

LEAD WITH IMPACT

TRAINING COURSE

Ploiești, Romania

1-8 August 2026



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Welcome and

CONGRATULATIONS!

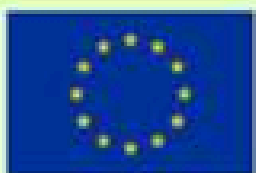
You are one of the 14 participants, who will be joining the Training Course “Lead with Impact” between **1st of August to 8th of August 2026** in Romania!

There will be participants from:

- **Romania** (2 participants)
- **Greece**(2 participants)
- **Lithuania** (2 participants)
- **Poland**(2 participants)
- **Spain** (2 participants)
- **Türkiye** (2 participants)
- **Italy** (2 participants)

Participants’ description: youth workers/leaders with experience in building/facilitating workshops for youths, +18 years old

This infopack will provide useful information about the training course subject, draft schedule, host team, travel budget, cost reimbursement, the venue and much more.



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ABOUT THE PROJECT

Our aim

- **Inspiring** youth workers and educators to become more **engaged in youngsters' needs** by giving them **methods** and tools to lead them in a mindful and efficient way

Our plan

What?

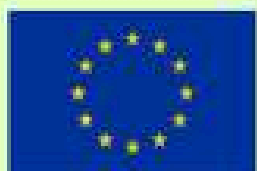
Learning about the basics of leadership, teams and their own role in different groups

Why?

Seeing the impact of succesful teams and how to help youngsters in their journey

How?

Working together to develop different leadership skills



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SCHEDULE

	03.08.	04.08.	05.08.	06.08.	07.08.	08.08.	09.08.	10.08.
	Arrival day	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Departure day
9:00-10:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10:00-11:00		Introduction F+C+E	About the E.U.	Be Your Own Leader	Spreading Knowledge	Final Project Introduction	Finalizing the Project	
11:00-11:30		coffee break	coffee break	coffee break	coffee break	coffee break	coffee break	
11:30-13:00		Get to Know Each Other	Erasmus+	How Teams Work	Communicating Meaningfully	Working in Teams	Youthpass	
13:00-14:00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
14:00-16:00		Free Time	Free Time	Free Time	Free Time	Free Time	Free Time	
16:00-17:00		Teambuilding	Competences Mission	What's in a Leader?	Be a Storyteller	Working in Teams	Reimbursement	
17:00-17:30	coffee break	coffee break		coffee break	coffee break	coffee break		
17:30-18:30	Teambuilding	Problem Solving		Leader Simulation	Presentation Time	Special Session		
18:30-19:00		Reflection 1	Reflection 2	Reflection 3	Reflection 4	Reflection 5		
19:00-20:00		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
20:00-21:00	Quick Introduction	Free Time	Intercultural Evening	Intercultural Evening	Intercultural Evening	Intercultural Evening	Free Time	
21:00-23:00	Free Time							
23:00	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time	

with reservation for changes



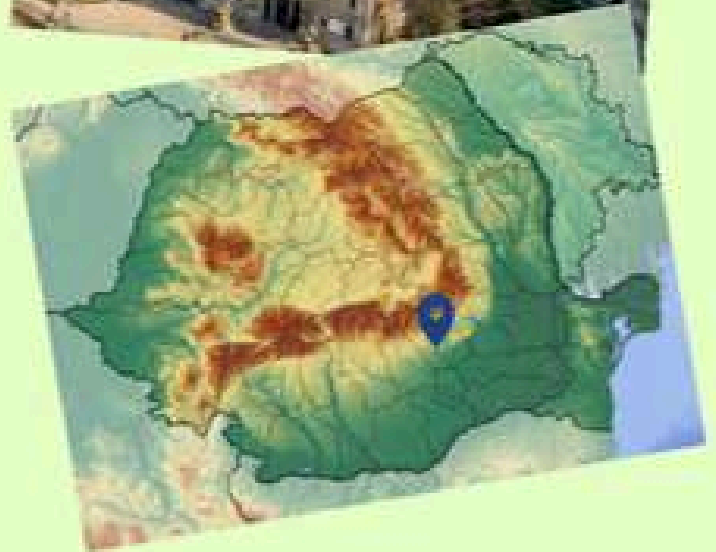
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LOGISTICAL INFORMATION



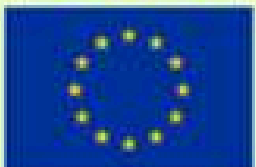
The Youth Exchange will be held in **Ploiești**, located at 62 kms north of Bucharest, the capital city of Romania. Ploiești is the main oil center of the country. The first oil refinery in the world was founded here, because the oil reserves in the region were very large. Because of this fact, the city is also called the „**Capital of black gold**”.



We look forward to meeting you all in Ploiești!

Travel advice:

- we suggest booking plane tickets to Bucharest Henri Coandă International Airport
- from there, you can book train tickets from the airport to the Bucharest North Railway Station (tickets can be purchased physically, but we suggest buying them online)
- from there, you can book tickets to Ploiești West or Ploiești South Railway Stations (tickets can be purchased physically, but we suggest buying them online)
- after arriving in Ploiești you can book:
- from Ploiești South, the bus is 44 (tickets can be purchased by cash at the bus station, or by card in the bus)
- from Ploiești West, the tram is 102 (tickets can be purchased by cash at the bus station, or by card in the tram)



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TRAVEL REIMBURSEMENT

- Accommodation and food are 100% covered by Erasmus+.
 - Travel costs are budgeted according to Erasmus+ conditions (using the European distance calculator from the city where your sending organization is registered to Ploiești).
 - Travel costs exceeding the maximum reimbursable amount will not be covered.
 - If there are any changes in route or special travel requests, please confirm these with the project coordinator **BEFORE** purchasing the tickets. Failure to do so may result in some tickets not being reimbursable.
 - Reimbursements will be made by bank transfer to the organization or appointed responsible participant **AFTER** dissemination activities are held and if all the original documents are provided to the project coordinator.
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- 10 – 99 km: 56 EUR (green travel), 28 EUR (non-green travel)
 - 100 – 499 km: 285 EUR (green travel), 211 EUR (non-green travel)
 - 500 – 1 999 km: 417 EUR (green travel), 309 EUR (non-green travel)
 - 2 000 – 2 999 km: 535 EUR (green travel), 395 EUR (non-green travel)



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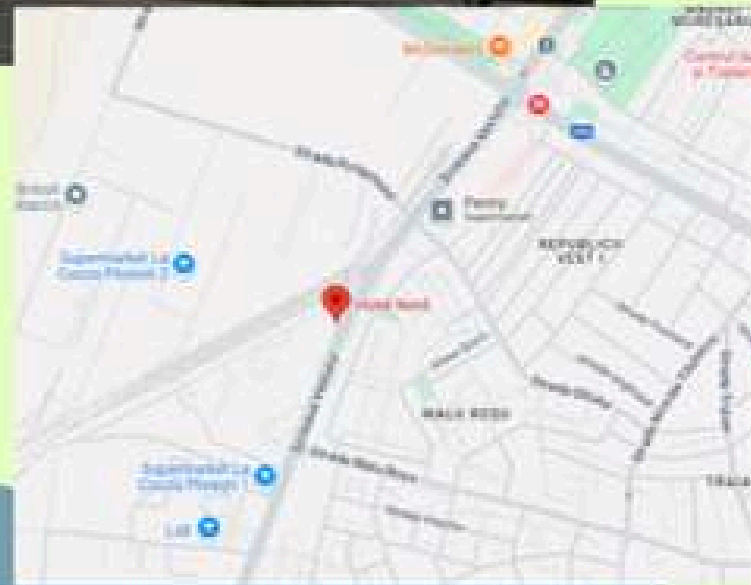
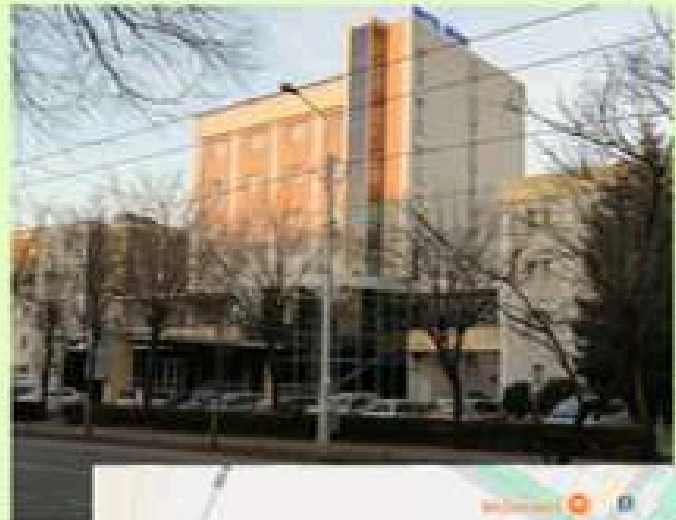
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OTHER INFO

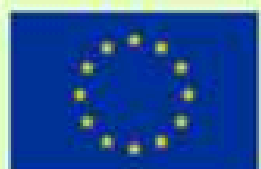
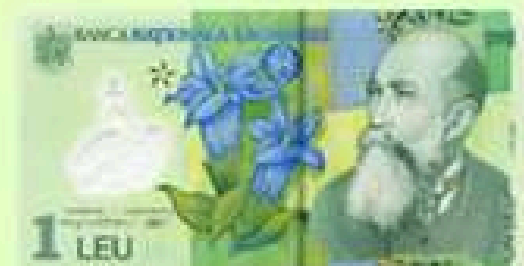
The venue:

- **Hotel Nord Ploiești** is close to bus/tram stations, to supermarkets and is approximately 15 minutes away from the city center.
- You will have **one/two roommates**, in mixed country rooms, not mixed gender.
- Further information to be announced.



Currency in Romania:

- most of stores or facilities accept card payment, but to use cash, you need to exchange into Romanian currency, which is **RON**.



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ERASMUS + PRIORITIES

INCLUSION & DIVERSITY

In all Un Strop de Fericire projects we don't have a participation fee to ensure that we can include people with economical barriers. We always aim to create a safe space where everyone can feel included.

DIGITAL TRANSFORMATION

In this project we will work with different digital tools and we advise you to bring your laptop if you are able to.

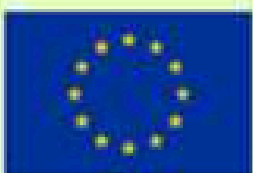
ENVIRONMENT & FIGHT AGAINST CLIMATE CHANGE

In Un Strop de Fericire we want to reduce our ecological footprint, so we encourage all participants to be as sustainable as possible. Here are some ideas for you!

- Take short showers!
- Pack lightly!
- Bring your **re-usable bottle** and **re-usable shopping bag** if you have one!

PARTICIPATION IN DEMOCRATIC LIFE, COMMON VALUES & CIVIC ENGAGEMENT

This project's priority is offering opportunities for people's participation in democratic life, as well as social & civic engagement through non-formal learning activities.



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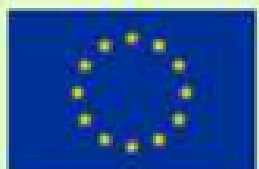
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PARTICIPANT INFORMATION

**How to ensure the best environment and learning process
during the project?**

- **be open** to the new experiences, intercultural interactions and learning process;
- **be involved** in your group and individual exercises;
- **be respectful** of other opinions, experiences, rules, and the topic as a whole;
- **have fun** and enjoy the process and progress of your work during the project.



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OUR TEAM



Cristiana

Youth Worker



Anastasia

Erasmus communication
coordinator



Cristina

Project Manager

About us

Your coordinator and host organisation is **Un Strop de Fericire Association**, a youth NGO founded back in 2012. Un Strop de Fericire Association is based in Ploiești with a mission of giving youngsters wings to fly towards their dreams.

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Contact Us!



Project Coordinator in Lithuania

Austeja Amankaviciute

austeja@tavo-europa.eu



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Join with Tavo

Europa

Explorer Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects:

Explore the world and learn together with the help of Tavo Europa.

Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>



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