity of 2 people; each with twin beds. Each room has a private bathroom.

Activities will be implemented in the event room of the accommodation.

Check in at 15:00 on 19.06.2026.

The activities will start at 17:00. Participants must plan their travel accordingly, arrive on time, and be ready to join the activities.

Dinner will be served at 19:00.

Check-out at 11:00 on 27.06.2026. Breakfast will be provided.

Meals will be provided to participants three times a day: Breakfast will be intercultural, lunch and dinner will be served at the accommodation and the training room will be located inside the accommodation. Participants will have breakfast on 27.06.2026 before departure.

The designated accommodation, Hotel Viktorija, Aleksandra Čaka iela 55, Centra rajons, Rīga, LV-1011, Latvia



[Accommodation link](#)





Food Arrangements

Lunch and dinner will be provided at the accommodation.

Breakfast will be cultural: each national team will be responsible for preparing breakfast for all participants on one assigned morning. All necessary facilities will be provided, including access to a kitchen, logistical support, and a trip to the local market to purchase ingredients.

The cost of market purchases will be covered by the project.

The nearby market offers basic products. If your national team requires specific ingredients for your traditional breakfast that are not available locally, please let us know in advance.

Upon confirmation, you are welcome to bring these ingredients from your home country. Keep the receipt for any such purchases, and the cost will be reimbursed together with your travel expenses.

Cultural Night:

Each national team is invited to present its culture through traditional food, snacks, drinks, and attire during the Cultural Night event. You may bring refrigerated food items. Each country team will receive a budget of €50 to cover shopping expenses for Cultural Night. Please keep all receipts for products purchased, whether from your home country or locally, as this amount will be reimbursed during the travel reimbursement process.

What to Bring:

Laptop: At least two (2) participants per national group must bring a laptop for activities that require digital tools.

Bed sheets, towels, and hair dryers will be provided by the accommodation.

Participants should bring their own personal items (toiletries, medications, etc.).

For free time, you are welcome to bring card games, other games, a camera, or a portable speaker to share with others.

Riga, Latvia, typically experiences warmth, sunny weather in June. Daytime temperatures generally range from 11°C to 20°C, with cooler conditions in the evenings and mornings.

Participants are advised to pack:

Light summer clothing (T-shirts, light trousers, shorts, dresses)

A waterproof jacket or compact umbrella (June has occasional rain)

Sunglasses, sunscreen, and a hat (June has long sunny days)

A light jacket or sweater for cooler evenings (around 11–12°C)

Comfortable indoor wear

“Please ensure you bring suitable clothing for early summer conditions. The weather in June can be mild to warm during the day but cooler in the evenings, with occasional rain. Being prepared will help you stay comfortable and enjoy all planned indoor and outdoor activities.

Contact Us!



Project Coordinator in Lithuania

Austeja Amankaviciute

austeja@tavo-europa.eu



Co-funded by
the European Union



Join with Tavo Europa

Explorer Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects:

Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>



Co-funded by
the European Union

