



Call for Participants

COMING SOON !!!
in FRANCE !



~ Creation of a performance ~



Movement(s) of our Emotions, Bodies & Words.

YOUTH EXCHANGE From September 7th to 23rd, 2026



Citrus Association, Solidarités Jeunesses delegation, based in the rural village of Laguépie, is looking for 4 sending partner organizations to co-develop a youth exchange in September 2026.

This project will bring together young people aged 18 to 30, from 4 different countries, for a shared intercultural and artistic experience exploring the movement of emotions.

Participants will dive into creative expression through theatre, clowning, and free dance: emotions become artistic material. Emotions will be welcomed, expressed, and transformed, without therapeutic intent but with a deep liberating potential. Each feeling, from joy to sadness, pride to shame, becomes a tool for storytelling, performance, and connection.

The final goal of the project is to present two public performances in two villages, open to all audiences.

But more than just a creative program, this is first and foremost a collective adventure. For 15 days, participants will live together in a community life: they will help cooking, cleaning, planning meals, and maintaining common spaces. From preparing food to washing dishes, everyone will contribute to the functioning of the group. They will sleep in shared rooms, and rely on each other to make this shared space safe, welcoming, and inspiring.

This dimension is essential: participants won't just be guests in a project—they will co-create both the experience and the living environment, with the support of group leaders and facilitators.

"We start from each person's authentic movement, from the body in motion as a free and sincere expression, shaped by emotion, in order to reveal an intimate dimension of the self. This exploration is enriched by the singularity of each individual's native language, whose sounds and rhythms extend and deepen the body's expression." Meredith and Sidonie, artists facilitators.

Practical Information

Accommodation: in a dormitory in the heart of the village with shared rooms (max. 4 beds) with showers and toilets, as well as a large kitchen and an activity space. During certain days of the weekend, you will be required to sleep at the Citrus site. Large collective or individual tents will be set up for those days. It is mandatory to bring your sleeping bag in all cases.

Food: meals will preferably be vegetarian, with meat consumption limited to twice a week. Meals will be prepared by participants in rotation.

Shared tasks: cleaning, cooking, maintenance—all participants contribute daily.

Working language: English

Tourism: no visits to Toulouse or Paris; instead, two full days are planned to explore local medieval villages and the surrounding natural area. If you wish to explore more of France, this should be planned before or after

Profile of Participants & Partner Roles

Each partner will send:

- 5 participants aged 18-30
- 1 group leader (no age limit)

An artistic background is desirable, but it is above all a willingness to engage, to try, and to express oneself, especially in front of others. Participants will be supported in taking creative risks within a safe, non-judgmental environment. A basic level of English (even imperfect) is required for group interaction.

What we expect from partners

- Recruitment of participants according to the project values

- Preparation of the group before departure
- Support in communicating the vision: shared living, emotional expression, intercultural dialogue, co-responsibility

- Travel expenses: each sending organization is in charge of collecting tickets, boarding passes, bus and train tickets from their participants (invoices + boarding passes). Reimbursement will be made directly to your organization via bank transfer.



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Contact with us!

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