

INFO PACK

Youth-developed cross-European Strategy for sustainable and inclusive economic growth



BRUSSELS (BE)



04-07 OCTOBER 2026



Co-funded by the
Erasmus+ Programme
of the European Union

A woman with long dark hair, wearing a white button-down shirt and grey trousers, stands in the center of a modern office space, smiling and clapping her hands while holding a clipboard. She is addressing a group of people seated around her. The audience, consisting of several individuals of diverse backgrounds, is also clapping and looking towards her. The setting features large windows, brick walls, and indoor plants, creating a bright and professional atmosphere.

ABOUT THE TRAINING

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Over four days in Brussels, you will work along side young people from across Europe to develop a **cross-European Youth Strategy for sustainable and inclusive economic growth**.

Through **expert discussions, interactive workshops and policy labs**, you will examine the main economic and social challenges affecting young people in Europe and transform your ideas into concrete strategic priorities and political actions.



Together, you will **define the change you want to achieve**, identify **possible solutions**, determine **which institutions and stakeholders should take responsibility**, and explore **how the proposed actions could be implemented in practice**.

The final Strategy will be structured around **five strategic pillars**, collectively discussed, developed and validated by the participants.

The programme will also include opportunities to **connect the work developed during the training with the wider European policy context** and to better understand how youth priorities can contribute to decision-making processes.



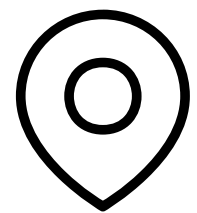
ACCOMMODATION



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LATRUPE Grand Place

***Breakfast** and **dinner** will be provided at the accommodation for all participants.*

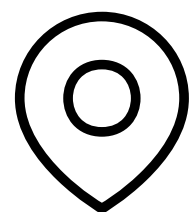


159–163 Boulevard Anspach, 1000, Brussels (Belgium)

TRAINING VENUE

CAPITAL

CAPITAL is a Brussels-based youth centre that supports young people through training, career guidance, entrepreneurship and community-building opportunities. Its work promotes youth empowerment, inclusion and active participation, making it a highly relevant setting for this training.



Bd d'Anvers 40, 1000 Bruxelles

TRANSPORTATION

An aerial photograph of a multi-lane highway cutting through a dense, lush green forest. A large blue semi-truck is traveling on the highway, positioned below the word 'TRANSPORTATION'. The road has white lane markings and a black and white checkered border. The surrounding forest is thick with various types of trees, creating a vibrant green canopy.

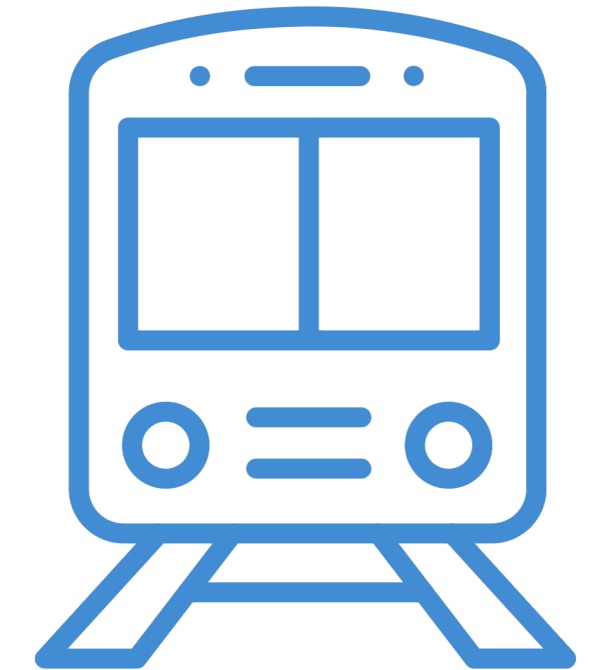
From Brussels Airport – Zaventem

By bus (€7,90 – Airport2City ticket)

- Bus 12 runs from the Brussels Airport to the Brussels city centre, with several stops along the route.

By train (from €9.80 –youth– to €11.60 –adult– tariff)

- The Airport train runs directly to Bruxelles-Central every 15–20 minutes.
- From Brussels-Central, the hotel is a 15-minute walk or a short metro ride (line 1 or 5). Stop: De Brouckere



From Charleroi (CRL)

-  **Flibco + Train/Metro** (around €20)
- Take the Flibco shuttle bus from Charleroi Airport to Brussels-Midi / Bruxelles-Midi station.
 - Journey time is approximately 60 minutes.
 - From Brussels-Midi, take metro line 1 or 5. Stop: De Brouckere



PUBLIC TRANSPORT IN THE CITY

- Brussels public transport (metro, trams, and buses) is operated by STIB/MIVB.
- Services **run from approximately 5:30AM to midnight**, with reduced night services on weekends.
- Single tickets and day passes are available at **station vending machines, at kiosks, or via the STIB/MIVB app**, which also provides real-time schedules and route planning.
- A single journey costs €2.10 when purchased in advance via app; €3.00 from vending machines.
- For navigation, **Google Maps and Moovit** both offer reliable real-time public transport directions in Brussels.

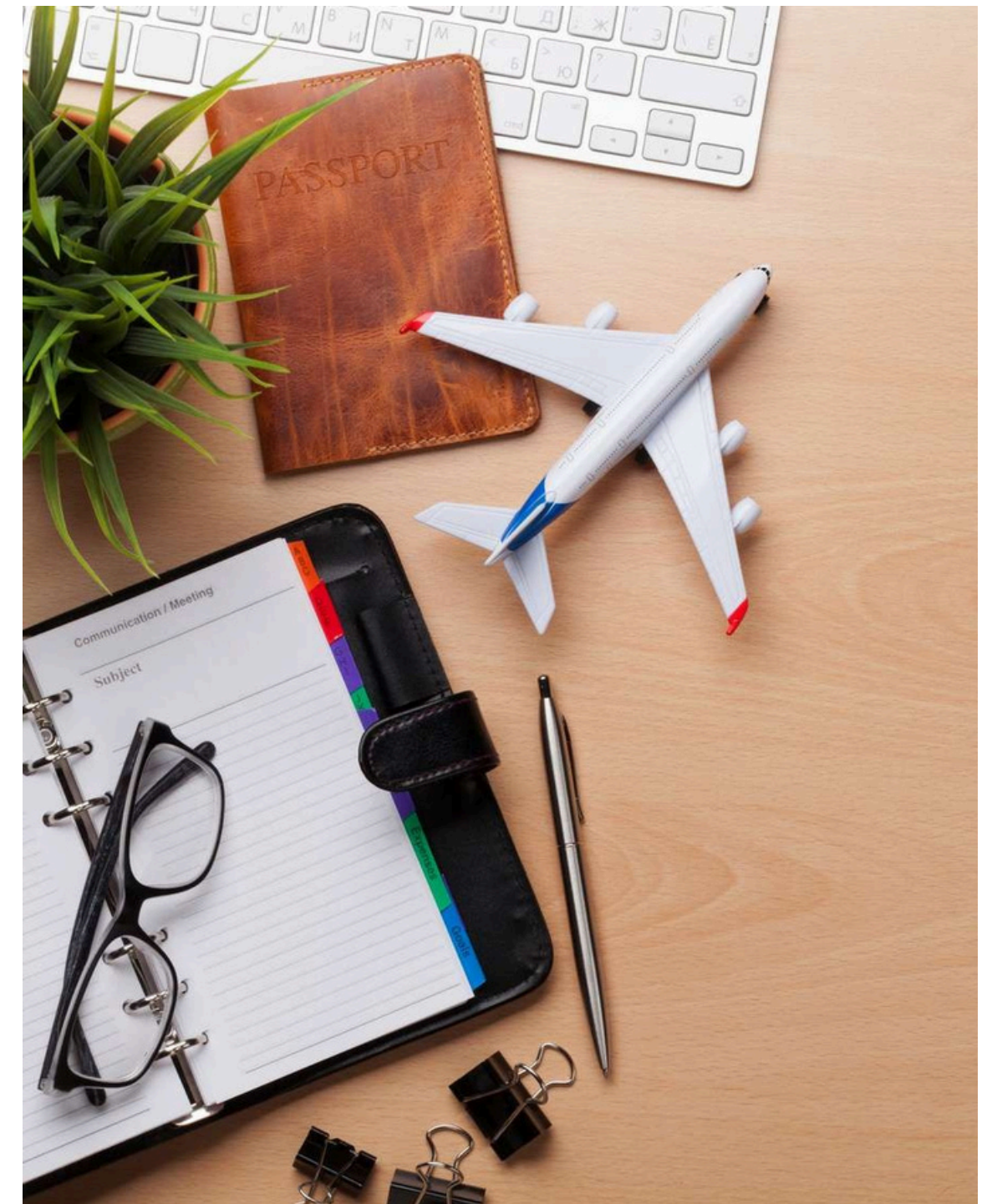




WHAT TO BRING

WHAT TO BRING

- Valid ID or passport
- European Health Insurance Card (EHIC)
- Any prescription medication you require, with a copy of your prescription
- Comfortable clothing suitable for working indoors across several days
- A light jacket or compact umbrella — October in Brussels is mild but rain is possible
- A laptop / tablet, notebook and pen for the working sessions
- A water bottle



WHAT TO EAT



WHAT TO EAT

Brussels has a rich and varied food culture. Here are a few things worth trying during your stay:

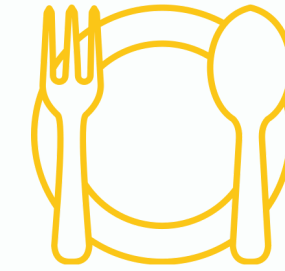


You will find many *“friteries”* where you can taste the famous belgian fries! One of the best places is Maison Antoine in Place Jourdan!

Speculoos is a spiced shortcrust biscuit deeply embedded in Belgian food culture. Found in different variations, in desserts, as a spread, or as an ice cream flavour.



WHAT TO EAT



Two distinct varieties: the **Brussels waffle** (light, rectangular, often topped with fruit, chocolate, or cream) and the **Liège waffle** (denser, sweeter, with caramelised sugar). Both are widely available throughout the city centre!

Brussels has some of Europe's finest chocolatiers! If you have time, a visit to the Galeries Royales Saint-Hubert in the city centre is recommended.





WHAT TO VISIT



ARCHITECTURAL LANDMARKS



EU QUARTER

Given the focus of the training, a walk around the European Parliament and the Schuman roundabout may be of particular interest.



GRAND PALACE

One of Europe's most impressive central squares, worth visiting any time. The nearby Galeries Royales Saint-Hubert, a 19th-century covered arcade, is architecturally stunning.



MUSEUMS:



Magritte Museum

The world's largest collection of works by the Belgian surrealist René Magritte, located in the Royal Museums of Fine Arts complex.



Cinquantenaire Park

A large public park anchored by a monumental triumphal arch, a short metro ride from the hotel.

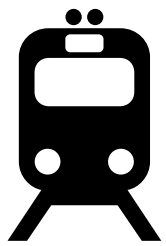


USEFUL TIPS & SAFETY

SAFETY TIPS



Stay alert in **crowded areas** and keep your belongings secure, as **pick pocketing** can occur in the city centre.



Areas to be cautious at night. Exercise additional care around **Gare du Nord and Gare du Midi** in the late evening. Use official taxis or rideshare apps rather than walking alone in unfamiliar areas after dusk.

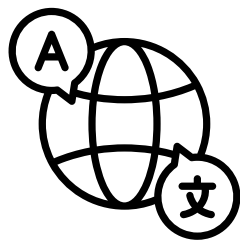


Always keep your **ID** with you. Belgian law requires individuals to be able to identify themselves upon request.

The European emergency number is **112**. For police, call **101**.



October in Brussels is generally mild (16–22°C), but **rain is possible at any time**. A light jacket or compact umbrella is advisable.



Brussels is **officially bilingual**: all signage, announcements, and public information appear in both French and Dutch. **English is widely spoken** throughout the city.

HEALTH



European Health Insurance Card (EHIC)

All participants are reminded to bring their EHIC. This card provides access to state-provided medical treatment in Belgium on the same terms as Belgian nationals. Without it, medical costs must be covered out of pocket.

If you require prescription medication, bring a sufficient supply for the duration of your stay along with a copy of your prescription.



The image features three European Union flags waving on flagpoles in the foreground. The flags are blue with twelve yellow stars arranged in a circle. The background is a blurred view of a large, classical-style building with columns and arches, suggesting a government or institutional setting. The overall tone is bright and hopeful.

SEE YOU SOON!



CONTACT & COMMUNICATION

Join with Tavo Europa!

Educator Pass 2026.

You are welcome to join our new educational programme for 2026! Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members!

Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects:

Explore the world and learn together with the help of Tavo Europa.

Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>

Get in contact with us!

Project coordinator in Lithuania :

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laura@tavo-europa.eu

