

# OPEN METAPHORS

FOUNDATION FOR  
THE DEVELOPMENT  
OF CULTURE, ART  
AND EDUCATION  
OPEN THE DOOR



**INFO-PACK**

2025-1-PL01-KA151-YOU-000300766



# **POLISH-ROMANIAN-LITHUANIAN ARTISTIC WORKSHOP**

**TIME: 18.07.2026 - 26.07.2026**

**PARTICIPATION IN THE PROJECT IS FREE.**

**9 PARTICIPANTS FROM EACH COUNTRY - 8 PARTICIPANTS AGED 18-30 + LEADER.**

## **Project Ideas:**

- **Actively Increasing Divergent Thinking, Making the Brain More Fluid and Flexible**
- **Maintaining a Sharp and Creative Mind**
- **Integration Through Literature, Movement, and Theater Activities**
- **Presenting the Literary Achievements of the Participating Countries**
- **Body Language**



## **EXPECTATIONS FROM WORKSHOP PARTICIPANTS:**

- **Commitment and creativity**
- **Active participation in the workshop**
- **Attire: black leggings, black T-shirt, plain sportswear without print; soft dance shoes or thick non-slip socks or ballet slippers**
- **Respect for all**
- **Adherence to project rules and signing a contract**
  - **The organizers reserve the right to send participants who abuse alcohol, behave aggressively, or humiliate others at their own expense**
  - **at their own expense**

### **MOREOVER:**

**Polish, Lithuanian, and Romanian Literature Day**

**Meeting with the local community**

**Horse activities and relaxation time**

**Vegetarian meals only**

**The workshops will conclude with a FINAL SHOW for residents of nearby towns.**

**Participants agree to sign an agreement to participate in the workshops and activities.**

**After the workshops, each participant will receive an international YouthPass certificate confirming their acquired qualifications.**

**The organizers reserve the right to change the workshop program due to unforeseen circumstances.**





## **CLASSES AND ACTIVITIES:**

**Contemporary dance / Sebastian Gębura**

**Theatre/ Piotr Para**

**Literature (especially poetry) - the art of writing poems and shooting short films based on your own script of a selected literary adaptation/ Piotr Zabuski**

**Coaching with horses, working with horses from the ground / Malgorzata Zabuska**

**QiGong, pranayama, meditation (optional) - Piotr Zabuski**

**Horse riding classes/ Joanna Zabuska**



## **WHO IS THIS WORKSHOP FOR?**

**For committed, active, and creative young people passionate about movement – creators of an interesting, artistically supported, and meaningful life. Level of dance or theater experience is irrelevant, although professionals are welcome.**

**Arrival is tantamount to signing an agreement to actively participate in all activities.**

**PROJECT PARTNERS:**

**Tavo Europa/ LITHUANIA**

**<https://tavoeuropa.eu/>**

**Asociatia Comunitatilor Interculturale/ ROMANIA**

**<https://www.facebook.com/ASCOINT/>**

**PLACE: Culture and Sport Centre Horse Island**  
**address: ul. Polna 15, 58-262 Ostroszowice/  
POLAND**

**GPS address: Wyspa Koni Piotr Zabuski**

**[www.wyspakoni.pl](http://www.wyspakoni.pl)**

**[https://www.youtube.com/watch?  
v=DyBxksyfWME](https://www.youtube.com/watch?v=DyBxksyfWME)**

**Another implemented project link:**

**[https://www.youtube.com/watch?  
v=q23p4gPdhr4&t=3s](https://www.youtube.com/watch?v=q23p4gPdhr4&t=3s)**



# Join with Tavo Europa

**Explorer Pass 2026. You are welcome to join our new educational programme for 2026!**

**Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!**

**Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.**

**For more projects:**

**Explore the world and learn together with the help of Tavo Europa.**

**Join the group with more opportunities:**

**<https://www.facebook.com/groups/186132221744993>**



# Travelling by Van

**Perhaps you have more questions about the trip. Please read this section carefully and feel free to contact us if you need any clarifications.**

**Participants will travel by the organization's vehicle.**

**The trip will begin on the 18.07.2026 from Lithuania. The trip back will be organized in the same way. We expect you to be back in Lithuania by the 26.07.2026 in the second part of the day/night.**

**Participants will be driving the vehicle during the whole trip.**

**You will need to pay for diesel and road taxes during the trip. These expenses will be reimbursed after you return home and present all original invoices.**

**Before departure, all participants must sign the rules for using the vehicle.**

**Each invoice must include the following organization details:**

**Tavo Europa**

**Mozuriskiu g. 17-8**

**LT-06298 Vilnius**

**Registration Code: 304638334**

# Contact with us!

**Project coordinator in Lithuania**

**Austeja Amankaviciute**

**[austejai@tavo-europa.eu](mailto:austejai@tavo-europa.eu)**

