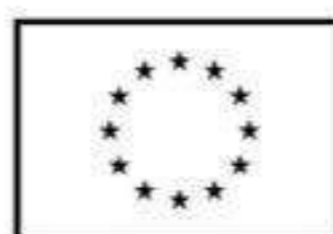




YOUTH HUMAN IMPACT



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the European Union



24-27.06.2026

WARSAW, POLAND

05-08.08.2026

BRUSSELS, BELGIUM





Youth Human Impact

WHO ARE WE?

Youth Human Impact Association is an organization that gives young people creative opportunities for self-education and personal development in order to find a passion for acting. We strive to arouse among our members the entrepreneurial attitude and sense of initiative. We organize educational projects both in Poland and abroad. We work in an unconventional way and focus on non-formal education.

Youth Human Impact Association places a strong emphasis on educating youth in its activities. We build and give opportunities to gain knowledge and skills that are not offered in the traditional school system. We give them the opportunity to gain knowledge and skills that will be used by them in everyday life: private and professional. In this way, we create the opportunity to enter the job market more easily. We always involve young people in our activities while struggling with various obstacles: geographical, economic, social.

We believe that everyone is equal and has the same right to acquire knowledge and education.

GENERAL INFO ABOUT THE PROJECT

The project was created in response to the low level of civic and electoral participation among young people in Poland, Lithuania, and Bulgaria. Research shows a lack of knowledge about voting rules, the functioning of the European Parliament, and a low sense of influence on social and political life. In response, an international project was developed to increase civic engagement among young voters and strengthen international cooperation between youth from the partner countries.

The project includes two international mobilities in Poland and Brussels, combined with civic education activities and a study visit to the European Parliament.

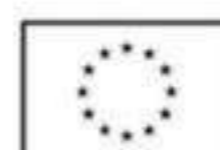
As a result, a network of youth civic leaders, an online “Map of European Democracy,” and a report on Generation Z’s attitudes toward democracy and elections will be created.

PROJECT'S AIMS

- Better understanding of democracy, voting systems, and the European Parliament.
- Increased civic engagement and confidence in influencing social and political life.
- Opportunity to participate in international exchanges in Poland and Brussels (the Parliament!).
- Development of leadership, communication, and teamwork skills.
- Building international friendships and becoming part of a network of young civic leaders.



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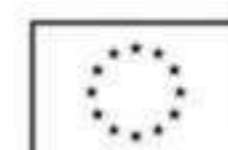
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WHAT YOU WILL GAIN?

- Better understanding of democracy, voting systems, and the European Parliament.
- Increased civic engagement and confidence in influencing social and political life.
- Opportunity to participate in international exchanges in Poland and Brussels (the Parliament!).
- **Visit to the European Parliament** and possibility to talk to the MP's (Members of Parliament)
- Development of leadership, communication, and teamwork skills.
- Build international friendships and becoming part of a network of young civic leaders.
- You will co-create a **Map of Democracy** across Europe
- You will co-create **international photo contest** on the topic of democracy.



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THE RESULTS

Report “Youth Chooses – Generation Z as Voters”

- We will analyze surveys conducted among young people in the three partner countries.
- We will evaluate the number of downloads and views of the report.

Photo Competition “My Vote Matters”

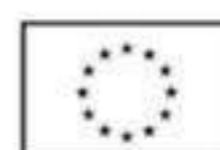
- Number of submitted photo entries (minimum 50 from each partner country).
- Analysis of social media reach and interactions
- Surveys among participants to assess whether the competition increased their civic engagement.

Online “Map of Democracy”

- Number of democracy-related places added to the map (minimum 60 in each partner country).
- Evaluation of the map’s usefulness based on feedback from users and partner organizations.



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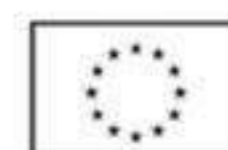
THE RESULTS

Strengthening Young People's Sense of Belonging to the EU by 70%

- Pre- and post-project surveys in which participants assess their sense of belonging to the EU on a scale from 1 to 10.
- Expected increase in the average score by at least 70%.
- Interviews with participants evaluating how the project influenced their perception of the EU.



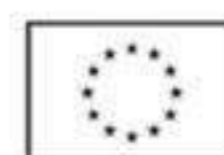
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PARTICIPANT'S PROFILE

- Young people aged 18–30 from Poland, Lithuania, and Bulgaria interested in civic participation, democracy, and European values.
- Motivated participants willing to actively engage in **all project activities**, including workshops, international mobilities, and discussions.
- Open-minded individuals interested in intercultural exchange and cooperation with young people from different countries.
- Participants ready to complete **surveys, evaluations**.
- Young people willing to become **co-creators of the online “Map of Democracy”** by researching and adding places connected to democracy and the history of the European Union in their countries and organising **photo contests in their countries**.
- Participants interested in promoting civic engagement and democratic participation within their local communities.
- Creative and proactive individuals willing to contribute to social media activities, the photo competition, and dissemination of project results.
- Young people ready to develop leadership, communication, teamwork, and critical thinking skills through international cooperation.

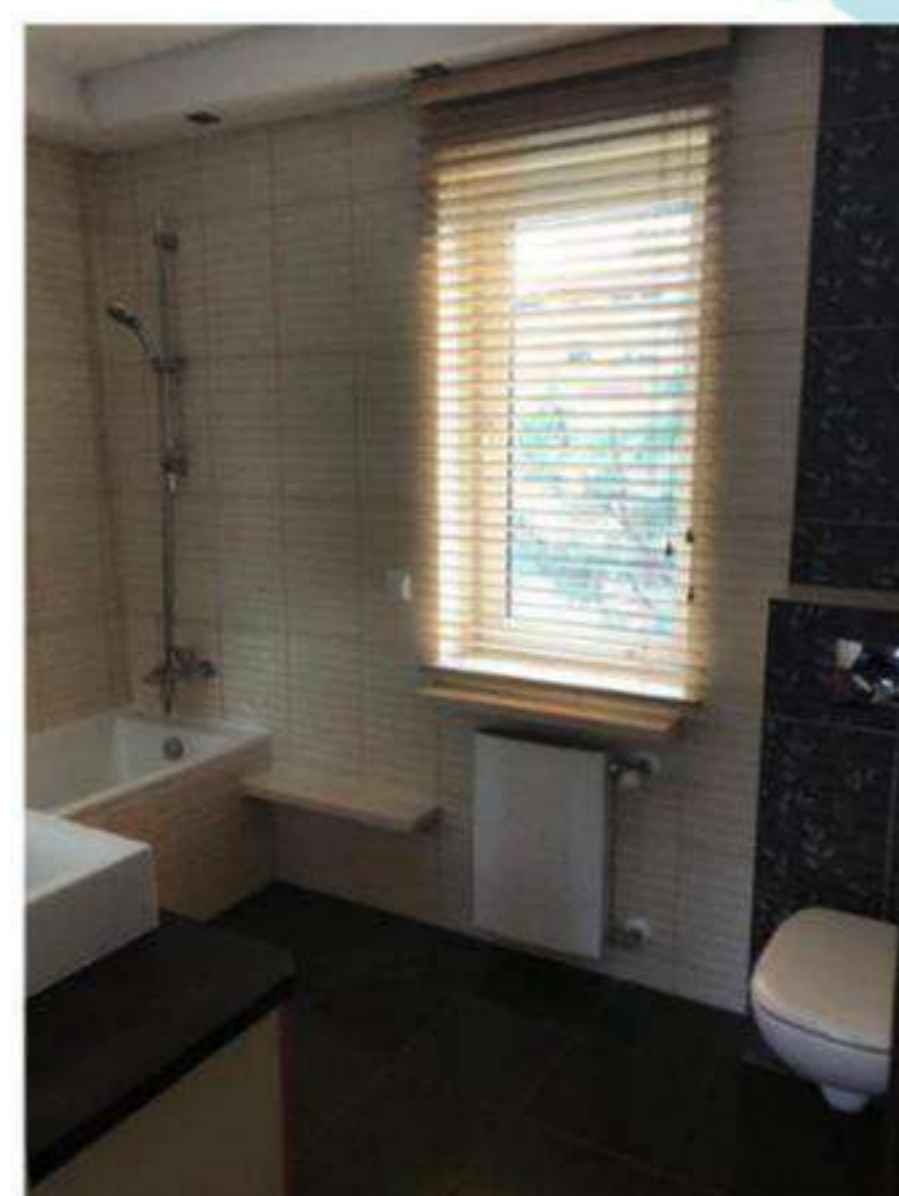
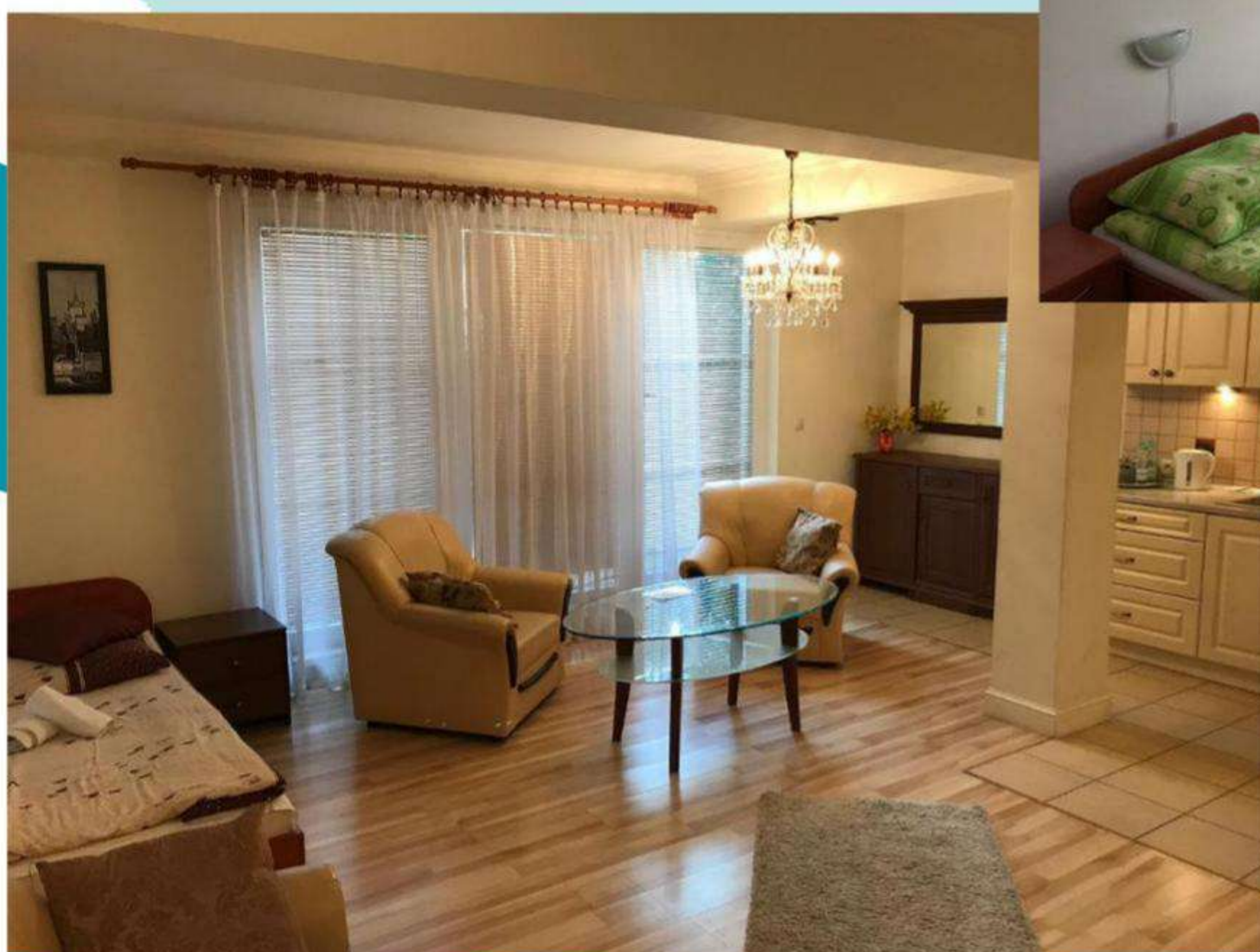


ACCOMODATION & FOOD (POLAND 24-27 JUNE 2026)

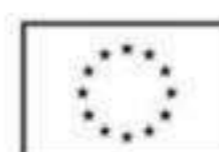
Apartamenty ROKO

ADRESS : ul. Mikołajska 17/17A,
02-455 Warszawa

The 24th June 2026 is arrival
day - you should arrive in
Warsaw before 16.00



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HOW TO GET THERE

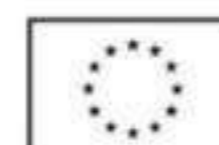
1ST PART

The hotel is located in the Włochy district of Warsaw, not far from the city centre, at ul. Mikołajska 17a, reception and meals are at ul. Mikołajska 2.

The hotel is easily accessible from Chopin Airport. You can take a direct RL, S2 or S3 suburban train from the airport to Warszawa Aleje Jerozolimskie station, which is just a short ride by the bus to the hotel (bus 127, 178 or 191 to Mikołajska 02 stop).



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TICKETS IN WARSAW

Each participant will have to buy one 3-day tickets, everyone have to buy them as soon as you will arrive in Warsaw, June 24.

You need to validate the ticket only once, when you board the bus for the first time, using the yellow ticket validator (as shown in the photo).

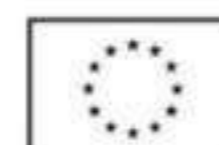
After validation, the expiration date will appear on the other side of the ticket. Please make sure not to lose the ticket, as there may be a ticket inspection and you will need to show it.

You can use these tickets for all types of public transportation in Warsaw – city trains, trams, buses, and the metro.

<https://www.wtp.waw.pl/en/public-transport-step-by-step/how-to-validate-tickets/>



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POLAND TIPS

The currency in Poland is ZLOTY.

In Poland, there is a total ban on drinking alcohol in public places such as railway stations, parks, streets. Breaking this law threatens the mandate of the altitudes of 100 zł = 25 euro. In Poland, there is also a ban on smoking in public places such as cinemas, theatres, railway stations, airports, and bus stops. Sometimes in these places it is a special place for smoking.

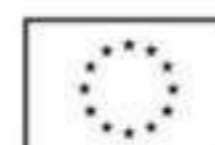
Before coming to Poland, check the weather. One day we have sunny, the other day it can rain. Take appropriate clothing.

On 15th August, Poland celebrates the Assumption of the Blessed Virgin Mary, which is a public holiday. Most shops, museums, and many restaurants will be closed on that day.

Also, please note that Sundays in Poland are non-trading days, meaning that large stores and shopping malls are closed. However, Żabka convenience stores (which you can find almost everywhere) will be open and are a good option to buy food or other necessities.



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BRUSSELS

05 - 08.08. 2026

The Brussels meeting focuses on understanding EU institutions, strengthening European identity, and exploring how young people can influence EU decision-making.

Key programme points

- Debate on youth civic engagement
- Presentation of the report “Youth Chooses – Generation Z as Voters”
- Visit to Parliamentarium – interactive EU experience
- European Parliament simulation game – negotiate and vote on a mock law
- Oxford-style debate: Do youth organisations really influence politics?

🏠 Accommodation and meals

- The exact accommodation address will be confirmed and shared with participants before the mobility (latest by 20 June 2026). Accommodation and meals will be provided.

🇪🇺 Currency & payments

- Euro. Cards accepted almost everywhere, but it's good to have some cash for small purchases.

🗣️ Language

- Working language of the project: English
- Local languages: French & Dutch – English is sufficient for tourists.

☀️ Weather (July)

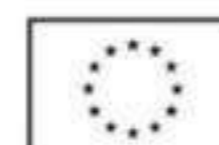
- Average 14–22°C, occasionally rain
- Pack: a light jacket or raincoat, umbrella, layered clothing.

🚌 Local transport

- Metro, trams, buses – detailed ticket info will be provided before the trip.



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PREPARATION OF THE PARTICIPANTS



- It is mandatory to **have a passport/ID before travelling** in order to be able to cross the border.
- It is recommended to bring an **European Health Insurance Card (EHIC)**, which confirms your right to use public healthcare during your stay in Italy.
- If you can, **bring a laptop** – each project participant should have a laptop with them in order to fully participate in activities during the training. As the last resort, at least a few laptops per country will do. It will be very helpful when creating workshop scenarios using elements of gamification.
- **Prepare at least 3 short energizers/games** – each national team will be asked to lead energizers during the training.

PREPARATION OF THE PARTICIPANTS



- Preparation of a **multicultural evening** – before arrival, each national group need to:
 - prepare a short presentation about their country (up to 15 min),
 - bring some national food, snacks, drinks,
 - bring some national music, introduce dances or games,
 - prepare a short quiz about their country or a tongue twisters,
 - take your flag and national symbols.
- Stay updated on the **WhatsApp group** – if there is a need to prepare something else for the project, we will inform you.
- If you like to take photos and there is a possibility to bring a camera, it will be very nice!
- If you have any **special needs**, inform the coordinator or your team leader as soon as possible. The leader should pass this information to the assistant – Kaja Kurpiewska.
-

RESPONSIBILITIES DURING AND AFTER THE TRAINING

Each national team must present their country, food and other national customs during the multicultural evening as well as lead some energizers during the training.

All participants are expected to participate fully in all activities unless they are ill. In special cases (work, school, private matters) you can of course talk to the coordinator about your schedule.

Unexcused absences from workshops are not permitted.

Workshops are organized and conducted in such a way that all participants can share their point of view. We expect you to be very active and involved.

Participants are required to disseminate the project and share the results achieved.

REIMBURSEMENT (MEETING IN POLAND)

Deadline: You will receive an online form to be filled in 14 days after the end of the project (up to 3 months after last mobility).

Then there will be bank transfers to your indicated accounts.

Please keep all original tickets and receipts for reimbursement.

We can only reimburse travel costs if original receipts and boarding passes are provided.

Your travel plan must be approved by Youth Human Impact Association team before purchasing any tickets.

	Travel using eco-friendly means of transport (train, bus)
POLAND	285 €
BULGARIA	309 €
LITHUANIA	285 €

REIMBURSEMENT

(MEETING IN BELGIUM 05-08.08.2026)

(05 AND 08 ARE TRAVEL DAYS, BUT YOU SHOULD ARRIVE IN BRUSSELS BEFORE 16.00)

Deadline: You will receive an online form to be filled in 14 days after the end of the project (up to 3 months after last mobility).

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LITHUANIA	309 €

Contact Us!



**Project Coordinator in
Lithuania**

Austeja Amankaviciute

austejai@tavo-europa.eu



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Join with Tavo Europa

Explorer Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects:

Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>