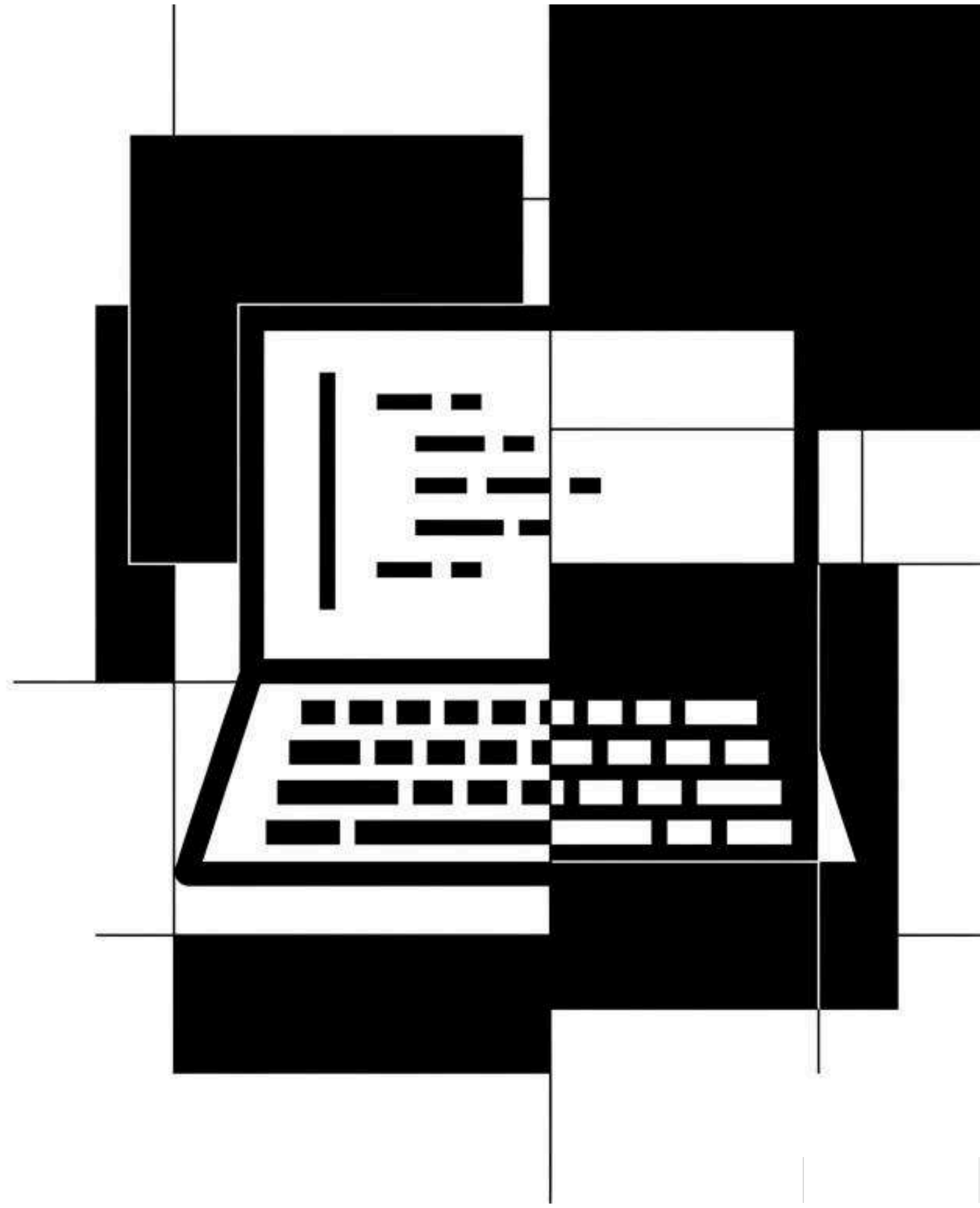


# (CREATIVE) WRITING IN THE DIGITAL WORLD

Puck, Poland | 1 June – 8 June 2026

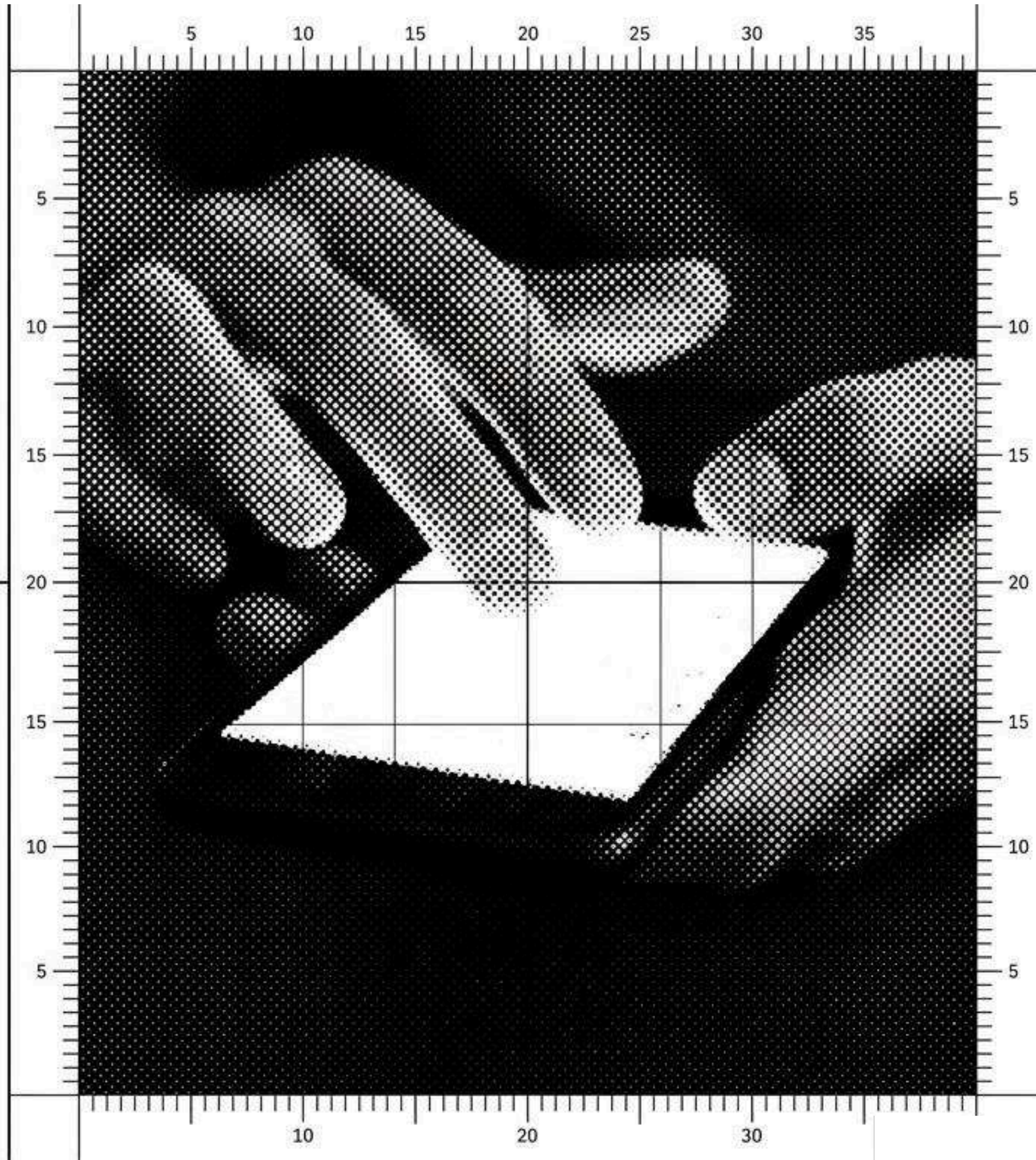
An Erasmus+ KA151  
Youth Exchange.



# We are all, unconsciously, writers.

In a digital landscape defined by constant texting and sharing, we generate endless words. This youth exchange is built on a single premise: rather than treating digital tools as a threat to authentic communication, we can leverage them as creative supports to make our voices heard.

The goal is simple. Break the cycle of mindless typing. Build genuine connections.



# The transformation from typer to storyteller.

## 01. Current State

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Automatic,  
reactive texting.

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Digital tools dictate  
the pace and structure.

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Misunderstanding and  
surface-level noise.

## 02. The Outcome

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Intentional, reflective  
self-expression.

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Digital tools become a canvas  
for creative exploration.

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Authentic connection and  
clarity of voice.

# Writing does not happen in a vacuum.

## Photography

Capturing visual narratives to anchor written emotion.

## Drama

Exploring voice, tone, and empathy through physical performance.

## Artificial Intelligence

Utilizing AI as a collaborative sparring partner, not a replacement for human thought.

## Clear Self-Expression & Intentional Growth

Empowering young people to speak louder and clearer about their needs on social media and in private life.

## Writing

The structural foundation of the expression.

# Who Belongs Here?

# 1

## **The Demographic**

Ages 18–30. (Plus 1 group leader per country, no age limit).

# 2

## **The Mindset**

For those who feel misunderstood or simply want to explore the creative side of their everyday writing.

# 3

## **The Barrier-Free**

No special writing skills needed. Minimum communication skills required are English A2-B1.

# The destination is Puck, Poland.

**ARRIVAL: 1 June 2026**

**DEPARTURE: 8 June 2026**

The training will take place in PUCK, Poland, which is a small town right at the Baltic Sea coast.

At the venue we will be provided with three meals and two coffee breaks each day.

They provide towels and hair dryers are available at the reception.

You will be staying in rooms shared with a person of the same gender but different nationality. Please note: NO POSSIBILITY to stay in a single room.

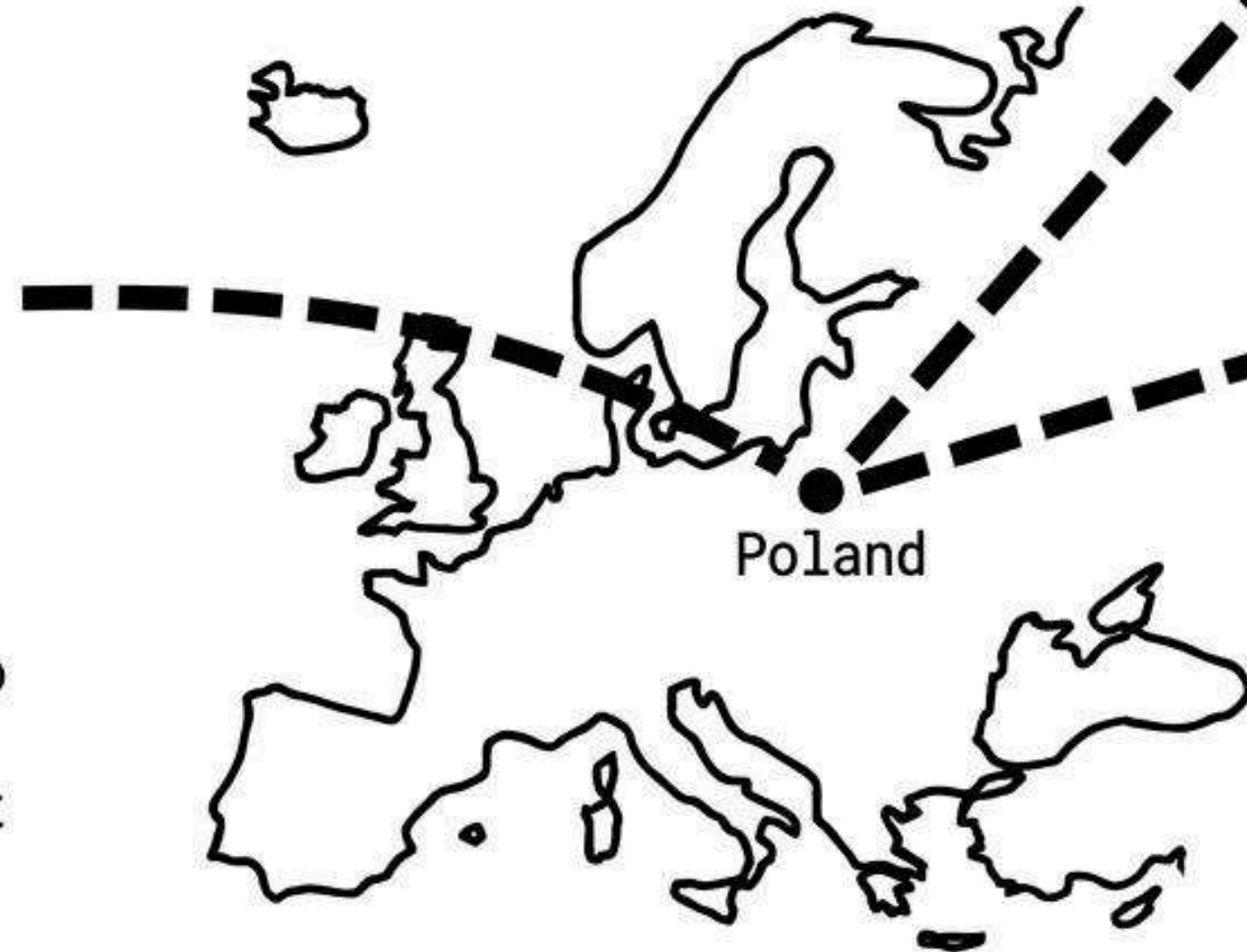


# Charting Your Course

Travel costs are covered by organizers from your organization's home base. All arrangements must be discussed individually with participants and sending organizations prior to booking.

**GDN**  
(Gdańsk)

The closest airport to Puck. Highly recommended for direct access.

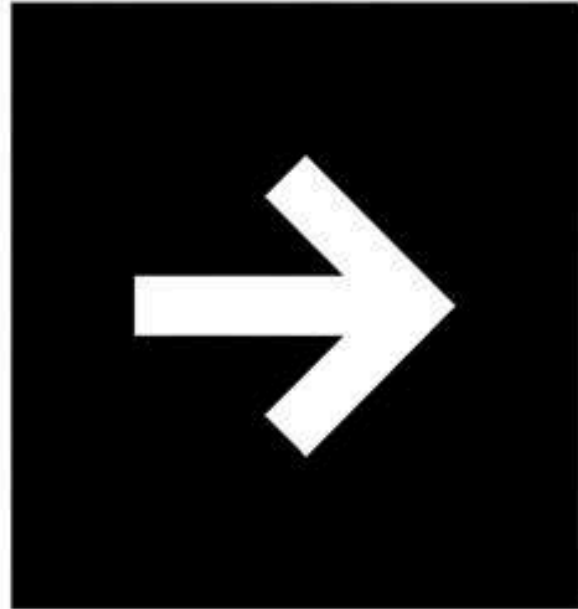


**WAW**  
(Warsaw Chopin)

**WMI**  
(Warsaw Modlin)

Highly accessible hubs, but require booking a scenic onward train journey to the coast.

# Travel logistics and medical security.



## THE JOURNEY (TRAVEL COSTS)

Travel costs are covered by the organizers. All specific travel arrangements will be mapped out and discussed individually with participants and their respective sending organizations.



## THE SHIELD (INSURANCE)

Valid insurance coverage is mandatory for the duration of the Erasmus+ course. You must possess a European Health Insurance Card (EHIC) or equivalent to cover medical emergencies, accidents, loss of belongings, or travel disruptions.

# INTERCULTURAL EVENING

PLEASE, DO ~~NOT PREPARE A 40 SLIDE PPT~~ ABOUT HISTORY.  
WE WANT TO **TASTE, FEEL, AND HEAR** YOUR CULTURE.

## 01. Taste

Bring local sweets, traditional snacks, or drinks. Let the authentic flavors of your home be the primary way you share your world with us tonight.

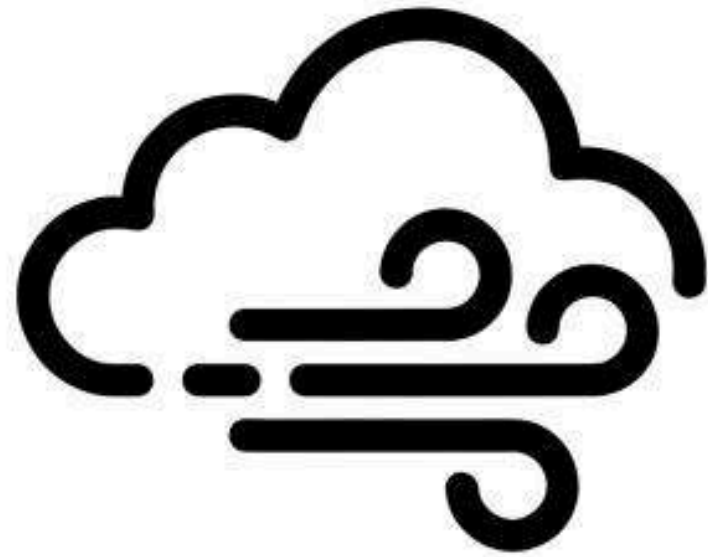
## 02. Feel

Teach us your national dance or show us a popular game you play back home. We want to move, play, and engage with your heritage in real-time.

## 03. Hear

Prepare a short, fun quiz or a lively demonstration. We want to hear your home through interaction. It is a show, so make it immersive.

# *Ground Realities*



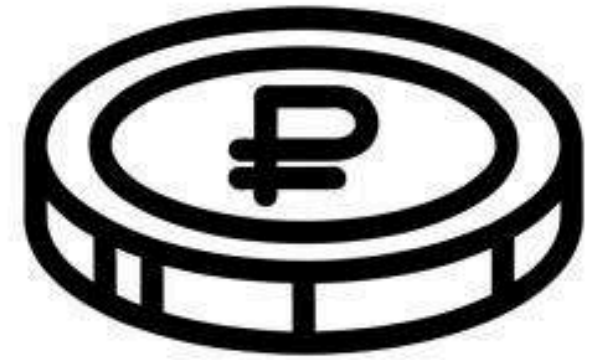
## Weather

Mildly cool with a gentle breeze. Average temperatures range from 8°C to 20°C.



## Comfort is key.

Essential: Bring highly comfortable walking shoes for outdoor activities.



Official currency is the Polish Zloty (PLN).

1 EUR  $\approx$  4.22 PLN (1 USD  $\approx$  3.60 PLN, 1 GBP  $\approx$  4.87 PLN).

Cards are widely accepted, but look for a KANTOR for the best physical cash exchange rates.

# *The Final Checklist*



## **Power & Plugs**

220V / 50Hz with standard European plugs. Participants from the UK and Cyprus must bring their own adapters.

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## **Connectivity**

The international access code for Poland is +48. Wi-Fi is available almost everywhere.

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## **Protection**

Valid insurance coverage is mandatory. Bring a European Health Insurance Card (EHIC) or equivalent private insurance covering medical care, travel risks, and belongings.

# TRAVEL



We'll be travelling together by van!

If you have any questions about the journey, please read this file carefully and feel free to contact us if anything is unclear.

Participants will travel using the organization's vehicle. The trip will start on **June 1st from Lithuania**, and you are expected to arrive at the venue the **same day in the evening**. The return journey will be organised in the same way, and we expect to be back in Lithuania on **June 8th, later in the day or at night**.

Participants will be driving the car all the way. You will need to pay for diesel and road taxes. However, these **expenses will be reimbursed** once you return home and present all **original invoices**.

Before departure, all participants will be required to **sign the rules** for using our vehicle.

Each invoice must include our **organization's credentials**:

Travel Tavo Europa Mozūriškių g. 17-8, LT-06298 Vilnius Registration Code:  
304638334

# Contact Us!



**Project Coordinator in Lithuania**

**Austeja Amankaviciute**

[austeja@tavo-europa.eu](mailto:austeja@tavo-europa.eu)

# Join with Tavo Europa

Explorer Pass 2026. You are welcome to join our new educational programme for 2026!

Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

**For more projects:**

Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>